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The outstanding flavour of "SALADA" Tea gains fresh friends daily.

HAVE YOU TRIED IT YET?

Send for a sample.

BLACK or GREEN  
from 75c.

**OPERA HOUSE****Big Super Special**

WEDNESDAY and THURSDAY

WILLIAM FOX Presents  
Dumas Screen Masterpiece

**"Monte Cristo"**

11 REELS 11

Evening Prices, Adults 35c. Children 21c.

FRIDAY & SATURDAY

Shirley Mason

—IN—

The New Teacher

MONDAY & TUESDAY

Mary Pickford in "Suds"

Matinee Thursday at 3 30 o'clock

**"My Heart Would Palpitate, I Had Weak Spells"**

Mrs. L. Whiting, 202 King St. West, Brockville, Ont., writes:—

"I took very sick with my nerves and stomach, and seemed to be all run down. At times my heart would flutter and palpitate so and I would take such weak spells in the pit of my stomach that I sometimes thought I would never get better. I had almost given up hope when a friend advised the use of Dr. Chase's Nerve Food. I did not stop until I had taken twenty-five boxes. It has done wonders for me and I want to recommend it to everyone."

**DR. CHASE'S NERVE FOOD**  
50 Cents a box, all dealers, or Edmanston, Bates & Co., Ltd., Toronto

Subscribe for the Advocate

Follow this  
simple rule  
to have lovely, gleaming hair



Never shampoo your hair without olive oil, hair specialists warn. To do so is to leave hair dry, dull, brittle—all its rich warmth of color and life gone. No hair can be beautiful unless clean, they say. Nor can hair be beautiful without the glossy sheen so much admired.

Therefore—use olive oil shampoo.

You see prettier hair everywhere, today. Women have learned that the most delightful form of olive oil hair wash is PALM-OLIVE SHAMPOO.

THE PALMOLIVE COMPANY OF CANADA, Limited  
Montreal, Que. Toronto, Ont. Winnipeg, Man.

**PALMOLIVE SHAMPOO**

The Blend of Palm and Olive Oils

It is convenient for home use, and most economical—costing but a fraction of what you'd pay to have the same treatment from a specialist.

It cleanses away all dirt and oil—thoroughly removes dandruff. And it leaves hair fluffy, soft, pliant as a baby's; with the gleaming sheen of new silk.

Send coupon today for free 15c-size trial bottle. Or get full-size bottle at your dealer's. Use it. Results will amaze you—after even one shampooing.

15c TRIAL BOTTLE FREE

Just fill in name and address, and mail to The Palmolive Co. of Canada, Ltd., Dept. E 243 Toronto, Ont., for 15c trial bottle, free.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

**PERSONALS**

Miss Lottie McWilliam spent Friday with friends in Chatham.

Hon. John Morrissey has returned to his home from Ottawa.

Mrs. Ben Keating of Halifax is the guest of Mr. and Mrs. Frank Hogan.

Miss Florence Jardine of Boston Mass. is visiting her parents Mr. and Mrs. Joseph Jardine.

Dr. J.A.M. Bell and bride returned from their honeymoon on Sunday's Limited.

Mrs. F.W. Harris accompanied by her son and daughter, Stickney and Lorna are visiting friends and relatives in Blackville.

Mr. Warren Power, City Editor of the Lowell Sun, Lowell, Mass. is spending a two week's vacation at his home in Derby Junction.

Mr. Jas. Brown of Est. de Jalisco Mexico is visiting his home and is receiving a hearty welcome from his many friends.

Miss Annie Bell of the local branch of the Royal Bank of Canada is spending her vacation in Sackville and Cape Tormentine.

Miss Lillian Atkinson, R.N. of Malden, Mass. is spending her vacation with her parents, Mr. and Mrs. H.T. Atkinson, Chatham Head.

C.W. Moss has resigned his position with the Royal Bank of Canada and left for his home in Summerside, N.S. Mr. Moss made many friends in town who regret his departure.

Robert Hickey of Bangor, Me. was in town last week attending the funeral of his brother, the late Edward Hickey.

Mr. O.N. Brown of Sydney, N.S. spent Sunday in town with Mrs. Brown and family who are the guests of Mrs. Brown's parents, Mr. and Mrs. R.H. Gremley.

Mrs. Jane Boltzenhouse, who has spent the past year with her sister Mrs. Annie Allingham returned last Tuesday to her home in Ormstown, P.Q.

Mr. R.H. Armstrong accompanied by Mr. J. Crawford of New York City left Saturday on a fishing trip to the camps of the Miramichi Fish and Game Club on the north-west Miramichi River.

Mrs. Wm. Moulding of Concord, N.H. accompanied by Mrs. R. Argyle and Miss Edna Benson of Montreal, Que. are visiting Mr. and Mrs. John H. Lindon.

E.P. McEvoy of the Royal Bank of Canada staff, Havana, Cuba returned to his home here, Friday. Eddie's health is not of the best and he intends remaining home for sometime until he sufficiently recovers his usual good health and strength.

**Weak Digestion Due To Poor Blood**

Perfect Digestion Will Come if the Blood is made Rich and Red.

There is no tonic for the stomach that is not a tonic for every other part of the body. But the stomach depends, as does every other organ, on the blood for its energy.

There can be no perfect digestion unless you have rich, red blood. This is scientifically true. The way, then, to tone up the stomach is to enrich the blood.

Most stomach remedies try to digest your food for you. How much better it is to tone up the stomach so that it will do its own work, as nature intended. There is no pleasure in eating predigested food. Tone up your stomach, then your appetite and digestion will soon be normal.

If your digestion is weak and your blood thin, you need Dr. Williams' Pink Pills to restore the strength to your blood; in addition use care in the selection of your diet and your stomach trouble will soon pass away.

Mrs. Charles La Rose, Fruitland, Ont. suffered severely, and tells what Dr. Williams' Pink Pills did for her. She says:—"I was a terrible sufferer from stomach trouble. The doctor called it nervous indigestion. Everything I ate distressed me, and I became so weak and rundown I could hardly walk. I had a pain around my heart most of the time and I slept very poorly. I was afraid I would not get well, as the doctor's medicine was not helping me. In this serious condition Dr. Williams' Pink Pills were recommended and I decided to try them, and I can truthfully say that they made me feel like a new person. I will always give this medicine a word of praise when I get a chance for I think there is nothing to be compared with it for dyspepsia, or any one weak, nervous or rundown."

You can get these pills through any dealer in medicine or by mail postpaid, at 50c a box, from the Dr. Williams' Medicine Co., Brockville, Ont.

**Department Of Agriculture****Semi-Monthly Crop Report**

An improvement in the crop conditions has taken place during the fortnight just ended. Rains, which were general to the province, fell on the twenty-ninth of June. With the commencement of the haying season, two weeks distant, the prospect is for a very poor crop. Only fifty percent of an average hay crop will be harvested on the uplands. The marsh and intervals will yield an average crop.

The potato crop is well above ground and its cultivation is in progress. The acreage is seventy-five percent of normal planting.

The late sown crops, turnips and buckwheat, are above ground and the thinning of the root crop is in progress. The acreage sown to roots is normal.

**BRANCH ENGINE LEAVES TRACK**

On Tuesday, when the Chatham branch train was returning from Newcastle after meeting the accommodation, the engine left the rails at Ivory's above Nelson. The track was torn up for a distance of one hundred yards.

The engine was thrown through the window of the cab and landed, uninjured, in a pool of water.

The two passenger cars remained on the track, the passengers suffering no more than a slight scare. The mail and passengers were brought by cars to Chatham, and the branch train continued making regular trips.

**OBITUARY**

EDWARD HICKEY

The death of Mr. Edward Hickey occurred at the Miramichi Hospital at 7 o'clock Tuesday evening, following an illness of three weeks. About two years ago Mr. Hickey suffered a paralytic stroke from which he never fully recovered, and which finally caused his death.

Deceased is survived by one sister, Mrs. Thomas Scott with whom he resided and two brothers, Charles of Omaha Nebraska and Robert of Bangor, Maine.

The funeral was held Wednesday morning at 10 o'clock, requiem high mass was celebrated by Rev. P.W. Dixon and interment was in St. Mary's cemetery. The pallbearers were Messrs. J.B. Russell, T. H. Whalen, Arthur Petrie, J.P. Manderson, E.J. Morris and Fred Maltby.

**Labormen Request A Nine Hour Day**

The following letter has been sent to all the Miramichi mill-owners:

At a largely attended meeting of the working men of the Miramichi held in the Labor Hall at Nelson, Sunday afternoon, July 1st, it was unanimously decided to request of the employers a nine hour work day. This request was previously made to Mr. J.W. Brankley, President of the Lumbermen's Association, by the writer, in behalf of the workmen but was apparently ignored.

It was further resolved, if necessary, to have a Committee of the employers meet the employees to discuss this or any other matter of interest to either party.

It is desired to have an answer to this request not later than Friday of the present week.

Yours respectfully,  
J.S. MARTIN,  
President I.L.A.,  
Local 825

DIED

Ina, May Tozer, infant daughter of Mr. and Mrs. Elvin Tozer, passed away July 5th of whooping cough. She leaves to mourn father, mother and two brothers Hickson and Lawren. Funeral service was conducted by the Rev. Mr. Girdwood at 2 p.m. July 6th. Interment at St. Stephen's Cemetery, Red Bank.



Clean to handle. Sold by all Druggists, Grocers and General Stores

**Removed Business**

I have removed my business to the Empress building. I am ready to serve all my old customers and many new ones.

T.S.J. MARTINEAU  
SHOE REPAIRING

**FOR SALE**

One 12 H.P. Gilson Gasoline Engine suitable for light rotary mill. Apply to:

W.S. Anderson & Co.  
Newcastle, N.B.

Old Gear Works stand. Newcastle arrived at the scene of the wreck about 5 o'clock. The break was satisfactorily repaired and the branch train continued making regular trips.



**GRANITE SHERRARD WORKS**  
MONCTON, N.B.

**Rexall Blood Purifier**

Recommended by us to free the system of such blood impurities as are probably responsible for Pimples, Boils, Chronic Sores and Ulcers, that refuse to heal; also for the treatment of such generally shattered states of the system as are caused by a disordered condition of the blood.

**C. M. Dickison & Sons**

Druggists & Opticians

Phone 27 The Rexall Store  
The safe, satisfactory Druggists

**\$5000 and Costs**

You have your car insured against fire probably perhaps you have not. You figure it cost \$1000. Well, if she burns \$1000 won't jar me much.

Suppose you were to knock out another man of your own financial standing, say \$100,000, and you were requested to pay compensation according to his means.

The result would be serious. A verdict of five or ten thousand and costs is something no individual can afford to have hanging over his head. The Ocean Accident and Guarantee Corp. will assume all responsibility, if you see.

**W. E. RUSSELL**

AGENT

Newcastle, N.B.

**WEDNESDAY EXCURSIONS**

BETWEEN

**Chatham and Red Bank**

Beginning Wed. July 18

The Seamer "Max Aitken" will, until further notice, run excursion trips between Chatham and Red Bank every Wednesday leaving Chatham at 2 p.m. (calling at Douglastown, Bushville and Nordin), leaving Newcastle at 3 p.m. (calling at Nelson), and will leave Red Bank on return trip at 5 p.m.

Fare for the round trip from all points Adults 50c. Children up to 15 years 25c.