

truly hidden. Behold the model of the religious adorer! This virtue sanctifies his whole soul, his whole life, all his senses. It corresponds to the sacramental state of Our Lord. By it the religious gives himself up to Jesus Christ to dispose as He will of his person and his life. He becomes, so to say, His body, His members, His external power. He proves his love, for love expends itself. Herein lie all the glory, all the holiness that Our Lord expects from us and by us. To annihilate self that He may be exalted, to make self disappear that He may appear, to be like the sacramental species, which certainly are not proud since they have no existence, this is the aim of the adorer. In other words, it is to live in absolute dependence on Our Lord by allowing Him liberty of action in everything.

"The practical rule of our conduct is: "What does Jesus Christ desire at this moment? Is there in this idea, this work, this desire, something that tends to His glory?" For things not of obligation the venerable Founder gave this rule: "What would Our Lord do under such circumstances?"

Again, he tells us: "During His mortal life Our Lord did nothing by His own will. He said Himself: '*I do nothing of myself*' (John viii, 28). His doctrine is not His own, but that of his Father. They wanted to make Him king, but He refused all honor. He did not even want to be called *good*, for He said: '*None is good but God alone*' (Luke xviii, 19).

"These essential words of our Constitution, *absque sui proprio*, afford us the means of participating as much as is possible to weak creatures in Jesus Christ's sacrifice of His personality.

This leading idea, in its simplest signification, may be reduced to this: Jesus Christ annihilates Himself in the Most Blessed Sacrament of the Altar, but He does so that we may make Him live again and reign in us. Then, let us receive Him into our soul, and as there can be in it only one principle of life, only one will, let us yield up to Him the inspiration, the direction of our life. We live and we act, but Jesus