

### A SMILE IN EVERY DOSE OF BABY'S OWN TABLETS

Baby's Own Tablets are a regular fix for the little ones—they never fail to make the cross baby happy. When baby is cross and fretful the mother may be sure something is the matter, for it is not baby's nature to be cross unless he is ailing. Mothers, if your baby is cross; if he cries a great deal and needs your constant attention day and night, give him a dose of Baby's Own Tablets. They are a mild but thorough laxative which will quickly regulate the bowels and stomach and thus relieve constipation and indigestion, colds and simple fevers and make baby happy—there surely is a smile in every dose of the Tablets. Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

High heels for women's shoes were first used 90 years ago.

Minard's Liniment For Dandruff.

### Finch Industry in War Zone

Manufacturing industries are rapidly resuming operations in the devastated district, says a Paris despatch. This is shown by a report of the Office of Industrial Reconstruction, which has been investigating the restoration of factories and workshops which, before the war, employed more than twenty workmen.

Of the 4,321 establishments in which inquiries have been made, 3,392 have resumed work in whole or in part. A classification of the various trades concerned shows that 88.4 per cent. of metal works are again active; 81.5 of the potteries, stone and brick works; 80.4 per cent. of the chemical industries and 70.8 for the textile industries.

The relatively slow rate of progress of the textile factories is said by the bureau to be due to the fact that the looms were deliberately destroyed and it is taking some time to replace the delicate machinery.

These 4,321 establishments employed 778,915 persons in 1914; in November, 1920, they employed 355,852, or 45.7 of their 1914 personnel.

While the factories have for the most part been rebuilt much as they were in 1914, the houses which shelter the workers are mere wooden huts, although brick shanties are springing up in the districts where brickmaking is practicable.

Thus the proportion of resumption of activity bears no relation to the recovery of the towns and villages, which it will be impossible to rebuild as formerly.

### FREQUENT HEADACHES

#### A Sure Sign That the Blood is Watery and Impure.

People with thin blood are much more subject to headaches than full-blooded persons and the form of anaemia that afflicts growing girls is almost always accompanied by headaches, together with disturbance of the digestive organs.

Whenever you have constant or recurring headaches and pallor of the face, they show that the blood is thin and your efforts should be directed toward building up your blood. A fair treatment with Dr. Williams' Pink Pills will do this effectively, and the rich red blood made by these pills will remove the headache.

More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment, and you may be troubled with insomnia, neuritis, neuralgia, or sciatica. Muscles subject to strain are undernourished and you may have muscular rheumatism or lumbago. If your blood is thin and you begin to show symptoms of any of these disorders, try building up the blood with Dr. Williams' Pink Pills, and as the blood is restored to its normal condition every symptom of the trouble will disappear. There are more people who owe their present state of good health to Dr. Williams' Pink Pills than to any other medicine, and most of them do not hesitate to say so.

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

### Wordless Telephones.

An invention which makes it possible to carry on a conversation direct from the throat instead of the mouth promises to revolutionize telephonic conversation.

Known as the Laryngophone, the invention enables a person to talk in noisy surroundings or under abnormal conditions, and at the same time leave the mouth free for breathing purposes.

The transmitter is about the size of a wrist watch. It gathers up the vibrations direct from the vocal chords when it is placed in contact with the throat, and the sounds are plainly heard in the receiver.

A special apparatus has been designed for fire brigades, enabling a superintendent to be in constant touch with his masked men, and to converse with them readily. Hose men working on ladders and roof tops can keep in telephonic touch with those working in other parts of a burning building.

The invention can also be used between chauffeur and motor-car passenger, between air pilot and passenger, in noisy workshops, in railway tunnels, and in marine engine-rooms. The submarine worker can talk to men on the surface, or make signals to the operator by simply dropping his jaw to the full extent, this movement working a switch.

### TAKE NOTICE.

We publish simple, straight testimonials from well-known people, not press agents' interviews.

From all over America they testify to the merits of MINARD'S LINIMENT, the best of Household Remedies.

MINARD'S LINIMENT CO., LTD. Yarmouth, N.S. Branch Factory, St. John's, Nfld.

### Nobles as Navvies.

Now that they can never regain their old glory, the exiled Russian nobility who formerly adorned the czar's court are enjoying the novelty of working for their living.

There are in France hundreds of these nobles engaged in different industries, and some are actually doing manual work as navvies. Moreover, many officers who once held high rank in the Russian army are now taxi drivers in Paris.

Count Paul Ignatieff, who was a close friend of the murdered Tsar, now sells milk in Garches. His wife, who was the most beautiful woman in Petrograd, milks the cows at dawn, while the Count's second son grows mushrooms at Saint-Germain.

The most dashing cavalry officer of Russia, Colonel Skouratoff, has exchanged the sword for the hoe, and is becoming an agricultural expert. At a Paris garage another famous colonel may be seen any day in overalls.

General Nicolajeff, commander of the Russian troops in France during the war, now drives a motor-lobby for a wholesale firm in Paris.

Two princes are bank clerks, and many nobles and officers have become motor mechanics. Prince Boris pilots lively motor decorations for cha-teaux, in order to buy his outfit he had to pawn his jewels.

#### AUTO SPARE PARTS

For most makes and models of cars. Your old broken or worn-out parts replaced. Write or wire us describing what you want. We carry the largest and most complete stock in Canada of slightly used or new parts and automobile equipment. We ship C.O.D. anywhere in Canada. Satisfaction or refund in full our motto. Shaw's Auto Salvage Part Supply, 922-921 Dundas St. Toronto, Ont.

### The Boy Scouts Association.

As an organization, the Scout Movement is neither militaristic in thought, nor spirit, although it does instill in boys the military virtues such as honor, loyalty, obedience and patriotism.

The purpose of the Boy Scout Movement is to develop character, initiative and resourcefulness in boys by cultivating their interest in the fascinating outdoor activities of the Scout program.

It is in the wearing of the uniform and doing of things together, as Scouts, that they absorb the force and truth of the Scout law, which states: "A Scout is a friend to all and a brother to every other Scout."

The Movement aims to supplement the various existing educational agencies, and to promote the ability in boys to do things for themselves and others. It is not the aim to get up a new organization to parallel in its purposes others already established. The opportunity is afforded other organizations, however, to introduce into their own programs unique features appealing to interests which are universal among boys. The method is summed up in the term Scoutcraft, and is a combination of observation, deduction and handiness, or the ability to do things. Scoutcraft includes instruction in first aid, life saving, tracking, signalling, cycling, nature study, campcraft, seamanship, woodcraft, chivalry, patriotism and many other subjects. This is accomplished in games and team play, and in pleasure work, for the boy. All that is needed is the out-of-doors, a group of boys and a competent leader.

"Something to do, something to think about, and something to enjoy, with a view always to character building; for manhood, not scholarship, is the first aim of education."

The Boy Scout Movement is developed in practically every country of the world, as well as in all the overseas dominions and colonies of Great Britain and the United States. According to a pamphlet just issued by the Provincial Headquarters of the Boy Scouts Association, Bloor and Sherbourne Streets, Toronto, there are in Canada alone some 22,692 registered Scouts, 4,288 Wolf Cubs (junior members), and 1,648 unpaid Scoutmasters and Assistant Scoutmasters who give at least 52 nights a year, and 24 half days or days to the personal leadership of their boys. Quite a citizenship contribution.

### "Pape's Diapepsin" Corrects Stomach.

"Pape's Diapepsin" is the quickest, surest relief for Indigestion, Gases, Flatulence, Heartburn, Sourness, Fermentation or Stomach Distress caused by acidity. A few tablets give almost immediate stomach relief and shortly the stomach is corrected so you can eat favorite foods without fear. Large case costs only 60 cents at drug store. Absolutely harmless and pleasant. Millions helped annually. Largest selling stomach corrector in world.—Adv.

The bagpipers are by no means merely a picturesque survival of a barbarous age. One hundred and fifty pipers performed individual feats of heroism during the world war, and a piper of the Scottish Borderers won the Victoria Cross by standing on a parapet during a gas attack at Loos and piping his battalion together with Blue Bonnets Over the Border.

There is something that quickens the blood in such tunes as Blue Bonnets and The Campbells are Coming; there is something profoundly stirring in the wail of a pibroch. So long as there are fighting Highlanders, we need have no fear that the "Campbells" will cease to come.

### MONEY ORDERS.

Remit by Dominion Express Money Order. If lost or stolen you get your money back.

Canada has the second largest telescope in the world, near Victoria, B.C. It is second in point of size and equal to the best in efficiency.

If you are a real salesman you will work; if you don't work you will be a "nearby one" all your life.—H. R. Wardell.

The breweries of Great Britain have a combined annual output of between 15,000,000 and 20,000,000 standard barrels of beer.

Caught in draught—stiff neck or back won't last long if

## BAUME BENGUE

is applied. Immediate effect.

Beware of substitutes

THE LEMING WILES CO., LTD. MONTREAL

Agents for Dr. Jules Benguet RELIEVES PAIN

### BITS OF HUMOR FROM HERE & THERE

**His Complaint.**  
The doctor said, as he bent over the patient, "I don't quite like your heart action." Then, as he again applied the stethoscope, he added: "You have, I take it, had some trouble with angina pectoris?" "Well, doc," said the young man, rather sheepishly, "you're partly right; only that ain't her name."

**Needed a Horse.**  
A prosperous grocer in a certain town had occasion recently to engage a new errand boy for the Christmas rush. Trade was very brisk, and the lad had a great deal of work to do in delivering the parcels in different parts of the town.

"Well, George, how did you get on on Saturday?" asked the grocer on Monday morning.  
"Oh, fine," replied the boy; "but I'll be leavin' at the end of the week."  
"Why, what's up now?" queried his master. "Are the wages not high enough?"  
"I'm not findin' any fault with the pay," replied the boy, "but the fact is, I'm doing a horse out of a job here."

**What Was the Harm?**  
Schoolmaster Robinson was stern, wore long hair, and believed in discipline.

One morning Willie Jinks misbehaved himself to the extent that it was necessary to administer punishment.

Soon his parents heard the nature of his offence, and they also remonstrated with him. Nevertheless, he cared not.

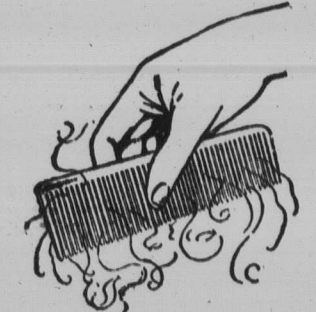
"Look 'ere, mother," he spoke up, manfully. "Nothing much to scold about. I only went up to the desk and said, 'Please, Mr. Robinson, are you any relation to Crusoe?'"

The British Museum contains more than 16,000 copies of the Bible.

It is estimated that there are 550 American branch factories in Canada, 200 of which have been established since the war.

### "DANDERINE"

Stops Hair Coming Out; Doubles Its Beauty.



A few cents buys "Danderine." After a few applications you cannot find a fallen hair or any dandruff, besides every hair shows new life, vigor, brightness, more color and abundance.

America's Pioneer Dog Remedies Book on **DOG DISEASES** and How to Feed Mailed Free to any Address by the Author, Dr. Clay Glover Co., Inc. 118 West 21st Street New York, U.S.A.

### WANTED

Send for list of inventions wanted by Manufacturers. Fortunes have been made from simple ideas. "Patent Protection" booklet and "Proof of Conception" on request. **HAROLD C. SHIPMAN & CO. PATENT ATTORNEYS** 105 SHIPMAN CHAMBERS - OTTAWA, CANADA

### INVENTIONS

### MOTHER!

"California Syrup of Figs" Child's Best Laxative



Accept "California" Syrup of Figs only. Look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruit taste. Full directions on each bottle. You must say "California."

AGENTS WANTED for the well-known, having been extensively advertised since it was first manufactured in 1885, by distribution of large quantities of Atkinson, Cook books, Health Books, etc., which are furnished to agents free of charge. The remedies are sold at a price that allows agents to double their money. Write Atkinson & Cook, 114 St. Paul St., Montreal. Mention this paper.

**Say, "Hello!"**  
Stop a minute and say "Hello" As down Life's Road you go; For a kindly word and a cheery smile Will shorten the way by many a mile For some poor fellow who's moving slow. Stop a minute—and say "Hello."

**Minard's Liniment Relieves Distemper**

**Rainbow Myths.**  
In many countries the rainbow is spoken of as a great bent pump of siphon tube, drawing water from the earth by mechanical means. In parts of Russia, in the Don country, and also in Moscow and vicinity, it is known by a name which is equivalent to "the bent water-pipe."

When a man feels like a king, he can look kingly. Majesty, more regal than ever sat on a throne, will look out of his face when he has learned how to claim and to express the divinity of his birthright.

**WEEKS BREAKUP A COLD**

**OLD STANDS FOR ACHES AND PAINS**  
Any man or woman who keeps Sloan's handy will tell you that same thing

**ESPECIALLY** those frequently attacked by rheumatic twinges. A counter-irritant, Sloan's Liniment scatters the congestion and penetrates without rubbing to the afflicted part, soon relieving the ache and pain.

Keep handy and used everywhere for reducing and finally eliminating the pains and aches of lumbago, neuralgia, muscle strain, joint stiffness, sprains, bruises, and the results of exposure.

You just know from its stimulating healthy odor that it will do you good. Sloan's Liniment is sold by all drug gists—35c, 70c, \$1.40.

## Sloan's Liniment

**ASPIRIN**

"Bayer" is only



Warning! It's criminal to chance on any substitute for "Bayer Tablets of Aspirin," prescribed by physicians for twenty-one years and proved safe by millions. Unless you see the name "Bayer" on package or on tablets you are not getting aspirin at all. In every Bayer package are directions for Colds, Headaches, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for many other ailments. Handy tin boxes of twelve tablets for few cents. Drug gists also sell in packages. Made in Canada. Aspirin is the trade mark (registered in Canada), of Bayer Manufacture of Molecular-Standard of Salicylic Acid.

**CUTICURA**  
FOR HAIR AND SKIN  
For promoting and maintaining beauty of skin and hair. Cuticura Soap and Ointment are unexcelled. Cuticura cum is an ideal powder, refreshing and cooling to delicate skins.



Accept "California" Syrup of Figs only. Look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruit taste. Full directions on each bottle. You must say "California."

### HEALTH EDUCATION

BY DR. J. J. MIDDLETON  
Ontario Board of Health

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at the Parliament Bldg., Toronto.

It is said that every living thing on this earth has a definite purpose in being here. What then, is the purpose of the common house fly that we know so well? If it is to spread disease and death and be a general nuisance to man and the higher animals, its mission is fulfilled to the letter.

Of all the agencies by which disease germs are transmitted, few could show more definite results than that accomplished by the common fly.

Yet, after all, there may be a good motive underlying the presence of this pest, if humanity was only intelligent enough and educated enough to appreciate it. One thing we know definitely is that the fly will not linger long in a place that is clean and sanitary. It goes where filth abounds; and in doing so it is only acting in its own interests in search of food. If it gets the better of us and finds filth exposed it is more discredit to us than blame to the fly.

Some day the presence of flies in any locality will bring a blush of shame to the official face of the local sanitary authorities. Posters will immediately be displayed warning the public of the danger in their midst and offering a reward for the apprehension of the miscreant who was responsible for the coming of the fly. Indignation meetings will most probably be held, and the guilty parties brought to book. This is as it should be, but up to the present there is no indication of this desired state of hygienic perfection being reached, so we resort to "Swat the fly" campaigns and other temporarily drastic measures.

These, of course, relieve the trouble temporarily but do not strike at its root. When we learn to appreciate the fly in his true light we will prevent his breeding by abolishing his breeding places. The real purpose of the fly, therefore, is to serve as a perpetual, tormenting, disgraceful reminder of uncleanness, and the lesson he will eventually teach us is one of sanitation.

By far the greatest objection to flies comes from the fact that they spread a tremendous amount of disease, as well as being a great discomfort and a carrier of filth. Besides actually dropping the germs from the feet and legs, flies may transmit disease by discharging their vile disease-laden excreta either directly or indirectly upon the food. This is not only the most objectionable, but the most dangerous feature of the typhoid fly, and though we might get used to it as an irritation and annoyance, we cannot overlook it in its death-dealing capacity. War must be made on the fly even outside the house and its environs. This fact is being rapidly brought home to the food purveyor, whatever his particular line may be, for people nowadays are beginning to avoid the food-serving establishment where

Look into it!  
If tea or coffee drinking disturbs health or comfort, switch to

## INSTANT POSTUM

There's a big gain toward health, with convenience, economy, and no loss in satisfaction

GROCERS EVERYWHERE SELL POSTUM