

THE MILK AND CREAM SUPPLY OF TORONTO

The Food Value of Milk

Milk is perhaps the most wholesome and nutritious food that we possess, as it furnishes, in a very digestible form, every element necessary for the growth and building up of the body. It is thus valuable not only for children, but for persons of every age, and in every station of life.

But milk may be either a food or a poison ; it is a most desirable food if obtained from perfectly healthy cows, fed on clean, suitable food, and pure drinking water. It may act as a poison (if used for food) when produced by cows tainted with tuberculosis (consumption), or some infectious disease, or by cows rendered unhealthy by poor food, bad water, or unsanitary surroundings. Even after the milk is drawn from the cow it may become unfit for use by careless handling, the use of dirty utensils, or by being kept in a foul or close place.

It is most important, therefore, that the public should be extremely careful not to use the milk or cream from cows affected with, or suspected to be affected with, tuberculosis, or otherwise in an unhealthy state. Great care should also be exercised (especially in large cities), that the supplies of milk and cream should be obtained from reliable dairies, where constant care and cleanliness are exercised in the production and handling of these products.

The Copenhagen System

The City of Copenhagen, in Sweden, was the scene of the first reform movement in the dairy business. As far back as 1878 a company was formed there which had for its object the supplying of pure and unadulterated dairy products to the inhabitants. This company has steadily grown in size and importance since, until it is now pointed out by European scientists and medical men as the most perfect of its kind in the world. The plan adopted by this Company has been followed by dairies in St. Petersburg, London, Glasgow, and other large cities, with the result that the general health of the people has been considerably improved. Before many weeks the Kensington Dairy, of Toronto, will follow in the same line.