

Notes and Comments

Over 216,000 women in the British Isles were widowed by the war.

England's average winter temperature is eight degrees above freezing point.

Over six million acres of land are under tobacco cultivation throughout the world.

In the United States there are more than fifty women who earn their livelihood as blacksmiths.

Pacific steamship lines are able to handle only about 50 per cent. of the business offered to them.

The women of Spain are generally credited with being the best dancers of any women in the world.

Of the 10,242 Army Nurses who saw service overseas, 266 died while on duty and 3 were injured in action.

In Oregon recently a cow died of a broken heart. The animal possibly discovered the price man is getting for milk.

Three of the most important banks of Europe were founded by Scotsmen, the Bank of England, the Bank of France and the Bank of Vienna.

The town of Oxford has a motor fire engine which cost \$4700; it is not chemical, but pumps from the hydrants and has a capacity of 400 gals. a minute.

Canada's total net debt at the end of January was \$1,900,146,168. There was a heavy increase in January on account of increase in upkeep of soldiers overseas.

The farmers of the Province of Quebec—the Quebec people are the most conservative in all Canada—have decided that they will form no Party.

I know nothing about the tariff, but this I know, when we buy goods made abroad we get the goods and the foreigner gets the money; and when we buy goods made at home we get both the goods and the money.—Abraham Lincoln.

A new mechanical painter, invented by one of the workmen, is being used for painting omnibuses in the omnibus factory in Caledonian Road, London, G. B. It does it two and a half minutes work that ordinarily takes two and a half hours.

There is greater activity in lumbering throughout the province this winter than for some years. The weather has been ideal in that the heavy frost made the going so safe through swamps and soft places. The lumber cut by April should measure up to the largest on record.

Work more and spend less, the one governing remedy for individual necessity, will be found equally potent when applied to municipal, provincial and national financial problems. It is the only specific that can be counted on to aid in relieving the exchange situation, increase Canadian production and reduce Canadian buying of foreign-made goods. There is a world-demand for the goods we have to export, and a golden opportunity is being lost in not meeting that demand.

Cause of Early Old Age. The celebrated Dr. Michenoff, an authority on early old age, says that it is "caused by poisons generated in the intestine. When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 18 to 20 drops of 'Stomach's Strength' after meals makes your digestion sound.

Much Suffering Due to Thin Blood

RICH, RED BLOOD NECESSARY TO HEALTH AND STRENGTH

If more people knew how many ills and pains are caused by thin, watery blood a great deal of suffering would be avoided. Men and women often suffer for long periods from stomach trouble, headache, palpitation of the heart and nervous complaints such as neuralgia, without suspecting that anaemia or bloodlessness is the cause.

The blood goes to practically every part of the body, carrying oxygen and nourishment. The efficient action of every organ is directly dependent upon the quality of the nourishment it gets from the blood. If the blood is thin it becomes weak. The best way to keep blood rich and red and thus enjoy good health is through the use of Dr. Williams' Pink Pills.

At the first sign of weakness these pills should be taken and good robust health will soon follow. The statement of Mrs. J. J. Murray, Corbetton, Ont., shows the value of Dr. Williams' Pink Pills in cases of this kind. She says:—"A few years ago my daughter, Lillie, was in a very badly run down condition. She was pale, thin, and scarcely able to go about. The least exertion made her heart palpitate so violently that we were actually afraid one of these spells might carry her off. She slept so badly that often she would lie awake until morning. Treatment did not seem to help her and we were almost in despair when a friend advised the use of Dr. Williams' Pink Pills. A few weeks' use of this medicine showed a decided improvement, and a further use of health, and she has since been a strong, healthy girl. Some time later I was taken ill myself, being badly run-down from household care. A doctor was called in but his medicine did not seem to bring back my strength, and remembering what Dr. Williams' Pink Pills had done for my daughter, I decided to drop the doctor's medicine and try them. The results that followed were like those in my daughter's case, and through the use of the pills I was soon a well woman. I am glad to give my experience in the hope that some other sufferer may find the way to health."

You can procure Dr. Williams' Pink Pills through any dealer in medicine, or they will be sent you by mail at 50 cents a box or six boxes for \$2.50 by writing direct to The Dr. Williams' Medicine Co., Brockville, Ont.

An interesting development of the movement toward the practical in education is the Columbia University, New York, announcement of three year courses in the preparation of management engineering in the operation of factories with the degree of Management Engineer. The idea is a sound scientific and technical course for the man aspiring to occupy an administrative or executive position in relation to production. Columbia University has shown greater interest than perhaps any other of the great educational institutions of the country in meeting the demand for special training. The establishment of this new course is at once a recognition of the demand for such a course and an intimation that the broadening educational opportunity along industrial lines, based on a sound foundation of scholarship, is proving sufficiently satisfactory to justify its extension.

Minard's Liment Cures Diphtheria.

Advertising Pays at All Seasons

"If some merchant has the goods, he must advertise if he wants to get business," said Morgan Eastman, in his address to the merchants of Vancouver. The newspaper goes to every home and is read by all classes of consumers. If you have the goods and do not advertise you may ultimately be successful but it will take you fifteen years longer to do it. Advertisers as a whole are honest and conservative in their statements because the leading publications refuse to accept questionable advertisements at any rate. Proof of the satisfactory results of moderate statements in connection with the advertising of goods is found in the faith of the public which does a tremendous amount of business with the mail order houses.

"Advertising without a definite, careful plan to guide it is like a ship without a rudder," said Mr. Eastman, "and the man who adopts it will pile up on the rocks of business failure. The kind of advertising that pays is consistent and perpetual, and it will work for you day and night. Your advertising becomes news and the consumer looks for it as a guide for his buying."

In support of his statement that a merchant must keep his goods before the public eye continually, Mr. Eastman mentioned a well-known firm which manufactured magnetos. He said that this company at one time supplied 90 per cent. of all magnetos that were placed in American cars. They then decided to drop their advertising campaigns and to-day they do not furnish more than 8 per cent. of the magnetos.

A Woman Councillor

(From the Digby Courier) The election of Mrs. Laura Haliburton Moore for membership on the new Town Council of Wolfville, is a news item that will interest many men and women. It is too, further evidence of the fact that worth and ability are the assets that bring to their possessor, sooner or later, the recognition that is justly theirs. Mrs. Moore, who for many years has been the chatelaine at Kent Lodge in Wolfville, comes of a well known Nova Scotia family, as her name indicates. She is a woman of great executive ability and of a sane judgment. In its social and literary life and in its business enterprises Wolfville owes not a little of its success to the interest taken in its development by Mrs. Moore. This is the first time in the history of the province that a woman has been elected as a Councillor. Digby people are particularly interested as Mrs. Moore is a sister of Mrs. Aubrey Brown, of this town.

SHILOH SINCE 1870 30 DROPS STOPS COUGHS

The Parrsboro Leader of Parrsboro, Nova Scotia, which ceased publication in 1916 when its editor and proprietor the late T. C. Choiset went overseas with the 193rd Battalion, will resume publication this month. Mr. J. M. Lewis, who has been with the Campbellton Graphic since last July, and David Pettis, of Parrsboro, both returned men, will be the proprietors under the firm name of Lewis & Pettis.

Minard's Liment Cures Colds, etc.

Get the Habit of Eating More Wholesome Appetizing Bread Baked From PURITY FLOUR USE IT FOR ALL YOUR BAKING

Western Canada Flour Mills Co., Limited TORONTO—Head Office

Boston and Yarmouth Steamship Co., Limited Winter Service. Steamship "North Land" FROM YARMOUTH FROM BOSTON Leave Weds. & Sats. 6.00 p. m. Leave Tuesdays & Fridays at 1.00 p. m. For Staterooms and other information apply to J. E. KINNEY, Yarmouth, N. S.

Wolfville Garage J. R. BLACK, Manager Skates Properly Sharpened Genuine Ford Parts, Full Line Accessories, Non-freeze Solution for Radiators Now is the time to have your car properly overhauled, don't wait for the Spring rush. GASOLINE, OIL & GREASES Storage Batteries charged, repaired and stored by an expert.

HARVEY'S AT PORT WILLIAMS Is the Place to Go for YOUR Plumbing, Heating, Sheet Metal work, Pumps of all kinds, Power Sprayers, Hand Sprayers, Potato Sprayers, Hose, Spray Guns, and all kinds of fittings and repairs. Satisfaction guaranteed. Phone 100-11.

HELP THE CHILD TO HELP HIMSELF It is difficult for a child to realize the value of money. Make him a present of a Savings pass book. The Savings Account will mean far more than the amount deposited. It will mark the commencement of THE HABIT OF THRIFT OPEN AN ACCOUNT FOR EACH CHILD IN THE ROYAL BANK OF CANADA WOLFVILLE BRANCH R. CREIGHTON, Mgr. PORT WILLIAMS BRANCH R. S. HOCKEN, Mgr.