It Is a National Suty That All Should SAVE

Decide how much you can afford to put away every pay day. Having determined the amount you can save, resolve that that amount shall be taken FIRST from your pay and deposited,

Openan account next pay day in

The Royal Bank of Canada

Capital and Reserve.....\$ 35,000,000 Total Resources......\$504,000,000 625 Branches

BEST DELIVERY

BAGGAGE TRANSFER. MOVING Auto Service at all hours. Office: 18 Queen Street.

DR. J. G. SUTHERLAND

After three years overseas has resumed practice in diseases of the eye ear, nose and throat and presscribing of glasses. Office hours 9 to 11 a.m. 1.30 to 4 p.m. and 7 to 8 p.m. Tuesdays 7 to 8 p.m. Sundays

DOMINION

At the Forty-Ninth Annual General Meeting of the Shareholders of The Dominion Bank, held at the Head Office, in Toronto, on 28th January, 1920, the following statement of the affairs of the Bank as on the 31st December, 1919, was submitted:

GENERAL STATEMENT

LIADILITIE	2
Capital Stock paid in	KC155
Reserve Fund	5
Balance of Profit and Loss Account	
Dividend No. 149, payable 2nd Jan-	
Bonus, one per cent., payable 2nd	

7,000,000 00 495,707 05 180,000 00

> 129,765,123 77 \$143,504,919/82

1.170.382 54

1.988.043 33

8,790,080 39

1,996,115 44

9.352.534 25

4.698,984 25

74,566 85

5,407,180 30

- \$70,075,379 55

3.857 96

Deposits bearing in-terest, including interest accrued to 74,325,657 59 111,414,057 55

Balances due to other Banks in Balances due to Banks and Banking Correspondents elsewhere than in

Total Public Liabilities.....

ASSETS Deposit with Central Gold Reserves otes of other Banks..... Cheques on other Banks ... Balances due by other Banks in Correspondents elsewhere than in Canada

\$31,903,139 60-Dominion and Provincial Government Securities, not exceeding market value

Canadian Municipal Securities, and
British, Foreign and Colonial
Public Securities other than Canadian, not exceeding market value
Railway and other Bonds, Deben-13,334,525.62

days) Loans elsewhere than in Ganada Other Current Loans and Discounts in Canada (less rebate of in-

ters of Credit, as per contra..... Real Estate other than Bank Premises Overdue Debts, (estimated loss pro-

less amounts written off......

Deposit with the Minister of Finance for the purposes of the Circulation Mortgages on Real Estate sold.....

AQUAT 1 131 ARE 101 J. 4143.504,919 82 E. B. OSLER, President. C. A. BOGERT, General Monage

the Bank.

In addition to the examinations mentioned, the cash and securities at the Chief Office and certain of the principal Branches were checked and weighted by us at another time during the year and found to be in accord with the books of the Bank.

All information

of the Bank which have come under our notice have, in our n within the powers of the Bank.

R. J. DILWORTH of Clarkson, Gordon & Dilworth, C.A. Toronto, January 20th, 1920.

Trace Relatives

Nation-Wide Search For Jew. coln, Contractor, Insolvent. ish Bread-Winners to Start NOTICE is hereby given that the in Canada.

Search for Jewish breadwinners in this country whose families in Poltrack of them as a result of the war time interruption of communication soon will begin on a nationwide scale A list containing the names and last his creditors.

A meeting of creditors will be held in the ients abroad have moved several times during the war, and have been other. The result is that fathers, husbands, sons and brothers in Canada have been fratically striving to send proofs and particulars as required by funds to their families in Europe, the said Act, on or before the day of while these unfortunates have for such meeting. failed them. Thousands of these peoole in Poland, Lithuania, and nearby fort on a large scale to reunite these broken family ties is designed to lesden the drain upon these relief funds and to place the financial burden of supporting these people upon their long lost, but willing enough breadwinners in Canada.

WINNIPEG KIDDIES

There will be a strange school in St. Catharines when the original Winnipeg Kiddies arrive for their engagement at the Grand for three days commencing Monday.

The school will be conducted in the parlor of a local hotel, and will be ahead than their classmates, and they on stricter lines than any classroom passed their exams easily. n our public schools. Every one of the eleven pupils will be stage stars:

school begins. Their teacher says self-reliance. They see people, meet there are no more industrious child- people; see places, visit factories; ren in any school-they are vtritable learn how things are made, and learn gluttons for learning. Their travels to converse as though they were ver this continent hove sharpened their wits and they imbibe knowledge

As for their stage work-that is their recreation, just as children play thed being followed by the women quarrels destroy happiness, so they adults who accompany them,

EMPLOYERS

technical men and women.

referred to you, for example :--

BUSINESS EXECUTIVES

been specially trained.

ENGINEERS

ARCHITECTS

ACCOUNTANTS

SECRETARIES

TEACHERS

capacity for work.

THE

EMPLOYMENT SERVICE

OF CANADA

The PROFESSIONAL and BUSINESS SECTION

Many officers, soldiers, sailors and war workers, who

Employers should not wait until increasing business

CHEMISTS

These workers are returning to civil occupations with

increased initiative, a broader view of life, and a greater

EMPLOYERS

Please state your requirements to the nearest office of the

EMPLOYMENT SERVICE OF CANADA

PROFESSIONAL AND BUSINESS SECTION

In each office the INFORMATION AND SERVICE BRANCH DEPARTMENT OF SOLDIERS' CIVIL RE ESTABLISHMENT

re-establishment of the returned soldier.

representative to render special service in the

Tel. No. M. 3501

COMMERCIAL ARTISTS

TRAVELLING SALESMEN

YOUNG COLLEGE GRADUATES

has been established to assist professional, business and

sacrificed their positions during the war, now desire to

secure employment in the occupations for which they have

forces them to employ anybody they can obtain, but should

look ahead and avail themselves of this unusual opportunity

to enlist the services of highly trained workers, ordinarily

secured only with difficulty. On application there can be

Notice to Creditors IN THE MATTER of the Estate of

St. Catharines in the County of Lin-

above named Howard Hodgkins, carrying on the business of a contractor, in the said city of St. Catharines, has made an assignment under the R.S.O. and and adjacent countries have lost 1914 chapter 134, of all his estate, credits and effects to Henry O'Loughlin of the city of St. Catharines in the County of Lincoln, sheriff of the said County, for the general benefit of

such people will soon be published. at the office of the Assignee in the In many instances both the bread Court House in the city of St. Cathwinner on this side and the depen- arines on Friday the thirteenth day of February 1920 at the hour of two o'clock in the a Ternoon, to receive a statement of affairs, to appoint inmable to communicate with one an- spectors and for the ordering of the

years been destitute and unable to And notice is further given that inderstand why their supporters have after the thirteenth day of February 1920 the Assignee will proceed to amongst the persons entitled thereto countries have been kept alive for having regard only to the claims of many months by Relief Committee's which notice shall then have been funds and supplies. The present ef- given, and that he will not be liable for the assets or any claims he shall not then have had notice. Dated at St.Catharines this second

lay of February 1920. JAMES A. KEYES, Solicitor for the Assignee

Feb. 2-5-7-10.

during recess. They have learned that never quarrel. They are just one happy family. Do they get enough schooling when travelling about the country? Well, after their last American tour, they discovered when hey went back to the public schools in Winnipeg that they all were further

Outside of school hours thty learn many things-a knowledge of geothe Winnipeg Kiddies themselves. graphy at first hand; deportment in Just as soon as breakfast is over, public places; self-confidence and adults. And yet they attain their childish charm and simplicity.

How is it done? It's all in their handling-a carefully prescribed me-

DOCTOR WARD, The Specialis

BACKACHE, LUMBAGO, RHEUMMATISM, STOMACH AND LIVER TROUBLES, ACNE, SKIN BACKACHE, LUMBAGO, RHEUMBIATISH, STORIES, PILES, FISTULA AND BLOOD CONDITION OF THE PROPERTY O PASES, CAT/IRRH, ASTRIA, INCOME experience in treating diseases just like yours is of much he to you and assures the ailing man of prompt relief. When a man knows that he is again feeling is rid of his ailment—he feels that a heavy load has been lifted from his shoulders, I give eve he is rid of his aliment—he leels what a hour, the long experience of a graduated, licensed and real the benefit of the knowledge acquired through the long experience of a graduated, licensed and real ed specialist, in order to bring about the most satisfactory results in the shortest possible time

NERVE EXHAUSTION A CONDITION AFFECTING MANY MEN-THE GREAT AM-ERICAN DISEASE - IT IS PROUGHT ON BY OUR MAN-NER OF LIVING-OUR WORRY AND HURRY - AMERI-CANS EXHAUST MORE NERVOUS ENERGY THAN ANY

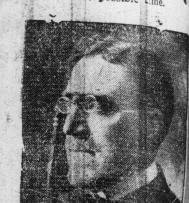
OTHER RACE OF PEOPLE.

There are a great many men who need treatment for their ervous system. These men do not know what is the reason they don't feel right—why they can't work like they used to—why they tire so easily and why they are irritable, nervous, despondent, weak, pale and lack ambition. These conditions require the expert knowledge and treatment of a specialist who has had many years' experience in just such ailments. A specialist learns by experience to know just the right treatment at the right time so that the patient can be dismissed at the earliest possible time. Men affected with nervous exhaus ion have no endurance-no ambition -everything they attempt is an effort. Life to them appears as a long, gloomy future. Their ap betite is poor and variable—they become irritable, cross and discouraged. They have pans and aches in various parts of the body and, there is often indigestion and pains in the stomach. Sleeple se, wakeful and restless nights fol-

RHEUMATTO AILMENTS

SCIATICA AND OTHER FORMS OF RHEUMATISM, LUMBA-GO, PAINS IN BACK, S WELLING, ACRING, PAINFUL CONDITIONS IN ANY PART OF THE BODY-INFLAMED AND SWOLLEN JOINTS OF LEGS AND ARMS - MANY OTHER SYMPTOMS.

Hundreds of men are suffering with some form of Rheumatism. Many of these men go from day to day suffering untold agonies thinking they cannot be cared. They have tried liniments, rubbing, massage, salts and other treatments without experiencing any relief, and they are now going through life thinking they are martyrs to that burden cailed Rheumatism. If these men could only know how easy it is to get rid of many rheumatic conditions I know they would not suffer another single day. Then all sufferers of rheumatism would be strong and healthy if they could get rid of the condition. Rhou matic patients are nearly all strong and robust before being attached by this ailment, and therefore it is so hard for the man to understand why he should suffer the agonies of such a condition. When a man gets rid of such a condition he feels that a heavy burden has been lifted from his life, and he starts right out to make up for lost time both in money and pleasure. When a man comes to my office suffering with the above condition he is given a most careful examination, and he is given treatment that he feels is giving him great benefit.



OFFICE HOURS:

Mondays, Wednesdays at Saturdays-9 a, m, to 9 n Tuesdays, Thursdays Fridays - 9 a. m. to 6 p. m. Sunday Hours - 10 a.m.

1 p. m.-. CONSULTATION EXAMINATION FREE

79 Niagara Square COR. NIAGARASTREE

Opposite McKinley Monument

BUFFALO, N.Y.

Quick and Lasting Results Assured the Ailing Man

YOUR WHOLE HEALTH OF BODY AND MIND DEPENDS ON YOUR BLOOD. IN building process" of the body and mind, of the muscle and tissue fermations, of any of the various in organs, can be accomplished only by working direct through the blood stream. Treatment Without Operations

DR. WAR

Dr. Ward Buffalo's Leading and Mest Succes sful Specialist 79 Niagara Sq., Tuffele, N. Y



Thick, Tender Savory M

chops-the kind, you know make your guests praise you itality, your cooking, your ente nent. Why not this kind of me erior meats? We want you meats. A sirloin or porter eak, a roast, chops from the

H. SHELL MEATS AND PROVISION KE ST. AND CHAPLIN

S. KILLMER, DD.S., Dentist Office-65 St Paul St Catharines. Phone 16. Res 22 Welland Avenue.

CARPET CLEANING NOW IS THE TIME TO your carpet cleaned. We do work first-class by vacuu chines, Furniture crated and ed Upholstering in all its S.-CARPET CLEANING St. Paul Street. Phone 605. Westwood, Proprietor.



Save Careless cost of liv



TE were among the first to put up tea M sealed packages.

We were the first to use automatic electric weighing machines so as to insure accurate weights.

We were the first to make known the qualities of the now world-famous ASSAM teas.

And we are now the first to adopt a new package for the better protection of these fine quality teas.

The lead package has served its purpose well for generations, but it was easily broken or torn, allowing not only a loss of tea from the package but exposing the tea to the air, odors and dust that it was so necessary to protect the tea against.

Our new package—the waxed board carton—is stronger, more secure and more completely air tight; altogether the best container for tea that has yet been devised.



TEA'is good tea"

Mountain the best plan quality at a l

