THIS ORIGINAL DOCUMENT IS IN VERY POOR CONDITION.



reneworkensenowedeneworkenewerenewersensensensensensen wall back of it. The surgeon and nurse told Tonio as they left that Morosi was in a grave way, that his life hung on a thread. "Rina!" called the sick man, "Rina!" he ropeated insistently. "Rina!" he roiterated petulantly and looked toward Tonio. (To be continued.) CHAPTER II.

VICTORIA CROSS PIGEON

Then his eyes met the eyes of the soldier in the orderly white cot be-side his. It was Pietro Morosi who gazed bock at him -Pietro Morosi who had run away with the down's wife, she, who had been his one ewe lamb.

Tonio's cycs, like tarnished gilt mirrors, reflected nothing; but pain, sudden, massive and heavy as a stone wall, crushed down upon him. Tonio Brave Deeds Performed by Winged

must we and heavy as a gone hand respectively of the plaster of his organd bandare. He had a sense first wounds being newly, more firm, you was atomothe asset in war time and are available asset in war time and are available asset in war time. The faithful lind messengers of British Army. Carrier pigeons of the British army behave like disciplined soldiers who cannot be they were soft his organities to be sense that a sense that goes to be stuffed to be been they are soft as you winkly, they were hur they would not be they down they were soft at by the energy, and they were soft at by the energy and montes. And 250,000,000 people is not be they down they were soft at by the energy and montes. And 250,000,000 people is not and montes they were soft at by the energy and they derive the they down they were soft at by the energy and montes. In fact it has always at they were soft in a brow below they were the montes and they down they were below b

ilent. The nurse passed on to ext man.
Tonio lay next to Morosi and his delirium but there was rd which Tonio longed to one ewe lamb.
the life of the sala, the pirit of the hospital.
o man so ill but Tonio smile to the weary lips uld no more be describs s than the spice of an ext to the weary lips.
balance of the spice of an ext to an ext to marked with a spice spice.
balance of the spice of an ext to marked with a red spot.
balance of the spice of an ext to marked with a red spot.
balance of the spice of an ext to marked with a red spot.

After The War, Thrift.

Canada has entered upon the period of reconstruction. During this time the practice of thrift by the housewives of Canada which has ac-complished so much during the try-ing four years of war, is still ational duty, in view of the needs of Europe and of Canada. Our net national war debt is over a billion and a quarter dollars. The health and happiness of simple living is the lesson the war has taught

living is the lesson the war has taught Canada. This lesson must not in forgotten in the exaltation of victory. We have yet to make up for the enor-mous waste and expense of the war. Buy wisely. Keep on using food carefully, avoiding waste. We must still feed the soldiers who cannot be completely demobilized for many

held bookkeeping, and gives the housekeeping, and gives the housekeeping and gives the housekeepi

before the army nurse was "here was the "vivandiere" "I passing from the pires regret by rea-

expense. Meat is expensive owing to the de-mand of our Allies in Europe and the cost of feed for live stock. It is well to remember that the food properties to remember that the food properties of meat can be secured in fish, milk, eggs, green vegetables, and bread and butter. Food experts hold that and butter. Food experts hold that children under seven years of age do not need meat. Some people declare from their own experience that we can do well without meat. Canadians should eat more fish.

## Why Tools Wear Out.

The want of thought in the card and use of equipment is often the cause of its short life. Some of the apparently trifling mistakes which cause utensile and tools to wear of a before they should are the following Contents of saucepans and kettle was boiled until dry and the metal over ough idealized, vivan- heated.

Handles, screws and fastenings of knives, forks, egg beaters, ctc., loosened from having been left in the French could have vivandiere. She was a nment of war. Perhaps

hot water. Metal utensils put away wet, caus But the ing them to rust. ere disci- Covers put away wet with steam as

they are taken off the saucepan.

Brooms and brushes used continual-ly on que side and worn to a point. Brooms allowed to stand on the floor until their weight bends or



are very nice, if we those things are very nice, if we have skill in making them; and of





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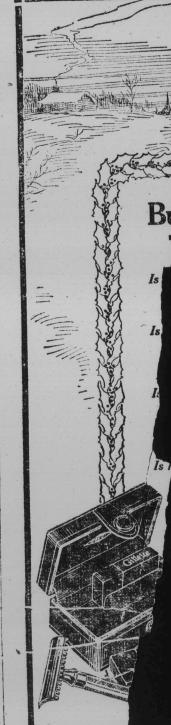
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The

We m sacrifice

courage Subs



rs of Volcanoes.

ality possess. with its severe disci-

hiable picturesqueness. e height of her glory times, but survived to

to be approved of by

of course. Often quite indeed. But thoroughly

a true and loyal comsuch appreciated and ers and soldiers of the

hich she was in a quasi ttached. The heroic 'Under Two Flags," was

nt her charms that she

ination of women, save rmance of quite ether no room for her. To-

more than a memory.

She was some-"daughter of the l, wearing the regi-1, tastefully modified ngth skirt, she carried a strap from her cask of brandy.

eriod.

tle

"crater" from the hole he, and afterward fought aghly established itself ge of the trenches. It obvious and inevitable in the volcano. But the took the word from the But the er"-the mixing bowl rb meaning to mix), in reeks, from the earliest , mingled water with craters, which stood in positions in the hall, were p size, and the resemblof the volcano's orifice ient observers who used iter" in the modern vol-

may be removed from by applying pipe-clay, a water to a thick cream.

## DME ACQUAINTED

our system of purchasing les by

RTIAL PAYMENT two compiled a special telling you all about this lent method whereby you? e shares may be bought thly payments.

ethod provides a genuine ve to save. No better o begin than now, stand-curifies selling at very rative prices.

or a free copy of booklet.

I. Connolly & Co. Ars Montreal Stock Exchange 16 Transportation Building NTREAL - QUE. breaks the straw. Glasses broken because the bottom instead of the side is put into hot

water. China dulled by washing with too

strong soap suds. Liquids spilled on rugs or polished surfaces because the container was to full

Contents of the saucepan boiled over on the slave or in the oven be-cause allowance was not made for the expansion of liquids by heat.

expansion of liquids by heat. Burners of gas and oil sloves clog-ged and uscless by burned food. Rugs tern by having been held by the edge while shaking in cleaning. Glazing of porcelain and enameled sinks, tubs and wash bowls scratch-ed and broken by cleaning with coarse cleaning materials. Finish of furniture marred by plac-ing hot dishes, medicine bottles and by spliting liquids on it.

ing hot dishes, medicine bottles and by spilling liquids on it. Furniture cracks and parts locaen-ed because the oil bath and rub are not applied regularly. • China broken in the refrigerator by placing heavier dishes on it. Dish towels scoreled and stained when used for oven cloths and to lift hot saucepans from the slove. Varnished and oiled woodwork scaled by maxing with soap.

spoiled by sensing with soap. Springs in bels, couches and chairs and other pieces of furniture broken by allowing children to jump and play too roughly on them.

## Using Nuis To Save Sugar.

A household expert recently point ed out that nuts were the only food ed but that hals were the only hold that were a square meal just as they pre-not in just those words, but that was the gist of it. Neverthe-less people do like to turn them into some one of the new fangled nut loafs or purees or croquettes. Of course