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no doubt that Dalhousie would not be denied.

All that glitters is not gold, however, and the Dalhousie women's 4x800m relay team members have shining silver medals to prove it. Surprise tactics from the University of Western Ontario, who put their two fastest runners first, meant that the race spread out surprisingly quickly and Dal's most dangerous competitor. Windsor University, was able to draft just behind UWO.

Dal's lead runners, Cindy Foley and Andrea Blois, found themselves right in the middle of the pack but well behind the first two teams. Then UWO ran out of elite runners and left Windsor on their own. Jenkins was able to prevent Windsor from pulling any further ahead but by the time Peters received the baton, there was too much distance to recover. Nonetheless, Peters ran what was perhaps the fastest leg of the race to bring the Dal team across the line in second.

In the long jump, Peter Bienkowski became the first Dalhousie athlete ever to break the seven-meter barrier when, to the rhythmic clapping of the crowd, he soared to a 7.06 meter jump on his fourth attempt.

Another strong fourth-place finish came from high jumper Ann Sinclair. Sinclair looked as if she was in trouble twice in the early rounds, but each time on her third and final attempt she was able to clear the bar and advance to the next height. The event was so close that although Sinclair placed fourth, only one



other jumper in the competition jumped higher and positions two through four were decided by the event's tie breaking system.

In the men's 4x800m, Dalhousie's lead runner Jason Paris went out in chase of a medal. Dal's number two runner, Christian Murray, ran his fastest race of the year but Dal remained in the middle of the pack. In the third leg, Halfyard had an exceptional race to hand off to Hennigar in third place. Hennigar also ran well but was unable hold off a challenge from 1000m silver medalist Scott Jensen. The Dal team finished in fifth position.

In the women's 1000m race, Dal's Jenkins ran into difficulties resulting from the large number of athletes competing in the event. Just as she was beginning to gather herself to make a bid for one of the top spots, the runner directly in front of her fell, forcing Jenkins to come to a complete stop, pause, jump, and then reaccelerate. Jenkins still managed to pass several runners but could

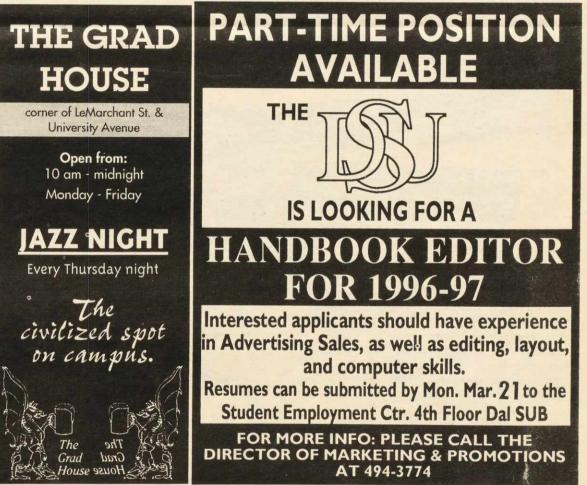
not regain the lost time.

AUAA rookie of the year Angela Ripley placed eighth in the women's 60m. In the men's 60m, Nick Soh accelerated strongly through the middle section of his race to finish in 7.24 seconds. Also, George Inglis jumped 1.90 meters in the high jump and made several good attempts at 1.95m.

The incredible performances put in by Dalhousie's track and field athletes make this team far and away the most successful track and field team ever from the AUAA conference. The women placed fourth in the team standings against teams that had more than twice as many competitors.

Paula Peters' spectacular triple medal performance earned her a nomination for Athlete of the Meet honours and is a further indication that she must undisputably be recognized as Dalhousie's greatest track and field athlete ever.

Congratulations to all the Dalhousie athletes who competed at the 1996 CIAU championships.



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