

14th K. C. H. Re-organized Feel the Surge of Abounding Youth

Major T. A. Lydiard, of Kentville, has been promoted to Lieutenant Colonel to command 14th Kings Canadian Hussars, on re-organization. The regiment in future will be called The Kings (Nova Scotia) Mounted Rifles, 1st Regt. (6th C.M.R. Batt., C.E.F.) 2nd Regiment Reserve. This will perpetuate the name and keep alive the fine traditions of the only cavalry unit that left Nova Scotia for overseas and in this way they will share the battle honors of the 6th and 5th C.M.R. in France—owing to the fact that the 6th was merged into the 5th in France. Lieut.-Colonel Lydia is now receiving applications for persons desiring appointments in the new cavalry regiment. Lieut.-Colonel J. A. Harris, of Canning, formerly in command of the 14th Kings Canadian Hussars, is transferred to the reserve of officers.

Age is sickness—gradual disintegration of the tissues which comprise your vital organs—your nerves, heart, liver, kidneys, brain. Each of these organs depends on the internal secreting fluids of certain glands. When such glands become lax in their functioning, through under or over-secretion, you are sick. Unless these glands are aided to resume proper functioning, the tissues of the vital organs gradually wear and crumble away. You are old in health, if not in years, and old fashioned methods of treating sickness are admittedly helpless. Your days are numbered unless you get at the seat of the trouble by direct action, and that is by revitalizing and restoring the glands to their proper functioning.

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Each box contains a month's treatment. Get a box today. If you are away from any drug store send direct to: The Scobell Drug Co., St. Catharines, Ont.

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Baby's Own Tablets are a regular joy giver to the little ones—they never fail to make the cross baby happy. When baby is cross and fretful the mother may be sure something is the matter for it is not baby's nature to be cross unless he is ailing. Mothers, if your baby is cross; if he cries a great deal and needs your constant attention day and night, give him a dose of Baby's Own Tablets. They are a mild but thorough laxative which will quickly regulate the bowels and stomach and thus relieve constipation and indigestion, colds and simple fevers and make baby happy—there surely is a smile in every dose of the Tablets. Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Forced to Cut Down Their Circulation

Toronto, May 5—This city is now receiving from 54 to 61 tons of American magazines less each week than during normal distribution as a result of the paper shortage in the United States. One American weekly publication which fairly flooded Canadian cities and towns until paper became scarce has practically suspended its Canadian circulation. Some American magazines have ceased publication, some have been reduced in size and others are issuing two months numbers in one to save paper. It is stated that it is probable that within a month or two there may be no American magazines available for Canada, except those supplied to old subscribers. It is thought that shortly American newspapers also may be withdrawn from Canadian news stands.

The Late Mrs. W. H. Nowlin

Mrs. W. H. Nowlin passed away at her home, Victoria Street, Truro, Saturday, May 1st. She had been a great sufferer for over two years and her passing was "As fades a summer cloud away as sinks the gale when storms are o'er" for "He giveth His beloved sleep."

She leaves to mourn, a husband and two daughters, Miss Alice in Halifax, and Miss Ida at home, who tenderly cared for her mother all through her illness. Four sisters and a brother also survive her.

A service was conducted at the home on Sunday afternoon, Rev. F. C. Hartley officiating, assisted by the Rev. B. D. Knott. The choir of Immanuel Church led the singing. The casket was covered with beautiful floral tributes expressive of the sympathy of friends.

Mrs. Nowlin was a daughter of the late Mr. and Mrs. Silas Davison, of Gaspereaux, where she was born.

The remains were taken to Digby on the Midland this Monday morning to be interred along side of her son, Howard, who predeceased her ten years. The family have the sincere sympathy of all their friends in their bereavement; and the News Staff especially extend sympathy to their fellow-worker in the irreparable loss he has sustained.—Truro News.

An Open Secret

The secret of buoyant, vigorous health, is a well-nourished body. It is an open secret that

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Scott & Bowne, Toronto, Ont. 20-07

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