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Mayonnaise Dressing

1 teaspoonful dry mustard, 1 teaspoonful salt, 2 egg yolks, 2 tablespoonfuls lemon juice, 2 tablespoonfuls vinegar, 1½ cupfuls oil, ½ teaspoonful paprika, ½ teaspoonful sugar, cayenne to suit taste. Mix well the dry ingredients, beat with them the egg yolks and when smooth add a half teaspoonful of the vinegar. Begin adding the oil very slowly, almost drop by drop, beating all the time—here is where a mayonnaise mixer proves its worth. As the dressing thickens add, little by little, first some of the vinegar, then some of the lemon juice, then the oil. It requires constant, patient, and steady beating to produce good mayonnaise. It is a good plan to have the beating bowl set in a larger bowl or pan of cracked ice while working, and all ingredients and implements should be well chilled before beginning operations. When completed the mayonnaise should be stiff enough to stand alone, and can be put through a pastry tube for decorative effects.

Boiled Salad Dressing

¼ teaspoonful salt, 1 teaspoonful dry mustard, 1½ teaspoonfuls sugar, 1½ tablespoonfuls flour, 2 egg yolks, 1½ tablespoonfuls melted butter, ¼ cupful vinegar, ¾ cupful milk, cayenne to suit the taste. Mix dry ingredients, add egg yolks, then slowly the butter, milk and vinegar. Cook in double boiler until thick, then strain and chill. This is much liked by those who do not care for oil. Russian or Thousand Isles dressing may be made with this the same as with mayonnaise.

Peanut Loaf

3 cupfuls stale bread crumbs, 2 cupfuls milk, 2 teaspoonfuls salt, ¼ teaspoonful pepper, ¼ teaspoonful poultry seasoning, 1 tablespoonful onion juice and pulp, 2 eggs, 4 teaspoonfuls baking powder, 1½ cupfuls chopped peanuts. Add bread to milk; add seasoning, beaten eggs, baking powder, and peanuts. Pour into greased, lined baking tin. Bake in moderate oven 40 minutes.

Cream of Potato Soup

¼ cup mashed potato, ¼ teaspoonful salt, 1 cupful milk, 1 tablespoonful butter substitute, ½ tablespoonful flour. Melt fat. Add dry ingredients and gradually the milk which has been scalded and the potato blended with it. Bring to boiling point and serve. A beaten egg may be added if desired.

Fruit Short Cake

1 quart of berries, sliced peaches or other fruit, 1 cupful barley flour, 1 cupful white flour, 4 teaspoonfuls baking powder, ¼ teaspoonful salt, 1 tablespoonful shortening, ¾ cupful milk. Sift together dry ingredients, rub in shortening with tips of fingers. Work in the milk. Put into two jelly-cake tins. Bake from twelve to fifteen minutes. Pull apart while hot;



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butter and put fruit in, in layers, sprinkling sugar on each layer.

Louisiana Rice Corn Bread

Rice improves either plain corn bread or corn bread made with eggs and milk. Use it in both. Corn bread made with eggs and milk is rich in body-building material.

3 eggs, 1 pint of milk, 1½ cupfuls of cold boiled rice, 1½ cupfuls of corn meal, 2 tablespoonfuls of melted fat, 1 teaspoonful of salt, 1 teaspoonful of baking powder. Beat the eggs very light; add the other ingredients in the order named; beat hard and bake in a shallow, greased pan in a hot oven.

Oatmeal Hurry-Ups

1 cupful of rolled oats, ½ cupful of flour, 2 teaspoonfuls of baking powder, ¼ teaspoonful of salt, 1 tablespoonful of fat, ½ cupful of milk (about), ½ cupful of chopped dates. Mix the oats, flour, baking powder and salt. Cut in the fat. Add the milk and mix, forming a soft dough. Lastly add the chopped dates. Drop into greased muffin tins or onto a greased baking sheet and bake in a quick oven.

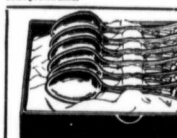
Corn-Meal Nut Bread

½ cupful of corn meal, ½ teaspoonful of salt, 1 level tablespoonful of vegetable fat, ½ cupful of boiling water, 1½ cupfuls of rye flour, 4 teaspoonfuls of baking powder, ¾ cupful of milk, ½ cupful of chopped nuts. Put the corn meal into a bowl; add the salt, fat and boiling water; mix; let stand for twenty minutes. Now add the flour mixed with the baking powder and the milk, and lastly the chopped nuts. Mix lightly; pour into a well-greased lined pan; let stand in a warm place for twenty minutes. Bake in a moderately hot oven. Do not cut until cold.

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