## QUEBEC MAN IN FINE SHAPE NOW

Gagnon Couldn't Eat, Sleep Two Swiss Judges Who Sen-Before Taking Tanlac.

L. Napoleon Gagnon, of 58½ Salaberry St., Quebec, well-known machinist for the Canadian Pacific Railway Co. is still another who has cause to be glade he was induced to give Tanlac an honest trial.

"When a man gets no satisfaction out of eating, can't half sleep and feels wornout all the time he is in pretty bad shape," said Mr. Gagnon, "and that was just been read out of the Swiss Communist puts the property of the surface of the cantonal tribunal at Zurich have just been read out of the Swiss Communist to 10 days in jail for assaulting an unsyndicated worker in a strike at Zurich.

The judges, Dr. Balsiger and Luchinger, were summoned to appear before the socialist communist committee on a charge that the verdict was "incompatible with the communist doctrine." When the judges refused to appear, they were promptly ousted from the party.

Writing in the Volksrecht Journal, the sleep wasn't even to be thought of, and I was going down hill so fast I was almost in despair.

"One day I was telling one of the men where I work of my condition, and he told me that he used to suffer like I did, but had gotten complete relief by taking Tanlae. This was enough to decide me, and I can never thank my friend enough for putting me on to the medicine. Why, it has given me such an appetite that I cat like a wood chopper now, and I have picked up ten pounds in weight. My stomach never troubles me a bit, and I seep like a log every night. Tanlae has helped me just like it was made every men."

The gararan parties of several can bons have made a proposal that all communist employes should be dismissed as late evening. A committee from the party of cases of mentally retain the result of cases of mentally retain the result of the cantonal tribunal at Zurich have just the catomatic party for having sentenced a socialist workman to 10 days in jail for assaults workman to 10 d

Your Cough will be Better After the first day's treatment with

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And the cough will keep on getting better and better until—almost before you realize it—it will have disappeared completely.

NADRUCO SYRUP OF TAR with COD LIVER OIL COMPOUND breaks up those deep-seated, hacking coughs—relieves Asthma, Bronchitis and Whooping Cough—takes away all irritation in the throat.

The pleasant taste makes this reliable preparation particularly suited to children. Sold by most druggists.

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## THE REAL PERIL

to guard against in skin injuries, is germ infection. This is what causes the throbbing, shooting pain in your cuts, scratches and burns—it's thereal source of blood-poison and inflammation. One touch of Zam-Buk will save you this peril.

Zam-Buk's powerful antiseptic properties make it the safe and ideal first-aid. At the same time as it allays the pain and irritation of a burn or a scald, Zam-Buk also drives out any poison or germ disease that may be in the broken tissues. It ends all danger of your wound or sore going "the wrong way."

In Zam-Buk there's no trace of animal fat or mineral impurity such as you get in ordinary ointments and salves. It's just the purest, safest and most concentrated healing substance ever discovered.

Mrs. S. Cliff, of Melette, S.D., says:—"I gashed my fingers severely with a piece of tin. The wound became infected and swelling and throbbing spread right up into my shoulder. So long as I live I shall remember the wonderful relief experienced the first time I used Zam-Buk, Every bit of inflammation and poisonous matter was drawn out of the wound by Zam-Buk, and perfect healing resulted."

If you have not already tried this famous herbal balm a le. stamp to Zam-Buk Co. Dupont St., Toronto, will bring you a free trial box.

# AND THE SOVIET

London, March 15—Poland's share in the gold of the Russian State Bank has been fixed at 30,000,000 rubles by the treaty between the Soviet representatives and Poland, which is virtually complete, says a despatch to the London Times from Riga.

Another 30,000,000 gold rubles are to be paid by the Russians in return for the surrender, by the Poles, of their share of rolling stock of the Russian railways, but the method of payment has not been decided on.

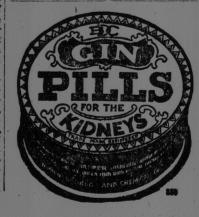
The Bolsheviki, the despatch declares, have not agreed to the Polish wishes as

have not agreed to the Polish wishes as to the question of the date of the ratifi-cation of the treaty, which remains in

cation of the treaty, which remains in suspense.

The reparations constitute a matter of paramount importance for the Poles, including the return of various funds, which are to be claimed, namely, Polish capital invested in Russia and funds of Polish institutions in Petrograd and elsewhere. The Polish shares in the Russian state pension office have been settled. The payments will be made in Polish marks at a rate of exchange fairly favorable to the Poles. The pension payments will be made as soon as the pian of distribution is worked out.

Other claims are to be dealt with by a mixed commission which, it is estimated, has two years work ahead of it.



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FROM RHINE AREA

Paris, March 15—Financial control of the Rhineland will, it is estimated, bring in about 400,000,000 marks gold a year but only if the mines, forests and roads are included in the control. It is generally admitted that the management of the railroads there is badly in need of revision and that this must be done if they are to be made prefitable for the

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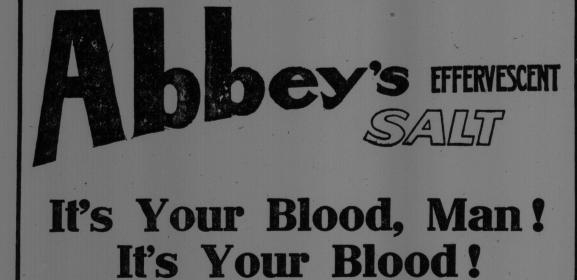
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RIGA WATER HABITUAL CONSTIPATION



As long as your blood is impure, you will look sick and feel sick and be sick. You can't come home with a cheery smile and an appetite when your head aches-when your stomach is upset-when there's a pain in your back and you feel all "dragged out". Tone up the system with Abbey's. This



