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ings you need—implements and tools should be on every truck garden and One way of making these special assures adaptability, strength and a at the minimum price for the best of their kind on the market.



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The Eureka Planter Co., Ltd. Woodstock, Ont.

# Constipation is Dangerous

It is evidence of a derangement of the digestive or excretory organs, and if neglected will result in an accumula-tion of poisonous waste in the body that will cause serious complications.

### Constipation is Curable

But not by drugs. They relieve emporarily — then increased doses nust be taken. Finally, the system ecomes accustomed to them and they

fail to act.

The only safe and sane way to treat
Constipation is by means of the

INTERNAL BATH This removes the fetid matter, cleanses the intestines and stimulates them to perform their normal functions. The internal bath is often administered by doctors and nurses; but the J.B.L. Cascade permits the convenient and comfortable application of the treatment at home. ent at hom

A 64-page book entitled "Why Man of To day is only 50% Efficient," explaining the in ternal bath, will be sent free on application to the incentor of the J.B.L. Cascade

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TRAINING HORSES

TRAINING HORSES

A new book entitled "The Training and Breaking of Horses," by M. W. Harper, a well known expert on the subject, has just been published. It consists of 375 pages, handsomely bound and fully illustrated. The book goes very fully into the whole subject of training horses for work, for saddle, for driving, and also of training and breaking wild horses. The vices of horses and methods of correcting them, the care of the colts, the treatment of injuries and all the best devices for handling vicious horses are fully dealt with. The book is a valuable manual and a mine of useful information to every owner of horses. Price, postpaid, \$1.75.

Book Dept., Grain Growers' Guide, Winnipeg.

## Tariff Reduction

By JAMES CHITTICK (From Industrial Canada)

If you take off the Tariff, or chop it in two, Make sure in advance what there's in it

Will rents then be lower, or laundry bills down?

Or will dressmakers charge less for making

Or will dressmakers charge less for making a gown?

Will your collars and cuffs, or your coffee or tea,
Or your soap and sapolio a cent cheaperbe?
The cobbler, and tailor, and baker will say That they won't do your work for a penny less pay.

How much less on your note will the bank interest be?
And will lawyers reduce the amount of their fee?

Will the doctor come down, who attends to your ills?
And, when dead, how much less will be funeral bills?

If, the railroads to help, we make rails duty free,
Do you think any cheaper your carfares will be?

Will cocktails or cigarettes be any lower?

will be?
Will cocktails or cigarettes be any lower?
Will billiards, or pool, cost you less by
the hour?
Whether pew-rents or pork, tools or
trousers, or tar,
The prices will stay just as high as they
are.
Do you wish to see armics of toilers

are.
Do you wish to see armies of toilers unfed—
Their work taken from them—and begging their bread?
Destroying is easy, and wrecking the same, But when ruin follows, on whom lies the blame?

It is not the Tariff that the

blame?
It is not the Tariff that keeps your coal high,
Or your lumber, or gas, or the ice that you buy.
For trusts and combines, and the middlemen's fraud,
Seek redress right at home here, and not from abroad.
If the trusts should control all of the food that we eat.

that we eat,
Is the Tariff to blame for the price of
your meat?
By the retailers' tactics and greed you
are hit,
And removing the Tariff won't hurt them
a bit.
For goods may come in from the West or

For goods may come in from the West or the East, And their prices will not be reduced in the least. While the cold-storage men remain in the

game,
Eggs, butter and chickens will cost you
the same.
Then, so soon as the custom-house
revenues melt,

revenues melt,

A blow at your income will surely be dealt.

For the nation's expenses have got to be met,

And each one must shoulder his share of the debt.

So, on Tariffs you'll wish you had not turned your backs,

When you're brought face to face with a smart income tax.

When employers their clerks and their salesmen engage,

With the Tariff reduced will they pay higher wage?

Will porters, or drivers, or motormen gray,

Or workers on farms, get a rise in their pay?

will the farmer get more for his cotton or hay, For his horses, or cows, with the Tariff

away?
For his wheat or his corn, or his sheep or his shoats;

his shoats;
For his rice or potatoes; his wool or oats?
And the hope of cheap imports won't count at the end,
When you find to your sorrow you've got less to spend.
Shall we knock down the Tariff and Protection let slide,
And keep open house and shove prudence aside?
It has built up our nation, but just for a lark,
Some excitement we'll get by a lean in

lark,
Some excitement we'll get by a leap in
the dark.
Oh! be true to your country, and rise in
your might;
Speak and work 'gainst injustice, and
stand for the right.

Note.—This poem is supposed to show the dangers of tariff reduction. The second line represents the guiding principle of the Manufacturers' Association .- Ed.



#### AN EYE OPENER

Man's life is full of crosses and temptations. He comes into the world without his consent and leaves it

The rule of contraries is one of the features of the trip

Some of the experiences of our Agent friends in the country are decidedly amusing. Just listen to the original methods of one of our representatives. His system in the way of furthering the interests of the farmers' movement is certainly unique.

"I adopted a method in securing subscriptions with the indifferent belly-achers something like this: I would get my prospect cussing about the prices of grain and the prices he had to pay for necessities. When he gets through I ask him what he is doing toward trying to help his own condition and that of his fellow farmers. He invariably answers this question by asking one something along this line: 'What in — can I do?' I simply tell him of the U.F.A., its aims and objects and what it has already done. I then speak to him about The Guide, stating that it is the official organ of the organized farmers in the West. Well, he is ready to join the U.F.A. and take The Guide, but states that he has not the money. I now agree to put the cash up until he can get it. (You see he has fallen into a trap of his own making). I then write him out a receipt and nine times out of ten I get the money within two or three weeks.

Needless to say this agent is one of our best and most enthusiastic workers. He knows the game.



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