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By A. CONAN DOYLE.

It is ill for the general practitione who sits among his patients both morning and evening, and sees them in their homes between, to steal time for one little daily breath of cleanly air. To win it he must slip early from his bed and walk out between shuttered shops when it is chill but very clear, and all things are sharply outlined, as in a frost. It is an hour that has a charm of its own, when, but for a postman or a milkman, one has the pavement to one's self, and even the most common thing takes an ever-recurring freshness, as though causeway and lamp and signboard had all wakened to the new day. Then even an inland city may seem beautiful, and bear virtue in its smoke tainted air.

But it was by the sea that I lived, in

a town that was unlovely enough were it not for its glorious neighbor. And who cares for the town when one can sit on the bench at the headland, and look out over the huge blue bay and the yellow cimeter that curves before I loved it when its great face was freckled with the fishing boats, and I loved it when the big ships went past, far out, a little hillock of white and no hull, with topsails curved like a bodice, so stately and demure. But most of all I loved it when no trace of man marred the majesty of nature and when the sunbursts slanted down on it from between the drifting rain clouds. Then I have seen the farther edge draped in the gauze of the driving rain, with its thin gray shading under the clouds, while my headland was golden, and the sun gleamed upon the purple patches where the beds of seaweed are lying. Such a morning as that, with the wind in his hair, and the spray on his lips, and the cry of the eddying gulls in his ear, may send a

It was on such another day that I eye must have picked him out even in a crowded street, for he was a man of something of distinction in the set of his lip and the poise of his head. He limped up the winding path, leaning heavily on his stick, as though those great shoulders had become too much at last for the failing limbs that bore them. As he approached my eyes caught nature's danger signal, that faint bluish tinge in nose and lip which

tells of a laboring heart.
"The brae is a little trying, sir," said I, speaking as a physician, "I should say that you would do well to

rest here before you go farther."

He inclined his head in a stately old-world fashion and seated himself upon the bench. Seeing that he had no wish to speak, I was silent also, but I could not help watching him out of the corner of my eyes. For he was such a wonderful survival of the early half of the century, with his low-crowned, curly-brimmed hat, his black satin tie, which fastened with a buckle at the back, and, above all, his large, fleshy, clean shaven face, shot with its mesh of wrinkles. Those eyes, ere they had grown dim, had looked out from the box seat of mail coaches, and had seen the knots of navvies as they toiled on the brown embankments Those lips had smiled over the first number of "Pickwick," and had gosthe Crimean winter, it may be; and that last little sheaf of wrinkles, as my fancy hoped, for the death of Gordon, and so, as I dreamed in my foolish way, the old gentleman with the shining stock was gone, and it was seventy years of a great nation's life that took shape before me on the headland in

the morning.

But he soon brought me back to earth again. As he recovered his breath he took a letter out of his pocket, and, putting on a pair of horn-rimmed eyeglasses, he read it through very carefully. Without any design of playing the spy I could not help observing that it was in a woman's hand. When he had finished it he read it again, and then sat with the corners of his mouth drawn down and his eyes his mouth drawn down and his eyes-staring vacantly out over the bay, the most forlorn-looking old gentleman that ever I have seen. All that was kindly within me was set stirring by that wistful face, but I knew that he was in no humor for talk, and so, at last, with my breakfast and my patients calling me, I left him on the bench and

started for home. I never gave him another thought until the next morning, when at the same hour, he turned up upon the headland, and shared the bench which I had been accustomed to look upon as my own. He bowed again before sitting down, but was no more inclined than before to enter into conversation. There had been a change in him during the last twenty-four hours, and all for the worse. The face seemed more heavy and more wrinkled, while that ominous venous tinge was more pro-nounced as he panted up the hill. The clean lines of his cheek and chin were marred by a day's growth of gray stubble, and the large, shapely head had lost something of the brave carriage which had struck me when first
I glanced at him. He had a letter
there, the same, or another, but still in
a woman's hand, and over this he was
moping and mumbling in his senile

hers in 45. A wee little bit stouter,
she had a fault as
a girl, it was that she was a shade too
slender. She was above me in station,
you know—I a clerk, and she the
daughter of my employer. Oh, it was

fashion, with his brow puckered, and the corners of his mouth drawn down like those of a fretting child. So I left him with a vague wonder as to who he wonder of it. To think that that might be, and why a single spring day should have wrought such a change

upon him. So interested was I that next morning I was on the lookout for him. Sure enough, at the same hour I saw him coming up the hill, but very slowly, with a bent back and a heavy head.

mark.

to make some fitting reply, but it slurred off into a mumble and silence. A woman was coming towards us. -ten years older at the least than when first I had seen him! It went to my heart to see this sweet old fellow wasting away before my eyes. There was the eternal letter, which he unfolded with his shaking fingers. Who was this woman whose words moved him so? Some daughter, perhaps, or grand-daughter, who should have been the light of his home instead of—I smiled how swiftly I was weaving a romance round an unshaven old man and his correspondence. Yet all day he lingered in my mind, and I had fitful glimpses of those two trembling, blue-veined knuckly hands, with the paper

rustling between them.

I had hardly hoped to see him again. Another day's decline must, I thought, hold him to his room, if not to his bed. Great then, was my surprise when, as was already there. But as I came up ing from a public caress, took one of breakers and struck deep through the green waves beyond, showing up the green waves beyond, showing up the was indeed the same man. There so I saw her face, and I was easy in solve the same man. There so I saw her face, and I was easy in solve the same man. were the curly brimmed hat and the my mind for my old man. God grant shining stock and the horn glasses, but where were the stoop and the gray-stubbled, pitiable face? He was cleaneddying gulls in his ear, may send a man back afresh to the reek of a sick room and the dead, drab weariness of his shoulders like an eagle on a rock. His back was as straight and square as a grenadier's, and he switched at first saw my old man. He came to my bench just as I was leaving it. My ant vitality. In the button hole of his ant vitality. In the button hole of his well brushed black coat there glinted a crowded street, for he was a man of large frame and fine presence, with something of distinction in the set of over from his breast pocket. He might have been the eldest son of the weary creature who had sat there the morn-

> ing before. "Good morning, sir, good morning!" he cried, with a merry waggle of his

> cane.
> "Good morning!" I answered; "how

beautiful the bay is looking."
"Yes, sir, but you should have seen it just before the sun rose." "What, you have been here since

then?" "I was here when there was scarce light to see the path.'

"You are a very early riser." "On occasion, sir, on occasion?" He cocked his eye at me as if to gauge whether I was worthy of his confidence. The fact is, sir, that my wife is com-

ing back to me to day.' I suppose that my face showed that I did not quite see the force of the explanation. My eyes, too, may have given him assurance of sympathy, for he moved quite close to me and began speaking in a low, confidential voice, is if the matter were of such weight that even the seagulls must be kept out of our counsels.

"Are you a married man, sir?"
"No, I am not."

of duty, you understand, and the doctors would not let me go. Not that I would have allowed them to stop me,

but she was on their side. Now, thank God! it is over, and she may be here at any moment. "Yes, here. This headland and bench

were old friends of ours thirty years ago. The people with whom we stay are not, to tell the truth, very congenial, and we have little privacy among them. That is why we prefer to meet here. I could not be sure which train would bring her, but if she had come by the very earliest she would have found me waiting."

"In that case—" said I rising.

"No, sir, no," he entreated. "I

"On the contrary."

"I have been so driven inward during these last few days! Ah, what a nightmare it has been! She was very good in writing, but still it was dreadful. Perhaps it may seem strange to you that an old fellow like me should feel like this?"

"It is charming." "No credit to me, sir! There's not a man on this planet but would feel the same if he had the good fortune to be married to such a woman. Perhaps, because you see me like this, and hear me speak of our long life together, you conceive that she is old too." He laughed heartily, and his eyes twinkled

at the humor of the idea.
"She's one of those women, you know, who have youth in their hearts, and so it can never be very far from their faces. To me she's just as she was when she first took my hand in hers in '45. A wee little bit stouter,

quite a romance, I give you my word ; sweet, lovely girl has walked by my side all through life, and that I have

He stopped suddenly and I glanced round at him in surprise. He was shaking all over, in every fibre of his great body. His hands were clawing at the woodwork and his feet shuffling It was shocking to me to see the change in him as he approached.
"I am afraid that our air does not agree with you, sir," I ventured to reason to the could not. I half extended my hand, but a higher courtesy constrained me to draw it back again on the gravel. I saw what it was. constrained me to draw it back again But it was as though he had no heart for talk. He tried, as I thought, stant afterward he was up, and hurry-

How bent and weak and old he seemed | She was quite close before he had seen her—thirty yards at the utmost. I know not if she had ever been as he described her, or whether it was but some idea which he carried in his brain. The person upon whom I looked was tall, it is true, but she was thick and shapeless, with a ruddy, full blown face, and a skirt grotesquely gathered up. There was a green rib bon in her hat which jarred upon my to find how bitter I was growing, and eyes, and her blouse-like bodice was full and clumsy. And this was the lovely girl, the ever youthful! My heart sank as I thought how little such a woman might appreciate him, how unworthy she might be of his love.

She came up the path in her solid way, while he staggered along to meet her. Then, as they came together, looking discreetly out of the farthest corner of my eye, I saw that he put out both his hands like a child when its little journey is done, while she, shrinking from a public caress, took one of There so I saw her face, and I was easy in that when this hand is shaking, and when this back is bowed, a woman's eyes may look so into mine!—McClure's

### The Blessed Sacrament.

The custom of visiting the Blessed Sacrament is a most beautiful one, but unfortunately it is one too seldom practiced by Catholics. Were our Saviour to appear as a man in some church, how great would be the desire of every Christian to go to that church to see Him. Should He remain there for any considerable time, it matters not where the church was located, great pilgrimages would be organized, and thousands would leave their homes and cross oceans and continents to see Him. We all know that He is as certainly in the Tabernacle of the altar as He was in Jerusalem nearly nineteen hundred years ago; and yet so many who believe that fact seldom think of visiting Him, except when forced under pain of sin to attend the celebra-tion of Mass.

We know that the Holy Eucharist is

an evidence of the intense love of the Sacred Heart of Jesus for man; and yet do we show even in a simple way our appreciation of that love by entering the churches as we pass to say a short prayer? We should remember that our Lord is there, and that He will most assuredly bless those who

ome to see Him.

Notwithstanding our faith, we are inclined to treat our Saviour with far less respect than we show to the great men of the earth or to our personal friends. Those who are familar with the rules governing polite society would not dare treat their friends as

churches, we should give testimony to that belief in going to see Him and praying before the altar. It requires but a few moments, and most assured ly the time spent there is well employed.

## The First Apaist.

After the traitor Benedict Arnold had gone over to the enemy he wrote a letter to his former companions in arms in defence of his treason, and urged them to return to their former allegiance to Great Britain. If he is to be believed, the motive which inspired him was the same that animates the  $\Lambda$ . P. A. Here is a part of it:

And should the parent nation England ) cease her exertions to deliver you what security remains to you even for the enjoyment of the conbeg that you will stay. It does not weary you, this domestic talk of mine?"

beg that you will stay. It does not solation of that religion for which your fathers braved the ocean, the heathen and the wilderness? Do you know that the eye which guides this pen laiely at Mass for the soul of a Roman Catholic in purgatory, and participating in the rites of a Church against whose

"BENEDICT ARNOLD. "October 20, 1780."
The A. P. A. should adopt him as their patron saint. - Philadelphia Cath-

## Home and Abroad,

Home and Abroad.

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### THE DOLOURS OF MARY.

Their Immensity — A Vision of the Future — Eloquent Sermon by the Rev. Arthur Whelas.

gregation assembled in St. Patrick's Church, Soho, as that which took part in the celebration of the Feast of the Seven Dolours Sunday evening. To say that the sacred edifice was filled would give an imperfect idea of the vast gathering. Shortly before the service commenced the benches were filled, and many had to content themselves with standing accommodation. After the recitation of the Rosary an eloquent sermon was preached by the Rev. Arthur Whelan, who took for his text the words, "Behold this Child is set for the rise and fall of many in Israel, and for a sign that shall be connumbers in order to celebrate the feast of the Seven Dolours of Our Lady. It was particularly fitting that the mem bers of the congregation of St. Patrick's materially, was surrounded with the old spirit and old traditions which were contained within the shell of old St. Patrick's, and it was therefore fitting that the Seven Dolours of Our Lady should form a great feast amongst them, because St. Patrick's was A WITNESS AND A SERMON IN STONE, witnessing the old memories, and the

old spirit, and the ancient traditions in the early revival of Catholicity in London. The spot was consecrated by the dearest memories of our faith. Moreover, it was fitting that the members of the congregation should cele-brate the Feast of the Dolours, because the church was dedicated to St. Patrick, the patron and apostle of the Irish people, who, like Mary, had passed through a sea of persecution and affliction, and had gained for herself the title of the Queen of Martyrs amongst the lands of the earth. It would therefore be appropriate that evening to gather together the thoughts naturally rush to their minds on such an occasion—the Seven Dolours of Our Lady. What tongue could adequately express, what mind could conceive, the immensity of the affliction of Mary! "To what shall I compare them or what shall I liken to them, daughter of Jerusalem, for as great as the sea is thy broken heartedness." Mary's Dolours were as immense as the sea, they were greater than the ocean. The mighty deep was traversed by thousands of vessels containing within them THE WEALTH AND TREASURES OF THE

But down deep below in the depths was yet a life far more fertile in its intensity, and Mary in the length and breadth and the depth and height of her affliction was greater even than the sea. Why was it that Mary suffered so much, or rather, why was it that God gave her this inheritance of affliction?

IT WAS A MYSTERY,

and just as the Incarnation, upon which the maternity of Mary was established, was a great mystery of love, so was it a mystery that she should be rewarded with the sufferings of her Son. There was no reason, and they could only conjecture. Let them endeavor to gain some idea of the im mensity of Mary's Dolours, let them Those lips had smiled over the first number of "Pickwick," and had gossiped of the promising young man who wrote them. The face itself was a nentry upon it, where public as well an entry upon it, where public as well and it. My wife and I have been married for nearly fifty years, and we are very grant and the afflictions of mentions in the original states of all the orphans, and their sorrows of all the orphans, and the afflictions of men.

Street Car Accident.—Mr. Thomas Sabin, of a we treat Him Who is every day on our look into the world and think of all the would they have a measure or a standard by which to tell the Dolours of Mary. Let them endeavor to seek one Mary. or two of the sources of Mary's Dolours. When Simeon took her Child into his arms, and looking first at the Babe and then at the mother, he said — "Behold this Child is set for the fall and for the resurrection of men, and for a sign that shall be contradicted, and thy own soul a sword shall pierce. Those words in an intensity conveyed to many what was to be the measure of her Dolours, and though Simeon then sang his Nunc Dimittis, and Mary had sung her Magnificat she knew that a great trial was to come upon her. And as she stood in the Temple she saw as in a vision the future of her Divine Son: but her Dolours were not confined to the pas sion of our Divine Lord, or to the immediate circumstances in which she lived. She remembered all that had saw your mean and profligate Congress passed on Calvary, and she also saw in that vision that the Son who had died for man was now and through all ages to be a sign of contradiction. She anti-Christian corruptions your pious saw the future and witnessed the perancestors would have witnessed with She also saw that her Divine Son wa to be contradicted and opposed in His love, and men were again to cry out

with the Jews of old, "CRUCIFY HIM, CRUCIFY HIM." She saw the ten persecutions and the martyrs who suffered, she saw men going out into distant lands to preach the gospel of her Son's love, and she saw England in the sixteenth century

WAS ROBBED OF THE FAITH, when men departed from Him and gave up the inheritance of their forefathers. She saw this land that for a thousand years had been steeped in a sea of supernatural light suddenly change into darkness, she saw the saints and the martyrs of England shed their blood in holy revenge upon the people and the country they loved so well. She saw the future of the Cath-

olic Church, and then onward to the sixteenth century when England was lost from her side, but she was cheered by the thought that in another land there were loyal and generous hearts. And not even then did Mary's vision cease. She saw London then as it was at the present time, LONDON MYSTERY UPON MYSTERIES,

with so much infidelity, so much charity, and so much wickedness. Was there ever a city that contained within itself so many contradictions as London? She saw hundred and thousands of men who never, from one year's end to the other, bent the knee to the Saviour who was crucified for them, and she remembered the millions of men who would forget to their last hour the image of the crucified One on that green hill far away. She saw men preaching against His name, and without love and without faith. saw a darkness gather over the land, the darkness of infidelity and immoral ity. Would there ever be a day when the world would return in greater loyalty and generous service to Jesus Christ. Yes, it would. It was time that they wept tears over what was called a wicked world, but if they examined Soho, should thus perform an act of worship to the Son of God through His mother for the historic Church in which they were assembled which, while new they were assembled with the dying, and that religion had lost its power; but even in London there was nothing in the circumstances of modern society to alter one's conviction that Christianity, God's love and religion, would live again. Society changed, and science changed day by day, but as long as human hearts remained as they were, as long as there was a God in heaven, so long would they and their descendants draw an inexhaustible source of encouragement from the same stream that fed our forefathers When he remembered that the number of those who desired to help their fel low men was increasing day by day, when he noted the gradual subsidence of animosity between nation and nation-when all this, like a heavenly vision, rose before him his soul glowed with a hope of better things. When he remembered that thousands of homes

> him his soul was filled with hope. London, England, and the world may be dark, but let them place their faith in the power and the strength of Jesus Christ, for He had said, "I will be with you at all times," and just as the poor man by the way side who was blind felt the power, though he touched not the hem of His garment, and cried out, "Jesus of Nazareth passeth by," so may this London live in the sunlight of God's "Watchman, what sayest thou glory. "Watchman, what sayest thou of the night?" and, looking upon the valley, the watchman answered, "The night is still here, darkness and troubles and tears must be the inheritance of man." But again I cried, WATCHMAN WHAT SAYEST THOU OF THE

were spread over the land to shelter

the homeless and the orphan, when he remembered the numberless homes for

the protection of purity and innocence, as though the flaming sword of an

angel barred the way to the tempter-

when all this like a vision, rose hefore

NIGHT? and the watchman answered from the hills. "The night is departing and the morning cometh." - London Catholic News, Sept. 22.

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e following letter is from Mr. J. Alcido ssé, architect and surveyor, No. 153 Shaw

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