

## A REMARKABLE STATEMENT

Mrs. Sheldon Spent \$1900 for Treatment Without Benefit. Finally Made Well by Lydia E. Pinkham's Vegetable Compound.

Englewood, Ill. — "While going through the Change of Life I suffered with headaches, nervousness, flashes of heat, and I suffered so much I did not know what I was doing at times. I spent \$1900 on doctors and not one did me any good. One day a lady called at my house and said she had been as sick as I was at one time, and Lydia E. Pinkham's Vegetable Compound made her well, so I took it and now I am just as well as I ever was. I cannot understand why women don't see how much pain and suffering they would escape by taking your medicine. I cannot praise it enough for it saved my life and kept me from the Insane Hospital." — Mrs. E. SHELDON, 5667 S. Halsted St., Englewood, Ill.



Physicians undoubtedly did their best, battled with this case steadily and could do no more, but often the most scientific treatment is surpassed by the medicinal properties of the good old fashioned roots and herbs contained in Lydia E. Pinkham's Vegetable Compound.

If any complication exists it pays to write the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special free advice.

## Guide-Advocate

Watford, Ont.  
PUBLISHED EVERY FRIDAY  
Subscription \$1.00 per annum in advance. \$1.50 in advance to the United States.

ADVERTISING RATES.  
Space One Year Half Year 3 Months  
One column \$38 \$22 \$12  
Half column 22 12 7  
One fourth column 12 7 4  
Shorter periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.  
LOCAL ADVERTISING — First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Azote measure 14 lines to the inch.  
BUSINESS CARDS — One inch and under, per year \$5.00.  
ADVERTISERS' CARDS — \$5.00 a year.  
LOCATES — 10c. per line each insertion. Minimum charge 25 cents.  
Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.  
PROPRIETORS

## Guide-Advocate

HARRIS & CO. PROPRIETORS.  
WATFORD, JUNE 16, 1916

### NOTE AND COMMENT

The farming business is now coming to a point where it is generally recognized as the most prosperous business, offering the best future and the brightest prospects. That being so, there will be no trouble about keeping the boy on the farm for he will be keen to see that it is the best place to make money, gain the respect of his fellowmen and obtain that standing among men, which is the ambition of every right-minded boy. It is to gain these things that he has heretofore gone to the city: It is to gain these things that he will hereafter stay on the farm and that will send the youths of the cities to join him. All he wants to know is as to what pays best in the sum of human happiness and comfort and success. It is now being demonstrated that in all these things the farm offers the best opportunity.

Farmers living in the beet growing sections of Essex, Kent and Lambton can congratulate themselves on being able to put in a crop that has so far not been seriously interfered with by the unprecedented amount of rainfall which we have had during the past six weeks and which has caused much anxiety among the farmers. In many sections very little seeding of small grains has as yet been done and the season is now so far advanced that the prospects of securing a reasonable crop are very remote indeed. Sugar beets on the other hand can be planted over a much longer period than any other crop that can be grown in this section of Ontario, and while it is usually considered advisable to plant about the middle of May, if soil and weather conditions permit, still they may be sown as late as the middle of June and with excellent prospects of a paying crop. As a matter of fact we have known some

of the very heaviest crops grown in this section to be planted as late as the 20th of June, so that farmers who are growing beets need not get discouraged yet, at least so far as their beet crop is concerned.

### Canadian Red Cross Twenty Years Old

The Canadian Red Cross Society was not prominently in the public eye before the outbreak of the present war, but none the less it has been in existence for 20 years, a period which covers almost half the life of the International Red Cross, which was founded in 1864.

The Canadian Red Cross was organized in 1896 by Dr. now Surgeon General G. Sterling Ryerson, and was the first branch established in the Overseas Dominions of the Empire. It is also older than the American Red Cross.

In the United States at present a campaign is being conducted for Red Cross preparedness. No such campaign was necessary in Canada. Thanks to the forethought and the wisdom of its pioneer founders the Canadian Red Cross had built up an efficient organization.

It was incorporated by Act of Parliament in 1909, and is now the official channel between the Canadian Public of Canada, the British Red Cross Society and the Military Authorities.

The immense volume of work which the Canadian Red Cross has performed since the war, shows conclusively the value of Red Cross preparedness. For the future, every citizen should do everything in his power to enable the Red Cross to discharge its obligations toward our sick and wounded. The society although invested with an official status, received no income from the state. It relies altogether on public contributions.

### Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous surfaces. The Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.  
F. J. CHENEY & CO., Toledo, Ohio.  
Sold by Druggists, 75c.  
Take Hall's Family Pills for constipation.

Footwomen have replaced nearly all of the footmen employed by the wealthy families in England.

The queen of Sweden has visited the German empress three times since the outbreak of the war.

Miss Annie L. Samuel of Frankfort Ky., is the first woman game warden to be appointed in that state.

Over 1,000 girls have been employed to make shells at the Eddystone plant of the Baldwin Locomotive works.

Women fur workers in Saint Paul have organized a new union, and hereafter will forbid any of their members to work piecework.

Queen Elena more of Bulgaria, has spent her entire fortune in relief work for the subjects of her husband, and is now penniless.

Sophie L. Burke, of Detroit, has given \$35,000 for the establishment of a home for the reclamation of children with criminal tendencies.

Louise Murray, a diminutive actress who weighs only 94 pounds, has applied to the New York Jockey club for a license to ride race horses.

The ease with which corns and warts can be removed by Holloway's Corn Cure is its strongest recommendation. It seldom fails.

Katherine and Margaret found themselves seated next to each other at a dinner party and immediately became confidential.

"Molly told me that you told her that secret I told you not to tell her," whispered Margaret.

"Oh, isn't she a mean thing!" gasped Katherine. "Why, I told her not to tell you!"

"Well," returned Margaret, "I told her I wouldn't tell you she told me—so don't tell her I did."

Marriage may mean exchanging single bliss for a matrimonial blister.

The individual who ignores a chance to get even has wisdom.

An ounce of happiness is worth more than a ton of hard coal.

Style doesn't count when it comes to the lining of a pocket book.

The average man can see where fame makes some poor selections.

A girl may strike a man as a pretty miss—and hit him later as an angry wife.

### A MERMAID'S CAP.

Spanish Effects Invade Even Our Sea-going Garb.  
Best quality of soft terra cotta rubber has been plaited into this good looking bath cap. Over the ears are



READY TO DIVE.

two rosettes finished with a chic little rubber cord and tassel. These caps come in extremely gay shades to tone up somber bath suits.

### Fish Bisque.

A fish bisque is made from one cupful of cold fish minced very fine, one cupful of hot milk and a cupful of any white stock. The carcass of a chicken cooked slowly will yield an excellent stock for this purpose. The seasoning consists of a teaspoonful of Worcestershire sauce, salt, a dash of cayenne and a teaspoonful of chopped parsley.

Put fish, seasoning and stock together in a pan. Mix one tablespoonful of flour and the same quantity of butter together and stir into the fish mixture. Cook and then stir in the boiling milk, adding a tablespoonful of cracker crumbs.

### For Easter Week.

In the Easter parade this year silk waists will be prominent. Taffeta will probably predominate, but there will be suits of faille, silk poplin and gros de Londres. The checked and striped silks are popular. The silk suit is freely trimmed and is usually in demitailored or dressy effects. The skirt may be in tiers or have cascade draperies. Bandings of velvet give a rich finish, and the ruchings are especially adaptable to silks.

Asthma Overcome. The triumph over asthma has assuredly come. Dr. J. D. Kellogg's Asthma Remedy has proved the most positive blessing the victim of asthmatic attacks has ever known. Letters received from thousands who have tried it form a testimonial which leaves no room for doubt that here is a real remedy. Get it to-day from your dealer.

### Bernhardt Ignores Rules.

Mme. Sarah Bernhardt disregards entirely the claims of fresh air and exercise, contending that her enthusiasm for her art is sufficient to keep her in health. She drives to the theatre in a closed carriage, spending twelve hours there daily without fresh air or daylight.

### A Record.

Mr. John Mackenzie, the keeper of the office at the Lord Chamberlain's department, St. James' Palace, who has just retired, holds the record for long service with the Royal Family—forty-three years. He has served under nine Lord Chamberlains.

### Mail for Lambtons 149

All mail for soldiers in the 149th Battalion should be addressed in care of the Field Post Office, London, Ontario. To avoid confusion and to ensure prompt delivery the address should contain the following information: Regimental No., Rank, Name and Company to which the soldier belongs. Example:

Pte. James Peterson,  
No. 84485, A Co.,  
149th Os. Bn., C.E.F.,  
Field Post Office,  
London, Ontario.

### OUR CLUBBING LIST

THE GUIDE-ADVOCATE AND	
Family Herald and Weekly Star	\$1 90
Weekly Mail and Empire	1 85
Weekly Farmers Sun	1 85
Weekly London Free Press	1 90
Saturday Globe	2 00
Northern Messenger	1 40
Weekly Montreal Witness	1 90
Hamilton Spectator	1 85
Weekly Farmer's Advocate	2 40
Daily News	3 00
Daily Star	3 00
Daily World	4 00
Daily Globe	4 00
Mail and Empire	4 00
Morning London Free Press	4 00
Evening London Free Press	3 00
Morning London Advertiser	3 00
Evening London Advertiser	3 00
Saturday Advertiser	2 00
All subscriptions are payable in advance	

Address: GUIDE-ADVOCATE, WATFORD

## Lantic Sugar

is packed by automatic machinery in strong white cotton bags and cartons at the refinery.

This is far safer and more sanitary than sugar packed by hand in a weak paper bag which breaks at a touch. No hand touches LANTIC SUGAR until you open it yourself. Just cut off the corner of the carton and pour out the sugar as you need it.

2 and 5-lb Cartons  
10 and 20-lb Bags

"The All-Purpose Sugar"



## TAKAKE

(Trade Mark Registered)

GEORGIAN MFG. CO.

The Harmless but Efficient remedy for Headache, Neuralgia, Anaemia, Sleeplessness, Nervous Exhaustion, &c.

50c AT ALL DRUGGISTS, or by mail from

COLLINGWOOD, ONT.

## TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

## RELIANCE MACHINE WORKS

Our work comprises repairing machinery—any kind of a machine, from a food chopper up to autos and threshing machines.

WE PAINT CARS—Have your car renovated by us giving it a new coat of paint.

WE WASH CARS—Have your car washed every Saturday here.

WE STORE CARS—If your friends come to visit you bring them here to store their car.

LAWN MOWERS—We are looking after a lot of lawn mowers in the repair line—also sharpening. Everyone says we do a good job. Try us.

Let us figure on your lumber contracts.

WATFORD PLANING MILLS

G. CHAMBERS.

## HANDSOME, LUXURIOUS FURNITURE

Buffets	Extension Tables	Brass Beds	Iron Beds
Sideboard	Parlor Tables	Walnut Beds	Oak Beds
China Cabinet	Card Tables	Pedestals	Dresser
Chiffonier	Magazine Stands	Child's Rockers	Book Cases
Dressing Table	Jardinere Stands	Bed-Room Chair	Secretaries
Hall Seats	Umbrella Stands	Rocking Chairs	Desks
Morris Chairs	Hall Mirrors	Kitchen Cabinets	Hall Racks
Music Cabinets	Living Room Chairs	Felt Mattresses	Dining Chairs
Parlor Sets	Library tables	Couches	Pictures
Davenport, and anything kept in a first-class furniture store.			

MASON & RISCH PIANOS

Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

## HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERPAKERS

## We Do All Kinds of Printing

Guide-Advocate Want Ads. Get Quick Results