

## Do We Buy Judiciously or Otherwise?

TWO girls were one day found busy with tinestables and maps, who when asked what they were doing said, "Planning a trip to Europe." "Can you afford a trip to Europe?" was the astonished query, to which the girls answered, "Oh no, we can't afford to go, but we can afford to plan."

We might apply the above to our own conditions in connection with our supply of kitchen utensils. Some of our dishes are not of as convenient shape or size as we would like, nor are we as fully equipped as we might be. While none of us can afford to throw away our present outfit and buy a new one, we can all afford to plan how we shall add one article at a time as the opportunity presents itself. In fact, we cannot afford not to plan. If we drift along until confronted with some immediate need, the chances are we will take a hurried trip to town and buy something which seems to fill our present need, but if we had carefully planned beforehand what we wanted, the probability our choice would have been different.

Successful buying depends on knowing whether the work that a given utensil is best fitted for is the work that we want done, and on choosing the utensil that will do that work satisfactorily for the longest time. We too often forget that good buying is a duty we owe others as well as ourselves, since by killing the demand for inferior things we will force unscrupulous manufacturers to raise their standards.

In buying new utensils, the following are points which might well claim our attention: Is the utensil durable? Is it convenient to handle? A utensil with the handle or ball set in just the right place, even though it may be fairly heavy, is oftentimes easier to handle than a lighter article inconveniently balanced. Shall we choose a utensil with the handle, or one with a handle? This depends on how we intend using the article, on its size and on our available stove and storage space. For a utensil of moderate size, easily lifted with one hand, convenient little size in itself and intended for use on top of the stove only, a fairly long handle is best. It is convenient at times to have a utensil that may be transferred from the top of the stove to the oven. Those with very short handles or with two handles of the sugar bowl type are then convenient. The half-circle metal ball, reaching from the side of the utensil to the other, is best reserved for utensils so large in themselves as to require much stove and storage space and needing two hands to lift them. In choosing handles, another point to bear in mind is the selection of a type that will not grow uncomfortably hot.

Is the lin of the utensil in the right place, is another point to be observed. Most utensils are designed to be held in the right hand while pouring one liquid into another. This necessitates either stirring with the left hand, which is an awkward and difficult operation, or alternately pouring and stirring. We should watch for a type with a lin on either side or with the lin designed so that we can hold the handle or whatever it may be in the left hand and stir with the right.

Business of elegance and saffness as a food receptacle, as a couple of other notes. We avoid the use of an iron utensil in cooking and preserving, because we know that iron and fruit acids together form a harmful compound. If an enamel kettle has become chipped so that the iron foundation and the acid can combine,

it is best not to use it for cooking acid foods. While the danger to health may be slight, there is a danger of food becoming rancid, where the enamel is chipped off, as well as the chance that chips of enamel may find their way into the food.

## The Heart of the Desert

(Continued from page 14.)

I am an Indian, Rhoda, but first of all I am a man. Rhoda, will you marry me?"

A thrill, poignant, heart-stirring, beat through Rhoda's veins. For one unspeakable moment there swept through her spirit a vision of strength, of beauty, of gladness, too wild and sweet for words. Then came the old sense of race distaste and she looked steadily into the young man's face.

Kut-le said nothing more. He stood staring at the first desert, his fine face somber and with a look of determination in the contracted eyes and fringed lips that made Rhoda shiver, even while her heart throbbed with pity. "What do you want?" gasped Rhoda. "What do you mean by coming before me in—"

"You mean when I'm dressed as a chief on the warpath? Well, you said you'd be keen about me this way; so here I am. I tried all the white

moccasins and a magnificently decorated loin-cloth. The man looked down at her with the smile of good fellowship that she knew so well. It was Kut-le, standing like a young bronze god against the faint pink of the after-glow.

"Hello!" he said nonchalantly. "I've been watching for you."

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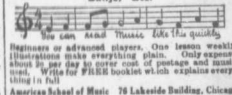
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