

wear a binder of flannel to protect the bowels from the various changes of temperature so frequent in our climate.

Pleurodynia (rheumatism of the chest muscles) is very often relieved by painting them with equal parts of liniment and tincture of iodine. In severe cases I have successfully used the liniment. It is better than mustard, for it cannot be removed when the sharp sting makes its appearance.

A heavily coated (white) tongue with anorexia and general listlessness is nearly always dissipated by two powders, each containing five grains of rhubarb and eight grains of hydrarg. cum. creta, given four hours apart and followed in three hours by a wine glass of either Apenta or Hunyadi Janos water.

Supra-orbital neuralgia is often relieved by 10-grain doses of antikamnia, repeated every 4 hours.

Sulphide of calcium in three-grain doses has proved most successful in the treatment of boils. Locally much relief has followed the application of resinol ointment.

Dilute sulphuric acid in doses of five to eight drops in a tablespoonful of water every hour or two he has found very useful in persistent hiccough.

Before administering ether to patients who have catarrh of the nasal passages he advises to wash these out with an alkaline solution. This clears out the viscid secretion, and, therefore, the breathing is much easier and anesthesia is produced more quickly and with much more facility.

The bumps and bruises to which the majority of children are victims should be treated with fomentations of hot water. If used early there will be little or no swelling.

Intractable cases of sciatica are often greatly benefited by the administration every few hours of one drop of a one per cent. solution of nitro-glycerine in a teaspoonful of water.

Urticaria, especially that form due to the use of fish, lobsters and oysters, is nearly invariably relieved by a full bath of mustard water of the strength of two tablespoonfuls of mustard to an ordinary bath.

Children who are martyrs to hiccough can get much relief by a flannel bandage around the stomach, thus restraining the action of the diaphragm.