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One of the most hopeful signs of the times in the temperance world is the cental binment of a food reform department in the World's W. C. T. U. To the careful student of Anthropology the physical basis of the temperance reform is found in a pure diet from infancy up, ward. In the Bible, the drunkard and glutton are classed them together—and it to high time the public common sense.

DO THE WORK AT HOME:

DO THE WORK AT HOME:

Diamond Dyes Guarantee Successs and Satisfaction.

This means a loss of time and much all its attendant train of eyils to behanded, they skind of the standant train of eyils to behand a satisfaction of Frovidence?

All difficulties are avoided by using transmitted to their children a want of balance haven the work as war of balance hat follow us. But what shall we say of those parents web hatsly we say about our ancestors the better. The larger question is to make sure that we transmit no evil appetites and tendencies to those that follow us. But what shall we say of those parents web hatsly we say of those parents web hatsly we say of those parents web hatsly we say those parents web hatsly we say of those parents web native c transmit no evil appetites and tendencies to those that follow us. But what shall we say of those parents who having transmitted to their children a want of balance between the cerebro-nervous and organic nervous systems and consequent feeble digestion, through the period of growth increase the trouble tenfold by a stimulating diet? The liver becomes torpid, the system asturative becomes torpid, the system and tendencies and tendencies and the best and strongers and strongers and strongers and strongers and tendencies and the best and strongers and strongers and tendencies and the best and strongers and strongers and tendencies and the best and strongers and strongers and tendencies and the best and strongers and strongers and tendencies and the best and strongers and strongers and tendencies and the best and strongers and tendencies and the best and strongers and tendencies and tendencies and the strongers and tendencies and tendencies and tendencies and tendencies a

A Real Necessity.

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The matter of building good roads has famed and the nerves strung to such a tension that the whole body is crying for a yet stronger atimulus. Thus the craving for tobacco and slechel is only a few steps further and requires nothing but temptation to fan it into flame. How many mothers pars God to keep their regarding the actual money profit to farms and other property along which greaten of so many of God's laws in the freeding and training of those one that such prayer could only be answered by a miracle. How cless can we answer the question, "Why the sons of so many of cole ements and it is a good trained by the masses. What food were a series of years, so that the stomach and out need to be carefully studied by the masses. What food were a series of years, so that the stomach and out need to be carefully studied by the masses. What food were a series of years, so that the stomach and out need to be carefully studied by the masses. What food were a series of years, so that the stomach and out need to be carefully studied by the masses. What food were a series of years, so that the stomach and out need to be carefully studied by the masses. What food were not proportion and push the stomach and bowed produces and the sum of the contains nutritions of vitality? What contains nutritions of what was a simple to the sum of the Chrustian world to return to the innocence of Etae.

A Real Necestity.

The matter of building good roads has based on work own for work of compressity in the state of mere agitation in some state, and the work of countries that the work of countries the agent a little sood at the state of the work of the countries of the care and the same time and the work of the countries of the care and the same time persist in the tension of the care and the same time persist in the tension of the care and the same time persist in the tension of the care and the same time the same time the best proportion? The payment for the road construction is a construction of f

Oatville, Kan.

Outsille, Kan.

The following urgent call from Miss Willard, in behalf of the Armenians, hajust been received at Chicago head quarters, and is passed on through the Union Signal to the ten thousand local unions in the United States and Cansda:

"MY COMRADDS:—The cup of wrath is fall. In these, two terrible years when the massacre of the innecent has gone on under the eyes of dur paralyses rules in Christian lands, we have thought that men alone could help. But it is women who are dying two deaths in the bloody Esst, and we, their sistes, can no longer sait. You have nobly responded to my carlier appeal, and in the name of Christ and humanity, of the home against the harrem, I earnestly and teuderly call upon you to organize neetings in every locality, urging our government to cooperate with England in putting a stop to the massacre and giving protection henceforth to Armenian homes. Let three be man meetings advanced by the pestors, the business men and the mest capable women. Let meet the man meeting advanced by the pestors, the business men and the mest capable women. Let meet the mean meeting advanced by the pestors, the business men and the mest capable women. Let meet the mean meeting advanced by the pestors, the business men and the mest capable women. Let meet a pable, women and well as by collection, and forwarded what as by collection, and forwarded when the terribe mistorium. Do you mean? "Only that it is an elephant's." "Month this an elephant's." "Month this is an elephant's." "Month this is a contract the article mistorium. Do you mean?" "Only that it is an elephant's." "Month this is an elephant's." "Month this is an elephant this is an elephant to when the pable to patle the pa

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The Girls Friendly Society—Mrs Davies and worth or attaining to such an issuered in the plainest and most ordinary routine of datles; duties of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. The only indispensible condition for attaining to such an embrance of the school room. Stimulation vs. Nutrition.

Stimulation vs. Nutrition.

Sadd Raton willow, M. D.

One of the most hopeful signs of the time that which is truly high and direct them to that which is truly high and direct them to that which is truly high and direct them to that which is noble and worthy. And the end, the form of the condition of the condition of the cond

Can persons of sedentary habits digest perfectly three large meals per day? What rule did God give for man's dit in Heden? Is it not the aim of the Christian world to return to the innucence of Eden without its ignorance?

When we fully, obey the last request of Jesus Christ and do our daily eating and drinking in "remembrance of Him," in good and the second of the control of the control of the Queen Hotel of the two declares that he has every representation to be level, that any claim made by the people who are advertising and the profit of the control o saturated with bile, we shall "glorify God in our bodies" and understand how "blessed are they that do His command-ments that like any have right 13 the Tree of Life."

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