

FLYING  
TO  
UP

# IN THE REALM OF SPORT

DOWN  
TO  
DIVING

MUTT AND JEFF—Jeff's Answer Rather Surprised Mutt, Old Dear

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BY BUD FISHER



## SHORT OF BREATH

Could Hardly Walk  
Without Resting.

When you go to a physician to be examined for any heart trouble one of the first questions he asks is: "Are you short of breath?"

Now, when the heart becomes affected there ensues a feeling of a choking sensation, a shortness of breath, palpitation, throbbing, irregular beating, smothering sensation, dizziness and a weak, sinking, all-gone feeling of oppression and anxiety.

On the first sign of the heart becoming weakened or the nerves unstrung Milburn's Heart and Nerve Pills are just the remedy you require. They regulate and stimulate the heart, and strengthen and restore the whole nerve system.

Mr. Stephen Crouse, East Clifford, N. S., writes: "I suffered for five years with heart trouble. I could hardly walk from the house of my barn without resting as I used to get so short of breath. Doctors could not help me. My wife told me to get a box of Milburn's Heart and Nerve Pills and I felt better after taking them. I am now helping my son to work the farm, and can truthfully say I feel like a different man."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Company, Limited, Toronto, Ont.

## WHAT WOMEN IN THEIR "FORTIES" NEED

BY A SPECIALIST.

Many women approach the critical changing period of their lives that comes between the ages of forty and fifty, unprepared for its tremendous importance to their future health and happiness. Not understanding the functional changes taking place in their bodies, they work beyond their strength, often break down, become nervous wrecks, their bodies suffering from fatigue and their weakened nerves trembling at every step. Often in their weakened condition, capillary hemorrhage becomes excessive, this added drain compelling them to take to their beds from nervous exhaustion.

What these women need is something that will instantly relieve the pressure on the overworked nerve centres and give them the vitality to stand up under the gruelling strain. Wonderfully effective results are obtained from such conditions by the simple use of Ferro-Peptide, a skillful combination of six of the best nerve-strengthening elements known to modern chemistry. These little tablets contain no dangerous habit-forming drugs and are entirely harmless in their action.

Thousands of women can testify that Ferro-Peptide has done these things for them. It enables them to stand up under the unusual strain of the changing period. Ferro-Peptide has to do these things for them. It enables them to stand up under the unusual strain of the changing period. Ferro-Peptide has to do these things for them. It enables them to stand up under the unusual strain of the changing period.

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