

# A MOTHER'S TRIALS

## Care of Home and Children Often Causes a Breakdown.

The woman at home, deep in household duties and the care of motherhood, needs occasional help to keep her in good health. The demands upon a mother's health are many and severe. Her own health trials and her children's welfare exact heavy tolls, while hurried meals, broken rest and much indoor living tend to weaken her constitution. No wonder that the woman at home is often indisposed through weakness, headaches, backaches and nervousness. Too many women have grown to accept these visitations as a part of the lot of motherhood. But many and varied as her health troubles are, the cause is simple and the cure at hand. When well, it is the woman's good blood that keeps her well; when ill she must make her blood rich to renew her health. The nursing mother more than any other woman in the world needs rich blood and plenty of it. There is one always unfailing way to get this good blood so necessary to perfect health, and that is through the use of Dr. Williams' Pink Pills. These pills make new blood abundantly, and through their use thousands of weak, ailing wives and mothers have been made bright, cheerful and strong. If you are ailing, easily tired or depressed, it is a duty you owe yourself and your family to give Dr. Williams' Pink Pills a fair trial. What this medicine has done for others it will surely do for you.



Lesson. Oct. 5, 1919.

John and Peter Become Disciples of Jesus.—John 1:29-42.

Commentary.—I. Jesus the Son of God (vs. 29-34). 29. The next day.—The next day after John the Baptist had received a deputation of priests and Levites from Jerusalem, who had some asking him who he was. John told them that he was "the voice of one crying in the wilderness, Make straight the way of the Lord," and that there was one standing among them who, coming after him, was preferred before him, whose shoes he was "not worthy to unloose." This was something like six months after John the Baptist had commenced his ministry. He had preached to the multitude who came to him from all directions and had baptized many. John knew who Jesus was, for his baptism had already taken place. Behold the Lamb of God—John did not introduce Jesus as a king to rule Israel in splendor, but as a sacrifice to die for the sins of the world. To the Jewish mind the idea of a lamb was familiar. They knew the prophecy of Isaiah which shows the Messiah as a lamb brought to the slaughter. They know of the Passover feast at which a lamb was slain and eaten commemorating the deliverance of the Israelites from Egyptian bondage, and they were familiar with the daily sacrifices at the temple. Which taketh away the sin of the world—Provision is thus made for the removal of sin from the heart and life of every believer in Jesus. These words of John the Baptist are a declaration of the fact and efficacy of the atonement that was to be made. The atonement makes possible the destruction of sin (1 John 1:8). 30. This is he—This was the Christ of whom John had spoken the day before. He was before me—John the Baptist had lived only about thirty years, but Jesus had always existed. 31. I knew him not—Although John was related to Jesus, he may not have been personally acquainted with him. Whether he was or not, it is certain that he did not know him in his exalted nature, office and mission until his appearing at Jordan for baptism. Should be made manifest.—The two-fold mission of John the Baptist was to preach repentance and to point out the Messiah. To Israel—To the Jews.

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You can prevent this loathsome disease from running through your stables and cure all the colts suffering with it when you begin the treatment. No matter how young, SPOHN'S DISTEMPER COMPOUND is safe to use on any colt. It is wonderful how it prevents all distempers, no matter how colts or horses at any age are "exposed,"

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32. Rare record.—Was a witness. I saw the Spirit descending.—This took place at the baptism of Jesus some time before this (Matt. 3: 13-17); Mark 1: 9-11; Luke 3: 21-22). 33. The same said unto me.—There was no uncertainty in John's testimony. He knew that God had sent him to baptize with water, and he knew that he was divinely instructed how to recognize Jesus when he came. Baptize with the Holy Ghost—John's baptism was outward; the baptism of the Holy Ghost is inward and is purifying in its effect. It gives victory over sin, and imparts spiritual power. 34. This is the Son of God.—At Christ's baptism this declaration was made from heaven (Matt. 3: 17).

35. Becoming followers of Jesus (vs. 35-42). 35. Gain the next day.—The day following the one on which John the Baptist said to the people, "Behold the Lamb of God." The records of his testimony as to Jesus are that on three successive days he declared to the people that Jesus was the Messiah. He gave witness of this fact to the priests and Levites who came from Jerusalem. He introduced Jesus to the multitudes. He declared this truth privately to two of his disciples, two of his disciples—We are not told how many disciples John the Baptist had. From this chapter we learn that some of them directly became followers of Jesus. From the account of his sending an inquiry from the place of his imprisonment, asking Jesus of his Messiahship, we know that he had disciples then. (Matt. 11:2-6); and he had disciples at the time of his death (Mark 6:27-29). 36. Looking upon Jesus.—The verb has in it the thought of beholding with intense interest, behold the Lamb of God—"Behold, the Lamb of God!"—R. V. This announcement declared both the nature and mission of Christ. 37. They followed Jesus.—The two disciples were so impressed by the declaration the Baptist made and by the appearance of Jesus, that they were fully convinced that he was the Christ and henceforth became his disciples. It was but natural that they should do this, and John could not expect them to do otherwise. He was preparing the establishment of Christ's kingdom and was not interested in securing a following for himself. "They followed Jesus" as truly as their former master had heralded his coming. They followed him when there was little in sight to attract them. They followed him because they were convinced that he was the "Lamb of God" to take away the sins of the world. They followed him through reproach and shame and through suffering, but they followed him to eternal triumph and bliss. 38. What seek ye.—This was not asked to obtain information, was a kind of inquiry respecting their desires, an invitation to lay open their minds, to state their wishes, and to express all their own salvation. rabbi.—A Jewish title. Jesus forbade his disciples to accept it (Matt. 23:8). It means master, or teacher. Interpreted.—John explained the Hebrew term rabbi for the benefit of those who were not Jews, where dwellst thou.—They wished to know where he lodged so that they could have an extended interview with him. 29. come and see.—Jesus gave them a hearty

### Wood's Phospholine.

The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Brain Weakness, Impediment, Loss of Energy, Paralysis of the Heart, Prolonged Memory, Price \$1 per box, \$2 for \$5. One will please, six will cure. Sold by all druggists or mailed in plain packages, on receipt of price. One pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Williams).

welcome. He recognized their sincerity and devotion, about the tenth hour.—According to the Roman method of reckoning it would be ten o'clock in the forenoon, but according to the Jewish method it would be four o'clock in the afternoon. The latter was probably the hour. 40. One of the two.... was Andrew.—Andrew's name is the first mentioned in the list of Christ's disciples. There is no doubt as to the other one, for it must have been John, the writer of this Gospel. He always indistinctly refrained from mentioning his own name. 41. His first finding his own brother Simon.—The language in the Greek would imply that each of the two disciples sought at once his own brother to bring him to Jesus, and Andrew succeeded first in bringing his brother Simon. Thus each disciple sought to bring some one to Jesus. This has ever been the method of advancing the cause of Christ. We have found the Messiah.—There was an expectation at that time that Christ was about to appear. It was wonderful news that Andrew carried to his brother. The fulness of time had come, and he who was to redeem the world had been found. 42. He brought him to Jesus.—It was through human agency that Simon was brought into contact with the Saviour of men. Thou art Simon.—Though it is the first time that Peter ever saw Jesus, it is not the first time that Jesus, in spirit at least, ever saw Peter. He knows his parentage, his name and history. John—John. Thou shalt be called Cephas.—Jesus saw clearly the nature of Simon and what he might

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# Comfort Lye

become through grace, and he changed his name accordingly. His new name meant rock and stood for solidity. Questions.—By whom and for what purpose were priests and Levites sent to John the Baptist? What answers did John give to their questions? What was the twofold mission of John the Baptist? What was John's estimate of himself in comparison with Jesus? Give reasons why Jesus is called the Lamb of God. How did John recognize the Christ? What is it to be baptized with the Holy Ghost? What great witness was given that Jesus was the Son of God? What did John the Baptist announce to two of his disciples? Who were they and what course did they take?

### PRACTICAL SURVEY.

Topic.—The claims of Christ upon all men. I. A universal claim. II. An individual call. John and Andrew are the only disciples of the Baptist whose names have been preserved to us. The former is the writer of the lesson, and by clear inference the associate of Andrew, whose name he records. They were the first to share the hospitality of Jesus and in the sacred intercourse to discover his true character and Messiahship (John 1: 14), attested to their earlier master by the visible descent of the Holy Ghost. They were also among the first disciples of Jesus with their brothers James and Simon. Later all became members of the apostolic group chosen from the larger company of those who had attached themselves to Jesus. John and Peter were especially prominent and privileged among the apostles. The former came into relations particularly affectionate with the Master.

### SINCE 1870

# SHILOH

## 30 DROPS STOPS COUGHS

L. A universal claim. Jesus was the embodiment and manifestation of moral law and moral love. There were blended in him inexorable righteousness and immeasurable compassion. At his cradle, "mercy and truth met together," and as his cross righteousness and peace "kissed each other." He fulfilled "all righteous needs" for himself, and by his sacrifice satisfied its violated requirements for mankind (John 8: 29; Rom. 3: 25). The purpose of his coming was world-embracing. "There is no respect of persons with God." The provisions of grace have no exceptions and are as inclusive as the necessity. "All have sinned"; all are redeemed, and all possess an equality of privilege as related to responsibility (Rom. 2: 14-15). No man can evade his moral obligations. Repudiation is not release. The claims of Christ originate, first, in his sovereignty. "He is Lord of all." Second, in his Saviourhood. "He died for all." Relation to him is the essential quality in human character, the supreme factor in human life and the determining element in human destiny. Christ is the central figure and fact of earthly history, the fount of all men and the inexhaustible fountain of delight in the world to come.

II. An individual call. The universal includes the individual. The former is the expansion of the latter. Families, communities, churches and nations are aggregations of individuals. What the latter are, the former must be. The personal is always the determining factor of the universal. The Holy Spirit always individualizes his operations. John and Peter became disciples, first, by an individual call of Jesus; second, by a personal choice. Every person is called to discipleship. "Follow me," is the first requirement. We are to receive the doctrine of Christ and imitate his example. "He that saith he abideth in him ought himself also to walk,

even as he walked." Personal and intimate association with the Master is the essential fact of Christian experience and the first qualification for effective service. He was the master Preacher and personal Worker, and his methods cannot be improved. As Jesus was taught of the Father (John 5: 19, 20), so are his disciples to be taught of him by the Spirit (John 16: 13, 14). As Jesus was sent into the world by the Father, so does he send his disciples (John 17: 18). His disciples share his mission, partake of his joys and sorrows, and share his coming glory. W. H. C.

### Green and White Coal.

Only the power derived from melting glaciers and snow caps is known as white coal, while other water powers are termed "green coal." But there is another vast source of power, namely, that which may be derived from the waves and tides of the ocean; and this is now termed "blue coal."

### CHILDHOOD CONSTIPATION

Constipated children can find prompt relief through the use of Baby's Own Tablets. The Tablets are mild but thorough laxative which never fail to regulate the bowels and stomach, thus driving out constipation and indigestion; colds and simple fevers. Concerning them Mrs. Caspard Daigle, Demain, Que., writes: "Baby's Own Tablets have been of great benefit to my little boy, who was suffering from constipation and indigestion. They quickly relieved him and now he is in the best of health." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville Ont.

### Health Improvement in Brazil.

The famous saying "Brazil is a vast hospital" is in a fair way to being outlawed. Yellow fever is stamped out and the government has made an immense appropriation for supplying quinine to the entire community. To these achievements must be added the labors of the Oswaldo Cruz Institute in the realms of scientific prevention of communicable diseases of all kinds.—Brazil Medical.

### Equal Right, But No Favor.

"I suppose," said a lady to a trolley car conductor, "if I pay the fare for my dog he will be treated the same as other passengers, and be allowed to occupy a seat?" "Of course madam," the conductor replied politely. "He will be treated the same as other passengers, and can occupy a seat providing he does not put his feet on it!"

### Modern Version.

While little Helen was at Sunday school they repeated the Twenty-third Psalm and when she arrived home, her mother asked her what she had learned that day. Helen replied without hesitation: "The Lord is my chauffeur, I shall not walk."

### Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor).

### Majesty of the Law.

"Here, now!" sternly commanded Constable Sam T. Slackputter, the redoubtable sleuth of Petunia. "You fellows move on there! Scatter out! You're blocking the sidewalk so folks can't get along. And, besides all that, I want to see a little of that there dog fight myself before it is all over."—Kansas City Star.

### Made Money From Dandelions.

Collecting dandelions an Italian woman living in Philadelphia was able to save \$2,000 during the last 49 years. It appears that about forty years ago the woman's husband died, leaving a widow unprovided for. She started to collect dandelions, and sold them to her countrymen in the city. A few days ago she died, and it was found that her savings had accumulated to a little more than \$2,000.

### A SEPARATION GRANTED

Not by process of law, but by the silent working of "Putnam's" are couples separated from aging tows. Any corn or wart that "Putnam's" won't sure hasn't been discovered yet. Insist on Putnam's Corn Extractor only, 25c at all dealers.

### Horses Knew Allotted Task.

In the mines of Hainault horses that travel back and forth over the certain road exactly thirty times each day go to the stables of their own accord after their last trip, and refuse to take another step. In Montaigne's Essays it is stated that the oxen employed in the royal gardens of Susa for turning the wheels to which the water pails were attached refused to make more than the hundred rounds that constituted their daily task.

WHAT HE ADMIRES. Fred—"So you are going to marry Miss Millions, eh? I don't see what you can find to admire in a girl of her stamp." Joe—"My dear boy, it isn't her stamp which attracts me; it's her cheque. See?"

### MURINE

Night Morning  
Keep Your Eyes  
Clean-Clear-and Healthy

Write For Free Eye Care Book—Murine Co., Chicago, U.S.A.

### To Save Horse Feed.

A shield has been designed for horses' feed bags which prevents all spilling of grain while an animal is eating—a loss which sometimes amounts to 25 per cent. The device consists of a funnel-shaped apron of cloth, with a sufficiently large opening at the bottom, which fits inside the bag, being attached to the upper edge and extending about half way down into the container. The lower end is gathered by means of a coiled spring and fits snugly about the horse's nose so that no matter how much the animal tosses its head, no grain is lost.—Popular Mechanics.

### The Name "Calais."

Calais, urges a correspondent, is surely one of those familiar French names that are and should be Anglicized, as is the case with Paris, Lyons, Marseilles, Florence. At any rate, Browning thought so when he frankly rhymed it with an English word in his reference to Queen Mary Tudor: When fortune's malice Lost her Calais. Let us all stick to this for the attempt to give the French sound is seldom a success. There is nearly always the English trick of putting a stress on the first syllable instead of the final one. Browning's rhyme is not pretty, but it is a good enough guide.—London Chronicle.

### \$100 Reward, \$100

Catarrh is a local disease greatly intensified by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE destroys the foundation of the disease, gives the patient strength by improving the general health and assists nature in doing its work. \$100.00 for any case of Catarrh that HALL'S CATARRH MEDICINE fails to cure. Druggists 75c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

### Satisfied With Little Food.

In the Edinburgh (Scotland) zoo there is a crocodile that is content with a rat or a piece of horseflesh every fortnight. There is an anaconda which arrived more than a year ago and has since steadily refused to take food of any kind, an example of abstinence surpassed, however, by an Indian python, which during its 13 months' stay has not voluntarily taken food.

### Cause of Sun's Eclipse.

Eclipses of the sun are caused by the moon coming between the earth and the sun in such manner as to obscure the sun or a portion of it from the view of a section of the earth. An eclipse of the moon results when the earth comes between the sun and the moon so that the shadow of the earth falls upon the whole or a part of that portion of the moon visible to the earth.

### PRETTY SMOOTH.

She: "Have you ever loved another?" He: "Yes, of course. Did you think I'd practise on a girl like you?"

### Spanking Doesn't Cure

Don't think children can be cured of bed-wetting by spanking them. The trouble is constitutional. The child cannot help it. I will send FREE to any mother my successful home treatment, with full instructions. If your children trouble you in this way, send no money, but write today. My treatment is highly recommended to adults troubled with urine difficulties by day or night. Write for free trial treatment.

Mrs. M. Summers. BOX 8. WINDSOR, Ontario.

### All Kinds of Whiskers.

Whiskers are a variable size issue. The closely trimmed whisker, descending to the lobe of the ear on an otherwise clean-shaven face, was long a favorite among sporting men. Worn lower down the jaw, the whisker changes character and develops into "mutton chops" that blossom in a bushy manner. Still more pronounced are "Pleadily weepers" of the Lone Danderey kind. This last and the mutton chop are worn with a mustache while John Bull shaves everything except his hikers.

Possession is nine points of the law, especially if it happens to be self-possession.

### DODD'S KIDNEY PILLS

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