

LOOK!

If you were told of a new discovery for the treatment of coughs, colds and bronchitis, as certain in its action on all chest troubles as anti-toxin is on diphtheria, or vaccination on small-pox, wouldn't you feel like giving it a trial?

Peps is the discovery!
Peps are little tablets, containing certain medicinal ingredients, which, when placed upon the tongue, immediately turn into vapor, and are at once breathed down the air passages to the lungs. On their journey, they soothe the inflamed and irritated membranes of the bronchial tubes, the delicate walls of the air passages, and finally enter and carry relief and healing to the lungs. In a word, while no liquid or solid can get to the lungs and air passages, these Peps fumes get there direct, and at once commence their work of healing.

FREE TRIAL Cut out this article, write across it the name and date of this paper, and mail it (with 1c. stamp to pay return postage) to Peps Co., Toronto. A free trial packet will then be sent you. All druggists and stores sell Peps, 50c. box.

Peps

The Storage of Potatoes.

(Experimental Farms Note.)

The losses from storage of potatoes are of far greater economic importance than is generally realized. These losses are brought about by a variety of factors which may be grouped in three divisions, e. g. Physical, Mechanical and Pathological.

The chief loss from physical factors is brought about by the storage of immature stock. Potatoes that are to be stored should be thoroughly ripe, that is, the stalks should be dead, and the tubers should adhere firmly to the stems. Potatoes may have their stalks prematurely killed so as to resemble a natural death by being attacked by late or early blight, rhizoctonia, the flea beetle or potato bug, but upon examination the tubers under such plants will be found immature and unfit for best storage results. Frost bitten and sun-burned tubers, also come in this division.

The mechanical factors that bring about loss in storage are chiefly brought about by a careless handling of the crop at harvest time, such as broken, cracked or chipped tubers due to improper digging and rough usage in gathering the crop. The slightest injury to the skin of the potato lays it open to invasion o

myriads of decay producing spores, which, when given the proper conditions will rapidly spread decay through the entire lot.

Under the pathological factors come the tubers affected by disease. Undoubtedly the late blight (*Phytophthora infestans*) is the most common, as well as the most destructive. Tubers affected by this disease are almost certain to decay in storage; nor is this decay confined to the diseased tubers, but spreads rapidly to the healthy ones, unless preventive measures are employed, and perfect storage provided.

The decay of potatoes in storage may be caused by a number of organisms, while each organism may have its own particular form of attack; still it is gratifying to know that the remedial measures are the same in each case.

The following suggestions regarding the storage of potatoes, if followed carefully, will practically eliminate the losses from decay of potatoes in storage.

1. Spray your potatoes frequently and carefully during the summer with Bordeaux mixture.
2. Delay digging your potatoes, if possible, until the tops are dead and dry.
3. Avoid covering potatoes, after they are dug, with the tops, to protect them from sun or frost.
4. Carefully examine all potatoes to be stored, and remove immature, broken, cracked, clipped, sun-bitten, frost-bitten or diseased tubers.
5. Never store your potatoes while wet.
6. Have the tubers free from dirt. If dirty, the soil fills up the spaces between the tubers and prevents the circulation of air.
7. Provide a dry cellar with abundant ventilation, where the temperature can be between 34 and 40 F.
8. Keeping the storage room as cool as possible directly after the production is storage.
9. Fill your bins gradually; by so doing, the potatoes that are put in first have lost their heat before they are covered by another layer.
10. Carefully sort your stored potatoes at intervals during storage, and remove all tubers showing signs of disease or decay.

The "Allied Loaf" for Canada.

As cereal substitute flours are now becoming available from the new crop, their use in the Canadian Standard loaf will be increased shortly to 30 per cent, so that Canadian bread will conform to the "Allied Loaf" policy, as decided upon by the Food Controllers of the respective countries.

Way in the Past

Ladies wore bustles.
Operations were rare.
Nobody swatted the fly.
Nobody had seen a silo.
Nobody had appendicitis.
Nobody wore white shoes.
Cream was five cents a pint.
Most young men had "livery bills."
Cantaloupes were muskmelons.

You never heard of a "tin lizzie."
Doctors wanted to see your tongue.
Milk shake was a favorite drink.
Advertisers did not tell the truth.
Farmers came to town for their mail.
The hired girl drew one fifty a week.
Nobody cared for the price of gasoline.
The butcher "threw in" a chunk of liver.

Folks said pneumatic tires were a joke.
Nobody "listened in" on a telephone.
There were no sane Fourths, nor electric meters.
Strawstacks were burned instead of baled.

Publishing a country newspaper was not a business.

People thought English sparrows were "birds."

Jules Verne was the only convert to the submarine.

You stuck tubes in your ears to hear a phonograph, and it cost a dime.

The Result of a Comma

The husband of one of the local church-goers had set out on a sea voyage, and the wife wrote and requested the parson to conduct a prayer for his safety during the services. What she intended to be read out was this: "Mr. Sparkes having gone to sea, his wife desires the prayers of the congregation on his behalf." Imagine her confusion, however, when on Sunday the parson severely read: "Mr. Sparkes, having gone to sea his wife, desires the prayers of the congregation on his behalf."

The fastest growing town in the Maritime Provinces at present is Edmonston, Victoria County, N. B. From a few hundred a few years ago it now has a population of over 3,000 and several new buildings have gone up this year.

How to Cure Biliousness

Doctors warn against remedies containing powerful drugs and alcohol. "The Extract of Roots," long known as Mother Seig's Curative Syrup, has no dope or strong ingredients; it cures indigestion, biliousness and constipation. Can be had at any drug store. Get the genuine. 50c. and \$1.00 Bottles.

LIGHTEN YOUR WASHDAY LABOR

Comfort and convenience count on washday, perhaps more than on any other day of the week. Anything that will lighten the work is doubly welcome then.

EDDY'S INDURATED FIBREWARE Wash Tubs and Washboards

are labor lighteners. They save time and strength. Incidentally they cost no more.

Eddy's Fibre wash-tubs are easy to lift and long time because they do not radiate heat as galvanized iron or tin will do. They cannot leak, because they are made in one piece, without joint or seam. And the cost is actually less because they will outlast several of the old-fashioned kinds of wash-tubs.

Eddy's Twin Beaver Washboards save time by the special crimp which loosens the dirt easily. A washing surface on each side gives them double the efficiency of the ordinary washboard.

When you buy matches look for the name "Eddy" on the box. A kind for every purpose.

The E. B. EDDY CO. Limited
HULL, Canada
Makers of the Famous Eddy's Matches

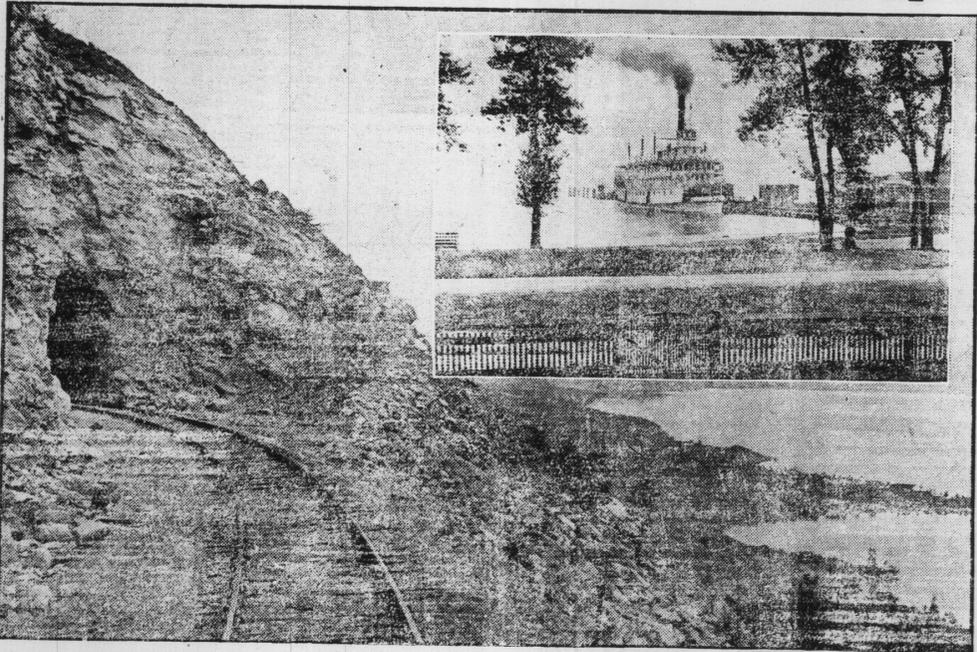
The Newspaper Share

(From the Boston Globe)

The newspaper is almost if not indeed, the only business which is expected to give the Government anything free of charge. It is proud of this distinction, and in its editorial and news columns it gives lavish support to all the war drives and patriotic campaigns. In its desire for the success of those movements, it has not chosen to press a just claim to consideration for the interest of its own business. Nor ought it to be obliged to speak for itself. Its actions should speak loudly enough to obtain a treatment as fair as all other businesses receive without question.

Almond's Liniment Cures Diphtheria.

A Lovely Lake on the Pacific Slope



Okanagan Lake and Kettle Valley Railway. Inserted is a C. P. R. steamer at Penticton, on the Okanagan Lake.

Okanagan Lake!
What an alluring, suggestive place name it is.
First locate it on the map. Down in Southern British Columbia, due south from Sicamous, on the main line of the Canadian Pacific Railway, due south too from picturesque Vernon, due north from Penticton, in the boundary county of British Columbia. Between Vernon and Penticton lies the lake known as Okanagan.
Okanagan is a lake of rarest beauty, even in a land of lakes of rarest beauty. Each mile of its length a mile of scenic loveliness, each league of its bank a league of varied charm. The journey over the long and winding lake is a day's journey of unique interest, from the moment the steamer is boarded at Okanagan Landing till it ties up for the night at Penticton. A comfortable boat it

is, and a comfortable day of travel follows as the panorama of ports passes by.
The nature picture is complete. The shimmering waters that reflect every passing sun ray or carressing, fleecy cloud, are bordered by green-garbed mountains. At their base rest tier on tier of bench lands that spell rich fertility, for they bear the fruits that have spread the fame and name of Okanagan for afield. How the eye feasts on smiling orchards and vineyards, as the mouth feasts on their luscious crops. Down the steep slopes come the leashed waters that irrigate when and where irrigation is needed, the life-giving streams being trained on tree and vine and garden with wonderful results.
Fields of grain and patches of grass make a checkerboard of color, while the water-side towns and their note of human communion. Their

very place names are musical and attractive: such as Kelowna, Peachland, Summerland, with many a charming in-between settlement.
Then there fits in to the landscape frame the cozy, picturesque bungalow of the rancher farmer or fruit grower, set in a garden and facing an incomparable view.
Down at the wharves, the steamer receives its freightage of crated fruit that will feed many mouths in many a distant home, for the great west is an eager customer for the peaches and pears, the apples and the grapes of this favored fruitland country.
So one drinks in the beauty of the Okanagan from the deck of the steamer during a journey that takes most of the lighted hours of a day. And so one may travel above the lake over a wonderful stretch of railway, for the Kettle Valley Line, defying nature's obstacles, makes its sinu-

ous way near the crests of the mountains. A thrilling scene greets the eye in a bird's eye view of the entire lake hundreds of feet below, nestling like a crystal gem in its granite basin, and taking on a silver hue as the setting sun lays its carpet of cheer on the waters. Each cluster of homes stands out clearly against its background of foliage or forest, motorcraft speed along, looking very small in the wide space of waters, and the traveller could circle the lake by land if he so desired.
Finally, the train dips from the heights to the lower levels, from the hill crests to Penticton town. The sun has done its day's work, the shades are swallowing up the beautiful world of water and town and mountain, and the Lake of the Okanagan sleeps, like all nature and some humans.

FALL AND WINTER 1918 & 1919

When you Think of **Men's & Boys' Furnishings** you naturally think of J. HARRY HICKS, the leading exclusively Men's Furnishing House. We are fully stocked. A call will convince you of good goods at right prices. Store opened every day and Tuesday and Saturday evening.

J. HARRY HICKS
Phone 1-3 Corner Queen and Granville Streets

Save Your Money for the coming Victory Loan

A. M. JACK & SON, Halifax

Correspondents of **A. E. AMES & CO.** Established 1889
Toronto, Montreal, New York

FALL BOOTS With Neolin Soles

At this season of the year there's nothing more suitable than a pair of our Neolin Soled Boots. They are especially adapted for Winter Wear and look neat and trim in all kinds of weather for they're built for service as well as attractiveness.

We're showing an extensive assortment of these Boots in shades Black and Brown for Men and Women.

J. H. LONGMIRE & SONS

INDIGESTION CONSTIPATION

Quickly Relieved "Fruit-a-lives"

"I suffered for many months with terrible indigestion and a neighbor advised 'Fruit-a-lives'. I did not expect my doctor to improve and he advised with 'Fruit-a-lives'. I consider that I owe 'Fruit-a-lives' and I advise those who suffer from Constipation or Headaches 'Fruit-a-lives' and you will be benefited."

CORINE GA
50c. a box, 6 for \$2.50.
At all dealers or sent direct to Fruit-a-lives Limited, C.

TRAVELLERS' DOMINION ATLAN RAIL

TIME TABLE REVISED SEPT. 29th, 1918

GOING WEST

Middleton
Lawrencetown
Paradise
Bridgetown
Tupperville
Roundhill
Annapolis Royal
Upper Clements
Clementsport
Deep Brook
Bear River
Imbertville
Smith's Cove
Digby

GOING EAST

Digby
Smith's Cove
Imbertville
Bear River
Deep Brook
Clementsport
Clementsport
Annapolis Royal
Round Hill
Tupperville
Bridgetown
Paradise
Lawrencetown
Middleton

R. U. PARKER,
General Passenger Agent
GEO. E. GEN

H. & S. W. R.

Accom.	TIME TABLE
Paradise	IN EFFECT
days only	March 10, 1918

Read down STATIONS
11:41 a.m. Lv. Middleton
12:00 m. "Clarence
12:32 p.m. Granville Cen.
12:49 p.m. Granville Fen.
1:12 p.m. "Karsdale
1:30 p.m. Ar. Port Wade

Connection at Middle points on H. & S. W. Dominion Atlantic Rail W. A. CUN Div. P.

Dominion Atlas To BOSTON, MO and all points WESTERN CANADA STATES via DIGBY DIAN PACIFIC at Lowest Rates

For fares, sleeping and other information write to

R. U. PARKER
General Passenger Agent
117 Hollis Street, HALIFAX

Eat the Best Bread