

communion, which would be for them a sort of *spiritual pilgrimage* quite proper to draw upon them the blessings of St. Anne.

3^o The people must be reminded that a pilgrimage is not a pleasure-excursion, but a voyage of piety and penance. They must be recommended to avoid, in conversation, whatever might lead to frivolity or offend modesty even in a slight degree.

It is proved by experience that pilgrimages thus piously prepared are abundantly blessed.

II

THE PILGRIMAGE.

1^o *The voyage.*—Let the time, for the greater part, be spent in praying, either in common or in private, and in singing hymns.

It is good to designate persons (as much as possible priests or clerics) who, dispersed among the different groups of pilgrims, will preside over the exercises of devotion at the moments appointed by the Director of the pilgrimage.

2^o (*At St Anne's.*—A) On arriving, the pilgrims should immediately form themselves in procession on the wharf in the following order: in front, a banner; then, the women in rows of 5 or 6, finally, the men; or at least, should the separation of sexes be too difficult, the pilgrims should walk together in rows as above. It is proper to pray aloud or sing as far as the church.

Pilgrimages arriving in the evening, are requested to go directly to the church in the same order as above.

(B.) When all the pilgrims are assembled in the church, the order and hour for the exercises of the pilgrimage will be given to them from the pulpit.

(C.) Among other exercises, the pilgrims will like to pray before the images and the holy relics of Good St. Anne, to visit devoutly the side-chapels of the church, or to make the stations of the Cross. The greater number find the time too short. In many