

CUTICURA HEALS ITCHY PIMPLES

On Face. Badly Disfigured. Used 2 Boxes Ointment and 3 Cakes Soap.

"I had a bad itchy lot of pimples on my face which made it badly disfigured. They were inflamed and came to a head, and I could tear my skin as soon as a little heat came near them. I could hardly sleep..."

A COLONY OF BEES.

Its Members, Their Product and the Heat of a Sting.

A colony of bees in summer consists of from 50,000 to 100,000 individuals. Each colony contains a queen, several hundred drones and the balance workers.

Sometimes it is necessary to shake bees from a brood comb, and the bees as they fall are so deluged by the water they look like "drowned rats."

Many persons are very much afraid of the business end of the bee, and those who are not used to bee stings suffer pain when stung.

Minard's Liniment Cures Garget in Cows.

THE DRUG MENACE.

Society Facing an Exceedingly Dangerous Human Element.

In rigorous effort to suppress the illegal sale and use of habit forming drugs the New York police are now arresting annually about 900 persons and securing 700 convictions.

The danger is by no means confined to large cities like New York; it is probably growing in towns and villages all over the country.

It is with full knowledge of such occurrences that the police are doing everything possible to stop illegal traffic in drugs.

DRS. SOPER & WHITE



SPECIALISTS Piles, Eczema, Asthma, Catarrh, Pimples, Dyspepsia, Epilepsy, Rheumatism, Skin, Kidney, Blood, Nerve and Stomach Diseases.

Please Mention This Paper.

Peggy. My Peggy is a young thing, Just entered in her teens, Fair as the day, and sweet as May, Fair as the day, and always gay;

My Peggy speaks so sweetly, Whene'er we meet alone, I wish nae mair to lay my care, I wish nae mair of a' that's rare;

My Peggy smiles so kindly, Whene'er I whisper love, That I look down on a' the town, That I look down upon a' the crown;

My Peggy sings so sweetly, When on my pipe I play, By a' the rest it is confest, My Peggy sings so sweetly;

FREQUENT HEADACHES

People with thin blood are much more subject to headaches than full-blooded persons, and the form of anaemia that afflicts growing girls is almost always accompanied by headaches, together with disturbances of the digestive organs.

Whenever you have constant or recurring headaches and pallor of the face, they show that the blood is thin and your efforts should be directed toward building up your blood.

More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment and you may be troubled with insomnia, neuritis, neuralgia or sciatica.

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from Dr. Williams' Medicine Co., Brockville, Ont.

Science Jottings.

It has been discovered that wood can be preserved from destructive worms by injecting pure turpentine into it by means of a syringe or other instrument.

The illumination of the Statue of Liberty in the New York harbor is accomplished by the use of 250 lamps, each of 250 watts capacity.

Within the twelve months ended March 31 the British and Foreign Bible Society distributed 11,000,000 Bibles and tracts printed in 497 different languages.

An electric lamp on the phonograph helps the orator to guide the needle to its proper place on the record.

The average passenger train earns about \$1.40 per mile. The cars and locomotives weigh about 550 tons.

The resources of the State of Arkansas are being boosted by means of an exhibition train, accompanied by 125 residents of the State.

A large insurance company claims that out of 100 average healthy men of 25 to 65: Fifty-four will be dependent upon relatives, friends or charity; 36 will be dead; five will be earning their daily bread; four will be wealthy and one will be rich.

FLAGS OF IRELAND.

Prior to 1798 National Color War Blue.

The universal belief concerning the flag of Ireland is that it has always been "the harp without the crown" imposed on a field of green, and that green has from time immemorial been Erin's color.

I venture to say that ninety out of every hundred persons will assert, in answer to a query, that the harp on a green background has constituted Ireland's national design these many centuries, this belief obtaining generally among the Irish themselves.

All Pure Tea Sealed Packets Only Free from Dust Never Sold in Bulk



Black-Mixed-Natural Green. E213

sis, who, tradition says, was cured of a snake bite by the rod of Moses. Next to that comes the flag of Fionn MacCumhall's militia, the golden sun-set on a blue ground, and the weight of opinion among all Irish students of research seems to favor this as the true national flag.

Quite a number of other flags have figured in Irish history, and each of them has its line of enthusiastic supporters. Not the least popular among these is the flag exhibiting three golden crowns imposed on a blue ground, which figures at the present-day in the arms of the Province of Munster.

This flag was accepted after the Norman invasion in the year 1170 as the ensign of Ireland, the three crowns representing the kingdoms of Desmond, Ormond and Thomond. It was retained until 1547, when Henry VIII, abolished it and substituted the harp.

Coming down to more recent times, it is found that the Parliament of Ireland, of which Henry Grattan was the head, did not recognize green, although it did accept the harp. That parliament's flag was a golden harp on a blue ground.

At the time of the Union with England in 1801 a new flag was evolved apparently for the express purpose of incorporating it with what is now known as the union jack, but it does not seem to have caught the popular fancy any more than the act of union.

This was the red saltire on a white ground, which was christened St Patrick's cross. Apparently it was taken from the arms of Trinity College at Dublin though how Dublin came by it is a mystery.

The tricolor of green, white and orange—"The orange and green, with the stripe of peace between"—is the recognized flag of the Irish Nationalists, whose aim is complete independence. James T. Doyle, in Baltimore American.

LATEST PLANES ARE MARVELOUS

Can Do With Ease What Was Impossible. Powerful Motor, Small Wings, the Secret.

The race for improvements in fighting planes between the allies and the central powers has been nip and tuck all the way, writes Will Irwin in the Saturday Evening Post. Late in 1915 the Germans sprang the first well recognized type of what the British call a scout machine.

The French then answered with a biplane of greater speed and greater practical agility. That killed the monoplane idea—at least for the time being. The latest machines are all of the biplane type. The new models have come out so fast that a layman has difficulty in keeping up with them.

Even the fastest, most agile machines of a year ago will be out of date this summer. In July, 1916, in the Verdun sector, I watched a squadron of scout machines maneuvering. They handled themselves like a flock of swallows.

Compared with these swallow machines I watched last year they seemed like humming birds. For the constructors, in planning this new type of machine, made an accidental discovery; an airplane is a motor on wings.

SOME EGG LORE.

How to Test, How to Beat, How to Boil.

Are the eggs for which you pay 40 cents better than those which cost 30? Test them to see. Much handling makes eggs shiny. Those direct from the farm are dull.

This test will make you wish eggs could always be bought by the pound, as in some places, instead of by the dozen.

One egg, one-half pint of boiling water. Two or three eggs, a pint of boiling water. Three to five eggs, one and one-half pints of boiling water. Five to eight eggs, a quart.

Bring on the superlatives! We write of South America, the continent where are the world's greatest mountain ranges, densest forests and largest rivers.

Just for instance, the Amazon river system has over 50,000 miles of navigable waterway, enough to tie the two loops around our planet. It can be navigated for 2,500 miles by ocean steamers, a greater distance than from New York to Panama.

And notwithstanding all Colonel Roosevelt's discoveries South America still has the largest unexplored area of any continent.

Almost everybody knows that Brazil is larger than Europe or the continental United States, but the size of the "little" republics is not so well known. Texas could be lost twice in "little" Venezuela and still leave room for Kentucky and Tennessee.

Gold is found in every state of South America, and from Potosi alone the famous "peak of silver" in Bolivia, more than \$2,000,000,000 in silver has been mined in the last three centuries.—World Outlook.

RELIEF AT LAST

I want to help you if you are suffering from bleeding, itching, blind or protruding piles. I can tell you how, in your own home and without anyone's assistance, you can apply the best of all treatments.

PILES TREATED AT HOME

I promise to send you a FREE trial of the new absorption treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer.

MRS. M. SUMMERS, Box B, Windsor, Ont.

Ironing Kills the Germs.

One need not worry about receiving infection in clothes sent to a laundry even though they be washed with those of other families in which there may be infectious diseases. Such, in substance, is a report just issued by the United States public health service after an investigation by M. C. Schroeder and S. G. Southerland of the New York department of health.

There is, however, danger in having clothes washed by a laundress at her own home, for, "owing to the close quarters in which the laundresses live, there is possibility of reinfection of the clean linen if communicable diseases are present among the members of the laundress' family."

"Undertakers."

In England in 1614 undertakers were men of influence who undertook for a consideration to get such persons returned to Parliament as would prove submissive to the royal will of King James I. The three chief undertakers of 1614 were Lords Bacon, Somerset and Neville. Then there were undertakers in Ireland in 1608. They were English and Scotch colonists sent to North Ireland and were each allotted 2,000 acres of land. They were men of capital and undertook to pay a mark a year for every six acres and to admit no recusant for tenants; hence the name as applied to them. But neither the histories nor the dictionaries give any reason for calling the men who bury our dead undertakers.

Advertisement for Lantic Sugar. Do all your preserving with Lantic Sugar. Pure cane. "FINE" granulation. High sweetening power. 10, 20 and 100-lb. sacks and 2 and 5-lb. cartons. Order by name in original packages. Includes image of a sugar bag and a box of Lantic Sugar.

H...P WANTED. WANTED - PROBATIONERS TO train for nurses. Apply, Welland Hospital, St. Catharines, Ont.

LADIES WANTED TO DO PLAIN, light sewing at home; whole or spare time; good pay; work sent any distance; charge prepaid. Send stamp for particulars. National Manufacturing Co., Montreal, Que.

HONEY ORDERS. SEND A DOMINION EXPRESS Money Order. Five dollars costs three cents.

FOR SALE. A CHOICE DAIRY FARM IN THE County of Brant. Buildings No. 1, with plenty of water. Full particulars apply to F. Barber, Kelvin, Ont.

THE STATELY ELK.

It is the Most Beautiful of Our Remaining Wild Animals.

Now that the buffalo survives only in a few preserves the elk is the most interesting as it is the most beautiful of our remaining wild animals. In this day of Americanism it would be a fine thing if this typical American animal should come to be known by its Indian name of wapiti. The wapiti is the largest of the red deer family and closely resembles his smaller brother, the European stag. The wapiti is not properly an elk, as the European elk is more closely allied to the American moose.

The wapiti is now numerous only in the states of Wyoming, Idaho and Montana, though nearly 4,000 head are thought to remain in Colorado, and considerable numbers are scattered through western Canada. The Campfire Club of America and other organizations and individuals are working for its preservation. The favorite home of the elk is the Yellowstone National park, where he has no rifle to fear and where cougars, coyotes and timber wolves are kept under control.

During the summer months the elk live high up in the mountains, generally at an elevation of 8,000 to 11,000 feet. The grassy plateaus offer an ideal summer range. Even on the wooded sides of the highest ravines there are parklike glades where the elk late in the afternoons come out to feed. It is difficult to imagine a more beautiful sight than is then afforded by these stately and graceful animals.

The elk dislike to be pursued by tourists with cameras and keep away from the stage routes. If visitors would leave the highways of the park and seek out its byways, either on foot or by pack and saddle trips, they would have a marvelous opportunity to study the greatest exhibit which survives of our mountain wild life—not only the elk, but mountain sheep, deer, beaver and many other animals.

Minard's Liniment Cures Colds, etc.

Odds and Ends.

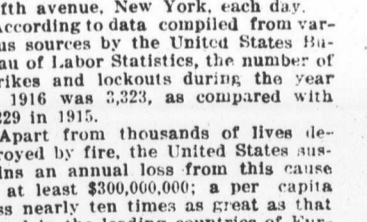
Certain German naval authorities are experimenting with electrical machinery for gathering peat. Borean College students, numbering 1,400, are being sufficiently fed at a cost of 17 cents per day, and those at Carlisle School at a slightly lower cost.

Pittsburg's pay-roll amounts to about \$1,000,000 per day. The manufacturing capital of the Southern States is nearly 60 per cent. of that of the entire country in 1899. The world's consumption of cotton last year amounted to 24,500,000 bales at 500 pounds to the bale. It has been computed that 25,000 vehicles pass Forty-second street and Fifth avenue, New York, each day.

According to data compiled from various sources by the United States Bureau of Labor Statistics, the number of strikes and lockouts during the year of 1916 was 3,223, as compared with 1,229 in 1915. Apart from thousands of lives destroyed by fire, the United States sustains an annual loss from this cause of at least \$300,000,000; a per capita loss nearly ten times as great as that found in the leading countries of Europe.

"Charley, dear," said young Mrs. Torkins, "I want you to promise that if you decide to enlist you will tell me all about it without delay." "What for?" "I want to speak to the general, so that he won't let you forget your overshoes and eat things that disagree with you. You know, Charley, you are so careless!"—Washington Star.

Don't Waste, Don't Starve—there is plenty of food for all if you will only do your bit in preventing waste. Demand the whole wheat grain in breakfast foods and bread. Shredded Wheat Biscuits 100 percent whole wheat—nothing wasted, every particle utilized. It contains more real nutriment than meat, and costs much less. For any meal with milk and fruits.



Made in Canada.