

Business Testifies

WEAK AND NERVOUS

Ont.: "About five years ago I began to feel weak and nervous. I was so completely down and out that I could not do anything. I had the doctor and about a dozen bottles of medicine but without getting better. I was only a skeleton. Dr. Fletcher's Favorite Prescription and the Golden Medical Discovery. It was only a few days after taking these medicines when I felt restored to health and I have been no better health since. I have had no more of these ailments. I feel as well as ever. I should like to see these same remedies. They are excellent."—MRS. HARRY JESSIE ST.

OWES HER LIFE

Stehewan, Alta.: "It is with me that I write the following and I hope that many sufferers who are in the same predicament as I was before I received the good Dr. Fletcher's Favorite Prescription will be helped by it. I was born in a poor family and I was very weak and nervous. I was only a skeleton. I was only a few days after taking these medicines when I felt restored to health and I have been no better health since. I have had no more of these ailments. I feel as well as ever. I should like to see these same remedies. They are excellent."—MRS. HARRY JESSIE ST.

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food, giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher. In Use For Over 30 Years. THE CENTAUR COMPANY, NEW YORK CITY

Wood's Peppermint Cure

The Great English Remedy. Tones and invigorates the whole nervous system, makes new Blood in old veins. Cures Nervous Debility, Mental and Brain Frenzy, Depression, Loss of Energy, Palpitation of the Heart, Fainting Memory. Price 25c per bottle. Sold by all druggists or mail to J. C. Wood, 100, Water Street, New York, N. Y.

Wood's Cotton Seed Compound

A safe, reliable regulating medicine. Sold in three doses of strength—No. 1, 2, 3. Price 25c per bottle. Sold by all druggists, or mail to J. C. Wood, 100, Water Street, New York, N. Y.

IRON MOLDERS WANTED

Men accustomed to operating Molding Machines and Bench Work. Steady employment for good men. Highest wages in Canada paid. Room also for learners.

Taylor-Forbes Co. GUELPH, ONT. Limited

DOCTOR WARD, The Specialist

SPECIALIST IN THE TREATMENT OF NERVOUS CONDITIONS, NERVE EXHAUSTION, BACKACHE, LUMBAGO, RHEUMATISM, STOMACH AND LIVER TROUBLES, ACNE, SKIN DISEASES, CATARRH, ASTHMA, RECTAL TROUBLES, PILES, FISTULA AND BLOOD CONDITIONS. The knowledge gained from many years' experience in treating disease is of much benefit to you and assures the ailing man of prompt relief. When a man knows that he is again feeling well—that he is rid of his ailment—he feels that a heavy load has been lifted from his shoulders. I give every patient the benefit of the knowledge acquired through the long experience of a graduated, licensed and registered specialist, in order to bring about the most satisfactory results in the shortest possible time.

NERVE EXHAUSTION

A CONDITION AFFECTING MANY MEN—THE GREAT AMERICAN DISEASE—IT IS BROUGHT ON BY OUR MANNER OF LIVING—OUR WORRY AND HURRY—AMERICANS EXHAUST MORE NERVOUS ENERGY THAN ANY OTHER RACE OF PEOPLE. There are a great many men who need treatment for their nervous system. These men do not know what is the reason they don't feel right—why they can't work like they used to—why they tire so easily and why they are irritable, nervous, despondent, weak, pale and lack ambition. These conditions require the expert knowledge and treatment of a specialist who has had many years' experience in just such ailments. A specialist learns by experience to know just the right treatment at the right time so that the patient can be dismissed at the earliest possible time. Men affected with nervous exhaustion have no endurance—no ambition—everyday life is an effort. Life to them appears as a long, gloomy future. Their appetite is poor and variable—they become irritable, cross and discouraged. They have pains and aches in various parts of the body and there is often indigestion and pains in the stomach. Sleepless, wakeful and restless nights follow.

RHEUMATIC AILMENTS

SCIATICA AND OTHER FORMS OF RHEUMATISM, LUMBAGO, PAINS IN BACK, SWELLING, ACHING, PAINFUL CONDITIONS IN ANY PART OF THE BODY—INFLAMED AND SWOLLEN JOINTS OF LEGS AND ARMS—MANY OTHER SYMPTOMS. Hundreds of men are suffering with some form of Rheumatism. Many of these men go from day to day suffering untold agonies thinking they cannot be cured. They have tried liniments, rubbing, massage, salts and other treatments without experiencing any relief, and they are now going through life thinking they are martyrs to that burden called Rheumatism. If these men could only know how easy it is to get rid of many rheumatic conditions I know they would not suffer another single day. Then all sufferers of rheumatism would be strong and healthy if they could get rid of the condition. Rheumatic patients are nearly all strong and robust before being attacked by this ailment, and therefore it is so hard for the man to understand why he should suffer the agonies of such a condition. When a man gets rid of such a condition he feels that a heavy burden has been lifted from his life, and he starts right out to make up for lost time both in money and pleasure. When a man comes to my office suffering with the above condition he is given a most careful examination, and he is given treatment that he feels is giving him great benefit.

Quick and Lasting Results Assured the Ailing Man

BLOOD YOUR WHOLE HEALTH OF BODY AND MIND DEPENDS ON YOUR BLOOD. Any "building process" of the body and mind, of the muscle and tissue formations, of any of the various vital organs, can be accomplished only by working direct through the blood stream. Dr. Delisser Treatment Without Operations Dr. Ward Buffalo's Leading and Most Successful Specialist 79 Niagara Sq., Buffalo, N. Y.

DR. WARD

Hold Caucus To Strike the Committees

Speculation as to How City Council Will Dispose of Mem'es for Team Work

A caucus to strike the standing committees for this year is to be held by the new City Council this week. There is much speculation as to what will happen in view of the unprecedented composition of the Board. Heretofore men have been elected as independent citizens and not as representatives of special political classes. This year the situation has changed to the extent that three out of the ten members were the nominees of the Soldier-Labor party, active members of which are said to have made statements to the effect that they felt last year's Council was not sufficiently sympathetic to their wants and desires.

Just what this means the members of the Council of 1919 are unable to imagine since they endeavored to administer all affairs for all classes without partiality or favor. However the four labor and soldier bodies of the city conceived it to their advantage to have direct representation and succeeded in electing a Mayor and two aldermen.

Not Always You, Sir.

When committees are being struck it is not always found that the spirit of public service and humility alone actuates members. It is not always a case of the polite Frenchman who said: "After you my dear Alfonso." "Pardon Monsieur but after you my dear Gaston." To the contrary men with ambitions are known to press their claims for distinction with considerable vigor and to get out of good humor if the gods do not smile generously enough. It is rumored that the men behind the guns are holding that their elected representatives should have chairmanships

CASTORIA

For Infants and Children In Use For Over 30 Years Always Bears the Signature of Chas. H. Fletcher

Kill the Germs of Alex. Templain Shoots Mrs. Goodall

(Continued from page 1.)

St. Catharines. In Welland Goodall was employed at the Plymouth Cottage plant as watchman.

Templain was employed at the Canadian Crocker Wheeler Works here.

The body of Mrs. Goodall is at Grobb's Undertaking rooms. One bullet entered her eye making a terrible disfigurement. She is an ordinary looking woman, about what one would find in the average home.

At the hospital this afternoon it was stated that Templain was still alive but sinking fast and Dr. Jory who is attending him says his death is merely a matter of time.

Coroner Jory opened an inquest this afternoon at Grobb's and after the jurors had viewed the woman's body an adjournment was taken until tomorrow night at the police station.

The complete \$100 outfit of Catarrhose is sufficient for two months' treatment, and is guaranteed. Smaller size, 50c, at all dealers, or the Catarrhose Co., Kingston, Ont.

and positions on committees not secondary in rank. The business standing and experience of several of the other members are being used, on the other hand as an argument in favor of making the best possible arrangement with all the material at hand regardless of political affiliations. Just how the whole problem will be settled amicably is to be left to the secrets of the caucus room.

It was just after a thunderstorm and two men were strolling down the street behind a young damsel who was lifting her skirt rather high. After an altercation as to the merits of the case, one of the men stepped forward and said: "Pardon me, miss but aren't you holding your skirt rather high?"

"Haven't I a perfect right?" she snapped.

"You certainly have, miss and a beauty of a left," he replied at once.

Travel over the Canada Southern Division of the M.C.R. during the past two weeks is reported heaviest on record for this season of the year. In Ottawa on Separate Schools has been ended by the formation of a cep-

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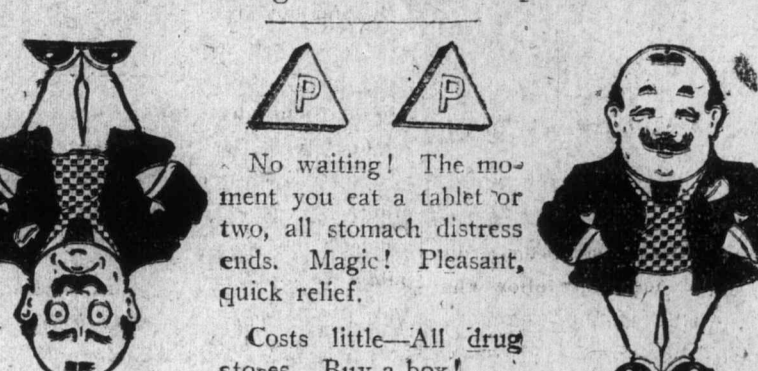
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For Acid Stomach, Indigestion, Gas

Instant Relief when your meals sour and upset the stomach—Indigestion Pain stops at once!



UPSET? Pape's Diapepsin

CHRISTMAS TREES BORE LIQUOR GIFTS

NEWARK, N. J., Jan. 6.—Canadian liquor dealers utilized the Christmas spirit, and more specifically the Christmas tree, to smuggle vast quantities of whiskey over the border into the United States during the holiday season, according to internal revenue agents here. This, they said today, was the chief rea-

son for the flooding of the tree market, which resulted in many dealers giving their stocks away. Federal agents asserted that in the fiery branches had been concealed many a quart of "red liquor," and that after these "decorations" had been removed, adde dupplies of trees had been offered dealers already overstocked, in the hope of reaping again the rich revenue of 1918.

Backache only a Symptom

"It Seems as Though my Back Would Break."

This is a common expression among women, yet they toil on day after day heedless of the significance of this distressing symptom.

Backache is often a warning of some inward trouble that requires attention, and which unless relieved will sooner or later declare itself in more serious ailments.

If it is caused by female derangement Lydia E. Pinkham's Vegetable Compound is what you need. It quickly asserts its curative powers in all those peculiar ailments of women.

For more than thirty years this good old fashioned root and herb medicine has been restoring women to health.

RUB YOUR BACK! STOPS LUMBAGO

Don't drug kidneys! Rub the pain right out with old "St. Jacobs Liniment!"

Back hurt you? Can't straighten up without feeling sudden pains, sharp aches and twinges? Now, listen! That's lumbago, sciatica, or maybe from a strain, and you'll get blessed relief the moment you rub your back with soothing, penetrating "St. Jacobs Liniment!" Nothing else takes out soreness, lameness and stiffness so quickly. You simply rub it on and out comes the pain. It is perfectly harmless and doesn't burn or discolor the skin.

Limber up! Don't suffer! Get a small trial bottle from any drug store, and after using it just once, you'll forget that you ever had backache, lumbago or sciatica, because your back will never hurt or cause any more misery. It never disappoints and has been recommended for 60 years. Stop drug-ging kidneys! They don't cause backache, because they have no nerves, therefore can not cause pain.

The Splendid Recovery of Mrs. Fleet

Brantford, Ont.—"I have been a user of Lydia E. Pinkham's Vegetable Compound and find there is nothing better for female troubles. I was taken sick with sharp pains in my right side and up over the hip to the back and the doctor said I would have to be operated on. I was in the hospital three weeks and did not get any better so I went home and took the Vegetable Compound. I stayed in bed three weeks more, then I was able to get up. Now I am all right and I have recommended your medicine to several friends and my daughter is taking it and all are pleased with the results from its use."

MRS. FRANK FLEET, Brantford, Ontario.

Mrs. Hunt tells how it helped her Detroit, Mich.—"I was in a general run-down condition, was very nervous and tired, had backache and other troubles. I suffered for several years, was not able to work at times and tried doctor's medicine with no results. I saw Lydia E. Pinkham's Vegetable Compound advertised, and after taking it a short time I was much better. I am still taking it myself and giving it to my daughter, and am glad to recommend Vegetable Compound at any time."—Mrs. M.E. Hunt, 1717 Davison Ave.

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.

Properties For Sale

\$1300.00—On Hainer St., one and one-half storey frame dwelling on large lot 48x110 ft. five rooms, good soil will accept small cash payment.

\$1700.00—On North St., large cottage with barn, all in fair repair, central, will accept small cash payment, balance arranged.

\$1800.00—On Sherwood Ave., frame cottage in good repair, two bedrooms will accept small cash payment, balance arranged.

\$2000.00—On Leeper St., frame cottage with barn, all in good repair, will accept small cash payment.

\$2500.00—On Catherine St., large frame cottage, three bedrooms, large lot, will accept \$1000.00 cash, balance mortgage at 7 per cent.

\$3600.00—On Dacotah St., two-storey new brick dwelling, every convenience, all in good repair, will accept \$1500.00 cash, balance mortgage at 7 per cent.

KERNAHAN & GRAVES Phone 33 14 Queen St.