

Children's Department.

PRAYER AT SUNRISE

"Search me, O God, and know my heart: try my thoughts; and see if there be any wicked way in me, and lead me in the way everlasting."—Ps. cxxxix. 23, 24.

LORD, we pray Thee, grant Thy blessing,
On this day with Thee begun,
And, while we our sins confessing
Lowly kneel before Thy throne,
Purify our sinful natures,
Cleanse us with Thy precious Blood;
Pity us, Thy fallen creatures,
Feed us with Thy heav'nly Blood.

Grant that as we feel our weakness,
And beseech Thy pard'ning grace,
At thine altar, with all meekness,
We may see Thee Face to face;
And receiving at Thy Table,
These Thy gifts of Bread and Wine,
Grant that they may make us able,
Sin to flee, as wholly Thine.

And we pray that to our dearest,
All we love on earth below,
Thou may'st be for ever nearest,
Guarding them through weal or woe,
Holy FATHER, draw us thronging
Ever closer to Thy breast,
Till we satisfy our longing
In the haven of our rest.

A TOUCHING ACT OF KINDNESS.

Walking out one day, I met two old men arm in arm. Then progress was slow, and they did not seem to be speaking to each other. One of them I knew quite well. He was paralyzed, and had lost the use of one side of his body, as was evident from the two facts that he carried his right arm in a sling, and that his right foot dragged helplessly along the ground. The stroke which had made useless his arm and leg had also, while leaving hearing unimpaired, taken from him the power of speech. He was an old inhabitant of the village, and I often met him in my walks. He was, moreover, a happy Christian, and I was always glad to grasp his one vigorous hand, and give him a few words of godly cheer. His companion on the present occasion, who was even an older man than himself, did not, at first sight, appear to be suffering from any other affliction than the general weakness which is so often seen in very old people. This being the case the pair of old men, thus walking together in silence, presented a rather strange appearance, and I was curious enough to wish to know what it might mean.

The mystery was soon explained. When we met I stopped as usual to have a word with my paralyzed old friend. After making his usual inarticulate but joyous response to my accustomed greeting, he turned to his companion, who was not known to me, but who struck me as being strangely quiet, and pointed with much appearance of sympathy to his face. I looked up, and saw in a moment how matters stood. The aged companion of my paralyzed old friend was blind, and the almost helpless old man was taking him out for a walk. On inquiry, I found that though the poor old man's sight had been failing for some

time, he had entirely lost it only a few days ago. Consequently he was not so well able to find his way about as people who are born blind generally are, and was entirely dependent upon the guidance of others in moving from place to place. This guidance had been given on the present occasion by his paralyzed friend, whose delight seemed unbounded that, although he was so helpless himself, he could still do something in a small way to help another.

Will our young friend learn a lesson from the old paralytic? Many of them are blessed with health and strength, and are able to do very much for those who are weaker and more helpless than themselves. But even if we could do nothing better than to lead a poor blind man, should we not be thankful and glad to do it? I am quite sure that God looked down well pleased upon the simple act of kindness performed by the poor old paralytic. And He smiles on the little children who do what they can for the happiness of others, however little it might be.

Dr. Pierce's "Pellets," or sugar-coated granules—the original "Little Liver Pills," (beware of imitations)—cure sick and bilious headache, cleanse the stomach and bowels, and purify the blood. To get genuine, see Dr. Pierce's signature and portrait on Government stamp. 25 cents per vial, by druggists.

ANECDOTE OF GEORGE WASHINGTON.

George Washington, when quite young, without thinking sufficiently of his mother's wishes, was about to go to sea as a midshipman. Everything was in readiness; his trunk had been taken on board the boat; and he went to bid his mother farewell, when he saw tears filling her eyes. Seeing her distress, he turned to the servant and said, "go and tell them to fetch my trunk back. I will not go away to break my mother's heart."

His mother, struck with his decision, said to him:—"George, God has promised to bless the children that honor their parents; and I believe He will bless you."

A GREAT INSTITUTION.—The surgeons of the International Throat and Lung Institute, operating from their different offices, Montreal, Toronto, Detroit, Mich., and Winnipeg, Man., are treating more patients suffering from Consumption, Bronchitis, Laryngitis, Pharyngitis, Asthma, Catarrh, Catarrhal deafness, than any other institution in the world. We will treat no case we think incurable. We can help every case and cure the majority we undertake to treat if patients will strictly follow our directions. By the use of cold inhalations conveyed to the diseased parts by the *Spirometer*, the wonderful invention of Dr. M. Souvielle, of Paris, ex-aide surgeon of the the French army, and other proper local and constitutional treatment, we are curing thousands of cases of the above named diseases every year. Write, enclosing stamp, for list of questions and copy of *International News*, published monthly, which will give you full information and reliable references. Address International Throat and Lung Institute, 173 Church Street, Toronto; 13 St. Philip's Square, Montreal, P. Q.; 81 Lafayette ave., Detroit, Mich.; or 106 Alexander street, Winnipeg, Man.

COMPARATIVE WORTH OF BAKING POWDERS.

ROYAL (Absolutely Pure)
GRANT'S (Alum Powder)*
RUMFORD'S (Phosphate) fresh
HANFORD'S, when fresh
REDHEAD'S
CHARM (Alum Powder)*
AMAZON (Alum Powder)*
CLEVELAND'S
PIONEER (San Francisco)
CZAR
DR. PRICE'S
SNOW FLAKE (Groff's, St. Paul)
LEWIS'
CONGRESS
HECKER'S
GILLET'S
HANFORD'S, when not fresh
ANDREWS & CO. (contains alum) (Milwaukee) "Regal."*
BULK (Powder sold loose)
RUMFORD'S, when not fresh

REPORTS OF GOVERNMENT CHEMISTS

As to Purity and Wholesomeness of the Royal Baking Powder.

"I have tested a package of Royal Baking Powder, which I purchased in the open market, and find it composed of pure and wholesome ingredients. It is a cream of tartar powder of a high degree of merit, and does not contain either alum or phosphates, or other injurious substances."
E. G. LOVE, Ph.D.

"It is a scientific fact that the Royal Baking Powder is absolutely pure."
H. A. MOTT, Ph.D.

"I have examined a package of Royal Baking Powder, purchased by myself in the market. I find it entirely free from alum, terra alba, or any other injurious substance."
HENRY MORTON, Ph.D., President of Stevens Institute of Technology.

"I have analyzed a package of Royal Baking Powder. The materials of which it is composed are pure and wholesome."
S. DANA HAYES, State Assayer, Mass.

The Royal Baking Powder received the highest award over all competitors at the Vienna World's Exposition, 1873; at the Centennial, Philadelphia, 1876; at the American Institute, and at State Fairs throughout the country.

No other article of human food has ever received such high, emphatic, and universal endorsement from eminent chemists, physicians, scientists, and Boards of Health all over the world.

NOTE.—The above DIAGRAM illustrates the comparative worth of various Baking Powders, as shown by Chemical Analysis and experiments made by Prof. Schedler. A one pound can of each powder was taken, the total leavening power or volume in each can calculated, the result being as indicated. This practical test for worth by Prof. Schedler only proves what every observant consumer of the Royal Baking Powder knows by practical experience, that, while it costs a few cents per pound more than ordinary kinds, it is far more economical, and, besides, affords the advantage of better work. A single trial of the Royal Baking Powder will convince any fair minded person of these facts.

* While the diagram shows some of the alum powders to be of a higher degree of strength than other powders ranked below them, it is not to be taken as indicating that they have any value. All alum powders, no matter how high their strength, are to be avoided as dangerous.



DR. HOLMAN'S PAD CURES MALARIA,

DYSPEPSIA, NERVOUS AND SICK HEADACHES,

All Liver and Stomach Troubles. It is also a sure PROTECTION against Yellow Fever, Sea-Sickness, Typhoid, Bilious and Intermittent Fevers; and will cure Chronic Diarrhoea, Summer Complaints, Children's Diseases, and conditions from which many ladies suffer in silence. Beware of imitations. For further information send for Pamphlet or write to Dr. Holman personally. If not found at your nearest druggist, send registered letter direct to his office and get your Pad by return mail. Regular Pad \$3.00. Special Pad \$5.00, post and duty (for Canada), paid. HOLMAN LIVER PAD CO., P. O. Box 212, 25 William St., N. Y.

BEATTY'S WONDERFUL CAREER.—A NEW ORGAN FACTORY TO BE ERECTED.—The largest shipment of organs and pianofortes for any one month was accomplished by Mayor Beatty during the month of June. Nearly two thousand instruments were made and shipped to all parts of the world. So great is the demand for Beatty's organs and pianofortes that Mr. Beatty is compelled to erect another factory, which, including the old building, will occupy, when completed, nearly eight acres of space, in which over three thousand instruments can be made every twenty-six working days. Read his advertisement.

On this page will be found a striking and instructive illustration of the comparative worth of the various kinds of baking powders now in the market.

WHAT EVERY PERSON SHOULD KNOW.—The grand outlets of disease from the system are the Skin, the Bowels and the Kidneys. Burdock Blood Bitters is the most safe, pleasant and effectual purifier and health-restoring tonic in the world. Trial bottles 10 cents.

"DO LIKEWISE."

Dr. R. V. PIERCE, Buffalo, N. Y.:—"Five years ago I was a dreadful sufferer from uterine troubles. Having exhausted the skill of three physicians, I was completely discouraged, and so weak I could with difficulty cross the room alone. I began taking your 'Favorite Prescription' and using the local treatment recommended in your 'Common Sense Medical Adviser.' In three months I was perfectly cured. I wrote a letter to my family paper, briefly mentioning how my health had been restored, and offering to send the full particulars to any one writing me for them and enclosing a stamped envelope for reply. I have received over four hundred letters. In reply I have described my case and the treatment used, and earnestly advised them to 'do likewise.' From a great many I have received second letters of thanks stating that they had commenced the treatment and were much better already."
MRS. E. F. MORGAN, New Castle, Me.

A PLEASANT ACKNOWLEDGEMENT.—"Had sour stomach and miserable appetite for months, and grew thin every day. I used Burdock Blood Bitters with the most marvelous results; I feel splendid."
MRS. JOSEPH JOHNSON, Pittsburg, Pa.

Diphtheria—that terrible scourge of the present day—attacks chiefly those whose vitality is low and blood impure. The timely use of Burdock Blood Bitters forestall the evils of impure blood, and saves doctor's bills. Sample bottles 10 cents.