SIX

FIVE MINUTE SERMON

BY REV. F. PEPPERT FOURTH SUNDAY AFTER

PENTECOST

om me, for I am a sinful man, O Lord." The miraculous draught of fishes,

The miraculous draught of fishes, of which St. Luke gives us an ac-count in to day's Gospel, made St. Peter believe so thoroughly in our Lord's divinity that he sank on his knees in adoration, crying: "Depart from me, for I am a sinful man." These words are expressive of pro-found humility. St. Peter himself un-worthy even to look at One whom this miracle revealed as the Son of God ; he was not worthy to be so close to d, but the reverence with which he uttered these humble words shows that his most earnest desire shows that his most carnet desire was for Jesus to remain with him. St. Peter's example taches us how sincerely we ought to acknowledge our misery before God and how humbly we ought to confess that we are unworthy of His help, but at the same time we should implore Him mot to look at our unworthiness, and in His infinite goodness and mercy to abide with us always. to abide with us always.

"Depart from me, for I am a sinful an." This is the chief trouble of man.' human life, that we can never be as good as we should be. We keep our geed resolutions only partially; in fact if we were faithfully to keep even some of them, we should have ande far more progress in virtue than is really the case. As it is, we make resolutions to day, and forget them to morrow; we are uncertain whether to keep or abandon them, and this constant wavering between two opinions robs us of inward peace ad prevents our attaining to solid virtue. What we have many reasons for considering good to day will to morrow seem doubtful, and we shall discover just as many arguments against it as we now have for it, and against it as we now have for it, and so we waste precious time in a state of doubt, indecision and hesitation, and instead of becoming more like God, we grow more unlike Him. What wretched creatures we are in His sight. He never changes and we are always wavering between good and evil; He is always the same and evil; He is always the same towards us, and we are so fickle in our love of Him ! We ought to pray with deep humility for strength and determination to do right. Yet it is not merely our want of resolution that hinders our spiritual progress, het our toplic and sing reveal to us but our faults and sins reveal to us our misery, since we have repeatedly nded God by them.

How mean and unworthy we are in the sight of God, Who is all holy ! In his humility St. Augustine ex-claims : "Thou art good, and I am evil ; Thou art justice, and I am un-just ; Thou art light, and I am blind; Thou art the remedy for disease, and I am sick ; Thou art supreme Truth, whilst in me is nothing but vanity. Sin is the chief misery of human life, for it separates us from God, hinders us from fulfiling our true destiny and brings discord into our soul. It plunges us into the things of this world, leads us astray, and makes us pursue vain shadows that finally always deceive us. It en. tangles us in what is earthly, and so we forget what is eternal.

No one but God can deliver us from this state of spiritual misery. From Him alone comes pardon ; He alens can make us His children again, He alone can give us strength to amend our ways and overcome temptation. Our sins may render us unworthy to speak to the Lord, yet at the same time they compel us to call upon Him. St. Augustine ex

upon Him . St. August

AFRAID SHE WAS DYING

Suffered Terribly Until She Took "Fruit-a-tives."

ST. JEAN DE MATHA, JAN. 27th. 1914. "After suffering for a long time with Dyspepsia, I have been cured by "Fruit-a-tives". I suffered so much that I would not dare eat for I was afraid of dying. Five years ago, I received samples of "Fruit-a-tives". I did not wish to try them for I had little confidence in them but, seeing my husband's anxiety, I decided to do sent for three borces and I kept improv-ing until I was cured. While sick, I of several pounds, but after taking "Fruit-a-tives", I quickly regained what I had lost. Now I cat, sleep and what I hanks to "Fruit-a-tives". MADAM M. CHARBONNEAU ST. JEAN DE MATHA, JAN. 27th. 1914. MADAM M. CHARBONNEAU

"Fruit-a-tives" is the greatest stomach tonic in the world and will alwayscure Indigestion, Sour Stomach, "Heartburn", Dyspepsia and other Stomach Troubles.

Stomach Floubles. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

Our present life is subject to many accidents and of short duration The longer we live, the more does our vigour diminish ; the further it seems to advance, the weaker it grows. Nothing is permanent, all is liable to change. Joy alternates with sorrow, happiness with grief, laughter with tears; sickness follows health, and death life. We have nothing lasting, and in this fact again we recognize our misery ; One alone is unchangeable, the infinite, eternal God. Our life is great and worthy only if we cling to Him, love Him and remain in union with Him. Without Him we are poor, weak and wretched ; with Him we are rich, strong and happy ; without Him there is no progress in good, no forgiveness and correction of sins, no confidence amidst the fluctuating fortunes of life, and no refuge in death; with Him we can overcome sin and grow rich in virtue, whilst we trust all that concerns us to His: care. Therefore let us love Him with all our hearts, never wavering; let us not be captivated by sin, not confused if we fail to comprehend God's designs ; let us willingly endure the changing circumstances of life, for in this way only shall we rise above its miseries and live worthily; in this way only shall we, weak mortals as we are, deserve some day to have God Himself as our exceeding great reward. Amen.

TEMPERANCE

NOT A PERSONAL BUT A SOCIAL QUESTION

the "A cardinal principle labor movement is that "A working man is not an individual only, but one of a class who must fight shoulder to shoulder with his fellows." If it is con-sidered best for his fellow shopmen

to declare a strike, he must not ex-ercise his personal liberty by taking a place they have vacated.

Just after the miraculous draught of fishes that occurred during the first year of Christ's Public Life, St. liberty pleases is set forth in advertisements picturing the popular heroes of foreign people and their stand for liberty from foreign domination. Peter cast himself humbly at the Saviour's feet and told how unworthy he was of having Christ as a friend, and again some two years later, shortly after another marvel The liquor interests represent restric-tion or prohibition of the liquor ous haul of fish, the Prince of the traffic as infringement of personal Apostles was not afraid to ask even liberty. he Searcher of Hearts Himself to But the alcohol question for the bear witness to the strength and sinworker is not a question of the indicerity of the love he felt for the Master. The attendant circum. vidual, but of the mass. "It is a social question. Alcohol makes the stances of both miracles likewise inworker a traitor to himself and to his dicate admirably the strength and sincerity of the Master's love for Simon. Both times Christ was, of class," says a Socialist writer in Vorwaerts, a Socialist paper published in Berlin. course, perfectly aware that Peter and the other fishermen had toiled the The man who drinks is a disadvan tage to the union because if he inwhole night long but had caught jures his health by drinking he puts nothing. He realized too, how tired, hungry and discouraged they were. So He first relieved their immediate an unnecessary burden upon the benefit funds of the union. Most American unions have clauses bartemporal needs. Before calling Simon to the apostolate, Christ filled ring the intemperate from receiving sick funds, but the word "intemperate" is very elastic. It is usually taken to mean persons who drink enough to become intoxicated. Reprimacy on Simon he inviced him and his followers to breakfast. While bringing tol a suc-cessfal issue matters of the highest spiritual importance, Our Saviour, be it noted, does not at all neglect temporal decent studies of the relation of alcohol to health show that short of intoxication it tends to weaken resistance to disease, making the drinker more liable to attacks of sickness than the non-drinker and longer in recovertails of trifling moment. So when the Apostles reached the shore of the ing; that it weakens the quick and clear judgment, sense, perception, and lake that Paschal morning long ago, they found that the Master had ready carefulness needed in avoiding acci-dents. In English benefit societies for His "children" "hot coals lying, and a fish laid there on and bread," where abstainers and non abstainers are kept in separate sections, the cost of sickness in abstaining sections they heard Him bidding them add to the meal choice portions of their own catch and they beheld Him serving is much less.

HE CATHOLIC RECORD

Me?" Christ plainly showed that the

who, whether prisets or laymon, would assist in feeding the Lord's flock, is a strong attachment to Him. No one can offer the Sacred Heart ef-

ective reparation for others' dis

rective reparation for others indep-alty until he has first proved by the daily beauty of his life his own pas-sionate interest in the success of the Master's cause. "Lovest thou Me?" is the question Christ is constantly putting to each Catholic. Happy is

he who can answer sincerely with St. Peter, "Lord, Thou knowest that I

love Thee," for the spectacle of such a man's practical piety "edifies the Church" and feeds generously the Good Shepherd's flock.—America.

KNOCKED OUT

The "convent-inspection" bigots are knocked out in St. Louis, Mo., by the announcement from Archbishop

Glennon, given in the recently issued

annual report of the Catholic Char-ities of the diccese. The Archbishop

"We not only would not resent, but would be pleased, and we hereby invite the non-Catholic public, irre-spective of their faith or even of any

prejadice, to visit these, the above-mentioned institutions. There is not one of them which has any feat

ure of its life to conceal. Their doors

at all reasonable hours, will be open to welcome their patrons, friends or

This will be a sore disappointment

tanding cry or charge, suggestive of

dark doings " in the convents, for

general use in their lying tirades against the Catholic Church and its

institutions .- N. Y. Freeman's Jour

THE MISSIONS ARE

UNMOLESTED

A notable decision has just been

rrived at in Turkey which is the

victory in the present war of the in-

ternationalism of the Catholic Church.

When Turkey entered the conflict an

order went out to close all missions carried on by the Franciscans in the

Holy Land extending from Aintab and Mardoch in little Armenia, to

Palestine, some fifty convents and residences in all, on the ground that

hey were French. Mgr. Grannini and Father Cimini,

Custodian of the Holy Land, have gone from Syria to Constantinople to

the Turkish capital, Mgr. Dolci, Apps

those of the prelates already named. and they have happily succeeded in convincing the Sublime Porte that the Franciscan missions were not

French establishments, but only

under French protection. In conse

quence the Ottoman Government has

given an order to the Valis of Adana, Syria, and Palestine that the Francis-

can missions not yet closed are to re-

closed should be re-opened.

nain open, and those that have been

It is to be hoped that the Holy Places, of which the Franciscans are

the guardians, will benefit by this measure. Many of the Fathers on

the staffs of the missions, who were of French birth and who have joined

he colors of their native land, are

being replaced by Friars of neutral nationality, chiefly Italian.—Church

tolic Delegate, joined his efforts

lead the cause of the missions. In

says :

visitors."

nel.

of his union the drinker is a hin-drance to the degree in which he allows his discontent with unfavorable con-ditions to be allayed by the relaxing effects of alcohol. When the dis-eased craving, which soon sets in after the occasional drinker becomes atter the occasional drinker becomes an habitual one, passes to the more extreme stages, the drinker is in a state to become a menace to the pub-lic as well as to his family.—Sacred Heart Review.

WOULD FORCE NOBODY

At a great Catholic meeting held a At a great Casholic meeting held a few years ago in Nottingham, Cardi-nal Manning thus forcibly expressed himself, amidst the repeated applause of his hearers, in regard to the coer-cion of non-Catholics in religious

atters "And here let me say in passing that I have seen, I may say a chal-lenge thrown out to us in this form : 'Catholics know that if they were in a majority, they would coerce their

a majority, inty would context that fellow countrymen in the matter of religious education. To that I say, absolutely, no, and I say no, as a Catholic, for this reason : by coer-cion you make hypocrites ; you can-not make believers. "It the English people were to

come to me to morrow and offer themselves to conform to the Catho-lic Church without Catholic faith, I should say, 'I will not admit one of you.' And if any man were to say that by acts of the supreme power of the legislature a Catholic majority

to the anti-convent bigots, who, of course, don't want such kind of "inmay coerce the people of England into Catholic schools and Catholic spection," or any honest inspection at all, their desire being to have a churches, I should say that in doing so we would violate one of the most vital principles of the Catholic Faith. In order to be as brief as I can, I will give one, and only one, example. What is faith ? The free, spontaneous act of the intellect and the will, accepting upon due and proper evi-dence, the revelation of God. And you will observe that it is not only the act of the intellect, but is the act of the will. And the reason why multitudes of men reject the truth is not to be found in their intellect, but is to be found in their will. Our Divine Master said, 'He that believeth and is baptized shall be saved, and he that believeth not shall be condemned.' But can any one be con-demned for an involuntary act, for an act in which his will has no part, for an act that has no moral quality Faith is eminently a mental act ; it is an act of the will as well as of the intellect. And if to morrow, by an act of legislative coercion, the whole people of England were to be con-strained into conformity with the aith which I believe to be the sole faith, I should say, in the name of God, let no such legislative coercion ever be made."—The Missionary.

ARTIFICIAL FLOWERS

We are going to sell 500 gross of our flowers in 30 days. We did the same last year. They are largely used for bazaars, patriotic purposes, etc. Carnations in 1,000 lots, 1 cent each . Button hele recess 1 cent each ; Button hole roses, 1 cent each Violet bunches, 2 cents each ; large tissue paper fans, 1 cent each ; Con-

fetti, 1 cent a package. Act quick as the goods will not last long at these prices. Write the Brantford Arti-ficial Flower Co., Brantford, Ontario. 1912.2

LOVEST THOU ME

Progress. SPAIN AND PETER'S PENCE

writes, "we have not neglected to continue our work for relief and the iminution of the deplorable conse-Tences of war." The Holy Father then recalls his

efforts for the exchange of wounded prisoners unable to fight again. The needs of the soul, he writes, especially afforded all chaplains called under the colors or attached All and a second s

Like an Icicle All winter long she suffered from the cold. One day in March she said to her husband, "If you really love me, Tom, you'll have that antiquated heating system downstairs chucked out and a good one put And that's what sent Tom Gates out to our plant to learn about

His Wife Was

Safford **Boilers** adiators

it is 111% less likely to

Those are but two

features briefly told.

But such facts cannot

fail to set you thinking.

So you might just as

well relieve your mind.

Put your name and

address on a post-card-

request for our "Home

Heating" booklet. It

will only take a minute

or two of your time-

time never better in-

vested. And you'll get

full particulars about

the Safford system by

Î

50

return mail.

get out of order.

For over two hours we talked to Gates. He was from Missouri. He had to be shown our plant. He had to be shown the Safford heating system section by section. But a Safford is being put in his house now.

Gates discovered that the Dominion Radiator Company is an organization of specialists, devoted exclusively to the manufacture of hot water and steam heating systems. The moulders, for instance, have to be specialists in their line, because the Safford boiler is designed very differently to an ordinary boiler. The moulders must acquire great skill to cast it. You see, the whole boiler is most scientifically constructed. It is built to keep Gates' wife, and your wife, warm and comfortable, and burn less coal than

Starting with the water cold, a

others.



JUNE 19, 1915

to the Italian army in any capacity. The Pope then exhorts all Catho-lics to practice with him for three days a strict ecclesizatical fast and he accords a plenary indulgence applicable also to the souls in purga-

Continuing the Pope writes : "I wish that the echo of our voices might reach to all our children affected by the great scourge of war and persuade all of them of our parand personade an of their troubles and sorrows. There is little of the grief of the child that is not reflected in the soul of the father."—Intermoun-

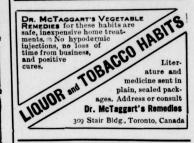
A Clean Mouth **Promotes Health**

ain Catholic.

Oral hygiene is quite properly focus-ing the attention of the medical profes-sion as well as the laity. A noted author-ity is quoted as saying: "There is not one single thing more important in the whole range of hygiene than hygiene of the mouth." the mouth.

In the process of sterilizing the mouth -destroying disease germs-dependance may be placed on Absorbine, Jr. This germicidal liniment has made good under germicidas iniment has made good under severe laboratory tests and its use as a germ destroyer and preventive is becom-ing quite general. It is unlike the usual germicide because it is non-poisonous, and is safe and harmless to use.

and is safe and harmless to use. Prof J. D. Hird, Biological Chemist, Washington, D. C., after an extensive laboratory examination of Absorbine, Jr. reports: "Four or five drops of Absorbine, Jr. to an ounce of water is sufficient to thoroughly cleanse the mouth and teeth of injurious bacteria, without injurious action on the teeth." (Complete report mailed upon request.) Sold by most druggists at \$1.00 per bottle or sent post-paid by the manufacturer, W. F. Young, P. D. F., 299 Lymans Bidg., Montreal, Canada.



EDDY'S Matches are and have been for more than sixty years, leaders and standards of Canadian trade and all thinking Canadians will continue to always insist upon having none but



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claimed : "My contrition con-strains me, my misery forces me to call upon Thee. I am sick, there fore I have recourse to the Physi-cian ; I am blind, therefore I appeal to the eternal Light, I am dead, therefore I long for life. Thou art my Physician, my Light and my Life ; Jesus of Nazareth, have mercy upon me : Thou Son of David, have mercy upon me ?"

Jesus will hear us if we earnestly ory to Him, for however blind and ory to Him, for however bind and wretched we may be in His sight owing to our sins, His mercy is infin-ite. He will help us to conquer all our sins, even those into which we are most liable to fall; and He will enable us to avoid them in future, no matter what temptations the formatter what temptations the fortunes of life may bring with them. The misery of life is seen in the

fact that everything is so subject to change. We make all sorts of plans and prepare for this or that state of affairs, and often all turns out differently, in a way quite contrary to our expectations. God controls our destiny : we cannot do so. How insignificant we are in comparison with God ! We cannot say with certainty regarding the smallest event that it will occur in some particular way. God directs even the most trifling things so that they carry out His will, and we are not only unable to will, and we are not only unable to foresee His decrees, but we cannot understand in many cases how they can be beneficial, nor how our very hindrances can eventually lead up to the light. Our inability to compre-hend God's designs make us realize

nend God's designs make us realize our own nothingness, and ought at the same time to fill us with bound-less confidence in Him. What our intellect fails to fathom, lies open before His all-seeing eye as conducive to our salvation; what causes us joy is really often a punish-ment, whilst what seems disastrous may be, in His hand, the seed of our truest happiness. Therefore we must leave things to Him, troubling

about nothing save at every moment te do His Will, and thus the miseries of life will be transformed into joy and gladness in eternity.

"Not to drink," says Froelich, "means, however bad the condition them Himself. Having lovingly refreshed His guests with material food, thus mak-"means, however bad the condition of anybody may be, more resistance and more strength to counteract the evil wrought by bad food, bad hous-ing and overwork." Thus the alcohol question is not merely an individual question, be-

guests with material 1000, thut man-ing that lakeside breakfast beautiful-ly symbolize what He was about to do, the Good Shepherd commissioned St. Peter and all who should follow

merely an individual question, be. St. Feter and all who should follow cause one's welfare is to some extent dependent upon that of others, and because the class or community of which the individual is a part is af.

SEEK TO MAKE GOOD DEFICIT IN CON-TRIBUTION CAUSED BY THE EUROPEAN WAR The valiant Catholics of Spain have had the happy idea of starting a campaign to make good in that country the huge deficit in Peter's Pence which will result from the conflict in Belgium and the anxieties of France, Germany and England. It is an enormous undertaking for a poor country, but proves how Catho-lic Spain remains. Special collec-

tions are at present being made in every parish of the Peninsula. The Catholic journals have opened sub-scription lists in their columns and the idea is being taken up with enthusiasm. Some part of this is due to the fact that the present Pon-tiff enjoyed much popularity during his sojourn in Madrid as Papal Nuncio some years ago, and is thus with fish the boats of Peter and his known to the Spanish nation, A deputation of Spanish notables will partners. Prior to conferring the primacy on Simon He invited him take the offering to Rome.

POPE BENEDICT SADDENED BY CONFLICT

"The hour which we are travers ing is painful, but our prayers will go out more frequently than ever to those who have in their hands the fate of nations," is a declaration made by Pope Benedict in a letter to Cardinal Vannutelli, published in the Onesuratore Beomann the vation the Osservatore Romano, the vatican organ. The Pontiff recalls his first yclical in which he urged the belligerent nations to make peace, but points out that his voice was un-headed and the war continued until the "terrible conflagration has ex-tended to our beloved Italy."

The Pontiff says he wanted to hold a consistory early in June to discuss with the sacred college matters of importance concerning the govern. ment of the Church, but unfortun-ately the distressing events made which the individual is a part is af. feeted by his good or ill condition. In the workshop the drinker's liability to accidents increases the risks to his fellow workmen. In the affairs in Chief Shepherd, "Lovest thou

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With an established reputation for its exclusiveness and high class patronage. Thoroughly modern and completely equipped. Courteous service. Bathrooms, with hot and cold, fresh and sea water attach-ment, etc. Magnificent sun parlors and porches overlooking the board walk and ocecn. Orchestra of soloists. Always open. Golf privileges. Illustrated booklet. NEWLIN HAINES CO.



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Cent	er of b	usiness or car, g	Grand get off	d Circus at Adam	a Park. ns Ave	. Take	Wo	odwa rd
	AF	SOL	UTE	LY F	IRE	PRO	OF	
200 1 200 100 100	Rooms, "	Private "	Bath,	\$1.50 2.00 2.50 00 to 5.	Single "	\$2.50 8.00 4.00 4.50	Up "	Double "
	-	Tota	1 600 ABSC	Outsic	Y QUI	ET		
	Floor	s—Agen oms	ts'		New	Unique Cabare	e Ca	tes and xellente

SHE DARKENED HER **GRAY HAIR** Kansas City Lady Darkened Her Gray Hair and Stimulated Its Growth by a Simple Home Process She Tells How She Did It

matches

A well-known Society Lady, who darka wear a wear and so that is a simple home process, made the following statement: "Any lady or gentleman can darken their gray or faded hair, stimulate its growth and make it soft and glossy with this and make it soft and glossy with this simple recipe, which they can mix at home. To half pint of water add 1 oz. of bay rum, 1 small box of Orlex Com-pound and $\frac{1}{4}$ oz. of glycerine. These ingredients can be purchased at any drug store at very little cost. Apply to the hair every other day until the gray hair is darkened sufficiently, then every two weeks. This mixture relieves scalp hair is darkened sinicilarly, then every two weeks. This mixture relieves scalp troubles and is excellent for dandruff and falling hair. It does not stain the scalp, is not sticky or greasy, and does not ruo off. It will make a gray haired person look 10 to 20 years younger.

