

A Land Where Water is Plentiful and is Freely Used—A Race With Many Fine Qualities.

The farmers of Holland are very fond of their sleek black and white cows, and on some of the farms family and cattle live under the same roof. The single partition between the stable part of the building and the living rooms does not prevent an unmistakable odor from making itself known. Farmhouses are even to be

Gin Pills Passed the Stone

JOHN HERMAN.
You don't have to buy Ginn Pills to test them. Simply write The National Drug and Chemical Company, Department G, Toronto, and a free sample will be sent you by return mail. When you have used the sample and feel that you have to have the remedy, that will do you good—then buy a box of Ginn Pills at your dealer's—50 cents a box, six for \$3.50. Remember, please, that Ginn Pills are sold on a positive guarantee of a cure or your money back. And this guarantee is backed by the largest wholesale drug house in Canada who will stand your money refunded.

IS IT A LOVE

Ellen Tighe Hopkins Doesn't Think So—The World is Lovely Far From the Mad-ding Crowd Only.

husband who struck the brutal blow.
 Every day the gear round and the cen-
 tury round this "lovely" world teems
 with such incidents as these, and with-
 out even greater sorrows and sufferings.
 Whilst "delightful" London teems with
 big, handsome hospitals (of which we
 have a few) and the "lovely" world is cov-
 ered to the roof with piteous sufferers
 who are the victims, not of God, but
 of their fellow-creatures, or of their
 own shortcomings. A lovely world,
 my masters, truly!
 That this earth is lovely—far from
 the madding crowd—I grant freely;
 but this world—kingdom of a prince
 or a pope—this world of selfishness
 and of a heartless, un-
 understanding heart a world of selfish-



SER/
FR
SHAKES

girth and mighty of limb, that excites enthusiasm. In the animal kingdom

He has power to be an engine of destruction; instead he is a willing helper of men.

The passage:

O, it is excellent
To have a giant's strength; but it is
Tyranny to use it.

To use it like a giant,

is used in "Measure for Measure" not concerning physical strength, but regarding the exercise of vested power. A pleader is in the presence of a stern judge whose unrelenting attitude calls forth the words. He will not pardon the man who has crushed out the man in his heart. Such a being

ELY WORLD?

gality on the one hand, the greater on the other is the labor and the drudgery and the suffering. The thoughtful brain does not trouble about this; it is all in "the scheme of things!" But to the thoughtful heart it is an unceasing ache that precludes any sense of peace or contentment in the wealth-ridden cities. Can any but the young—and the unseeing—be pleased with the superficial prettiness of the poised and demure and poppy. With the superficial gaze behind which—and very close behind—is the hungry cry of little children, of over-burdened women, of overworked men, and of ill-paid animals? A truly "lovely" world, my masters.

MON
OM
SPEARE

is true of both nations and individuals. Take the example of Spain. Of her,

White races are now realizing that they have a duty towards the weaker races. Napoleon was a simple example of an individual with a giant's power, made a tyrannous use of his power, and his name is for the most part abhorred. The same thing is being done to the "scavenger of Europe." His sin found him out, and he perished a miserable exile on a lone Atlantic island.

There are many men who through their wealth have a giant's strength. In the twentieth century crowned kings are shorn of their power; in their stead kings of finance rule the destinies of the nations. The Roths

**JUST HOW LONG
WILL YOU LIVE?**

The average man of 40 has 8 3-8 chances to 1 of reaching his 50th birthday, 2 7-8 chances to 1 of attaining 60, only 5 chances out of 10 of reaching 70, 1 chance in 5 3-8 of reaching 80, and 1 chance in 100 of becoming 90.

Having been lucky in all the drawings up to 50 years, the average man has 4 7-8 chances to 1 of becoming 60, to become 70 the chances are 1 1-4 to 1 in his favor; to become 80 he has but 1 chance in 5, and to become 90, 1 chance in 100.

A CURIOUS WORD.

One might guess forever as to the origin of the word "regatta" and never get anywhere near it, without some knowledge both of Italian and the wonderful ways of words in all languages. It was at one time a word which specialized its meaning to "boat race." Before that it had signified a strife or contention for mastery of any kind. And "regatta" in that earlier sense came from the Italian *regata*, which is sold by retail, to baggle as a huckster does—or perhaps, by derivation, to buy and sell again, which at last looks very like the English "regatta," to buy and resell, or to haggle in the market. However that may be, there is no doubt about the astonishing affiliation of the name of today's amateur festival at Henley to the commonest professional bickering of the market. Exchange.

Recent experiences demonstrate that in the matter of transportation it is not wise to despise the old things utterly with the advent of the new, for necessity may impel us to return to the methods neglected, if not discarded. The canal

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*of the
Heart.*

One of the first danger signals that announces something wrong with the heart is the irregular or violent throb. Often there is only a fluttering sensation, or "all gone" sinking feeling; or, again there may be a most violent beating, with flushings of the skin, and visible pulsations of the arteries.

There may also be experienced a smothering sensation, gasping for breath, and feeling as though about to die.

In all such cases the action of Milburn's Heart and Nerve Pills in quieting the heart and restoring it to its normal beating is, beyond all question marvellous, and

Mrs. Martha Mason, Marlbank, Ont., writes:—'Just a few lines to let you know what Milburn's Heart and Nerve Pills have done for me. I have been troubled with weakness and palpitation of the heart, would have severe choking spells and could scarcely lie down at all. I tried many remedies but got none to answer my case like your pills did. I can recommend them highly to all with heart or nerve trouble.'

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Suppose you are baking in oven by circulating heat (the usual method) and want to use direct heat. Simply do this: Open the slide in the oven bottom. This exposes the oven burners and brings the flames directly under your pans. This is only one of the several new features you'll find on McClary Gas Ranges this year. Go to our nearest agency and see the white enamelled broiler and drip pans, the spring balanced oven and broiler doors, Anti-Rust linings and other new features.

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lowpath, which becomes a stock subject for jost, has been ennobled by the Suez and Panama undertakings, and in the present day of traffic complications is fast coming into its own. New York State has rehabilitated its old Erie waterway, and now three states of the middle west are jointly planning for a canal across country from Toledo to Chicago, eliminating a long haul around the northern sweep of the lakes.

The steam locomotive proves to have been extremely premature with its threat to relegate the canal to complete oblivion. Poky though that humble highway of traffic may be, the possibilities of its usefulness have only just begun to be discerned. Toledo and Chicago and the places between have extensive railroad facilities, and the proposed canal will cost a prodigious sum, but the need for additional means of transportation indicates that there is no limit to the trade of the country, nor to the value of a mode of commerce that not long ago seemed outdistanced and exhausted.—Omaha Bee.

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