

A pure hard Soap.

SURPRISE SOAP

MAKES CHILD'S PLAY OF WASH DAY

Household Notes.

CANNED GOODS.—The notes of warning so frequently sounded now against the buying of jams, jellies and canned vegetables, have nothing of the false alarm character about them. They are all founded on facts, some of them pretty disagreeable facts, as we should all admit if every package of them contained an itemized list of ingredients employed in its preparation. Mind, this is not saying that air preserved fruits and vegetables are thus harmfully concocted. It is only the very low-priced ones, those selling for what any reasonable person should see could hardly more than pay for the can; these are an out-and-out menace to those who consume them in any quantity. But if the careful housekeeper wants to provide her table with canned delicacies, let her first take a pencil and paper and reckon the amount it would cost her to preserve one quart of peaches, one of pears, or of tomatoes, or whatever comestible she elects to buy, and then go to her grocer prepared to pay not one cent less than this price, and she will come very near to getting a pure article, especially if it bears the name of a reputable firm. There are no "bargains" in canned goods; and the woman who seeks them at what she calls bargain prices is preparing a few cases of slow poison in her family that some physician is going to find it difficult to diagnose.—Boston Transcript.

CHILDREN'S FEARS.—A celebrated English physician who has made the diseases of children his specialty says that it is a very common thing for children to see "visions," owing to the instability of their nervous system. These visions which are peculiar to childhood give rise to the condition to which has been given the name of night terrors. The child awakens out of his sleep shaken with indescribable fear, for he actually sees before him in the dark the objects of his terror. He calls out in his alarm. It takes some time to pacify him before he can again compose himself to slumber. The sleep of childhood should be profound and quiet. When a child is restless and talks in his sleep, his nervous system has in some way been overtaxed; his digestion disordered. The child who is restless and nervous should have a carefully regulated diet. It should be seen that children have their sleep regularly and that the hours are sufficiently long to permit of recuperation of the body and the building up of the tissues. Children from five to six should have thirteen and one-half hours sleep. A decrease of half an hour may be made for each year after that. Children who are nervous and play hard should be put to bed for rest and quiet, even if they do not go to bed immediately to sleep.—Grace Peckham Murray, M.D., in the Delinquent.

Making Success In Stenography.

He was a well dressed, keen looking business man, and he was telling his neighbor, a fellow commuter on the New York Central, about his troubles in getting a stenographer to suit him.

"I never saw anything like it," he said. "I have tried at least half a dozen young men within the last three weeks, and I cannot get one who can take dictation correctly. Now, you know, I do not speak very rapidly, yet every now and then I was told to repeat what I had said, asked to spell a name, etc., which was enough to irritate any busy man. Then, when the letters were transcribed I went over them with dread, for I found them misspelled, wrongly interpreted and sometimes whole sentences omitted.

"Not all of these men said they were first class stenographers and were swelled up with importance. I

got rid of them in a hurry and I am still looking for the right man. When he comes he will be appreciated and well paid, too."

His neighbor happened to be an expert stenographer in one of the courts of New York county some years ago, and he readily sympathized with the business man.

"The trouble is just here," he said. "Young men and women learn stenography nowadays not as a profession, but look upon it as a stepping stone to something else. They never made a greater mistake. Stenography is as much a profession as that of a lawyer or a doctor, and takes just as many years to accomplish. Of course the general idea is that you can learn shorthand in four or five months, but that's only a dream.

"In the first place, to be an expert stenographer a man must have an excellent education as a foundation. He must know a little of everything. He must be well posted on the topics of the day; have a cool head and a steady hand; have a smattering of law; be conversant with medical terms, and a first class English scholar.

"If a stenographer is deficient in education he can never hope to take matter correctly which he does not understand when he takes it. For instance, a man may be expert in stenography, and if he does not understand German he cannot take a German speech; but a man who understands that language can readily do so with any system of phonography and transcribe his notes afterward.

"Hence it is familiarity with the subject you are taking, as well as efficiency in writing shorthand, that makes an expert man. What do the hundreds of young men and women turned out of the schools after a four, five or six months' course in shorthand amount to? They know the rudiments of the art, it is true, but it is just then that they are really beginning to learn. After that it takes months of close study and practice to become perfect.

"Ask the men who are expert at it to-day how long it took them, and I'll wager many will answer years. Let the youths of the land, when they study shorthand, study it as they would study law or medicine and they will become experts at it. Let them make up their minds to keep at it assiduously, to practise several hours daily and to study constantly, and it is only then that their efforts will be crowned with success."

LOTS OF SNUFF STILL USED

The production of snuff in the United States the current year will amount to 19,000,000 pounds, and practically all of it will be consumed here. In 1890 the production was 9,221,000 pounds, so that there has been a very heavy increase during the past 12 years.

Notwithstanding the large consumption of snuff in this country, the Americans are not snuff takers as a people, though there are regions in which the people do use snuff extensively, as in the south. But the greater part of this large snuff production is consumed by people of foreign birth.

The snuff trade in this country might seem curiously distributed if you did not know the facts. Thus Worcester, Mass., takes about 100,000 pounds of snuff a year, or say a ton a week. This demand is due to the presence there of a large number of Swedes and Norwegians employed in Worcester iron and steel mills.

Minneapolis and St. Paul together take about 200,000 pounds of snuff annually, and Minnesota is a big consumer, the consumption being due to the presence in the State of a large number of Scandinavians. In Chicago the consumption of snuff is about half a million pounds yearly.

Formerly considerable quantities of snuff were imported; now all but a minute fraction of the snuff used in this country is made here. American snuffs are without exception the best made anywhere and one special brand of it has been supplied for years to the Vatican, as also to the Sultan of Turkey.

Our Boys And Girls.

JACK'S QUEER DREAM.—"I want somebody to come and button my shoes," called Harold down stairs. He waited, but no one went to his help, for the reason that Aunt Amy had told Emma, the girl who waited on the children, not to go.

"I can't find my brush," came no other call. "Emma, you come here." Emma did not go.

"I think you're mean, Emma," in a fretful tone. "You can leave Harry as well as not. Bring some warm water with you." But Emma still played with little Harry.

"Emma," called another voice, "won't you, please." Emma jumped up and was half way up the stairs before Jessie had finished saying: "tell me where my slippers are?"

That was it. The mother of the children had been ill for a long time. Now she had gone away for help, and Aunt Amy had come to take charge of them. She found them pleasant and well disposed children, but sadly lacking in the small graces of speech which take all the care of a strong mother to form into a habit.

"I suppose it's because they're the 'little things,'" said Jessie, as when they finally gathered at the table, Aunt Amy talked to them about it, assuring them that no children could ever hope to get along agreeably in the world without a good supply of such nice change as "If you please," "Thank you," "Excuse me," and the like. "You see," she went on, "we wouldn't any of us tell a lie, or steal, or slap Harry, or say bad words, because they're 'big things.' But 'please' is so little because we always forget it."

"And so poor Aunt Amy has to keep dinging away at us," said Harold.

"Oh," said Jack, bursting into a laugh, "I had the funniest dream last night. I dreamed there was a garden, O, beautiful! All flowers and grass and trees. And you never could guess what grew on those trees."

"Apples, pears?"

"Peaches, cherries? Or chestnuts?"

"Oranges, bananas?"

"Now, I knew you couldn't. It was all sorts of toys. You can't think of a thing that wasn't there. There was a top tree, and a bat and a bull tree, a doll tree and a balloon tree. There was a jumping jack tree and a tree full of dogs and cats, and elephants and monkeys that would wind up and go. There was a candy tree and a lemonade creek. And then there were boys and girls running about and picking things—all they wanted."

"No, I didn't. I was outside. Lots of other boys and girls were outside, and we all wanted to get in."

"I guess so!"

I saw some of them going up and asking if they could get in. And they came back and said that the man at the gate—he looked fierce and grim—said no one could go in without a golden key, and anyone could easily find one. So we all hunted and hunted, but we couldn't find any golden keys. Then I saw a boy go up and ask to go in, and the man looked as pleasant as anything and let him right in. But I hadn't seen that he had any key. And as I looked after him and saw a tree full of cars and steamboats and I was wild to try it again, and I went right up and said to the man: "O, please, mister, let me go in. I've hunted and hunted for the key and can't find it." And he smiled like everything and said: "Please is all the key you need to get in here."

And I was just going in when the rising bell woke me up. "Mean old noise!"

All laughed at the dream.

"I think," said Aunt Amy, "that my dinging and dinging must have done some good if I have made you dream about the golden key. You will keep it for everyday use, I am sure; not only for dreams."

"That's what I'm going to do," said Jack.

For his dream was a very true one in the fact that this golden key and the other little polite words will open to you a great many of the pleasant things of the world."

KNIGHTS OF COLUMBUS HALL.

Initiatory steps have been taken by the joint committee appointed by the three councils of the Knights of Columbus of St. Louis in the project of erecting a permanent home in St. Louis. A corporation capitalized at \$50,000 will be formed at once. It is the purpose to erect a building that will eventually represent an investment of from \$150,000 to \$200,000.

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Society Directory.

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ST. ANN'S T. A. & B. SOCIETY, established 1868.—Rev. Director, Rev. Father Flynn, President, D. Gallery, M.P.; Sec., J. P. Quinn, 625 St. Dominique street; M. J. Ryan, treasurer, 18 St. Augustin street. Meets on the second Sunday of every month in St. Ann's Hall, corner Young and Ottawa streets, at 8.30 p.m.

A.O.H. LADIES' AUXILIARY, Division No. 5. Organized Oct. 10th, 1901. Meetings are held in St. Patrick's Hall, 92 St. Alexander, on the first Sunday of each month, at 2.30 p.m., on the third Thursday at 8 p.m. President, Miss Annie Donovan; vice-president, Mrs. Sarah Allen; recording-secretary, Miss Rose Ward; financial-secretary, Miss Emma Doyle, 68 Anderson street; treasurer, Mrs. Charlotte Bermingham; chaplain, Rev. Father McGrath.

ST. PATRICK'S SOCIETY.—Established 1868, revised 1864. Meets in St. Patrick's Hall, 92 St. Alexander street, first Monday of the month. Committee meets last Wednesday. Officers: Rev. Director, Rev. M. Callaghan, P.P. President, Hon. Mr. Justice C. J. Doherty; 1st Vice, F. E. Devlin, M.D.; 2nd Vice, F. J. Curran, B.C.L.; Treasurer, Frank J. Green, Corresponding Secretary, John Kahala; Recording Secretary, T. P. Tansey.

ST. ANN'S YOUNG MEN'S SOCIETY organized 1885.—Meets in its hall, 157 Ottawa street, on the first Sunday of each month, at 2.30 p.m. Spiritual Adviser, Rev. E. Strubbs, C.S.S.R.; President, M. Casey; Treasurer, Thomas O'Connell; Secretary, W. Whitty.

ST. ANTHONY'S COURT, C. O. F., meets on the second and fourth Friday of every month in their hall, corner Seignours and Notre Dame streets. A. T. O'Connell, C. R., T. W. Kane, secretary.

C.M.B.A. OF CANADA, BRANCH 26.—Organized, 13th November, 1878.—Branch 26 meets at St. Patrick's Hall, 92 St. Alexander St., on every Monday of each month. The regular meetings for the transaction of business are held on the 2nd and 4th Mondays of each month, at 8 p.m. Spiritual Adviser, Rev. M. Callaghan; Chancellor, F. J. Curran, B.C.L.; President, Fred. J. Sears; Recording-Secretary, J. J. Costigan; Financial Secretary, J. H. Feeley, Jr.; Medical Adviser, Dr. H. J. Harrisson; E. J. O'Connell and G. H. Merrill.

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NOTES

DELINQUENT SUBS

reminded the subscribers in our business of scanning the letters of each mail, naturally at this season when S lavishing his present left, a number of names are on his list good old adage which be just before we are

PARISH MIGRATION

scribes writes to draw the strange desire for which has taken possession of parishioners in recent years. "True Witness" circulates in our parishes, we do not think able to publish his letters it contains some very sound advice. The good when parishioners, you considered it a duty to their parish church, in their parishioners, seemed appeared. Parishioners quired the habit of tra from church to church, elig any particular affe or another of them. W the result of all this? will show.