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Q. Why does it not nourish the body?

A. Because it is not food, and has no nourishing properties.

Q. Does alcohol build up the body, or strengthen it in any way?

A. It does not.

Q. Why does it not strengthen?

A. Because it can never be assimilated or form a part of the body.

Q. What, then, becomes of it?

A. It goes into the blood vessels, and mixes with the blood, and circulates with it to every part of the body.

Q. What is its general effect?

A. It irritates and poisons every point it touches, just as it does the stomach.

Q. Does it have any bad effect upon the blood?

A. It does.

Q. In what way does it injure the blood?

A. It hardens the albumen in it.

Q. What is albumen?

A. It is one of the principal parts of the blood.

Q. What is albumen like?

It is like the white of an egg, which is albumen.

Q. In what way does alcohol harden the albumen?

A. By absorbing the water from it.

Q. Is there much water in albumen?

There is.

Q. Why does alcohol absorb water?

A. Because it has a strong affinity or liking for