

struggle, with each defeat tending to make the fear or anxiety or obsession habitual. Sometimes, perhaps in most cases, and in all cases according to Freud and his followers, there is a long-hidden series of causes behind the symptoms; subconscious sexual conflicts and repressions, etc. It may be stated here that the present author is not at all a Freudian and believes that the causes of these forms of nervousness are simpler, more related to the big obvious factors in life, than to the curiously complicated and bizarrely sexual Freudian factors. People get tired, disgusted, apprehensive; they hate where they should love; love where they should hate; are jealous unreasonably; are bored, tortured by monotony; have their hopes, purposes, and desires frustrated and blocked; fear death and old age, however brave a face they may wear; want happiness and achievement, and some break, one way or another, according to their emotional and intellectual resistance. These and other causes are the great factors of the conditions we have been considering.

Of all the forms of nervousness proper, the psychoneuroses, hysteria is probably the one