

# SPORTS and RECREATION

## 1976-77 Yeomen: playoff contenders?

By MYLES DAVIS  
The York Yeomen football team closed out their season Saturday on a losing note with a 45-0 defeat, courtesy of the powerful Windsor Lancers. The defeat meant elimination from the playoffs for the Yeomen, and brought their season record to one victory and six

defeats.  
York has been outscored 157-0 in their last three games.  
Head coach Nobby Wirkowski however, told Excalibur this week that all is not lost for the team. "Although our record doesn't show it, I feel that the season was not a total disappointment," said

Wirkowski.  
"I discovered a lot about the players on the ball club, in terms of our strengths and our weaknesses, and next year, hopefully, we'll be able to improve our record."

The Yeomen, in fact, were not as bad a football team as their record indicates, Wirkowski explained. "During the first three games (in which the Yeomen played their best football), all three of our quarterbacks sustained injuries and that meant the team would be without a leader on the field for the remaining games.

"Consequently, we let down and finished the season on a losing note."

With the exception of one or two

squabbles, Wirkowski, felt the relationship between himself and the players was excellent this year. "We had great morale on the team, and we understood what we wanted to do; unfortunately, with a young ball club, we just couldn't get it together on the field."

Looking ahead to next season, it appears Wirkowski may have more than a few tricks up his

sleeve. "We've got about 30 players coming back to the team, and I'm hopeful we'll be able to secure about six or seven excellent prospects from the high school ranks."

Losing football teams seem to have become a tradition at York, just as winning ones are an accepted fact at U. of T. Traditions, like poor grades, can change, however.

### Inconsistent goaltending costs puckmen two games

By MYLES DAVIS  
With three pre-season games under their belts, the York hockey Yeomen have already managed to reach that humdrum status known in sport circles as inconsistency.

Although the Yeomen have only won one game in three starts, coach Dave Chambers is not distressed over the lacklustre defensive play displayed by the team. "We haven't had the goaltending that we got last year, but I'm certain that it will improve over the season," said Chambers.

Chambers' lack of concern is undoubtedly well justified as an example of the team's strength could hardly be based on their pre-season play. Very seldom is a hockey team's pre-season play identical with their effort during the regular season.

The Yeomen lost 8-7 to Western

on Saturday, after gaining a split in games with Ohio State University, two weeks earlier.

Gary Gill, acquired from Sault Ste. Marie in the off-season, has been York's top shooter thus far with 5 goals in three games. Ron Hawkshaw, from Waterloo, and veteran Bob Wasson have also performed admirably.

In upcoming games, the Yeomen meet the alumni in their annual grudge match tonight at 8:15 in the York Ice Arena. The alumni should prove to be formidable opponents for the Yeomen, with Doug Dunsmuir, former Toronto Marlie Steve Latinovich, and Punch Imlach's son, Brent, in their lineup.

On November, 7, 8, and 9, the Yeomen will compete in a tournament at Varsity Arena involving Waterloo, Concordia, and the Varsity Blues.

### Yeowomen field hockey team falter in stretch

By BARB LADE

The York Yeowomen's senior field hockey team played well despite finishing with only one victory during part one of the OWIAA tournament held at Scarborough College over the weekend.

In the four team competition, York defeated Queen's, while losing to McGill and U. of T.

In the victory over Queen's, the York forwards displayed both speed and finesse in moving the ball downfield several times. Julie Stines and Cathy Brown combined for all three of the York tallies.

On the second day of competition, the Yeowomen lost both of their games by scores of 2-0 and 4-0 against McGill and Varsity, respectively. In both the games the girls managed to hold their opposition to one goal leads during the first half, but faltered in the second half and went down to defeat.

Cathy Brown, the most proficient York player over the course of the tournament, was the one bright spot in the dismal afternoon.

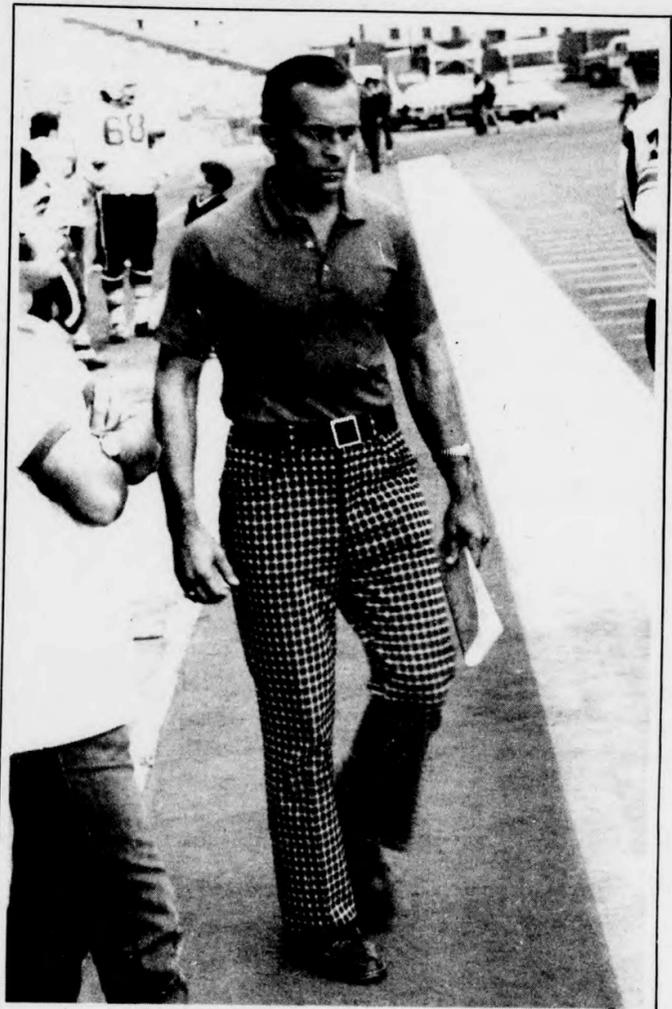
In the intermediate section of the tournament, York's team split their games, winning two and losing two.

The Yeowomen defeated Queen's and Trent while losing to U. of T., and Laurentian.

Against Queen's, the team pulled out a 1-0 victory on a game deciding penalty shot by Terry Clancy, after York goaltender Brenda Stewart had stopped all five penalty attempts by the Queen's side.

In Friday's battle with Trent, York forwards Nelleke van Ingen Schenau and Glory Goldstein scored a goal each as the Yeowomen defeated Trent 2-0.

This weekend, part two of the Ontario finals will be held here at York.



Nobby Wirkowski during better times.



### Dr. Labib Squash tips

### The backhand

The backhand shot in squash, like putting in golf, is perhaps the most maligned shot in the game. But actually, much of the problem is psychological, for the backhand can be the easiest of all strokes.

The backhand stroke is exactly the same as the forehand, except that the arm moves in the opposite direction.

As with the forehand, position your body so you are facing the side wall (if you are righthanded — face the left wall; if you are lefthanded — face the right), and space your feet approximately shoulder width apart. (If your feet are too close, you will lack stability, if they are spaced too far apart, it makes it difficult to transfer your body weight as you move through the shot.)

Taking your racquet back, pivot your hips so that when you bring the racquet forward to strike the ball, you will be able to transfer your body weight from the back foot to the front.

In making this movement, it is imperative that you keep your front leg forward and bent at the knee. Never allow the racquet face to point down when making contact with the ball.

As with any shot in squash, make sure you follow through completely before setting up for your next shot. While you may argue that following through is unnecessary since the ball has already been hit when the follow through is made, not following through is a symptom of a poorly executed shot.

An important factor in playing either a backhand or a forehand shot is racquet readiness. Obviously if you are not ready for the shot, you introduce an error factor by hurrying your shot.

Before hitting the backhand, make sure the bulk of your weight is on your back foot and that your racquet is behind you in a ready position.

To add speed and dexterity to your game, try to decide as soon as possible whether you are going to hit a forehand or backhand.

With practice, you will find that the backhand is easier to hit than the forehand. The reason for this is that the backhand shot involves moving your arm away from your body (the more natural stroke), whereas in the forehand, your arm moves towards your body, making the shot awkward.

Where's your sport?  
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### Sportorial

#### I come not to praise Nobby...

This was supposed to be the year that York football would finally raise itself from the mud, but then again wasn't last year to be the year, and the year before?

Of course it's always easy to blame the coach (it's better than having to avoid defensive linemen for the rest of the year), but in the case of Nobby Wirkowski, the record speaks for itself.

Not necessarily this year's record, or last, or the year before, but all the years of football under the direction of Wirkowski. Since 1970, the York Yeomen have won four games.

Smelling salts, anyone? Here it is again: four games in six seasons. At no time during this period have the Yeomen won more than once in

one year; two seasons (including last year) the team didn't win a game.

At some point the coach must stop blaming players, injuries, the wind, the sun in the receivers' eyes, the sun in the defenders' eyes, the mud, the grass, the artificial turf, the coaching.

Oops. Back-track one world. That's it. Blame the coaching, as many of the players, past and present, have done. It's time that Nobby Wirkowski, the men's athletic director put his foot down and fired Nobby Wirkowski the coach.

There is no reason to keep the football team from gaining respectability like all the other teams of this university. Com'on Nobby — give them a break.

### Football Standings

EASTERN						WESTERN									
	G	W	L	T	F	A	P		G	W	L	T	F	A	P
Ottawa	7	7	0	0	323	97	14	Windsor	7	7	0	0	185	34	14
Toronto	7	6	1	0	181	81	12	Guelph	7	5	2	0	167	170	10
Concordia	7	4	3	0	122	171	8	Laurier	7	4	3	0	212	88	8
McGill	7	3	4	0	143	139	6	Western	7	3	4	0	202	127	6
Queen's	7	3	4	0	95	120	6	Waterloo	7	2	5	0	118	192	4
Carleton	7	2	5	0	112	176	4	York	7	1	6	0	69	227	2
Bishop's	7	2	5	0	53	176	4	McMaster	7	0	7	0	43	227	0