

**The Doctor's  
ORDERS:**

**Fresh Air.  
Good Food**

*"The D.D. Emulsion"*

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For all those threatened  
with **Consumption.**

**"AS GOOD AS  
MARITIME"**

Quite a compliment to us, but don't believe it.

REMEMBER, there is no other school in Eastern Canada can offer these advantages:

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**KAULBACH & SCHURMAN,**  
Chartered Accountants,  
MARITIME BUSINESS COLLEGE,  
HALIFAX, N. S.

**Not Only  
Relief;  
A Cure.**

**ASTHMA**

Many discouraged Asthmatics who long for a cure or even relief lack faith to try, believing a cure impossible. **HIMROD'S ASTHMA CURE** is truly a grand remedy and possesses a virtue unknown to other remedies that not only instantly relieves but cures.

The late Sir Dr. Morrell McKenzie, England's foremost physician, used **HIMROD'S ASTHMA CURE** constantly in his private practice. If you are discouraged send for a generous free sample. It will not disappoint you.

**HIMROD'S ASTHMA CURE** is a standard remedy prescribed by many eminent physicians and sold throughout the world for over a quarter of a century. A truly remarkable testimonial in itself.

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For sale by all druggists.

**I. T. KIERSTEAD**  
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Returns Promptly Made.

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Disinfects Your Clothes

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Bleaches Your Clothes

**WHITE WAVE**  
Saves Labor.

**CHURCH BELLS**  
Chimes and Pools,  
Best Superior Copper and Tin. Get our price.  
**M. SHANE BELL FOUNDRY**

When answering advertisements please mention the Messenger and Visitor.

**BENEDICTION FROM A SICK CHILD.**

A worker in a Manchester slum told once of how a whole family was completely transformed by the presence of a deformed child. The father was a navy, the lads were coarse and uncouth; but there was born into the home a crippled child, and that deformed baby became the point upon which the love of the whole family centered. The man nursed and petted his child of an evening; the boys made playthings, and showed their affection for her in all sorts of pleasant ways; The mother kept the window clean, that her child, pillowed on the table, might look out on the court; and the visitor declared that she witnessed an absolute transformation, an elevating and refining process, which went right through the household.

In old days there were angels who came and took men by the hand, and led them away from the city of destruction. We see no white-winged angels now. But yet men are thus led. A hand is put in theirs which leads them forth gently towards a calm and bright land, so that they look no more backwards. The other hand may be a little child's.—Silas Marner.

**'THE ANCHOR HOLDS.'**

S. E. Gilpin, kindly sends the poem asked for by J. S. Maxwell, and accompanies it with the following note:

J. W. Bengough happened to be in the memorial service of the General Conference when the obituary notice of Mr. G. H. Hills, a student of Victoria College, was read. It was stated that his last words were 'Tell the boys the anchor holds.' Mr. Bengough caught the beautiful thought and hence the poem:

'Tell the boys the anchor holds'  
These the words he whispered clear,  
While we gathered at the bedside  
Of our dying comrade dear:  
Tell the boys the anchor holds;  
Christ is faithful to his word.  
In death's hour of gloom and terror  
By thee stands thy risen Lord.

**Chorus:**

Glorious hope in death's dark passage,  
Jeans' strength thy form unfolds,  
Faith triumphant sends the message,  
'Tell the boys the anchor holds.'

'Tell the boys the anchor holds'  
Free salvation through the blood,  
This the safety of the soul  
In the mid-st of Jordan's flood.  
'Tell the boys the anchor holds';  
No vain fable is our faith,  
Peaceful rides the little barque  
On the swelling tides of death.

'Tell the boys the anchor holds'  
And a smile of rapture deep  
Lighted up the happy face  
As he gently fell asleep.  
'Tell the boys the anchor hold,'  
So the words for evermore  
Seem to echo faint and sweet  
From the far-off heavenly store.

—Ex.

**"IT TAKES TWO."**

A lad of seventeen was telling an older friend, recently, of an experience he had had that day. As the apprentice of a carpenter, he had been sent to a saloon to take the measures for a new counter. It was very cold weather, and he arrived with his teeth fairly chattering in his head, for his coat was thin. The saloon-keeper immediately mixed a hot drink and pushed it over the counter to him. "It'll cost you nothing," he said; "drink it down, and you'll soon stop shivering, my boy."

"He meant it kindly, too, and didn't think any harm," said the apprentice, as he told the story. "That's what made it harder to push it back, and I didn't want it."

"It must have been a big temptation," said the friend. "That saloon-keeper might have started you on the road to ruin."

"Well," replied the lad, frankly, "I'd rather have had it than some other kinds. You see, it takes two to make a temptation. There's no saloon-keeper and no cold weather can make me drink when I don't want to. The temptation I'm afraid of is the one that I'm ready for before it comes, by hankering after it. I don't take much credit to myself for refusing that drink; and, if I had taken it, why, I wouldn't have put all the blame on the saloon-keeper, as some folks do. It takes two, every time, to make a successful temptation."

It was an honest way to look at the question. Temptation is not all a matter

of outward happening, but also of inner readiness. No outsider can be responsible for our sins as we are responsible. "He tempted me" only explains one side of the temptation. The other side—the personal side—we must answer for, and no excuse will save us. "It takes two," and one of the two is always our own responsible self.—Exchange.

**ONLY A YEAR.**

The following poem has been kindly sent by a correspondent, M. A. M., in answer to a request from J. H. N. The author is Harriet Beecher Stowe.

One year ago—a ringing voice,  
A clear blue eye,  
And clustering curls of sunny hair,  
Too fair to die.

Only a year—no voice, no smile,  
No glance of eye  
No clustering curls of golden hair,  
Fair, but to die.

One year ago—what loves, what schemes  
Came into life:  
What joyous hopes, what high resolves,  
What generous strife.

The silent picture on the wall  
The burial stone,  
Of all that beauty, life and joy,  
Remain alone.

One year—one year, one little year,  
And so much gone;  
And yet the even flow of life,  
Moves calmly on.

The grave grows green, the flowers bloom  
Fair,  
Above that heath;  
No sorrowing tint of leaf or spray,  
Says he is dead.

No pause or hush of merry birds,  
That sing above,  
Tells us how coldly sleeps below,  
The form we love.

Where hast thou been this year beloved?  
What hast thou seen?  
What visions fair, what glorious life,  
Where hast thou been?

The veil! the veil! so thin, so strong,  
'Twixt us and thee;  
The mystic veil, when shall it fall,  
That we may see?

Not dead, not sleeping, not even gone,  
But present still;  
And waiting for the coming hour  
Of God's sweet will.

Lord of the living and the dead,  
Our Saviour dear;  
We lay in silence at thy feet,  
This sad, sad year.

M. A. M.

—S. I.

**THE VALUE OF CHARCOAL.**

Few People Know How Useful it is in Preserving Health and Beauty.

Nearly everybody knows that charcoal is the safest and most efficient disinfectant and purifier in nature, but few realize its value when taken into the human system for the same cleansing purpose.

Charcoal is a remedy that the more you take of it the better; it is not a drug at all, but simply absorbs the gases and impurities always present in the stomach and intestines and carries them out of the system.

Charcoal sweetens the breath after smoking drinking or after eating onions and other odorous vegetables.

Charcoal effectually clears and improves the complexion. It whitens the teeth and further acts as a natural and eminently safe cathartic.

It absorbs the injurious gases which collect in the stomach and bowels; it disinfects the mouth and throat from the poison of catarrh.

All druggists sell charcoal in one form or another, but probably the best charcoal and the most for the money is in Stuart's Absorbent Lozenges; they are composed of the finest powdered Willow charcoal, and other harmless antiseptics in tablet form or rather in the form of large, pleasant-tasting lozenges, the charcoal being mixed with honey.

The daily use of these lozenges will soon tell in a much improved condition of the general health, better complexion, sweeter breath and purer blood, and the beauty of it is, that no possible harm can result from their continued use, but on the contrary, great benefit.

A Buffalo physician in speaking of the benefits of charcoal, says: "I advise Stuart's Absorbent Lozenges to all patients suffering from gas in stomach and bowels, and to clear the complexion and purify the breath, mouth and throat. I also believe the liver is greatly benefited by the daily use of them; they cost but twenty-five cents a box at drug stores, and although in some sense a patent preparation, yet I believe I get more and better charcoal in Stuart's Absorbent Lozenges than in any of the ordinary charcoal tablets."

**Allen's  
Lung Balsam**

The best Cough Medicine.

**ABSOLUTE SAFETY**  
should be the first thought and must be rigorously insisted upon when buying medicine, for upon its safety depends one's life. **ALLEN'S LUNG BALSAM** contains no opium in any form and is safe, sure, and prompt in cases of Croup, Colds, deep-seated Coughs.

Try it now, and be convinced.

**Gates'  
Acadian Liniment**

Has Been in Popular Use for  
**HALF A CENTURY.**

While it has long been recognized as one of the best, it is now taking its place as the

**'STANDARD LINIMENT.**

For bruises, burns, cuts and abrasions on the skin it is unexcelled. It removes the excess, aids the healing process, and acts as a thorough disinfectant, killing the bacteria which enter the wound.

**C. Gates, Son & Co.**  
MIDDLETON, N. S.



**A WARNING TO  
BACKACHE SUFFERERS.**

Backache may strike you at any time. Comes when you least expect it. Comes as a warning from the kidneys.

A sudden twitch, a sudden pain.  
The Kidneys cause it all.

If you don't heed the warning, serious Kidney Troubles are sure to follow.

Cure your Backache by taking  
**DOAN'S KIDNEY PILLS.**

There is not a Kidney Trouble, from Backache to Bright's Disease, that Doan's Kidney Pills will not relieve promptly and cure more quickly than any other kidney remedy.

50c. per box or 3 for \$1.25. All dealers of THE DOAN KIDNEY PILL CO., Toronto, Ont.

Application will be made by the Elgin & Havelock Railway Company, Ottawa, Jan. 23, for an act authorizing the company to construct or acquire and operate a railway line from a point at or near Havelock to a point at or near Chipman, in Queens county, in and from Elgin county some point on the Bay of Fundy at or near Alma, county of Albert.

**HIS OWN FREE WILL.**

Dear Sirs,—I cannot speak too strongly of the excellence of **MINARD'S LINIMENT**. It is THE remedy in my household for burns, sprains, etc., and we would not be without it.

It is truly a wonderful medicine.

**JOHN A. MACDONALD,**  
Publisher Arnprior Chronicle.