

ISSUED BY CANADA FOOD BOARD
Children must have whole milk; therefore use less cream.



PRETTY SHOES FOR LITTLE TOTS

Let us help you dress up your kiddies. We really are specialists in "Kiddy Footwear" and take a great pride in the array of dainty little shoes we have for these customers.

We suggest here a few styles that are especially neat and attractive:

Patent, White, Tan, Kid or Galf Boots, Low Shoes, Slippers, Vacation Shoes, Sandals, etc.

We handle everything for Summer wear at moderate prices. You may safely leave the fitting to us, as every children's last is carefully chosen and is orthopedic in the true sense of the word, and every Shoe sold is guaranteed to be properly fitted.

"THE HOME OF RELIABLE FOOTWEAR"

Waterbury & Rising, Limited
61 KING ST. 212 UNION ST. 677 MAIN ST.

BROAD COVE COAL
Limited Quantity for Immediate Delivery.
CONSUMER'S COAL CO., LTD.

ROAD-MENDING UNDER SHELL FIRE



Two of a party of Canadians, repairing a railway under fire, watch the fight of an approaching shell; their comrades, busy at the moment, took no notice of it whatever. Some of these men went over from British Columbia.

SAYS WEST SHOULD MEET EAST AND PLAN FOR FUTURE

Other speakers were J. T. Henderson, Windsor (Ont.), who endorsed the plan for greater union between farmers and manufacturers, Senator Nichols, of Toronto, who agreed that an understanding was desirable and also alluded to the huge profit the farmers were apparently making in wheat, and Sir John Willison, Toronto, who pleaded for action now on after-the-war problems.

CAPTAIN BAILEY FREE

Toronto, June 12.—When Captain (Dr.) George Bailey and his bondsmen appeared in the county judge's court this morning with his counsel, T. C. Robinson, the crown attorney said: "Not wanted here any more." Thus the order for the incarceration of the captain at the jail farm made by Magistrate Denison, was set aside.

The department of justice, Ottawa, last night sent the decision of the minister to free Captain Bailey. The bondsmen were released whilst the conviction of Captain Bailey is not revoked but he will be virtually free, what is known as "Serving his sentence under license," and not having to report to the police.

An aviation centre, capable of accommodating 15,000 fliers, is to be located near Charlotte, S. C.

Midsummer Millinery

All leading styles in Panama and Sport Hats, trimmed and untrimmed. New White Milans, Leghorns and Large Black Shapes in Liserie and Milan Tagels.

All Colored Untrimmed Shapes at Half Price

Special Attractions in Trimmed Dress Hats, \$2.00, \$3.00, \$4.00, \$5.00

Special Sale of Panama Drapery Silks, 25c. and 50c. ends

STORE CLOSING AT ONE O'CLOCK SATURDAY

Frank Skinner
— Importer of Millinery —
60 KING STREET

War Garden Bulletin
PRACTICAL DAILY GUIDE FOR VACANT LOT AND BACKYARD GARDENERS ENLISTED IN GREAT PRODUCTION CAMPAIGN

Issued by the Canada Food Board in Collaboration With Experts on the Staff of the Dominion Experimental Farm

PULL UP THE WEAKLINGS.
Thinning should be going on continuously these days. The war gardener must show himself to be merciless in getting rid of all weaklings for they serve no purpose other than to sap for themselves the strength which should be reserved for the stronger plants. It stands to reason that if too many plants are trying to take nourishment from the soil, none of them will thrive as it should. Ordinarily thinning is better to pull out the plants in the centre of the bunches which have come up together. The following scale is a good one to go by in thinning:

Carrots	1 in.
Lettuce	2
Parsley	2
Radish	4
Spinach	3
Turnip	3
Beet	4
Parsnip	3
Salsify	3
Onions	3

HOW TO TELL A GOOD EGG

Housewife Need Not Break Shell To Find Cause for Rejection

There are many more or less sure and more or less fallacious ways for telling a good egg from one that is not so good without breaking the shell, but candling has come to be recognized as the only unfailing method. It has been adopted universally by commercial egg handlers and regulations of interstate commerce and food handling are enforced in the United States. Millions of eggs are candled in downtown New York every year, not always to the advantage of the consumer, perhaps, but surely to the benefit of the seller.

In an effort to help the egg producer and country handler to count with government requirements and to give them knowledge by which they may assure themselves of fair dealing when their shipments reach market the United States Department of Agriculture has prepared a set of instructions for the novice. Professional egg candlers handle eggs with almost lightning rapidity and rarely make a mistake. The instructions to that commercial candling costs only a trifle per case. But the novice can soon do the work with a few eggs to gain facility. The department's instructions are so complete and the apparatus suggested is so simple that any housewife may candle the dozen eggs the grocer delivers in a few minutes and send them back unbroken if they are not to standard.

The process, in simple terms, is to hold an egg before a shaded light in a dark room, and by noting certain characteristics seen through the semitransparent shell to determine its edible quality. Persons with only a few eggs to handle may improvise a candler by placing a stove-pipe or closed box over a light, cutting a small hole in the pipe, level with the light. The egg is held in a slanting position at the opening. It is twisted a few times to the right and left and then from end to end, so that the entire contents may be visible. Care should be taken that the fingers or hand do not conceal small blemishes, which otherwise would be disclosed by the light. The beginner should study carefully the general formation of an egg, as this detailed knowledge is necessary for an understanding of the markings that indicate age.

The yolk ranges in color from light yellow to orange, and occasionally is olive green. The eggs with olive-green yolks are less desirable because of this color, but are considered edible. The yolk is contained in a delicate membrane and its surface is a small light-colored circular area called the germinal disk, from which the chick develops. The yolk always floats in the white egg, but does not spot on top. Around the yolk lies a small quantity of thin white and then a heavy layer of thick white. Twisted cord-like coils of opaque white material called chalazae extend from the yolk through the white toward each end of the egg and hold the yolk in position, yet allow it to turn freely.

Between the white and the shell are two fibrous membranes with an air space between them. When first laid the contents fill the entire egg, but when the egg cools the contents shrink and these membranes separate, forming an air space. The size of this space is important in determining the freshness of the egg. As the egg ages the air space increases in size. Most bad eggs have enlarged air spaces.

A fine thick white is found in a fresh egg, and a weak, thin white in a stale egg. As the egg becomes stale the amount of this white increases and the amount of thick white decreases. Several classes of bad eggs are indicated by discolored whites.

The yolk of the fresh egg when twirled before the candle is seen dimly as a dark object moving slowly in the white. The yolk of a stale egg is seen more plainly than that of the fresh egg. When the yolk is so weak that the shake of the egg in candling causes it to break it should be discarded. In the fresh egg the yolk is slightly above the centre in the large end of the egg. As the egg becomes stale the yolk floats higher and nearer the shell.

The start of incubation in a fertile egg may be detected by a reddish glow surrounding the germinal spot. Such eggs, although considered edible, are not graded as first class. This reddish glow is entirely different from the so-called blood ring, which indicates that the egg is unfit for food.

Where there is any doubt as to an egg's fitness for food the candler should reject it as dangerous to health.

Battalion Commanders.
London, June 12.—Major J. L. Ralston, Nova Scotia and H. Wormald, Quebec, have been appointed commanders of battalions.

HORLICK'S
Malted Milk for the Home
A nourishing food-drink for All Ages. Anywhere at anytime. Delicious, sustaining. No cooking

Manchester Robertson Allison, Limited
Stores Open at 8.30, Close at 5.45; Fridays 10 p.m., Saturdays 12.45 p.m.

ISSUED BY THE CANADA FOOD BOARD
All goods yield energy; Milk and Eggs are useful, chiefly as tissue builders. They can be eaten in Canada, because they cannot well be sent overseas.

Bargain Sale of Untrimmed Hats, Flowers and Ornaments
Continued in Millinery Department on Friday
NO EXCHANGES

Friday and Saturday Bargain Sales in Various Depts.

In the Men's Clothing Dept.

Men's Spring and Fall Overcoats and Trousers

MEN'S CHESTERFIELD OVERCOATS
—Fly front, in plain greys and black Vienna and Cheviot Cloths, for the conservative man who wishes to be well and neatly dressed on all occasions.

These coats are exceptional value at their popular prices; but for Friday and Saturday's sale will be priced:

\$15.00 Coats..... For \$11.95
\$16.00 and \$18.00 Coats..... For \$13.20

MEN'S FANCY OVERCOATS at one special price for Friday and Saturday. They are in Fancy Tweeds in various shades of grey and brown, plain effects, mixtures and checks.

The styles are the popular slip-on and better models, so much worn by the young men this season.

\$23.50 to \$26.00 Coats..... For \$20.00

MEN'S TROUSERS at special values. Tweeds and Worsted in neat stripes, plain weaves and mixtures, strong, good-wearing materials and well made.

\$3.00 and \$3.25 Trousers..... For \$2.60
\$3.50 and \$3.75 Trousers..... For \$2.98
\$4.00 and \$4.25 Trousers..... For \$3.40

The Men's Furnishings Dept.

MEN'S SUMMER COMBINATIONS—Several different kinds greatly reduced. Regular \$1.50 and \$1.75 garments, Week-End Price, \$1.00

MEN'S BATHING SUITS—Heavy knitted wool, two-piece style. Regular \$3.75..... Week-End Price, \$2.00

MEN'S STYLISH NECKWEAR—Popular open-end shape. Regular 50c., 75c. and \$1.00. Week-End Prices, 35c. and 55c.

MEN'S SOFT COLLARS—This season's styles, white in cotton and silk. Regular 35c. and 50c., Week-End Prices, 20c. and 35c.

BOYS' COLORED SHIRTS—Starcheduffs. (They can be laundered soft); sizes 12-12 and 13 inch only. Regular \$1.00 and \$1.25..... Week-End Price, 98c.

In the Linen Room

ALL PURE IRISH LINEN HUCK OR DIAPER TOWELS—Small size. Week-End Price, 50c. each

SMALL TERRY TOWELS—White with colored borders, 2 for 20c., 2 for 25c., 2 for 30c.

At the Front Counter—Main Store

Ladies' Silk Gloves
Nice quality, black or white, all sizes, Special, 65c. a pair

LACE TABLE CENTRES—Handsome designs.
Round, 30 inch..... Special, 60c. and 90c.
Round, 52 inch..... Special, \$1.35

In the Annex

LADIES' VOILE COLLARS AND SETTS, white with pink or blue edges, Special, 25c. each

LADIES' LISLE ROSE—Black, white, brown beaver, grey, etc., Special, 75c. pair

TAFFETA SILK RIBBON for Hair Bows, all colors..... Special, \$1.9c. a yard

STAMPED NIGHT GOWN, in fine satin, Special, \$1.00 each

CHILDREN'S STAMPED DRESSES—For ages 3 to 5 years, in pink, blue and natural..... Special, 50c. each

SLIP-ON VEILS—In black and colors, Special 10c. each

House Furnishings Dept.

Irish Point Curtains
Special for Friday and Saturday. They are full size, 3 1/2 yards long, in white, cream and ecru. Regular \$9.75 curtains. Special, \$7.75 a pair

Manchester Robertson Allison, Limited

Important Store News That Will Interest Thrifty Shoppers Who Take Pride In Buying the Best and Most For the Least, Stunning Outing Apparel and Accessories

Store Open Friday Until 10 p.m.; Closed Saturday 1 p.m.

SWEATERS—GREATEST VALUE EVER OFFERED. BE EARLY.

Big snap in women's and girls' sport sweaters, every garment of pure wool yarns and great variety of colors to choose from, in solid or combination shades, made with deep sailor collar, girle or wide belt, rose, green, sand, gold, bella, sax, tan, sizes 14 years to 42 in. bust measure; value to \$7.25. Week-end Special \$2.98 each

HOUSEHOLD REQUIREMENTS AT WEEK-END PRICES.

Odd pairs lace curtains, both low and high grade qualities at great bargains. For the week-end 25 per cent off present values.

All feather pillows, sanitary feathers, 98c. each
Bed spreads 8-4 bed size, \$1.95 each
Bed spreads full bed size, \$2.35 each
Cottons, a few pieces only old stock, before advance in prices.
While they last 14c. yard
1 inch brass portier rod cut to any length. Special Friday 16c. foot
Curtain rods, 54 in. extension, 19c. each

KIMONAS.
Dainty styles crepe kimonas with elastic waist line, good full skirts, comes plain rose, pink, sky, open or helio, white lawn collar and cuffs hemstitched with color to match kimona. Week-end Special \$1.95

PONGEE MIDDIES.
Pongee silk middies—pull-over style with or without belt, silk lacing in colors. Week-end Special \$2.89

KIDDIES' WASH SKIRTS.
Kiddies' killed wash skirts in bright shades—rose, open, etc.; sizes 12 to 16 years. Week-end Special \$1.58

WHITE DRILL SKIRTS.
White drill wash skirts with fancy full pocket; full back and all round detachable belt. Week-end Special \$1.49 each

RAINCOATS.
Odd lines tweed, paramatta and tan rubber raincoats, made with back belt and close fitting turnover collars. Week-end Special \$7.95

WONDERFUL BARGAINS IN CORSETS.
For the week-end we will put on sale about one hundred pairs of corsets, every pair from best makers. A number of the celebrated American Lady corsets among the lot as well as Gordon and Gossard in front lacing models. Models to fit every figure represented as well as all sizes. Value to \$6.50. Week-end Special \$1.98

DRESSES AND COATS FOR TINY TOTS.
Dainty dresses of lovely sheer lawns, nainsooks and cambrics with dear little yokes of Swiss embroidery, fine val lace, pin tucking and insertion; sizes 3 months to 2 years. Week-end 98c. each

Baby coats of wash pongee are most serviceable for baby. They wash beautifully and always look like new. Some come with sailor collar hemstitched, others deep cape collar trimmed with broderie and insertion; sizes 3 months to 3 years. Week-end \$1.50-\$1.75

Kiddies' coats in lovely shades of fast color wash reps, dear little empire styles with most little round collar and cuffs trimmed with piping. Rose, tan, sax, sand or all white; sizes 6 months to 3 years. Week-end Special \$2.38

SALE GIRLS' TUB DRESSES THAT ARE ALL THE GO. SMART STYLES.
They come in American gingham, large plaids, checks and fancy stripes, also a few English cambrics among the lot. Every dress a great big bargain; sizes 8 years to 14 years. Week-end Special 88c. each
Sizes 8 to 14 years Week-end Special \$1.58

CHILDREN'S SWEATERS.
Big clean-up odd lines children's sweaters, every garment pure wool, all lovely shades and natty styles; sizes 2 to 10 years; colors, sax, white, tan, rose, gold, pink, navy. Value \$3.60. Week-end Special \$1.98

NEW STRAP PURSES.
Strap purses, in large, medium and small sizes, cape seal and pin seal, fitted with mirror and overlapped frame to prevent coins from falling out. Prices \$1.25 to \$2.75

SUMMER SILK GLOVES.
Perrin's silk gloves with double tips that are guaranteed to last as long as the glove itself, in pretty shades of grey, pongee, canary, brown, navy, black and white, etc.

SPECIAL VALUES IN HOSIERY DEPARTMENT.
Fine Sea Island hile hose, silk finish, seamless, with garter top; black only; all sizes. 50c. pair
Fibre silk hose with double heel, toe and sole of silk lisle, full fashioned and seamless with 3 inch garter top, in black or white. 55c. pair
New styles in ladies' washable neckwear for mid summer in tuxedo roll back and flat sailor styles, washable satins and piques.

STAMPED GOODS FOR IDLE VACATION MOMENTS.

Tuxedo collars stamped on fine pique, floral and conventional patterns. 79c. each
Coset-covers stamped on mercer mull and nainsook. 30c. each
Night gowns stamped on mercer mull and nainsook. \$1.25 and \$1.35
White linen centres, good round thread Irish linen, 18 by 18..... 45c.
28 by 28..... 65c.
White linen runners stamped on round thread Irish linen 18x34..... \$1.25
Pillow cases, extra good quality of tubular cotton, 42 in. wide. \$1.15 pair
Combinations stamped on English madapolana, good range of patterns. 85c. each
All linen towels, fancy huck guest size..... 65c. and 85c.
All linen towels, fancy huck, large size..... 65c. and 85c.
Cushion tops, large range of floral and conventional patterns, stamped on mercer rep and natural linen, sizes 18 by 28, rep come in shades of grey, green, pongee, brown, etc. 30c. each
Bath towels for children, soft finish and designs especially selected for the kiddies. 39c. each

TWO WONDERFUL WEEK-END SPECIALS YOU WILL NOT WANT TO MISS.

Utility dresses of fancy wash crepes snowflake dot. They are neat styles and made with white vestee front, collar and cuffs; colors tan, grey, pink, helio; sizes 34 to 40 only. Week-end special 78c. each

Bungalow or over-all aprons, just the thing for country wear. You can slip them on easily over any dress for protection or wear for a dress as well. All good quality cambric in light, medium and dark shades, good full sizes. Week-end Special. While they last 58c. each

Daniel
London House
Head of King St.