

Consumption Attacks the Weak

Consumption is a cowardly disease. It attacks the weak. The very prevalent notion that Consumption is simply a disease of the lungs is not in accordance with known facts. The human body is out of order generally before the lungs are attacked at all. Sometimes this disorder of the body is so masked that it passes almost unnoticed; the person feels out of sorts and is not as strong as usual, but little importance is attached to it and no alarm is felt. This condition is generally attributed to biliousness, or malaria, or indigestion, or to taking cold. Never neglect such symptoms. Take no chances. The first step, when chill is felt, is to equalize the circulation, restore heat and open the pores by a hot mustard foot-bath. The next is to administer a medicine combining healing, tonic and expectorant powers, to soothe and tone up the inflamed air passages and stop the source of the cough. Shiloh's Cough and Consumption Cure is such a medicine.

D. B. WHEELLOCK, of Burlington, Vt., in a letter to the S. C. Wells Company, of Le Roy, N. Y., says: "Last January I took a severe cold, the worst I ever had. I tried every cough medicine, but my cough continued. I was finally induced to buy a bottle of Shiloh's Consumption Cure. After a few doses I was much relieved, and in twenty-four hours my cough was practically cured."

Shiloh's Consumption Cure is sold by all druggists with a guarantee that the purchase money will be returned in case of failure. 25c, 50c, and \$1 a bottle in United States and Canada. In England 1s. 2d., 2s. 6d. and 4s. 6d.

THE FATHER OF HIS COUNTRY

Some Unfamiliar Facts About George Washington.

A Rich Man, a Dandy, a Farmer and a Sport.

His Personal Appearance—Poorly Educated—His Private Habits—His Religion.

[Philadelphia Post.]

Washington, great general and masterful politician that he was, could boast of only ordinary qualifications as a man of peaceful pursuits; he was, after all, a personage of excellent character upon whom fortune had smiled, and who was wise enough to make the most of men and circumstances.

The cherry tree story is pure fiction—an invention of Washington's first biographer, Parson Mason L. Weems. WASHINGTON'S PERSONAL APPEARANCE.

He was a tall man, standing 6 feet 2 inches in his boots. "My stature is six feet; otherwise rather slender than corpulent," is the way the Father of his Country described himself to a London tailor. He limped almost imperceptibly in his left leg; this was the result of striking his knee against a tree during the campaign of '76. His eyes were bluish-gray in color, but very bright and expressive. His mouth was a tightly compressed line. His hair was chestnut brown, and curly. His cheeks were prominent, and his complexion generally pale, with just a tinge of color high up on the cheekbones, with showed the marks of the smallpox, with which he was stricken during his trip to the Bahamas in 1751. His chin was firm, his nose straight and long; his eyes, widely separated, were overhung by a heavy brow. His teeth were nearly all defective or false.

Washington's head was not large, compared with every other part of his body, which seemed big and bony. His finger joints and wrists were so large as to be genuine curiosities. His hands were so long and broad that he could not buy a covering to fit him, and had to have his gloves made to order. His boots were enormous; they were No. 13, and their combined weight, with spurs attached, were 21 pounds. His arms and legs were as long as they were large. Muscular, he weighed 175 pounds when he took his seat in the House of Burgesses in 1759, and tipped the scales at 210 pounds shortly before he died.

WASHINGTON AS A DANDY. He dressed well and expensively, according to the fashion of his day. In his earlier years he looked upon as a dandy, and the cut and order of his waistcoat and breeches were widely copied by the American Beau Brummels, who looked to Washington as the standard of taste.

Washington's everyday clothes were of black velvet, with which he wore white silk stockings, knee and shoe buckles of silver, hair powdered and gathered in a queue adorned with a black velvet bow. With this garb Washington usually wore a cocked-hat, the edges of which were adorned with a black feather an inch deep, yellow gloves, a long sword with a scabbard of white polished leather and a hilt of finely-wrought steel.

Though fond of finery, clothes himself, he sometimes admonished his nephew, Bushrod Washington, against the evils of over-dressing. "Do not conceive," he writes in 1783, "that fine clothes make fine men any more than fine feathers make fine birds. A plain, genteel dress is more admired, and obtains more credit than lace and embroidery. In the eyes of the judicious and sensible."

WASHINGTON WAS ILLITERATE, and was painfully conscious of it. Obligated to leave school when he was but fourteen years of age, he acquired such knowledge as he possessed from books and intercourse with educated men. Washington was an omnivorous reader; no printed matter left his hands without being carefully read and

he wished them to deal with him. He seldom touched upon religious subjects, and considered the theme beyond the province of a drawing-room discussion. He was a zealous member of the Protestant-Episcopal Church, and seldom missed divine service, no matter where he was stationed or what the special doctrine or belief of the preacher to whose sermons he listened.

WASHINGTON'S LAST WORDS were, "I die hard, but I am not afraid to go." He died of a congestive strangulation of the throat, due to exposure to the sleet and rain on the afternoon of Dec. 13, 1799. His physician, Dr. Craik, was unable to give him any great relief, and to Washington's calm inquiry as to his condition the doctor gave his opinion that the attack would surely prove fatal. Washington received this information without the slightest show of emotion. At 11 o'clock the next night, Dec. 14, he felt his own pulse almost up to the instant it gave his last beat, speaking consolingly now and then to his wife. He was clear-headed and coherent to the end. There are thirteen words on his coffin-plate. They read:

"General George Washington. Departed this life on the 14th of December, 1799. Aged 68."

Such are a few of the unfamiliar facts about Washington.

"The Man With the Hoe"

One of the most striking poems of the century is Edwin Markham's, "The Man with the Hoe." Nothing equaling it has appeared in the last quarter of a century, with the possible exception of the Kipling "Recessional." It deals with one of the gravest problems of the world, and in such a virile, yet sympathetic and meaningful manner as to stamp its author as one of the great thinkers of the age. The poem was inspired by one of Millet's great paintings.

Bowed by the weight of centuries, he leans upon his hoe and gazes on the ground, The emptiness of ages in his face, And on his back the burden of the world.

A thing that grieves not and that never hopes, Stolid and stunned, a brother to the ox? Who loosens and let down this brutal jaw? Whose was the hand that slanted back this brow? Whose breath blew out the light within this brain?

Is this the Thing the Lord God made To have dominion over sea and land; To trace the stars and search the heavens for power; To feel the passion of Eternity? Is this the Dream He dreamed who shaped the blue firmament with suns? Down all the stretch to hel to its last gulf, There is no shape more terrible than this—

More tongued with curse of the world's blind greed— More filled with signs and portents for the soul— More fraught with menace to the universe.

What gulfs between him and the seraphim! Slave of the wheel of labor, what to him Are Plato and the swing of Pleiades? What the long reaches of the peaks of song, The rift of dawn, the reddening of the rose?

Through this dread shape the suffering ages look; Time's tragedy is in that aching stoop; Through this dread shape humanity betrayed, Plundered, profaned and disintegrated, Cries protest to the judges of the world.

A protest this is also prophecy. O, masters, lords and rulers in all lands, Is this the handiwork you give to God, This monstrous thing distorted and quenched?

How can you ever straighten up this shape? Give back the upward looking and the light; Rebuild in it the music and the dream; Touch it again with immortality; Make right the immortal infamies, Perfidious wrongs, inmedicable woes?

O, masters, lords and rulers in all lands, How will the Future reckon with this Man? How answer his brute question in that hour? When whirlwinds of rebellion shake the world? How will it be with kingdoms and with kings— With those who shaped him to the thing he is— When this dumb terror shall reply to God?

After the silence of the centuries? Oakland, Cal.

A CARD

We, the undersigned, do hereby agree to refund the money on a twenty-five cent bottle of Dr. Williams' Pink Pills for Pale People, if after using three-fourths of contents of the bottle, they do not relieve Constipation and Headache. We also warrant that four bottles will permanently cure the most obstinate case of Constipation. Satisfaction guaranteed. 317 Willis' English Pills are used.

J. Callard, Chemist, 290 Richmond street, London, Ont.

B. A. Mitchell, Chemist, Gothic Hall, London, Ont.

W. T. Strong & Co., Chemists, 154 Dundas street, London, Ont.

E. W. Boyle, Druggist, 652 Dundas street, London, Ont.

J. G. Shuff, Chemist, 540 Dundas street, London, Ont.

H. J. Childs, Druggist, 632 Dundas street, London, Ont.

C. McCallum, Druggist, London, Ont.

N. W. Emerson, Druggist, 120 Dundas street, London, Ont.

N. I. McDermid, Druggist, corner Dundas and Wellington streets, London, Ont.

W. S. B. Barkwell, chemist, corner Dundas and Wellington streets, London, Ont.

Anderson & Nelles, druggists, 210 Dundas street, London, Ont. 62 bl-yt

MAKING THE MOST OF ONE PARTY

In Hull recently a little girl was invited to a party at a friend's house. After tea different games were engaged in until it was time to go home. A guest who was leaving the hostess offered the little girl a bun.

"No, thank you, ma'am said the girl; 'I could not eat any more.'"

The hostess then told her to put it in her pocket.

"I can't," replied the mite, "it's full already; but the next time I come I will bring a basket."—Hull Times.

Minard's Liniment Cures Burns, Etc.

TAMING A VICIOUS HORSE

Lord Dorchester's Vicious "Cruiser" Subdued by John Rarey.

Wonderful Feat of an American Horse-Tamer—Honored by the Nobility.

Under the title, "An Invincible Horse Tamer," Lida Rose McCabe relates the story of John S. Rarey's career in America and England as a breaker of colts, and tamer of vicious horses. His most conspicuous triumph was the taming of Lord Dorchester's "Cruiser," forty years ago. The horse's temper had so depreciated his value at \$5,000. For three years he had been abandoned to himself. Tormented by huge bits loaded with chains, his head was incased in a complication of iron ribs and plates, so that he had to procure his food by licking it up with his tongue. Oppression and cruelty had made him a demon. He resented the approach of anyone by fearful screams and yells of hate and fury. He snapped an iron bar, an inch in diameter, in two pieces with his teeth. The heavy planks that formed his prison he frequently kicked into splinters.

"Cruiser," I think," said Lord Dorchester, in his challenge, "would be the right horse in the right place to try Mr. Rarey's skill; and the sooner the experiment is made, the better. If he can ride Cruiser as a hack, I guarantee him immortality, and enough ready money to make a British bank director's mouth water."

"I will tell you," said Mr. Rarey, in recounting this crowning incident of his career, "what happened at my first interview with Cruiser. I believe there is some cause for everything a horse does. He acts according to the impressions on his mind. Instead of throwing out a stick to fight him, when I first approached Cruiser, I threw open the door and walked in. He was astonished at seeing this, and more so at my exhibiting no fear. He had on his head a large muzzle, lined inside and out with iron. He had worn it three years, until it bored a hole in his head. I took it off, and he never wore it again."

In three hours Lord Dorchester was able to mount Cruiser, and they rode the horse as a hack to London. Cruiser became the property of the tamer. The fortune of Mr. Rarey was made. All classes, headed by the nobility, flocked to his lectures and exhibitions. Lord Palmerston opened the subscription list to Mr. Rarey's private instructions, given in the riding academy of the Duke of Wellington. Queen Victoria was among the first to express joy at the regeneration of Cruiser, and to regret the hard usage to which the horse had been subjected. Frequently she caressed the beautiful creature with her own hand. On the eve of the marriage of the Princess Royal, Mr. Rarey was invited by the Queen to give in the riding school at Buckingham Palace an exhibition before the royal guests summoned to the wedding. The next day he was honored with an invitation to the wedding at St. James' Palace.

Under the favorable influence of kind treatment Cruiser rapidly improved in appearance. His rough, shaggy coat was shed for one of the luster of satin. Festive in a royal purple silk bridle, with rosettes of gold flange, and the look of a war horse in his high-breasted nostrils, he followed his master everywhere throughout his travels in the old world, Mr. Rarey gave free lectures to cab and truck drivers. In his remarkable collection of souvenirs is a gold medal of wonderfully fine workmanship presented to Mr. Rarey, by the Royal Society for the Prevention of Cruelty to Animals.

LADY MONTAGU

She Was the Woman Who Introduced Inoculation Into England.

In a note to the editor of the Conservative, Nebraska City, Dr. George L. Miller, of Omaha, says: "Something like 80 years before Jenner discovered vaccination, which prevents and modifies the virulence of smallpox, Lady Mary Wortley Montagu introduced inoculation into England. In a letter from Adrianople, dated April 1, O. S. 1171, she describes the process of inoculating smallpox into the health of the human system as practiced by a 'set of old women' in that country, who made it their special business to perform the operation 'every autumn, in the month of September, when the heat is abated.' I quote from her letter as follows:

"Appropos of distempers, I am going to tell a thing that will make you wish yourself here. The smallpox, so fatal among us (in England), is entirely harmless by the invention of inoculating. Lady Montagu goes on to tell how people 'send to one another to know if any of their family have a mind to have the smallpox' and ask what veins you wish to have opened."

The operation is to put 'the best sort of smallpox' into several veins of the arm or leg, not more than can 'lie on the point of a needle.' 'The children or young patients play together all the rest of the day and are in perfect health to the eighth day.'

Every year the fever begins to seize them and they keep their beds two days, seldom three. They very rarely have but 20 to 30 spots in their faces, which never last more than eight days, in which they are as well before their illness."

Every year thousands undergo this operation, and the French ambassador says pleasantly that they take smallpox here by way of diversion. There is the waters in other countries. There is no example of anyone who has died of smallpox, since I intend to try it on my dear little son."

This is the inoculation of our time.

CURIOSITY. Dora-I screamed when he kissed me. Cora—How many times?—Detroit Free Press.

DEAR SIRS—This is to certify that I have been troubled with a lame back for fifteen years.

I have used three bottles of your MINARD'S LINIMENT and am completely cured.

It gives me great pleasure to recommend it and you are at liberty to use it in any way to further the use of your valuable medicine.

Two Rivers. ROBERT ROSS.

"A PERFECT FOOD—as Wholesome as it is Delicious."

Walter Baker & Co.'s Breakfast Cocoa.

"The firm of Walter Baker & Co. Ltd., of Dorchester, Mass., put up one of the few really pure cocoas, and physicians are quite safe in specifying their brand."

—Dominion Medical Monthly.

A copy of Miss Parlos' "Choice Receipts" will be mailed free upon application.

WALTER BAKER & CO. LTD.

ESTABLISHED 1780.

Branch House, 6 Hospital St., Montreal.

JOHN L. BLAIR ESQ. PRES.

EW. RATHBUN ESQ. VICE PRES.

THE BOILER INSPECTION & INSURANCE CO. OF CANADA

CONSULTING ENGINEERS

G. C. ROBB CHIEF ENGINEER

A. FRASER SEC. TRES.

HEAD OFFICE TORONTO

G. M. GUNN & SON, AGENTS,

Telephone 321. 414 Richmond Street, London.

"Chemical analysis shows Adams' Tutti Frutti Gum to be pure and healthful."—The American Analyst.

ADAMS' TUTTI FRUTTI

Gum is made from pure Chicle Gum, and there is no other gum just as good or half so good.

FREE.

A splendid Patent Complexion Brush is sent free for the return of a set of coupons with the large letters spelling out the words "Adams' Tutti Frutti Gum." A coupon is wrapped in each 5c. package of Tutti Frutti. See that you get Adams' Tutti Frutti Gum. All others are imitations.

Preserve Your Teeth

And teach the Children to do so by using

CALVERT'S

Carbolic Tooth Powder

6d. 1s. 1s. 6d. and one pound, 5s. Tins, or

Carbolic Tooth Paste.

6d. 1s. and 1s. 6d. Pots.

They have the largest sale of any dentifrice. Avoid imitations, which are numerous and unreliable.

F. C. CALVERT & CO., Manchester.

TO INTRODUCE \$1.00

our well known models early, we will, for the next 30 days, ship a sample Bicycle C. O. D. to each dress upon receipt of \$1.00. We offer splendid chance to a good agent in each town. You have your choice of Cash, or outright gift of one or more wheels, according to nature of work done.

INTRODUCTION PRICES

FLYER—14 in. Tubing, 100 lbs. 1 piece Cranks, fitted with 100 lbs. Tires, \$35.00; fitted with 100 lbs. Tires, \$30.00; fitted with 100 lbs. Tires, \$25.00. Men and Ladies, Green and Maroon, 22 and 24 in. Frame, any gear. Wheels slightly used, modern types, \$8.00 to \$25.00. Price List Free. Secure Agency at once. T. W. BOYD & CO., Montreal.

Neave's Food

FOR INFANTS AND INVALIDS.

"An excellent Food, admirably adapted to the wants of Infants and Young Persons, and being rich in Phosphates and Potash is of the greatest utility in supplying the bone-forming and other indispensable elements of food."

SIR CHAS. A. CAMERON, M.D.

THE RUSSELL

...OTTAWA...

Palace Hotel of Canada.

Fitted up in the most modern style. Contains accommodation for over 400 guests. Passenger and baggage elevators. Commands a splendid view of the City, Parliament Grounds, Park, River and Canal. Visitors to the capital having business with the government find it more convenient to stop at The Russell, where they can always meet leading public men. Entire hotel supplied with fire escapes. Electric cars to all points of city. Train pass hotel four

F. X. ST. JACQUES, Prop.

CLARKE & SMITH,

Undertakers and Embalmers

Scientific work, first-class appointments.

113 Dundas St. Phone 586.

BUSINESS DIRECTORY

Ready Reference Guide of London—Banks, Wholesale Dealers and Manufacturers.

Auction Mart, Storage and Moving. POWER & CO., Phone 1,162.

MILNER'S ELECTRIC PARCEL EXPRESS, 223 Dundas, Phone 536.

Artists.

J. P. HUNT, 423 Dundas street.

Banks.

DOMINION SAVINGS AND INVESTMENT SOCIETY.

CANADIAN SAVINGS AND LOAN.

Brushes.

THOMAS BRYAN, 61 Dundas street.

Building and Loan Companies.

BIRKBECK LOAN CO., 169 Dundas.

Organs, Pipe.

SCRIBNER ORGAN AND MFG. CO.

Dyers and Cleaners.

STOCKWELL'S, 259 Dundas street.

Drygoods.

ROBINSON, LITTLE & CO., 243 Rich.

Hats and Caps.

FRASER, MCILLAN & CO., Rich'd.

Fancy Drygoods and Millinery.

JOHN C. GREEN & CO., 122 Ridout.

Hardware.

HOBBS HARDWARE CO., 339 Rich.

JOHN BOWMAN HARDWARE COMPANY, York street.

Iron, Brass and Wire Works.

DENNIS WIRE & IRON CO., King.

Insurance.

NORTHERN LIFE, Masonic Temple.

Lumber Boxes.

LONDON BOX MFG. & LUMBER CO (Limited).

Monument Manufacturers.

LEATHERIDGE BROS., Talbot & Carl.

Pork Packers.

JOHN PARK, Market House.

Plumbing Supplies.

W. H. HEARD & CO., 357 Richmond.

Leather and Shoe Findings.

R. F. LACEY & CO., 295 Clarence St.

Tea Importers.

MARSHALL BROS. & CO., 67 Dundas.

Wholesale Druggists.

JAS. A. KENNEDY & CO., 342 Rich.

Wholesale Grocers.

A. M. SMITH & CO., 176 York street.

ELLIOTT, MARR & CO., 253 Rich.

Abbey's Effervescent Salt

25c

Now Out

A trial of a good article establishes its goodness. The merits of the preparation will do the rest. All druggists, 25c. bottle, 50c. 60c.