The Literary World.

MARK TWAIN WATTING A NEW NOVEL.

MIS WIPE AND DACOSTER.

Mark Twain is at work on a new movel which was begun many years ago and laid aside. Now that he is in Italy, with more leisure and less liability to interruption, he has gone to work systematically to complete it. According to the personal confession of the humorist. Mrs Clemons 'edits all his stories,' and to his daughter, who acts as type-w. iter, he pays regular union rates. Mrs and Miss Clemons are charming ladies, and the genial humorist has a home life happier than falls to the lot of many great writers. It must be some years according to the calendar, since Mark married Oliva Langdon of Bluira, N. Y., but he and his wife seem to have the secret of perpetual youth, which is certainly preferable even to the ard of growing old gracefully.

Miss Clemens seems to have something of the father's humor, for on one occasion, when she was congratuated or being the child of so famous a man, she observed that it was sather hard on her to be the daughter of an individual who was always expected to live up to the reputation of being 'a funny man,' and it is a fact that Mark Twain is never taken seriously, excepting, of course, by his intimate friends, who know how he yearns to write an absolutely humorless book.

Tark Twain is an illustration of the whithis' deterministing to keep their intended on the content of the whithis' deterministing to keep their intended on the content of t

Tark Twain is all illustration to keep their public's determination to keep their favorites in one groove. They don't wast the man who wrote 'A Tramp Abroad,' the creator of Huck Finn lets a e just what you need when constituted in the control of the creator of Huck Finn lets a e just what you need when constituted a control of the creator of the cr and Tom Sawyer, ever to write any-thing serious. The trouble is that dull after ea i g and wake up with a bac thing serious. The trouble is that Mark Tavain really has a serious side to him, and his own favorites among his books are 'The Prince and the Paiper' and 'Joan of Arc.' But Mark will have his reverge years hence, when we are dead and that terrible autobiography he is now ariting about his contempories is published at last.

It is odd that Mark cannot appreciate Thackeray, Goldsmith or Addison, while Meredith simply moves him to roars of laughter.

A Great Little Worker

## Waking. Up

their book, he instituted continue to the bath will be taken within five minutes after waking up, and the result is not the vigor which one expects to have in the morning, but a langour, a torpor, a feeling as though one had worked hard all day. I When you do wake up, wake up very leisurely, like a kitten. Have you ever watch a cat wake up?

It will stretch one leg and then another, it will yaws. It will stretch this muscle and that muscle.

other, it will yawn. It will stretch dered whiting.

this muscle and that muscle.

It will stretch its back, it will roll over, elongate its neck and roll over

over, clongate its neck and roll over again.

And how does a baby wake up?

Watch a baby some time and see.

It opens its eyes and closes them again and rubs its fists into them. It tries to roll over; it stretches its legs.

A good natured baby will wake up and laugh. This is the healthy way are laughted to the over a wrightle a thick lauge or in the over a wrightle a thick lauge.

A good natured baby will wake up and laugh. This is the healthy way of wakening in the morning. If you are healthy, and if you are good natured, you will wake up slowly, stretch and you will wake up slowly, stretch and yawn, and begin to laugh. That is the proper way to awaken. Here is a few wake-up don't:

Don't wake up worrying. Banish care from your mind. You have no idea what an important effect the first waking thoughts of your mind exert upon your body during the day.

Don't take your breaklast alone. Even though you may not want to talk, it is a good thing to have cheerful society in the room with you, it will keep you from brooding.

Don't plan things before breaklast. Many women are in the habit of laying out the day and making memoranda before they eat.

Don't think intently before breaklast. Don't think intently before breaklast. Don't think intently before breaklast.

Don't think intently before break-

of the state of th awake at least two hours. Quarrel-ing before the morning meal is a great

wrinkle maker.

Don't talk much before breakfast.

It tires the voice and taxes the mind.

Try to think pleasant thoughts.

Try to remember that a calm hour before breakfast makes a calm mind all day.

Then there are things you can do before the care the calm of these their care.

all day.

Then there are things you must not do.

One of the most important principles of correct living is that of a batth to fore breakfast.

Take a bath or rising in the morning. Let it be a tepid bath, just the agme (comperature as the room.

Those who can't have a morning plang must substitute as sponge bath. Now all this does not mean to up set your regular habits and stay in jied until all hours of the day. Ou the contarry train yourself to wake up regularly in time to allow of quiet yalking, and your will find your bath and dressing accomplished, more quietly because tess morroussy then dressing accomplished, more quietly because tess morroussy then dressing accomplished, more quietly because tess morroussy then or dulet our bath Are traced to a heart that was negd more siy than too rapidly you need Ferrozone to 
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rices book.

Tark Twain is an illustration of the Exchange.

### A Great Little Worker

Waking. Up

Wake up slowly.

No matter what has been your habit; begin to morrow morning and wake up by degrees.

Everybody wants to wake up early enough, but very few people do it. When you wake up in a hurry and jump out of bed, you set the heart to beating rapidly, and you stir up all the vital organs with a suddeness that is a distinct shock to them.

There are persons who habitually wake up suddenly, jump out of bed and rapid habit and the vital organs with a suddeness that is a distinct shock to them.

There are persons who habitually in water, and the same is true of let suce.

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# The Victoria Cross

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THE picture shown is one dear to every mail, woman, boy and girl, on account of its meaning—"The Victoria Cross," given for conspicuous bravery. If only the soil of South Africa could voice the deeds performed upon it, how many Victoria Crosses would have been found to have been earned by Canada's sons! It is hard in the heat of action to notice every act of valor, and therefore only those which take place under the eye of superiors of sufficient rank can be noted.

The picture shows one of such deeds. Two troopers are closely pressed by the enemy. The horse of one is hit. Under the withering fire, the man whose mount is unharmed halts, and, risking everything, waits to get his comrade safely mounted behind him and carry him back to the Canadian lines. It is a desperate deed, and one often performed but seldom noticed. When, however, such an act is seen, the reward dear to soidlers' hearts above every other is the result.

result. This picture is from the brush of Mr. W. B. Wollen, as artist famed for his war pictures, one whose work appearant all the leading illustrated periodicals of the Empire. It is a forceful subject from the hand of a strong man.

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MIDDLETON, N.S.

GREATLY ALARMED

GREATLY ALARMED

GREATLY ALARMED

GREATLY ALARMED

Application of the basis in the evening, and visit them at their homes. Before the first week was ended he had visited three of the basis of the ba

ing. —Here is a new pupil,' said the boy lease, 'answered Harry. 'Pretty good joke, Harry; but you don't get such stuff here; we are all going to have beer; I'll order one for you, too.' And before he could think of an answer, the bartender had placed it before him.

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(Sunday excepted.)

Expre

Boys, said Adam Waguer, 'this is the first time I ever took a drink. My father died a drunkard, and I have often heard him say that the first glass was the opening of a life of misery. He often asked me to leave all intoxicating drinks alone ; mean all intoxicating drinks alone; mean Royal Mail steamship Yarmouth,

th trains of the Halifax & Yarmouth the trains of the Halifax & Yarmouth tillway.

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BUNNERIES COAT.

Sinipping facilities of the most mode for the most mode and the propers and saling vosuels. Apply to the late George Webster. Coldbrook, and will manufacture all the step with the coccurrence this evening, and be sure to say we were saved by her prayer.—New York 'Observer.'

What 'Three Glasses Mean.

Three glasses of beer a day does not seem to be an enormous quantity. Many men who indulge to this extent would be inculted it you called them heavy drinkers But three glasses dealth of the coccurrence this evening, and be sure to say we were saved by her prayer.—New York 'Observer.'

What 'Three Glasses Mean.

Three glasses of beer a day does not seem to be an enormous quantity. Many men who indulge to this extent would be inculted it you called them heavy drinkers a year, and that seems a good deal.

What it represents will be better understood if we consider what the money. It was a good of the consider what the money. The propers is the first three glasses and union of the most mod

THE WHITE RIBBON. Women have

of an answer, the bartender had placed it before him.

Harry felt a lump in his throat, but with a fixed determination answered 'No, I do not drink.'

Pahaw! exclaimed one of the young men, 'you are not temperance, are you?'

'A glass of beer cannot hurt you, it into the store as a traight as a string a name of the store as a straight as a string a name of the store as a traight as a string a name of the store as a traight as a string a name of the store as a traight as a string a name of the store as a string the name of the store as a st

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