

The Youth's Companion  
1895



SIR ANDREW CLARK was one of England's great physicians. One of the many attractive features of The Youth's Companion for next year will be a paper by Mr.

Gladstone.

He will give some striking reminiscences of the physician, his lifelong friend.

Contributors for 1895.

- TWO DAUGHTERS OF QUEEN VICTORIA.  
Charles Dickens,  
J. T. Trowbridge,  
Sir Edwin Arnold,  
Frank R. Stockton,  
W. Clark Russell,  
The Secretary of the Navy,  
Dr. Cyrus Edson,  
Archibald Forbes,  
Camille Flammarion,  
Eugene Field,  
Mark Twain,  
Rudyard Kipling,  
Robert Louis Stevenson,  
J. M. Barrie,  
Wm. Dean Howells.

THE YOUTH'S COMPANION,  
BOSTON, MASS.

Free to 1895.

New Subscribers who send \$1.75 at once will receive The Companion Free to Jan. 1, 1895, and for a full year from that date. This special offer includes the Thanksgiving, Christmas and New Year's Double Numbers.

HEALTH AND HOUSEHOLD HINTS.

Oyster juice is a perfect cleanser of linen from fruit and wine stains.

Cold sliced potatoes fry better when a little flour is sprinkled over them.

An oyster shell in the teakettle will prevent the formation of crust in the inside.

Before beginning to seed raisins cover them with hot water and let stand fifteen minutes. The seeds can then be removed easily.

Put a teaspoonful of borax in your rinsing water; it will whiten the clothes and also remove the yellow cast on garments that have been laid aside for the two or three years.

Sweet milk rubbed on the surface of any pastry, before baking, such as biscuit, gems, short-cakes, or even pastry for fruit pies, will make them brown nicely and give them a flaky appearance.

A delicious salad is made of oysters and celery. Chop the oysters into dice and cut the celery into small crisp dice. Toss the celery and oysters and mix with them a rich mayonnaise dressing. Serve garnished with celery tufts.

It is always safe and useful to have a screen included in the furniture of each bedroom. It can be placed before the windows, and then there is no need of keeping out the air by tightly drawing the curtains, nor any danger of revealing the inside of the room to passers-by.

Use for Stale Bread.—Save stale pieces of bread, and when an easy day comes, dry them thoroughly in an open oven, and with a rolling-pin crush as fine as dust. These, then, will always be at hand for preparing oysters, cutlets, croquettes, etc.

Vegetable Salad.—This is an excellent method of using the remnants of vegetables left from dinner of the day before—the half a dozen slices of boiled beets, the two or three cold boiled potatoes and onions, the saucerful of beans or green peas. Slice the potatoes and onions and heap all the vegetables together upon leaves of lettuce. Pour over them either a mayonnaise or a French dressing. Almost any cold vegetable may find a place in this salad.

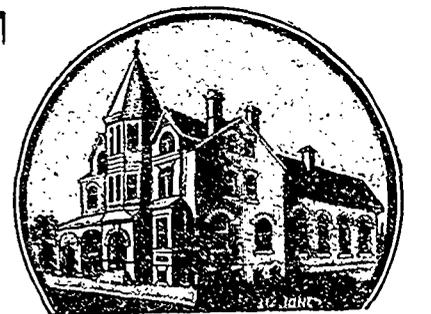
Rice Pancakes.—Boil half a pound of the best rice to a jelly in a little water; when cold mix with it a pint of cream, eight well beater eggs, a dash of nutmeg and a pinch of salt; stir into this six ounces of butter, just heated, and enough dry, warm flour to make it into a smooth batter. Grease the inside of a pan with butter, then fry the pancakes a golden brown. Send them to the table rolled, a few at a time; lay them on an ornamental paper, dust over a little castor sugar, and serve with red current jelly.

Walking for Health.—Says Dr. Felix L. Oswald: "Instead of raw winds and cold draughts—in other words, outside air of a low temperature—being the cause of colds and catarrhal affections, it is the warm, vitiated, indoor air that is the cause, while outdoor air is the best remedy." He declares that there is no doubt that by exercise a catarrh can be gradually worked off, "and that the combination of exercise, abstinence and fresh air, will cure the most obstinate cold." There is no room to question the accuracy of this prescription. It is the teaching of experience. Air is both food and drink to the lungs. It is more. Like water to the body, it washes them clean. It is best when pure and bracing. One great advantage the persistent walker has is in being attuned to all kinds of weather. Exposure to cold and damp will do him no harm, although it might be fatal to others. Few things, if any, are so effectual in building up and sustaining the physical organization as walking, if resolutely and judiciously followed. It is a perfect exercise, which taxes the entire system. When you walk properly, every member and muscle, every nerve and fiber, has something to do. Every sense is employed, every faculty alert. Progress under such conditions is the very eloquence of physical motion. What is the effect? The flesh is solidified, the lungs grow strong and sound; the chest enlarges; the limbs are rounded out; the tendons swell and toughen; the figure rises in height and dignity, and is clothed with grace and suppleness. Not merely the body, but the whole man is developed.

RELIEF IN SIX HOURS.—Distressing Kidney and Bladder diseases relieved in six hours by the "GREAT SOUTH AMERICAN KIDNEY CURE." This new remedy is a great surprise and delight on account of its exceeding promptness in relieving pain in the bladder, kidneys, back and every part of the urinary passages in male or female. It relieves retention of water, and pain in passing it, almost immediately. Sold by druggists.

Do you ever wash your hair brush? This is the best way:—Put one teaspoonful of Pearl-line into a basin of warm water; wash the brush thoroughly in it; rinse in clean water, and set it aside, bristles down, to dry. This is only one—a small one—of the numberless uses to which you can put Pearl-line. Once you have it in the house, you will find something new for it to do, every day. It does your washing and cleaning better than soap. Try it on anything for which you've been using soap, and see.

Beware Peddlers and some unscrupulous grocers will tell you, "this is as good as" or "the same as Pearl-line." IT'S FALSE—Pearline is never peddled, and if your grocer sends you something in place of Pearl-line, do the honest thing—send it back. JAMES PYLE, New York.



TORONTO COLLEGE OF MUSIC, Ltd.

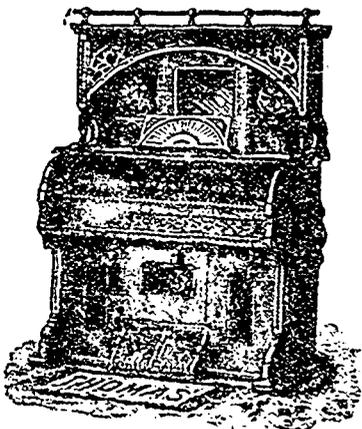
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THE PAINS OF RHEUMATISM  
According to the best authorities, originates in a morbid condition of the blood. Lactic acid, caused by the decomposition of the gelatinous and albuminous tissues, circulates with the blood and attacks the fibrous tissues, particularly in the joints, and thus causes the local manifestations of the disease. The back and shoulders are the parts usually affected by rheumatism and the joints at the knees, ankles, hips and wrists are also sometimes attacked. Thousands of people have found in Hood's Sarsaparilla a positive and permanent cure for rheumatism. It has had remarkable success in curing the most severe cases. The secret of its success lies in the fact that it attacks at once the cause of the disease by neutralizing the lactic acid and purifying the blood, as well as strengthening every function of the body.

Mr. W. A. Reid, Jefferson street, Schenectady, N. Y., 22nd July, '94, writes:—I consider Acetocura to be very beneficial for La Grippe, Malaria and Rheumatism, as well as Neuralgia, and many other complaints to which flesh is heir, but these are very common here."  
Coutts & Sons, 72 Victoria St., Toronto.

THOMAS ORGANS "Great is Acetocura."



185 Madison street,  
Chicago, Aug. 17, 1894.

Gentlemen—One day last month I called into the office of your agent, Mr S. W. Hall, on other business, and received the gentleman's condolence upon my wretched appearance. As a matter of fact, I was a sick man—had been receiving treatment from two different physicians without the slightest benefit. I certainly was discouraged, but afraid to let go. I had not had a decent night's rest for most ten days, no appetite, no ambition, "nchey" all over, but bowels were in good order—the fact is, neither the physicians nor I knew just what the trouble was. Mr. Hall spoke of Acetocura. I confess I would have paid little attention to it but for my precarious condition. He insisted on giving me half a bottle to try, and refused to accept any payment for it. I read the pamphlet and had my mother rub me that evening. Failing to produce the flush within 15 minutes, I became thoroughly frightened—the flesh along the spine seemed to be dead—but persisting in it produced the required result in just 45 minutes. That night was the first peaceful one in ten, and on the morrow my spine was covered with millions of small pustules. By night I felt a considerable improvement. Owing to soreness the application was omitted, but again made the third night. The following day showed a wonderful change in me. I felt like a new man. Since then I have chased rheumatic pains several times, with the greatest ease. From being sceptic, I cannot help but say, "Great is Acetocura." It is truly wonderful, and I am most grateful to Mr. Hall for his action. Respectfully yours,

P. O. BAUER.  
(P. O. Bauer & Co.)

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FREEHOLD LOAN & SAVINGS CO'Y

DIVIDEND NO. 70.

Notice is hereby given that a dividend of 4 per cent on the Capital Stock of the Company has been declared for the current half-year, payable on and after the

1st DAY OF DECEMBER NEXT,  
At the office of the Company, corner of Victoria and Adelaide streets, Toronto.  
The Transfer Books will be closed from the 17th the 30th November, inclusive.  
By order of the Board.

S. C. WOOD, Managing Director.  
Toronto, 31st October, 1894.