"Probably no single drug is employed in nervous discod-liver oil."

an eminent medical teacher. Another says: "The hypophosphites are generally parents' grave and prayed. acknowledged as valuable

nerve tonics." Both these remedies are combined in Scott's Emulsion. Therefore, take it for nervousness, neuralgia, saw. But he didn't care to think some reasonable excuse for remaining sciatica, insomnia and brain long about the past; he was too exhaustion.

50c. and \$1.00, all druggists.
SCOTT & BOWNE, Chemists, Toronto.

THE WHITE MAN'S BURDEN

(Kipling's Latest Poem.) Take up the White Man's burden-Send forth the best ye breed-Go. bind your sons to exile To serve your captives' need; To wait, in heavy harness, On fluttered folk and wild-Your new-caught sullen peoples, Half devil and half child

Take up the White Man's burden-In patience to abide. To weil the threat of terror And check the show of pride; By open speech and simple, A hundred times made plain, To seek another's profit

And work another's gain. Take up the White Man's burden The savage wars of peace-Fill full the mouth of Famine, And bid the sickness cease; And when your goal is nearest (The end for others sought) Watch sloth and heathen folly

Bring all your hopes to nought. Take up the White Man's burden-No iron rule of kings, But toil of surf and sweeper-The tale of common things. The ports ve shall not enter. The roads ye shall not tread, Go, make them with your living And mark them with your dead

Take up the White Man's burden, And reap his old reward-The blame of those ye better The hate of those ye guard-The cry of hosts ye humour (Ah, slowly !) toward the light :-"Why brought ye us from bondage, Our loved Egyptian night?"

Take up the White Man's burden-Ve dare not stoop to less-Nor call too loud on Freedom To cloke your weariness. By all ye will or whisper, By all ye leave or do, The silent sullen peoples Shall weigh your God and you,

Take up the White Man's burden ! Have done with childish days-The lightly proffered laurel, The easy ungrudged praise Through all the thankless years, Cold, edged with dear-bought wisdom,

The judgment of your peers. -Rudyard Kipling, in McClure's Maga

Prepare for Spring.

Don't let this season overtake you before you have attended to the important duty of purifying your blood with Hood's Sarsaparilla. By taking this medicine now you may save sickness that will mean time and money as well as suffering later on. Hood's Sarsaparilla will give you rich, red blood, good appetite, good digestion and a sound, healthy body. It is the greatest and best spring medicine because it is the One True

Blood Purifier. It's unequalled re-cord of maryellous cures has won for it the confidence of the whole people.

The Doctor's Compromise

[SACRED HEART REVIEW.]

Presently bells began to ring and people were passing by on their way to find Mrs. Sayton. Why had he had promised to devote himself to to church. Father Ryan's letter bad come from Father Berkely, he re flected. Father Berkely had been parish priest when his father lived, and his father's friend. It would do him good to see the kind old priest now, so he decided to join the crowd of church-goers that filled the street, The little church had not changed much, but the faces were strange ones. Mass was almost a forgotten fact with bim, and he determined to stay in the rear of the church that he might better see the face of he might better see the face of Father Berkely and try to tell who yes, one charges greatly in so many back to New York," Doctor Felton years. And may I ask who this laughing'y said. "But you were were present as the congregation came out at the end of the services. He remained in his seat as the people filed out after Mass, and it gladdened him when he found himself able to recall many faces. And as when Mary herself, unable to underhe studied the passing congregation stand these exclamations and remarks he felt himself absorbed in a tall begged to know what it all meant, beautiful girl who came down the and when she was informed by her the Diecese of Meath was held in aisle alone. Those blue eyes he mother that this was the man whose Mullingar recently under the presi could not forget. It was the girl skill had saved her life, she thanked dency of His Eminence Cardinal whom he had attended.

He left the church and watched repaid for all that he had done. her as she came up to some friends But the little girl who used to be his she was saying.

that direction. He stood over his Weeks skipped quietly away, and bour, N.S. father's and mother's grave full of the doctor was enjoying bimself melancholy thoughts. Had be been gloriously. It was pleasant to men HOOD'S PILLS cure all liver ills.

What his mother would have so loved old friends, especially since they Lowell, Mass.

than it had been for many a day, the city. When summer drew to a How foolish he had been, how spe- close, however, he was confronted with to us his reasoning, he now clearly the necessity of returning or finding

speak to the people that lived there, as it was for sale. When he came to the part of the "Oh, won't that be nice!" she ex- you write him. It was as of old. As he climbed the to do with it?" neath. And as he came near he or's hall." saw between the roadside and the

ing out of church! He had passed ties of that." Mrs. Sayton's, where everything was "Oh, I see you haven't got over would call there later; and so he consequences." went up the road to where he was

same oldfashioned garden, not neat gotten it." and well kept, to be sure, but the hollyhocks and poppies and dahlias, attended you." were there just as they had been in lived on the premises must be shift- mind. Nevertheless, what was it? less, he thought, as his eyes fell on I am curious to learn. people might be at church. Then faith."

vacant. Entering, he went from since my words did so much for yo room to room, picturing to himself it is easy enough to say them again." how they had been long ago. In his It was the prettiest wedding that

pacient's name, he asked himself. by scientific means. But they were coming towards the ly to meet them he saw before him early recollections." the distracted mother of several

weeks before.

to inquire for Mrs. Sayton. me?"
"What I you Mrs. Sayton! Ob, "Ah, Father, you can't take me young lady is?"

"Why, this is my daughter." "What'! Mary ?" escaped his lips. The mother was about to answer.

neighbor-she of course was a young "But you," returned he, "have as follows; Right Rev. Mgr Gaff-. lady now - he hadn't seen any done me a greater favor, for you ney, P. P., Clara, 29; Most Rev. Dr. one who resembled her. His in- bave brought me back to my faith." Higgins, Assistant Bishop of Sydney, terest, however, was now centred And he told them his whole story so in the young lady whom he had well that Mrs. Sayton's eyes grew a Kells, 7; Rev. Michael Deoley, Prewatched come down the aisle. O little misty. To think that this bril sident Navan Seminary, T. course be would like to visit his one. liant young man was the little fellow time playmate, and talk over their who had lived next door, Mary's early pranks. It would be pleasant, playmate and her dearest friend's

to see him, a good ma: ? Would his were both proud and delighted with father feel proud of him we: e be now his achievements. And Mary was alive? There came back to him the same cheerful, jully girl he had eases with effects so mark- those words heard in delirium, "I played with fifteen years ago, although edly beneficial as those of know you'll be a good man, and have no one could be more stately and digthe priest say to yeu, as Father nified when the occasion required. These are the words of Betkely says of your factor, that he He was not allowed to give up his s a Christian Catholie gentleman." medical work entirely, as she pressed They rang through his head, and he bim into the service of charity, and dropped to his knees there ou his even Mrs. Malone's "always ailin" complaint was relieved. So he pro-Father Ryan's rationalistic young longed his stay several weeks, putting friend was converted. As he le't off his departure notwithstanding the the churchyard his heart was lighter letters that requested his presence in

> This was the state of affairs that much absorbed in the present for troubled him as he came down the that. He directed his steps to that road towards Mrs. Sayton's house one part of the town where his home had afternoon. To go away meant a great been. He could see the hills beyond, deal now, for he had come to appreand between the greening trees ciate the life of this quaint, half rural glimpses of houses came to him. He half-urban town, and he certainly wondered if his father's home re. would miss the pleasure of meeting mained the same; if there remained Mary every day. As he opened the MISCELLANEOUS. there now any of the pretty vines gate and saw her on the veranda readhis mother's care had reared. But ing, he quickly determined that the what if it were so, what pleasure latter could not be. He had confided could be now derive from it? almost everything to her lately, and as Ave., Toronto, bridge contractor, Strangers owned the place. But he he took a seat near her he spoke of an was cured by Milburn's Rheumatic wanted to see it all, and at least intention of buying his father's house, which laid him up in bed for weeks.

town in which he was born, he was claimed in surprise. "You can fix up delighted to see that the distorting the place and make it as pretty as i finger of change had not touched it. once was. But what are you going

billside the first that came into view The doctor had not calculated upwas the home of Mrs. Sayton. on such a question, and so was Dysentery may attack you, so always There were the old buttonball trees nonplussed. "Well," he ventured, be prepared to check them at once by he and Mary had so long played be- "I might use it for-er-er-bachel having on hand Dr. Fowler's Extract

"But what good would that do fence a little cluster of the sweet- you, since you must soon go back to william. How well he remembered New York?" she mercilessly pursued. the watch he and Mary kept on that "What would you say if I give up S., writes: "I have taken B.B.B. sweet-william, and her triumph living in New York?" There are every spring now for some years, to when she first discovered it in blosom! If Mary could only be the for money, I have enough; and am. do not know of its equal anywhere. girl he had seen that morning com. bition-well, there are several quali-

almost as he recalled it fifteen years that bad habit you had, when a boy, ago, and had seen no one. But he of doing what you please regardless of MESSES. C.C. RICHARDS & Co., "I wish you had the habit of talk-

"And you said it again that night I was completely cured and able to return

"Ob, it is hardly fair for you to rehis mother's time. The people who member what I said while out of my

vestiges of decay. The walk was "You were speaking of me, and rotting, and some of the window you said-well, yes-and," overcompanes were missing from the house. ing his confusion, " you said, 'I love for thirty days makes a complete cure He went up and knecked at a door you.' Won't you say it again, Mary? of biliousness and constipation. That that opened where his father's li- If you only knew how your words is just 25 cents to be cured. Im. brary used to be. No one came to changed my life! For after that open it, and after waiting a long night I was a different man, and fin-

he turned the knob, and to his sur. It was a sweet blush that suffused prise the door opened, showing him her face, and an arch look lighted up Minard's Liniment for sale an empty room. The house was her eyes as she softly answered, "Well,

own room he stood long by a window the little church had long witnessed. overlooking Mrs. Sayton's house. There were pleased friends and the As he turned to leave this some one loveliest flowers, and I am told that entering the gate caught his eye. the happiest one present was Father The girl I saw in church this morn- Berkely himself, whose face was raing!" be anconsciously exclaimed. diant as he joined his dear children Coming to see Mary, I suppose, in marriage, At the wedding breakmight as well go in also and see my fast afterwards Father Ryan, who had old friends" In his haste to reach of course come up to see his friend's the house he had not reflected how happiness, announced that there was he would introduce himself. He was a promise to which he felt bound to admitted by the young lady whom hold the doctor. "What is it?" he had seen opening the gate. She several asked. The young curate brought him into a well-remembered then told how they used to discuss sitting-room, and at his request went religious matters, and how the doctor not taken pains to ascertain his his poor if converted otherwise than

"And you will all admit his con room, and as he lifted his eyes eager- version was due to the influence of

"You are not altogether right, how ever, Father," said the bride, coming "The doctor!" she cried in aston- to the rescue, "for how would the doctor have heard those words of He was quite as much disturbed mine which so affected him were at sight of her, but collected himself not for his scientific operation upon

right, and I was right, so let's call it a

compromise." "A happy compromise," said the wedding guests .- Catholic Hom

A meeting of the parish priests of him so sincerely that he felt amply Logue for the purpose of selecting "Doctor, you saved my life, and I Holy See for the appointment of the and went off chatting with them. can never feel sufficiently grateful," successor to the late Most Rev. Dr. Nulty. The result of the ballot wa

WHAT SHE BELIEVES.

but not just the same as he had imsegined it during the last several weeks.

The churchyard was but a short male was been the churchyard was but a short walk away, and he bent his steps in

Sores Healed.

Nothing like B.B.B. for healing sores and ulcers, no matter how large or how chronic they may be. B. B. applied externally and taken internally according to directions will soon effect a cure. It sends rich, pure blood to the part, so that healthy flesh soon takes the place of the decaying tissue.

"I had been troubled with sore fingers and sore toes around the nails. The salve I was using did not help me and I was getting worse. I was advised to try Burdock Blood Bitters, and after using nearly two bottles my sores were all healed up. I Burdock consider B.B.B. a wonderful blood Blood purifier." ENOCH Blood G. HORST, Bloom-

ingdale, Ont.

WRITE THIS MAN. Mr. J. J. Markle, 257 Lansdowne He will tell you all about his cure if

Minards Liniment Relieves Neuralgia.

You don't know when Diarrhea or

Mrs Aggie Barnes, Lunenburg. N.

went up the road to where he was born.

"I wish you had the habit of talking to that boy you had when a little ing to that boy you had when a little girl. Do you remember what you said to me on that day after my fathered as of old. There was the same oldfashioned garden not next gotten it."

"I wish you had the habit of talking in the lumber woods, had a tree fall on him, crushing him fearfully. He was when found, placed on a sled, and taken home, where grave fears were enterunined for his recovery, his hips being bad, by bruised and his body turned black from his ribs to his feet. We used MINARD'S LINIMENT on him freely to deaden the pain and with the use of three battles he pain, and with the use of three bottles he

Elgin Road, L'Islet Co., Quo.

One Laxa-Liver Pill every night

Hagyard's Yellow Oil cures sprains, while it occurred to him that the ally they brought me back to my chilblains, stings of insects, burns, bruises, sores, wounds, cuts, frostbites, scalds, contusions, etc. Price 25c.

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Backache and Kidney trouble make a Halifax lady's life miserable.

DOAN'S KIDNEY PILLS CURED HER. It would be well if every lady in Canada understood that pain in the back and backache were nothing more nor less than a cry of the disordered kidneys for help. Hundreds of ladies have found Doan's Kidney Pills a blessing, giving them relief from all their suffering and sickness.

Among those who prize them highly is Mrs. Stephen Stanley, 8 Cornwallis St., Halifax, N.S. She says that she was troubled with a weakness and pain across the small of her back, which was so intense at times that she could hardly stoop.

Hearing of Doan's Kidney Pills she got a box, and is thankful to say that they completely removed the pains from her back and gave tone and vigor to her entire system. Mrs. Stanley also added that her husband had suffered from kidney derangement, but one box of Doan's Kidney Pills completely cured him.

No one afflicted with Backache, Lame Back, heumatism, Bright's Disease, Diabetes, Propsy, Gravel, or any kidney or urinary rouble need despair. Doan's Kidney Pills ure every time—cure when every other cure every time—cure when every older remedy halls. Price soc a box, or 3 for \$1 25, at all druggists. The Doan Kidney Pill Co., Teronto, Ont.



seem to need special care and strengthening. Such should take DR. WOOD'S

NORWAY PINE SYRUP. It so heals and invigorates the Lungs and Bronchial Tubes as to render them capable of resisting

"I was troubled for years with weak lungs," says E. J. Furling, Lower Woodstock, N. B., "and could not get any relief, but on trying Dr. Wood's Norway Pine Syrup, it acted splendidly, healing and strengthening my lungs." Price 25 and 50c. at all dealers.

MISCELLANEOUS.

No trouble getting the children to ake Dr. Low's Pleasant Worm Syrup It always does its work effectually without any cathartic to be given af terwards. Price 25%.

FAINT AND DIZZY SPELLS Are exceedingly dangerous. Better take a few boxes of Milburn's Heart and Nerve Pills and cure them before they become too serious. Mrs. Geo. Nash, 183 Colborne St., London, Ont., says she had frequent attacks of dizziness, but these pills cured her completely. 5oc. a box.

and take no other.

DR. LOW'S WORM SYRUP is safe, sure and reliable worm expeller. Acts equally well on children or adults. Be sure you get Low's.

Milburn's Sterling Headache Powders cure the worst headache in from five to twenty minutes, and leave no bad after-effects. One powder 5c, 3 powders 10c., 10 powders 25c .- 1m.

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You always think of a pretty baby as lump and chubby. Scott's Emulsion just enough for the dimples to come.

Minard's Liniment Cures

The Heart and Nerves are Often Affected and Cause Prostration of the

A Kingston Lady Testifies to Her Experience in the Use of Milburn's Heart and Nerve Pills.

People who suffer from any disease or disorder of the heart nervous system, such as Palpitation, Skip Beats, Smothering or Sinking Sensations, Sleeplessness, Weakness, Pain in the Head, etc., cannot afford to waste time trying various remedies, which have nothing more to back up their claims than the bold assertions of their proprietors.

These diseases are too serious to permit of your experimenting with untried

mit of your experimenting with untried remedies. When you buy Milburn's Heart and Nerve Pills, you know you have behind them the testimony of thousands of Canadians who have been cured

have behind them the testimony of thousands of Canadians who have been cured by their use. One of these is Mrs. A. W. Irish, 92 Queen Street, Kingston, Ont., who writes as follows:

"I have suffered for some years with a smothering sensation caused by heart disease. The severity of the paina in my heart caused me much suffering. I was also very nervous, and my whole system was run down and debilitated.

"Hearing of Milburn's Heart and Nerve Pills being a specific for these troubles, I thought I would try them, and therefore got a box at McLeod's Drug Store.

"They afforded me great relief, having toned up my system and removed the distressing symptoms from which I suffered. I can heartily recommend these wonderful pills to all sufferers from heart trouble."

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GOOD MUSIC, such as can be produced on our

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