

For Sluggish, Congested Liver and Biliousness.

Trained Nurse Advises Use Of Alkaline Salts, and Tells Why Ordinary Salines Fail.

By ALICE LANDELS, Certified Nurse.



Contrary to common belief such drastic purgatives as Epsom, Rochelle, or other "morning salts" and powders are generally used have practically no effect upon the liver. They produce a strong aperient action by passing straight through to the lower bowel immediately, and pushing out the important intestinal juices, thus storing up future trouble, as anyone who has tried them knows. When the saline water is not absorbed or assimilated by the stomach or intestines at all, it, of course, cannot reach the liver, and this accounts for so many of my patients saying ordinary salts proved worthless for their liver disorders. I do not advise the "pill habit" as a last resort, for, if a few small pills are given, they are enough to affect the entire contents of the intestines, they must be strong enough to produce an exceedingly harmful reaction.

BEFORE BABY COMES

Watchful Care Necessary

Lydia E. Pinkham's Vegetable Compound is a splendid medicine and should be taken by the expectant mother. It will assist her in keeping well and strong. This is very necessary, not only for her own comfort but for the future. Read the experience of Mrs. Barton of New Brunswick, and published recommending Lydia E. Pinkham's Vegetable Compound is genuine and unsolicited. They are expressions of gratitude from women. Cumberland Bay, N. B.—"I was troubled with weak feelings, headache, all the time, a cough, fainting spells and pains in my back and side. I could not do a single bit of work and had to be helped out to the hammock where I lay in the fresh air from morning until night and I had to be carried up and down stairs. After other medicines had failed a friend advised me to take Lydia E. Pinkham's Vegetable Compound as she said it was excellent for anyone in the family way. Before the first bottle was taken I could walk alone and as I kept on with it I got stronger, until I was able to do all my work. My baby is now six weeks old and is a big fat healthy fellow. I am sure Lydia E. Pinkham's Vegetable Compound has done wonders for me and I recommend it."—Mrs. MURRAY J. BARTON, R. R. No. 1, Cumberland Bay, N. B.

Even the Professional Shopper

will sometimes get left. By occasionally buying one cannot learn all the merits of merchandise that it has taken dealers many years to acquire.

Buying From A Reputable Establishment

is the safe, sane way for every one who desires Value and Satisfaction.

We have successfully supplied Reliable Footwear to London citizens for more than twenty years and guarantee Satisfaction with every pair.

Your Next Pair Here



tired feet

Feet that are tired and sore from long hours of standing soon become rested and refreshed by gently rubbing them with Absorbine, Jr.



ONE KILLED IN AUTO CRASH. REGINA, Sask., Aug. 3.—In an automobile collision which occurred at Willow Bunch, Sask., yesterday, Miss Fritz, of Willow Bunch, was killed and three children injured.

PASS TESTS OF LOWER SCHOOL

Pupils of St. Angela's College Stand High At Annual Examinations.

Results As Announced Show Credits Obtained by Each Student.

Results of the Lower School examinations held for the pupils of St. Angela's College, London, last June, were announced today. In the list each candidate is named with the subjects in which she was successful in passing.

The successful were: Teima Bardawill—Grammar, history, geography, physiology, arithmetic, art (honors), botany, zoology. Margaret Cook—Grammar, history, geography, physiology, art (honors), zoology.

Rita Doyle—Grammar (honors), history, geography, arithmetic, art (honors), botany, zoology.

Kathleen Durkin—Grammar (honors), history, geography, physiology, arithmetic (honors), art, botany, zoology.

Kathleen Frances—Grammar, history, geography, art, botany.

Antoinette Gilles—Grammar (honors), history, geography, physiology, arithmetic (honors), art, botany, zoology.

Audrey Harding—Grammar, history, geography, arithmetic (honors), art (honors), botany, zoology.

Frances Hayes—Grammar (honors), history, geography, physiology, arithmetic (honors), art, botany, zoology.

Anna Kinsella—Grammar, history, geography, arithmetic (honors), art (honors), botany, zoology.

Genevieve Lawless—History, geography, arithmetic (honors), art, Helen Long—History, geography, arithmetic, art, botany.

Mary McDougall—Grammar (honors), history, geography, physiology, arithmetic (honors), art (honors), botany (honors), zoology, (honors).

Mary McGinnis—Grammar, history, geography, arithmetic, art, botany, zoology (honors).

Geraldine McKeever—Grammar (honors), history, geography, physiology, arithmetic (honors), botany (honors), zoology.

Viola Mihm—Grammar (honors), history, geography, arithmetic, art, botany, zoology.

Margaret Moir—Grammar (honors), history, geography, physiology, arithmetic (honors), art, botany (honors), zoology (honors).

Margaret Moralee—Grammar (honors), history, geography, arithmetic, art (honors).

Winifred Reeves—Grammar (honors), history, geography, arithmetic, art (honors), botany, zoology.

Ruth White—History, geography, art, botany (honors), zoology.

Audrey Woolway—History, geography, art (honors), zoology.

Anna Beccera—Grammar (honors), history, geography (honors), botany.

May Blaye—Grammar.

Phyllis Boyce—Grammar.

Lenore Cookley—Grammar, geography (honors), botany.

Marjorie Cook—Grammar (honors), geography.

Marjorie Coyne—Grammar, history, geography (honors), botany (honors).

Angela Flaherty—Grammar (honors), history, geography (honors), botany (honors).

Angela Fordell—Grammar (honors), history, geography.

Thelma Harkitt—Grammar, history, geography (honors), botany.

Genevieve Kiley—Geography, botany.

Margaret Kinsella—Grammar, (honors), geography (honors), botany.

Mary Kunder—Grammar (honors), history, geography (honors).

Kathleen McIsaac—Grammar, botany.

Marie McNorgan—Grammar (honors), history, geography (honors), botany.

Eva Murphy—Grammar, geography (honors), botany.

Nancy Murphy—Geography.

Pauline O'Hara—Grammar, history, geography, botany.

Margaret O'Reilly—Grammar (honors), geography.

Madeline Orndorff—Grammar, history, geography (honors).

THE ONTARIO FURNITURE CO., WESTERN ONTARIO'S GREATEST HOME FURNISHERS. THE ONTARIO FURNITURE CO., WESTERN ONTARIO'S HOME FURNISHERS.

THE ONTARIO FURNITURE CO., WESTERN ONTARIO'S GREATEST HOME FURNISHERS. THE ONTARIO FURNITURE CO., WESTERN ONTARIO'S HOME FURNISHERS.

The Buying Public Was Simply Waiting for this Announcement

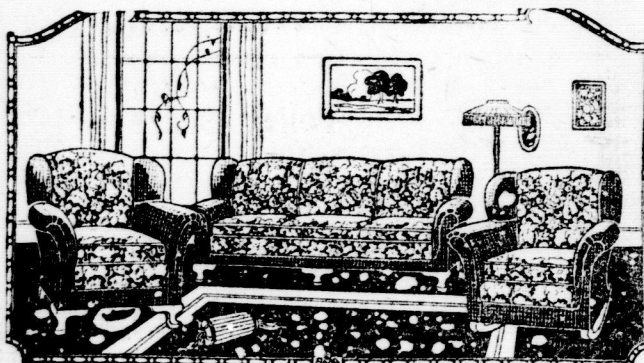
Rock Bottom Prices Prevail on Every Article of Furniture in Our Entire Stock



The Most Remarkable August Furniture Sale In Years!

HUNDREDS OF THOUSANDS OF DOLLARS' WORTH OF MAGNIFICENT HOME FURNISHINGS ARE INVOLVED IN THIS MONEY-SAVING EVENT

Tremendous values is the order of the day in every one of our house furnishing departments. These will be poured out throughout the month in a vast procession of daily sales, with prices that must be taken advantage of at once. We have put the knife deep into regular prices and offer you savings that no thrifty person can afford to miss. Furniture from the leading manufacturers, so advantageously purchased that the August prices are astounding. To-morrow, the fourth day of this money-saving sale, will find many exclusive for one day's selling brought forward to take the place of those that have been snapped up by eager shoppers during the first days. These prices will positively be cancelled on the last day of this month, so if you need anything listed here come in and pay a small deposit and let us hold it until wanted.



THIS LUXURIOUS LIVING-ROOM SUITE FOR \$179

Considered a splendid value at \$250.00.

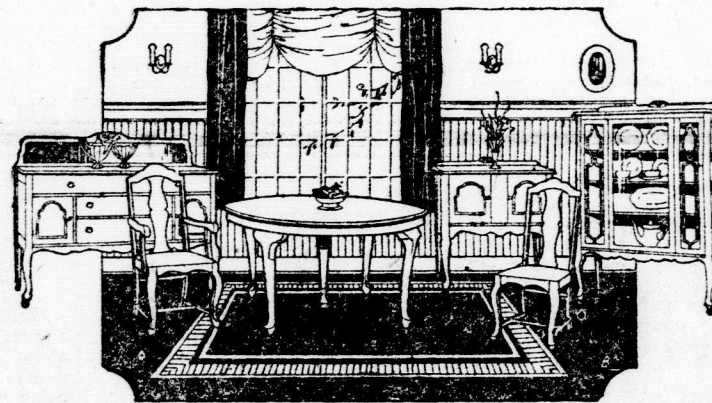
A very rare opportunity to secure a truly handsome set of furniture that you will be proud to own, and SAVE \$81.00.

Upholstered in real English tapestry, full spring construction, Marshall cushions, pillow arms. Here's the chance of many months.

EXTRA SPECIAL \$30.00 EXTENSION TABLES

Solid quarter-cut oak, 45-inch top, golden or fumed. Only a limited number to go at this price.

\$19



MAGNIFICENT DINING-ROOM SUITES AT SENSATIONAL PRICES

Such a vast array of Suites and separate pieces, with the dignified designs and careful construction that are demanded in dining-room furniture, and at low prices that make it very expedient to buy now, even should there be no immediate need.

\$350.00 SOLID BLACK WALNUT SUITES, in beautiful Queen Anne period, nine pieces. Marked to go at \$259

ALL RUGS REDUCED 20 TO 40 PER CENT.

\$40 Complete Simmons Bed Outfit for

Simmons Steel Bed, full size, with 2-inch posts; an all-steel Spring and genuine Simmons Felt Mattresses. All for \$29

THIS OUTFIT ON SALE TO-MORROW MORNING AT 9 O'CLOCK.

\$40 DINERS

Choice of golden or fumed oak, full box seats, upholstered in No. 1 Spanish leather. A real buy. \$32

\$28 CEDAR CHESTS Colonial design, beautiful finish, fitted with Yale lock. \$22

Brown Reed Tables 24-inch, glass top. To clear at \$12.95

\$8.50 COSTUMERS Solid oak. Choice of fumed or golden, fitted with heavy brass hooks. This is a real buy. \$5.50

\$22.50 SIMMONS STEEL BEDS—Walnut finish. For \$17.50

\$13.50 PURE WHITE FELT MATTRESSES—Imperial stitched edge; handles for turning. \$9.50

\$25.50 WALNUT FINISH DRESSER. Only one to go at \$18.50

\$50 IVORY CHIFFONIER. Only one to go at \$29

50 ONLY Rag Mats 99c

\$7.50 Walnut Bedroom Rockers or Chairs \$4.50

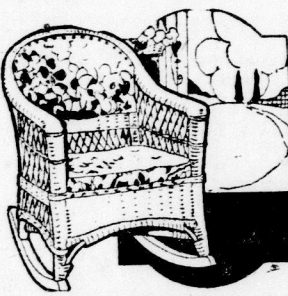
Only four to be sold.

EXTRA SPECIAL!

\$17 Reed Rockers

Marked for rush sale at

\$10.95



These are beautiful, spring seats, upholstered in imported cretonne. Be here early for this snap.

DRAPERIES ONE-THIRD OFF.

All our new 1922 Draperies are marked for quick clearance this month. You can save 25 per cent. on your fall Curtains by buying now. Our stock was never more complete.

9 o'Clock Special

\$4 BEDSPREAD \$2.59

7-Piece Living-Room Suite

Consisting of two Rockers, two Chairs, Taborette, Book Rack. Complete set goes for

\$39

Ontario Furniture Co., Ltd.

228-230 DUNDAS STREET. LONDON'S LARGEST HOME FURNISHERS.

3-Piece \$85 Walnut Living-Room Suite

Consisting of Chair, Settee and Rocker, upholstered in imported tapestry.

\$55

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