

### ***Health Claims – General Criteria for All Authorized Claims***

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Uses "may" or "might"

Does not quantify degree of risk reduction

Indicates that the disease depends on many factors

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Except for dietary supplements, foods must contain at least 10% of the Daily Value (DV) of one of six nutrients:

<u>Nutrient</u>	<u>10% DV</u>
Vitamin A	500 IU
Vitamin C	6 mg
Iron	1.8 mg
Calcium	100 mg
Protein	5 g
Fiber	2.5 g

### ***Health Claims – Disqualifying Nutrient Levels***

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NLEA requirement:

"... food for which the claim is made does not contain ... any nutrient in an amount which increases to persons in the general population the risk of a disease or health-related condition ..."