

Correspondence think. What can you expect from a boy of 19? This Thanksgiving Day I was just thinking how much I have to be thankful for. Healthy, hard work in the open air; congenial associates and a pleasant home. I guess health is the best gift a person can have. I have often heard people say that it is easy to be cheerful if you are healthy. I suppose all the girls are busy making all those pretty Christmas presents that I see in the magazine. That is where girls have an advantage over boys, for we can't make boudoir caps and do filet work, whatever that is. Won't someone enlighten me? This seems to be growing into a rather long letter, so I had better stop and give someone else some room. Wishing you all good luck.

A Bad Pill.

A Newcomer from Ohio

Dear Editor and Readers,—I have read The Western Home Monthly for only a short while, as I have not lived in Canada quite a year, but I think it is a very interesting magazine, especially the Correspondence Page. I, like "Steve," was interested in the letter from "Hokus-Pokus," but I do not agree with him about the loneliness of the farm, because I do get lonesome at times. To account for that I came from a more thickly populated country. I came from Ohio to Canada, but spent most of my life in the heart of the hills in West Virginia, the home of the Cherokee Indian, and, like the Indian, I long for the upland when I get lonesome.

I think if "Violin Lover" would thaw out himself a little bit, the girls would not be so cold.

I have a team of Kentucky horses which I brought from Ohio, and, like "Steve," wish Cupid would help me find a fair coachman. I am eighteen years of age, five feet five inches in height and weigh 135 lbs.

With the best of luck to the editor and all the readers of the Correspondence Page, my address is with the editor.

A Mountain Lad.

Jimmy is a Girl

Dear Editor and Readers,—I have been reading your most interesting paper for the first time to-day and certainly enjoyed it, especially the Correspondence Page.

I live on a farm in northern Saskatchewan and like outdoor life and sports just fine. I have often helped out with the farm work when hands were scarce.

"Jean's" letter interested me much. I agree with her that the stories of The Western Home Monthly are fine. I also enjoyed the letter written by "Peaches." Wonder if he means what he says about "Mr. Luckyboy." I believe he is trying to work up an argument.

I would like to hear from any readers near my own age, seventeen. Although I am a girl I will sign myself,

Jimmy.

Does Not Like City

Dear Editor and Readers,—I have been an interested reader of your magazine for some time, but never had the courage to write before and should not have done so even now had I not been lonely and saw a letter in your September number from Manitoba and the farm. I, too, have lived on a farm in Manitoba, but came to the Coast to attend business school. I have heard city girls say, "City for mine!" and I wonder if they have ever known anything else. The city does not appeal to me. I am fond of horseback riding and have done a great deal of it. I also like skating and dancing and would like to hear from any of the readers. My address is with the editor. Wishing the magazine every success.

A.L.C.H.

Excuses are the patches with which we seek to repair the garment of failure.



Growing Old Together

THIS aged couple, mellowed by time and the experiences of life, are happily growing old together.

They are happy because they are healthy. Life is still full of interest to them, and they are wide awake to new ideas.

These are the kind of old people that everybody likes. For, in spite of the years, they are cheerful and optimistic.

It is only natural that the blood should get thin and vitality wane as age advances, but there are ways of keeping up the quality of the blood and maintaining health and vigor.

Very many men and women have found in Dr. Chase's Nerve Food exactly what they need to restore energy and strength and keep them healthy and happy.

As an example Mr. Stephen J. Leard, North Tryon, P.E.I., writes: "At seventy-five years of age my heart gave out and became very irregular and weak in action and would palpitate. My nerves also became weak, and I could do nothing but lie in bed in a languishing condition, losing strength and weight. In that condition I began using Dr. Chase's Nerve Food, and am cured. Had I not obtained this treatment I would now be in the box with the roof over my nose. At eighty-one I have an energy which means go, and I am writing this letter so that old people like myself may prolong their health and strength by using this great medicine."

There can be no doubt that this treatment contained exactly what was required to build up Mr. Leard's system.

We are constantly receiving so many letters of this kind that we can, with the greatest confidence, recommend people of advanced years to put Dr. Chase's Nerve Food on trial, as a means of restoring and maintaining health and vigor.

Here is another interesting letter. This time from a lady:

Mrs. Joseph Lalonde, Hydro Glen, Ont., writes: "I have to thank you very much for what your medicines have done for me, especially the Nerve Food and Kidney-Liver Pills. I was so run down and nervous last summer that I was in bed most of the time, unable to do any work. I have also been troubled with my kidneys for over twenty years, and tried every doctor I knew of without any permanent results, but I can say that Dr. Chase's Nerve Food and Kidney-Liver Pills have made me feel quite different. Since taking this combined treatment I have been able to do my housework, and although I am now 76 years old, I feel better than I have for years."

("I know Mrs. Joseph Lalonde, and believe her statement regarding Dr. Chase's medicines to be true."—W. P. Flannery, Postmaster.)

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. Only the genuine bears the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, on every box.

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