

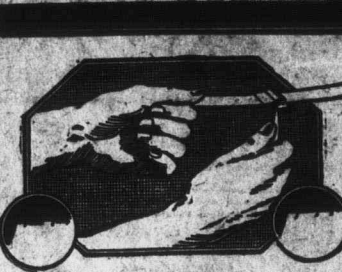
Throbbing Headache Made to Disappear Over Night

Follow This Advice and You'll Get Relief Mighty Quick.

Headaches are caused by the accumulation of poisons in the blood. The cure is not difficult. First, cleanse the entire intestinal tract. Second, stimulate the action of the kidneys and liver. Third, keep the pores of the skin open. Lastly, regulate the bowels and void constipation as you would the plague. The remedy is Dr. Hamilton's Pills, which cure the dizziness headache ever known. In fact people who use Dr. Hamilton's Pills never have headaches, because they regulate the system so thoroughly that no chance is given for a sick condition to develop. Away with your headaches, be done with dizziness, languor, and billousness—use Dr. Hamilton's Pills, and enjoy the health that they alone can bring. Contain nothing but vegetable extracts and juices, and are absolutely safe for children, women or men. Get the genuine Dr. Hamilton's Pills in yellow boxes, 25c each.

loud, sharp, discordant note thrills one's ears with pain, so the bitter tidings of Israel's woes in the judgment about to fall on Eli's house would shock all Israel. Reference is made to the coming defeat of Israel by the Philistines, in which the ark of the covenant would be captured, Eli's sons would lose their lives and Eli himself would die as a consequence of the defeat. 12. Which I have spoken—By the prophet, as recorded in 1 Sam. 2: 27-36. Make an end—The Lord would complete the work which he had threatened by His prophet. 13. He sons made themselves vile—They were greedy and ill-contented. Restrained them not—Eli contained himself with gentle expostulation (1 Sam. 2: 23), instead of thrusting them out of the sacred office they had so grossly abused. By this weak indulgence he became a taker of their sins. 14-18. Samuel lay until morning, then opened the doors of the house of the Lord as usual. He had to press and pray strongly for a report of what God had said to him. When he heard the message, he quietly acknowledged the justice of it all. IV. Samuel recognized as a prophet (3: 19-21). 19. The Lord was with him—God's presence affords comfort, strength and guidance. God was with Abraham (Gen. 21: 22), Jacob (Gen. 25: 18), Joseph (Gen. 39: 2), Moses (Exod. 3: 12), Joshua (Josh. 1: 5), Gideon (Judges 6: 16), David (1 Sam. 16: 18) and others. Let none of His words fall to the ground—What Samuel said under divine inspiration came to pass. He was a true prophet. 20. From Dan even to Beer-sheba—this phrase denotes the total extent of Israel. Dan was at the extreme north and Beer-sheba at the extreme south. 21. The visible abode of Jehovah was in Shiloh and there he revealed himself to his prophet. Questions—Who were Elkanah and Hannah? What was the burden of Hannah's prayer at the house of the Lord? To whom did Hannah "lend" Samuel, and for how long? Where did Samuel live? What were some of the boy Samuel's duties? What did the bear one night? How many times was he called? What message did the Lord give Samuel for Eli? How did Eli receive the message? Tell how Samuel became established as a prophet in Israel.

PRACTICAL SURVEY. Topic.—Religious training of children. Samuel, a child of prayer and promise. II. Religious training of children. The record of Samuel takes up the thread of Israel's history where the Book of Judges leaves it, toward the close of the forty years of Philistene oppression. The events recorded embrace a period of about one hundred and twenty-five years. It is the record of a great epoch in the history of the Jewish nation, and indirectly of the kingdom of God on earth. The Book of Samuel has a special value as revealing the kingdom of Christ, as king, and first announces that the kingdom founded in him will be universal and everlasting (2 Sam. 7: 12-16). I. Samuel, a child of prayer and promise. The name Samuel, "the asked of God," is significant. In the account of his birth attention is chiefly fixed upon his mother. She was a woman of keen spiritual sensitivities, was almost a Nazirite in practice and possessed prophetic gifts (2: 1). She sought from God the gift of prayer, with a passionate devotion, and of which there is no example in the Old Testament. In keeping with the old custom of vows in which she lived, she dedicated him before his birth to the calling of a Nazirite. When weaned, he was brought to the tabernacle at Shiloh, where he was solemnly dedicated (1: 24). The prayer hymn which follows has both a historic and prophetic significance. A pious and prophetic sign, and a pious and prophetic sign, and a pious and prophetic sign.



It's the stropping that counts!

Any razor is soon ruined by unskilled stropping. There is one and only razor that sharpens itself—the AutoStrop Razor. You can't strop it wrongly—just slip the strop through the frame and a few strokes to and fro will renew the blade edge. Any dealer will demonstrate the AutoStrop Razor to you, guarantee satisfaction, or refund of purchase price.

Only \$5.00 complete with strop and twelve blades in an attractive assortment of cases to suit any purpose.

AutoStrop Safety Razor Co., Limited AutoStrop Building, Toronto, Canada 201

When Most Accidents Occur.

Some interesting facts in regard to safety work have been gleaned from the Safety Committee's experience in connection with the large plants of the General Electric Company industries on the other side of the line. The tabulated data shows that more accidents occur on Monday than on any other day of the week and that the most careful age is found to be 37. Other striking incidents are that average showing most accidents in proportion to the number of employees are between 22 and 26, and 50 years and over. The hour showing most accidents is from 9 to 10 a.m. Fifty per cent. of the accidents occur to new employees or those who have less than six months in one position. Contrary to general belief, the foreign-born employees are quick in acquiring the safety habit, if taught. More accidents occur in the hot season than in the cold. Over 80 per cent. of the accidents are due to carelessness. The average woman on the same kind of work meets with an accident only once in five as frequently as the average man.

He Has Tried Them And Got Results

WHY A. J. MACLEOD PRAISES DODD'S KIDNEY PILLS.

Nova Scotia Man Gives the Reason Why He Advises Sufferers from Kidney Trouble to Use Dodd's Kidney Pills. River Dennis, N.S., April 26.—(Special)—Dodd's Kidney Pills helped me wonderfully. My back is better and as I haven't taken any other medicine since starting to take them, they must have done me a lot of good. In these words Alexander J. MacLeod, a well-known resident here gives the reason why he praises Dodd's Kidney Pills and why he says, "I would advise anybody who has kidney trouble to give Dodd's Kidney Pills a trial." The reason Dodd's Kidney Pills are popular all over Canada is that people have tried them and found them good. Dodd's Kidney Pills have been in use in Canada for more than thirty years. They have been used by thousands of people suffering from various forms of kidney trouble, such as rheumatism, dropsy, sore back, weakness, diabetes and Bright's disease.

ASK ANY ONE OF THESE THOUSANDS TO give you his opinion of Dodd's Kidney Pills. It is on the relief afforded sufferers from kidney trouble that Dodd's Kidney Pills have built their reputation as the sovereign remedy for sick kidneys.

NATURAL MISTAKE

Hicks—I say, waiter, where's my coffee? Waiter—You just drank it, sir. Hicks—What! I thought that was the soup!

EXPLAINING THE EARLY BIRD.

First Bird.—(Didn't you come north unusually soon? Second Bird.—Yes, I heard nests are going to be awfully scarce!

Corns cripple the feet and make walking a torture, yet sure relief in the shape of Holloway's Corn Cure is within reach of all.

THERE ARE PETS AND PETS. (Boston Transcript.) Heck—"My wife has a great fondness for pets, has yours?" Peck—"That depends on whether you refer to animals or the mood."

Miller's Worm Powders do not need the after-help of castor oil or any purgative to complete their thoroughness, because they are thorough in themselves. One dose of them, and they will be found palatable by all children, will end the worm trouble by making the stomach and bowels untenable to the parasites. And not only this, but the powders will be certain to exert most beneficial influences in the digestive organs.

It Works Wonders On Catarrhal Colds

Simple as A. E. C. to Drive Away Colds With "CATARRHOZONE"

When your throat rattles, your lungs and chest are sore, your throat is stuffed with cold—don't fear consumption—use Catarrhzone and get well. It clears the throat, cures back-ache, relieves tight chest, and soreness in the bronchial tubes. To clear away Catarrh of the nose nothing could be better. Catarrhzone is nature's own remedy—it heals and soothes—cures every form of throat, lung and bronchial trouble. Prescribed by many specialists and used by thousands every day. Get the dollar outfit—it lasts two months and is guaranteed. Small size, 50c; trial size 25c; at all dealers.

FATS TO SAVE THE CHILDREN

In a recent interview with the Daily Mail, Dr. Addison, the British Minister of Public Health—in discussing the Select Committee's report on the work of the Army Medical Department, referred to it as the most astounding medical document ever compiled. One man in every three men of military age is unfit. We are enormously handicapped as a nation by poor nutrition. The Lord Mayor of London has been asked to call a conference to discuss plans for arresting the physical decay in London. What are the causes leading to the present state of national ill-health? There is a disease called rickets which is rife throughout Great Britain. It begins in early childhood and always leaves its effect upon an adult, man or woman. Spinal curvature and other bone deformities, defective teeth, with consequent poorly developed bodies, result from this widely prevalent disease. Many pale, anaemic, stunted men and women frequently seen among the poor and middle classes, owe their present physical condition to this disease contracted during the first and second years of life. The Medical Research Committee have recently published the results of the investigations which have been carried on during the past three years at the Lister Institute, London, and at Cambridge. These research workers have discovered the cause of this disease, which is undermining the health of the nation. This great discovery has resulted from actual experiments on mice, guinea-pigs and puppies. Briefly, the results of the investigations are these: Rickets is a deficiency disease. A deficiency disease is one which is caused by the lack of something in the food supply necessary for the proper development and functioning of the body. Certain foods fall to support nutrition—disease follows because there is absent in these foods minute amounts of certain constituents which are called vitamins. The disease as seen in human beings can be reproduced in animals fed on certain foods which are lacking in certain fats—the so-called animal fats, of which the best examples are milk, butter and cod-liver oil. Puppies with artificially produced rickets can be cured when animal fats are added to their diet. The treatment given to puppies with rickets, if applied to children, should lead to equally beneficial results, unless the damage to the bones and other tissues of the bodies has advanced too far. Milk and butter are the best articles of diet for young and growing children. If there is a shortage of butter, it should be reserved for children; if it is totally lacking, the deficiency can be replaced by margarine made from animal fats, by cod-liver oil and by the fish-oil, and by eggs. The margarines made from vegetable oils are to be condemned. When there are already signs of rickets a daily dose of cod-liver oil is essential to all other proceedings. Thousands of infants are being deprived of an adequate supply of this essential constituent of their diet. A large proportion of these will grow up and become our future men and women, and many will die as the infant mortality is high in children with rickets.

Japanese Proverbs.

Saito-man, a well-known Japanese journalist, writes as follows in the London Daily Mail: Many foreigners have been pleased to call my country the land of proverbs. A large percentage of our proverbs, it is needless to say, concern women. Most of the old well-known ones have been freely translated, or stolen, by foreign writers. But we are not worried. New and clever proverbs are fast being created by the new generation of men and women. I translate below some of the gems which have recently come under my notice. They do not necessarily represent the opinion of the present day Japanese people, but they are at any rate a contribution to the abundant world wisdom on the immortal problem: "Tender and hard is woman's heart." "If you want to love women begin by spending money." "Women who remember shop signs and trade marks make good wives." "Very jealous women are easy to control." "Fride goes before a fall, especially in beautiful women." "Women and mountains should be looked on at a distance." "Men who can neither brag nor flatter need not fear being loved by women."

Mothers can easily know when their children are troubled with worms, and they lose no time in applying the best of remedies—Mother Graves' Worm Extremator.

MARKET REPORTS TORONTO MARKETS

FARMERS' MARKET. Dairy Produce—Butter, choice dairy ... 0.62 0.28; Do., creamery ... 0.70 0.28; Margarine, lb. ... 0.27 0.40; Eggs, new laid, doz. ... 0.25 0.40; Cheese, lb. ... 0.35 0.45. Poultry—Dressed Turkey ... 0.40 0.40; Chickens, roasting ... 0.40 0.40; Turkeys, lb. ... 0.35 0.40. Live Poultry—Chickens, lb. ... 0.25 0.30; Roosters, lb. ... 0.25 0.30; Fowl, lb. ... 0.25 0.30. Fruits—Apples, bkt. ... 5.00 2.00; Do., whl. ... 5.00 1.00; Rhubarb, bunch ... 5.00 0.15. Vegetables—Beets, bag ... 2.25 2.25; Carrots, bag ... 1.00 1.75; Cabbage, each ... 0.40 0.40; Cauliflower, each ... 0.25 0.50; Celery, head ... 0.10 0.20; Leeks, bunch ... 0.10 0.30; Lettuce, leaf, 3 for ... 0.10 0.20; Lettuce, head, each ... 0.10 0.25; Onions, bkt. ... 0.25 0.10; Green peas, each ... 0.40 0.30; Potatoes, bag ... 0.60 0.90; Parsley, bunch ... 2.00 2.25; Parsnips, bag ... 1.00 1.00; Turnips, bag ... 1.00 1.25. MEATS-WHOLESALE—Beef forequarters, cwt. ... 15.00 17.00; Do., do., medium ... 13.50 15.00; Do., hindquarters, cwt. ... 15.00 17.00; Do., medium ... 13.50 15.00; Carcasses, choice, cwt. ... 19.00 20.00; Do., medium ... 17.00 18.00; Do., small ... 16.00 17.00; Veal, common, cwt. ... 12.00 13.00; Do., medium ... 14.00 15.00; Do., prime ... 16.00 17.00; Heavy hogs, cwt. ... 20.00 21.00; Shop hogs, cwt. ... 18.00 19.00; Abattoir hogs, cwt. ... 16.00 17.00; Mutton, cwt. ... 22.00 23.00; Lamb, yearling, lb. ... 0.25 0.21; Do., Spring, eags ... 14.00 15.00. SUGAR MARKET—The wholesale quotations to the retail trade on Canadian refined sugar, Toronto delivery, are now as follows: Atlantic Granulated, 100-lb. bags ... \$12.21; Do., No. 1 yellow, 100-lb. bags ... \$12.21; Do., No. 2 yellow, 100-lb. bags ... \$11.71; Do., No. 3 yellow, 100-lb. bags ... \$11.71; Redpath Granulated, 100-lb. bags ... \$11.71; Do., No. 1 yellow, 100-lb. bags ... \$11.71; Do., No. 2 yellow, 100-lb. bags ... \$11.71; Do., No. 3 yellow, 100-lb. bags ... \$11.71; Do., No. 4 yellow, 100-lb. bags ... \$11.71; St. Lawrence Granulated, 100-lb. bags ... \$12.21; Do., No. 1 yellow, 100-lb. bags ... \$12.21; Do., No. 2 yellow, 100-lb. bags ... \$11.71; Do., No. 3 yellow, 100-lb. bags ... \$11.71; Acacia Granulated, 100-lb. bags ... \$11.71; Do., No. 1 yellow, 100-lb. bags ... \$11.71; Do., No. 2 yellow, 100-lb. bags ... \$11.71; Do., No. 3 yellow, 100-lb. bags ... \$11.71.

OTHER MARKETS.

WINNIPEG EXCHANGE. Fluctuations on the Winnipeg Grain Exchange were as follows: Open. High. Low. Close. Oats—May ... 1 10 1/2 1 0 3/4 1 0 1/4 1 0 7/8; July ... 1 0 3/4 1 0 3/4 1 0 3/4 1 0 3/4; Oct. ... 0 8 3/4 0 8 3/4 0 8 3/4 0 8 3/4; Earley—May ... 1 6 3/4 1 6 3/4 1 6 3/4 1 6 3/4; July ... 1 6 3/4 1 6 3/4 1 6 3/4 1 6 3/4; Flax—May ... 5 1 3/4 5 1 3/4 5 0 1/2 5 0 1/2; July ... 5 0 1/2 5 0 1/2 5 0 1/2 5 0 1/2; X to \$10.00 sold. MINNEAPOLIS. Minneapolis—Wheat, cash, No. 1 Northern, \$2.00 to \$2.30; Corn, No. 3 yellow, \$1.25 to \$1.25; Oats, No. 3 yellow, \$0.85 to \$0.85; Barley, \$1.35 to \$1.45; Bran, \$50.00; Flax, No. 1, \$4.44 to \$4.69. Flour unchanged; shipments, 4,236 barrels.

DIGESTIVE TROUBLES CAUSE DISTRESS

BUT THEY ARE NEARLY ALWAYS DUE TO THIN WATERY BLOOD.

Do not think that because your stomach is easily upset you are the victim of some serious malady. One of the most common predisposing causes of indigestion is anaemia, or thin, watery blood. In fact it has become generally recognized that healthy vitality of the stomach is impossible unless the blood is rich and red. Dr. Williams' Pink Pills have been found most valuable in cases of indigestion, nervous dyspepsia and stomach weakness, just because they are a blood builder and nerve tonic. The rich, red blood they make not only imparts healthy digestion, but carries color to the cheeks and lips and gives vigor to the muscles. One important point to remember is that Dr. Williams' Pink Pills contain no harmful drugs or opiates and are thus to be preferred to preparations that merely stimulate for a time. Before you begin worrying unnecessarily about your state of health, try the tonic treatment of Dr. Williams' Pink Pills. You will be surprised to see how rapidly your appetite returns and your whole debilitated system recovers as the new, rich blood courses through your body. Here is the statement of one person among thousands who have used Dr. Williams' Pink Pills to their own great advantage. Mrs. A. Veniot, Homford N. S., says: "For about two years I was a great sufferer from indigestion, which seemed to carry with it a complication of other troubles. Every meal I took brought with it misery, as it was followed by pain, and sometimes nausea and vomiting. At other times gas would form on the stomach to such an extent that my heart would palpitate at an alarming rate. These conditions brought on extreme nervousness and irritability, and I found my general health so much affected that the least exertion would tire me and I slept poorly. I had been doctoring for several months with no result beyond slight temporary relief. When I was advised by a friend to try Dr. Williams' Pink Pills, I decided to follow this advice, and got a dozen boxes. Good results soon began to show from this treatment, and as the further continued use of the pills had made me a well woman, I can cheerfully recommend Dr. Williams' Pink Pills to similar sufferers."

You can procure Dr. Williams' Pink Pills through any dealer in medicine or they will be sent you by mail at 50 cents a box or six boxes for \$2.50 by writing direct to The Dr. Williams' Medicine Co., Brockville, Ont.

If you wish to be young, mix with the young people. If you wish to be young, mix with your elders.—L. F.