

Ms. Lonely Hearts

Unrequited love sad, self-indulgent

Dear Ms. Hearts;

I am a Fine Arts major. I have discovered in the past two months, I have fallen very deeply in love for the first time in my life with a psychology major by the name of Helena. This is the problem: I am a 110 pound male that is, on a scale of 1-10 for looks, a two or three.

Helena is a couple of inches shorter than me (5'7"), has curly brunette hair, and on a scale of 1-10 rates an eight or nine. By the way, she's kind of chubby. I truly believe she doesn't "like" me due to my unattractive appearance.

I wrote Helena a note telling her of my feelings (deep) for her, just before Christmas. I wrote the note because when I went to talk to her, I stuck my foot in my mouth.

I have since learned that Helena is interested in another guy who is blonde. I have also learned that he is stringing her along, not calling her, or showing up at dances, etc. I find it so sad that he is doing this to her when I feel I can give her so much more.

By the way, I am not interested in Helena only as a "bed buddy." We have so much in common, that I don't really know what to do.

I am a very sensitive person as well as being truthful, kind and affectionate. I like to see people happy and it hurts me deeply to know that a guy like this is stringing Helena along.

Helena has agreed to remain friends with me, rather than no relationship at all. I, however, want more. Helena is 'Mrs. Right.'

I want to give her a Valentine's day gift and sign it "Friendship." Is this a good idea?

I really need help because my life has been so lonely and depressing in the past; that is, if I was with Helena, my whole life would turn around completely.

I do need some companionship and especially a best friend. Should I continue to pursue Helena or what? I really need your help on this one.

Dear Vincent:

You say that you are deeply in love and that your life will change miraculously when this portly siren enters into it. Unfortunately, I don't believe in the strength or credibility of one-sided love.

It is a kind of para-social relationship you are having; you are projecting and idealizing rather than thinking clearly.

You are obviously lonely, yet couldn't this be partially attributed to your alarming lack of self-confidence? For example, what aesthetic yardstick are you using that rates you as being inhumanly ugly? And is it really a valid obstacle anyway? Stop belittling yourself and begin exuding hearty waves of self-confidence. Smile lustily in mirrors. Adopt a nickname. Paint heroic self-portraits and leave them lying casually about the room. Perhaps somewhere there is a similar girl pining over you.

Helena, it seems, is not interested. Maybe your clandestine tactics frighten her. As for the blonde Byron, his rakish demeanor is only speculative and is certainly none of your business. If you really care for her, be a friend to her, yes. And, by all means, a gift is a charming idea. The note ("friendship") is also a nice touch if it's sincere. Stop exposing yourself to her emotionally and try to offer her platonic refuge. Who knows? She might grow to "like" you after all.

Which is my point. Relationships usually start quite unexpectedly and I believe that if you are patient, one will.

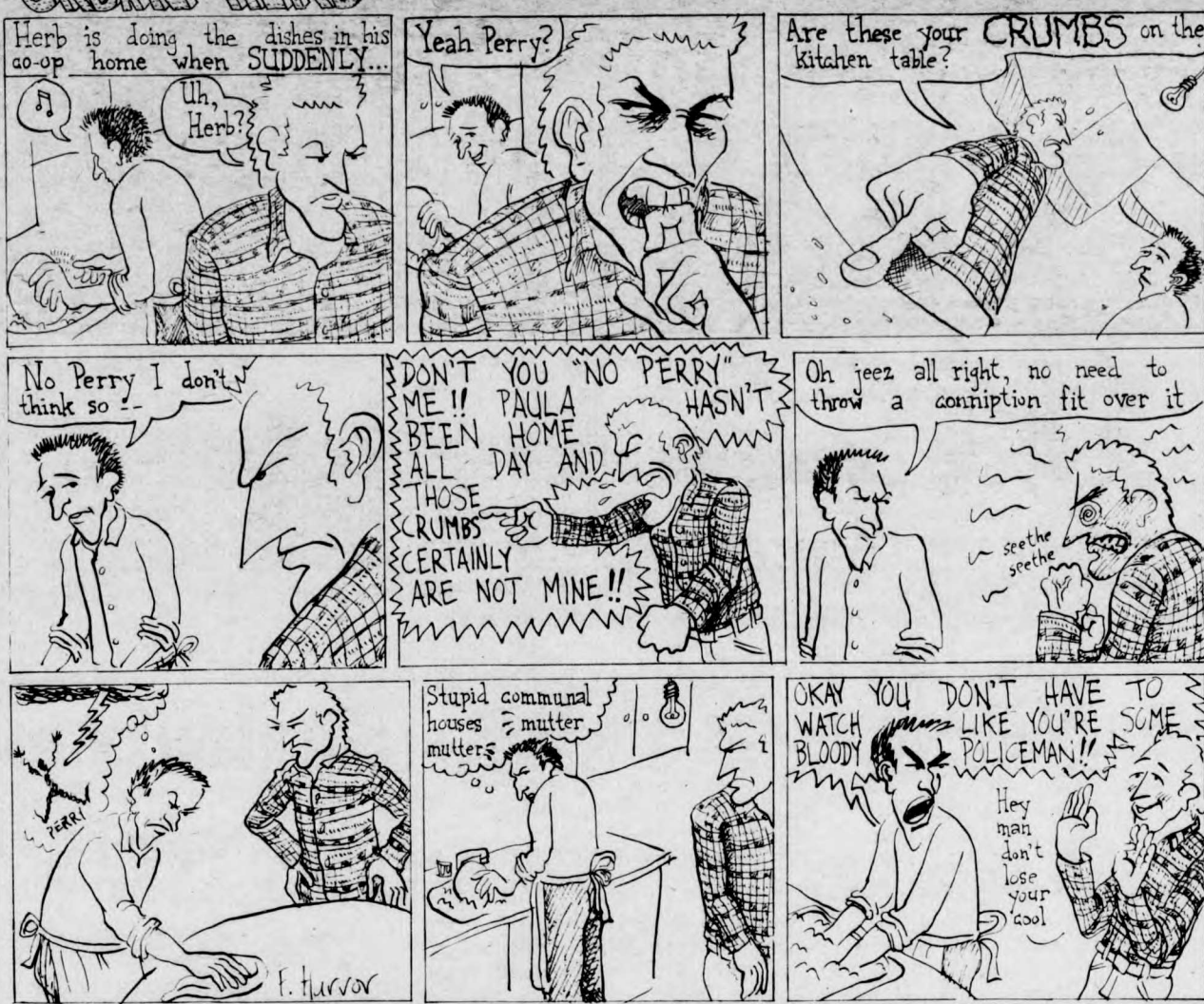
Maybe not with Helena, but as you know, there are a goodly amount of equally lonely and lovelorn females around, especially at York.

Don't allow Helena to become a seductive phantom of promise; unrequited love is sad and self-indulgent. If you like to see happy people and are honest then you must consequently be honest to yourself and be happy. Don't worry, Mrs. Right is lurking in the future, and you are certainly a worthwhile Mr.

Good luck,

Ms. Hearts

Thank you,
Vincent



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