

HOW TO GET RID OF RHEUMATISM

"Fruit-a-tives" Point the Way to Quick Relief

VERONA, ONT. I suffered for a number of years with Rheumatism and severe Pains in my Side and Back, caused by strain and heavy lifting. When I had given up hope of ever being well again, a friend recommended "Fruit-a-tives" to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine.

W. M. LAMPSON. "Fruit-a-tives" are sold by all dealers at 50c. a box, 6 for \$2.50, retail size 25c.—or sent postpaid by Fruit-a-tives Limited, Ottawa.

TRAVELLERS' GUIDE DOMINION ATLANTIC RAILWAY

TIME TABLE REVISED TO WEDNESDAY JANUARY 1ST, 1919.

GOING WEST

Station	Express Daily	Local Daily
Middleton	11:35	6:25
Lawrencetown	11:50	6:40
Paradise	12:05	7:00
Bridgetown	12:20	7:15
Upper Clements	12:35	7:30
Chenestop	12:50	7:45
Deep Brook	1:05	8:00
Bear River	1:20	8:15
Imbertville	1:35	8:30
Smith's Cove	1:50	8:45
Digby	2:05	9:00

GOING EAST

Station	Express Daily	Local Daily
Digby	12:05	1:37
Smith's Cove	12:20	1:52
Imbertville	12:35	2:07
Bear River	12:50	2:22
Deep Brook	1:05	2:37
Chenestop	1:20	2:52
Upper Clements	1:35	3:07
Amnapolis Royal	1:50	3:22
Paradise	2:05	3:37
Bridgetown	2:20	3:52
Lawrencetown	2:35	4:07
Middleton	2:50	4:22

CANADA AS A BEAR LAND

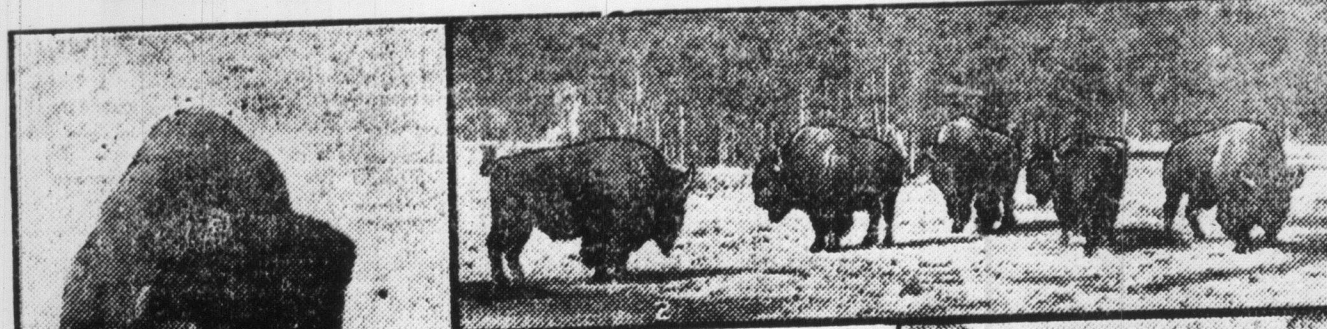


(1) Grizzly bear at Banff, (2) Polar bear in Banff Zoo. CANADA grows bears as well as grains and fruits and other products of the soil. Bruin is to be found in every province, but it is in the mountain region of British Columbia that he flourishes. There one will find grizzlies and silver tips, browns and blacks and grays, and all the varieties in between, including Teddy and Johnny cubs, among the children. All of these specimens may be seen in the interesting Zoological gardens at Banff, where they are lined up like soldiers on parade, in front of their cages—especially as dinner time nears.

But it is more interesting and exciting too, to see bruin as he runs wild in the woods. One day while following a narrow mountain trail in the Rockies, I was surprised to see a few yards ahead, what seemed like a piece of the trail move to one side, single-handed, with a monster grizzly, who, when he stood upright towered above his human foe. It was literally a fight to the death, with the grizzly the loser.—F. V.

(3) Black bear cub, Alaska.

The Brotherhood of Nature



(1) King of the buffalo. (2) Buffalo herd at Banff. (3) King and queen buffalo.

IN these days of hectic reconstruction it might be well for some peoples of the world to look on the way that community animal life is governed, on its placid contentment, its aspirations and its administration. No true contentment exists excepting there be a leader. Sheep follow the bell-wether, wolves follow the pack leader, hands of moose, or mountain sheep, herds of goats are all led by individual masters. Ants and bees are lost without their kings and queens, while the industrious beaver would never be satisfied in his aquatic home unless there was a head to the colony. The bull walrus administers the high justice, the middle and the low in his own little world. In every band of wild or half wild horses that ranges the prairies there is one who is head, keeper of order and strict government.

Always excepting the cases of the busy bee, the meek sheep, or the sexless mule the leader is a male, always lost without their kings and queens, while the industrious beaver would never be satisfied in his aquatic home unless there was a head to the colony. The bull walrus administers the high justice, the middle and the low in his own little world. In every band of wild or half wild horses that ranges the prairies there is one who is head, keeper of order and strict government.

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Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of **Chas. H. Fletcher** and has been made under his personal supervision since his infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of

Chas. H. Fletcher
In Use For Over 30 Years
The Kind You Have Always Bought

CANADA WAR SAVINGS

FIRST SERIES (1919)
COST DURING 1919—
JAN. \$ 4.00
FEB. \$ 4.01
MAR. \$ 4.02
APR. \$ 4.03
MAY \$ 4.04
JUNE \$ 4.05
JULY \$ 4.06
AUG. \$ 4.07
SEPT. \$ 4.08
OCT. \$ 4.09
NOV. \$ 4.10
DEC. \$ 4.11

WHEN AFFIXED TO A WAR SAVINGS CERTIFICATE AND SUBJECT TO THE CONDITIONS PRINTED THEREON—
5 DOLLARS

Buy W-S Where You See This Sign

Read the Figures

Notice how the cost—and the cash value—of the stamp advances each month until, on the 1st day of January, 1924, the Dominion of Canada is pledged to pay \$5.00 for each W-S.

ACTUAL SIZE OF W-S

ON A TRAIN TRIP
or on the journey through life, a frequent cup of **MORSE'S TEA** affords a pleasure that everyone can enjoy.

TRAVELLING THRO' CANADA Down by the Sea.

Lunch is now served in the Dining Car.

JUST ARRIVED

A Good Assortment of
Moir's Chocolates, Maple Sugar, Raisin Cluster
Peanut Cluster, Cream and Scotch Mints
Mixed Candy
Ice Cream Now For Sale

Also, Fruit and Groceries. Dinners and Lunches Served
Home Cooking always on hand.

A. T. CHUTE
Queen Street, Next door South of Warren's Drug Store

Featuring the News of Annapolis and Digby Counties

Single Copies 3 cents

Weddings

Many of Our Readers Interested

SNOW—BOUTILIER
A pretty wedding took place in Monday when Boyd, eldest son of Capt. and Mrs. Wm. Snow, of was united in marriage to daughter of Mr. Arthur Snow, President of the National Co. of Halifax. The bride was attended by her sister, Emily while Miss Fisher, of Middleton, performed the duties of best man. After church of England wedding ceremony had been performed and nuptials had been served the happy couple left for Boston on a bridal trip to the New England States. They are graduates of Mt. Allison University and have a host of friends in Maritime provinces who congratulate and best wishes among those present at the wedding were Mrs. Wm. Snow and Mrs. Ethel and Dorothy, who accompanied them to Digby via yesterday's train.

BROWN—BISHOP

A pretty home wedding took place in residence of Mr. and Mrs. T. Brown, of Lawrencetown, on the evening of Sept 10th when Rev. F. H. Bishop officiated. The bride, Pearl Marjorie Brown, daughter of Mr. and Mrs. A. Brown of the same town, looked charming in a gown of white silk and crepe with a white veil, carrying a bouquet of roses. The little bridesmaids were Margaret Hill and Ethel Bishop.

Friends of the bride had tastefully decorated the rooms with a profusion of flowers. The drawing room, the parlor in yellow and pink and green. The ceremony was performed beneath a large arch and bell of white and evergreen.

Lawrencetown Enterprise

credit is due Mr. T. G. of Lawrencetown, for taking matter with Graham's, and using his influence to them to establish an orchard in that town. The charge of C. H. Lowell is pushed rapidly forward and it may be in operation Oct. 15th. This will be a boon for the fruit growers in and surrounding districts since their surplus stock of fruit for ready cash. It is estimated the capacity will be 100 or more per day and from 10 hands will be employed. Annapolis Valley Fruit and Cold Storage Co., have sold one of the houses to Messrs Graham and will be used in connection with the business section of the town. We wish the enterprise every success.

A Royal Reception

Members of the 85th Battalion, which presented the "Royal Reception" in the Primrose Monday night, received a reception in Bridgetown in the business section of the town decorated with by the presence of the members of the 85th Battalion. The reception was a very successful one and the members of the 85th Battalion were very pleased to be received in such a manner. The reception was a very successful one and the members of the 85th Battalion were very pleased to be received in such a manner.

Acadian: Dr. M. E. A. resigned his position of the staff of the hospital, where he had worked for several years and will leave for full time work in Wolfville.

Subscribe for the WEEKLY MONITOR

HARRY L. WEBBER

Will pay highest cash price for Fowl, Chicken, Rabbits, Beef, Pork, Butter and Eggs.

for Sale

Good Roots, Edwin, Gano, Black, Red, Wagner, King, Spy, and other varieties. WATTS Waterville, N. S.