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Hooping-cough is chiefly a disease of early life—is infectious, often prevails as an epidemic, rarely occurs more than once in life, and is frequently complicated with other diseases, rendering it, in many cases,

SYMPTOMS. We cannot give these in detail. Nor is this necessary, as the peculiar hoop is sufficient of itself to distinguish the disease from all others. We will only say, then, that the symptoms are those of a common cold; with more or less fever, and the distinguishing or characteristic spasmodic hoop superadded.

NATURE AND DURATION. Hooping-cough seems to originate from some peculiar impression made on the nerves of respiration, which cause the spasmodic cough and hoop. But it does not always, by any means, remain a simple nervous affection; for, as above intimated, it is often complicated with inflammation of the lungs and bronchial tubes, convul sions, congestion of the brain, and disorder of the stomach and bowels, manifested by

vomiting, diarrhea, etc.
Hooping-cough is, in itself, a self-limited Hooping-cough is, in itself, a self-limited disease; running on for a period of two or three weeks, and terminating generally, fovourably. But on account of the complications that are so likely to arise in its progress, its duration is very uncertain, and its end, too often, fatal. It may run its course in two or three weeks; or it may continue as many months, ending finally in a slow restoration to health; in some chronic disorder which may continue for years or disorder which may continue for years, or in speedy death.

The domestic treatment is very simple. The disorder cannot be cut short. All that can be done is to moderate the symptoms, and to guard, as far as possible, against the complications that are so likely to arise. And yet, this treatments is all important, and generally effectual. It is a most deplorable error to infer, as many seem to do, that, because a disease has a certain definite course to run, nothing can be done to mitigate its symptoms, and conduct it to a favorable termination. Because a disease cannot be cured in a few days by main force it is no evidence that medicine is use-less. On the contrary, the proper office of medicine is that of an hunble hardmaid and assistant of nature; and the highest achievements of the healing art are exhibited not so much in curing disease as in conducting it to a happy termination, when an attempt to cure would result in the death of the patient. Medicine cures a very few; relieves more; and carries many safely through attacks which would prove fatal without its interposition. And this last is the crowning glory of the science.

The domestic treatment of hoopingcough consists mainly in warm bathing,
and the occasional administration of hive

and the occasional summing wine, together syrup, ipecac, or antimonial wine, together with strict attention to certain hygienic measures which will be noticed in due measures, which will be noticed in due time. The general warm bath should be and fatherland's. John. The re-y were interred th of May, in the used at least once a day, and the hive syrup should be given very much in the manner directed in croup. But the doses need not be so large or frequent. Still, when there is much stuffing up, and difficulty of breathing, the medicine should be given until the patient vomits, and then is given until the patient vomits, and then in smaller doses so as to keep the cough loose and easy. The antimonial wine may manner as the hive syrup. Ipecac is less irritating to the stomach and the bowels than the hive syrup and antimonial wine, A bold atsterday afterelock, on the orners, eight young man oung Briton,

Large of the orners of t In conjunction with the above remedies the wet jacket will be found to be a most White, valuable means of keeping up a flow of blood to the skin of the chest, thus relievthe fence. ing and guarding the lungs. The jacket is made by taking two or three thicknesses of made by taking two or three thicknesses of linen or cotton cloth, cutting armholes in it, wo or three was Boulton, and fitting it close to the skin. The jacket should be large enough to cover the whole chest; it should be wet to-day with in water cold or tepid according to the en entered heat of the skin; wrung out so it will not drip, and then applied. It should be re-wet whenever it becomes dry or disagreeably warm. In cold weather it should be well White then covered with dry external coverings so a to prevent chilliness. When properly applied, the wet jacket is a safe and most effectual remedy in hooping-cough and lung affections generally. This with sponging and rubbing the chest, and the daily warm bath, offers greater security against the dangerous complication of hoopingdown with without the

> suggested.
> In connection with the wet-jacket and at each time of reapplying it, the following liniments may be well rubbed upon the chest. But active friction with the hand, or with a coarse towel is very good, and will often produce a sufficient determination to the skin, without the aid of any other excitant.

the dangerous complication of hooping-cough than any plan of treatment ever

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Take strong spirits of hartshorn two tablespoonfuls; spirits of rosemary six teaspoonfuls; spirits of camphor two teaspoonfuls. Rub the chest all around, before and remeat. Thite and he behind, until it becomes red; and repeat as often as the skin will bear it without so far. The

blistering or great pain.

The hygienic treatment is the main re-The hygienic treatment is the main reliance in hooping-cough, and is better than all the drugs in all drugdom. The drugs recommended in this disorder are almost innumerable, and it is generally conceded on all hands that many, perhaps most of them, are useless; while it cannot be denied that, with very few exceptions, they are dangerous and entirely out of place in domestic practice.

The diet should be very light, unstimulating and almost exclusively vegetable, ex-

ing, and almost exclusively vegetable, ex-cluding grease, high seasoning, pork, etc. The *drinks* should be cold water, hot watertea, and nothing else in the way of a beverage. The clothing should be loose, warm, age. The clothing should be loose, and comfortable; particular care taken to keep the hands and feet Very feeble children may wear flam the skin in winter, but, as a general rule, it is better to dispense with it. Exercise better to dispense with it. Exercise hould be taken in the open air, and close, adly-ventilated sleeping rooms should be badly-ventilated sleeping rooms studiously avoided. The best to shoot the im. Young children to have hooping-cough is when the weather is warm and settled. Ex-posure to infection should therefore be guarded against as far as possible, in the latter part of the fall and in winter. years of age, ang man, and man at Tyen-

For the complications of hooping-cough, send for a physician. But if the above directions are followed, complications will not be likely to arise. Nine times in ten the deaths from hooping-cough result from ignorance, carelessness, and neglect of the plain precepts of hygiene. ed Jackson et of smug

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one pint of scalded cream the same way until it becomes smooth and thick, but not to let it curdle, then add, while stirring, four ounces of loaf sugar rolled and sifted, the grated rind of one lemon, and the juice of two glasses of sherry wine, and, finally, the whites of three eggs beaten to a high froth with a small pine whisk

THE WERKLY MAIL TORONTO. FRIDAY JULY 19, 1878

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for a stew or gravy. Roast the other part with a stuffing, which should be inserted both under the flap of the under side, and also just below where the knuckle has been cut off; you may lard it. Serve with melted butter.

The blade-bone, with a goed deal of meat left on, eats extremely well, when grilled, with mushroom or oyster sauce, or mush room ketchup in butter.

CAKES, ETC.

Sponge Cake.—A quarter of a pound of lumps sugar, three-quarters of a pound of lump sugar, three-quarters of a pound of flour, well dressed, the rind of a lemon, and graved, seven eggs, leaving two of the whites out; do not beat up the eggs; boil the sugar in a quarter of apint of water, and pour it boiling hot on the eggs, whisking them very quickly while the sugar is poured gently on them; continue to whisk it for twenty with the sugar is poured gently on them; continue to whisk it for twenty on them; continue to whisk it for twenty on them; continue to whisk it for twenty with the sugar is poured gently on them; continue to whisk it for twenty on them; continue to whisk it for twenty with the sugar is poured gently on them; continue to whisk it for twenty on them; continue to whisk it for twenty with the sugar is poured gently on them; continue to whisk it for twenty on the continue to the continue to

the country in the ascendant.

With the daily increasing use of lager, and, therefore, rapid sales, we believe that fifty cents per dozen would give a very fair profit to both wholesale and retail traders.

The combination of bad wells, fishy water service, and drouthy weather appeal, almost too strongly to be resisted, to nature to take Please use your effort to get some protec

Yours, &c., DURST. Toronto, July 10th. PAUPER IMMIGRATION.