

Lola-Lee Sure

Lola-Lee Sure is on the trail with Cross Country skis.

Join in and ski

With me,

Lola

I'll take you through the snow and over the hills

Around the trees without any chills.

It's best to join in cross-country ski participation,

It helps your balance, strength and co-ordination!

And don't forget the cardio vascular system

See all the good qualities, you can just list'em!

No Equipment? That's no excuse! Do you realize that skis and poles can be rented out from the UNB Lady Beaverbrook Gym Equipment room at no charge? It's true. Simply bring your student I.D. and some cross country ski boots. They'll supply the rest! The Trail Shop, on Queen Street rents all equipment out for \$7 a day with a partial refund back when returned. Mactaquac and other places with groomed trails rent out cross-country ski equipment.

If you find you like this sport, it's worthwhile to buy your own equipment. Any local sports store such as Neil's, Marty's and McTavish's have all the equipment for sale. The Trail Shop specializes in cross country ski activity. If you are a beginner you may want to look into the Trail Shop's package deal -- like I did!!

Where can you go to ski? Fredericton has a few places which are great for cross-country skiing and they are close by. To get some downhill adventure as well as flat and uphill trails, its O'Dell Park for you! The Green along the St. John River has a trail about a half mile long. The Woodlot, above the Trans Canada Highway near the Regent Mall provides an adventurous area for cross country skiing but keep an eye open for the deer; you might just see one!

There are many places outside of Fredericton. Some are:

-Mactaquac Provincial Park - 15 miles west of Fredericton on route 105; 16 kilometres of groomed trails and a warming room.

-Silverwood Park - 12 kilometres of trail.

-Mont Farlange - 5 kilometres from Edmundston on the Trans Canada Highway; 16 klm of groomed trails.

-Sugarloaf Provincial Park - west of Campbellton on Route 11.

-Kouchebouquac - east coast of N.B.

-Fundy National Park - south east coast overlooking the Bay of Fundy.

Although it's great to ski on groomed trails, it can be a real adventure if you break your own trail, in your favorite area, where no one else will find you.

Looking for some organization in skiing? Come with me to the upcoming long distance tours and marathons.

1. Les Adventuriers Ski Event from Sugarloaf Park to Charlo, 110 kilometres long on February 14-15 (but make sure you go to the M.O.R.E. event at Mactaquac on the 15th also. What a busy day!)

2. Provincial Cross-Country Championships on February 21 and 22 (the place is not confirmed)

3. Tobique Tour Cross-Country Skiing at Plaster Rock on February 22.

4. La Grande Randonnee in the Acadian Peninsula between Paquetville and Caraquet on February 22. This is 40 kilometres long.

5. North 100 between Douglstown and Bathurst on February 28 and March 1st.

6. 1981 Shell Cup Canadian Junior Cross-Country Ski Championship at the Sugarloaf Provincial Park on March 5th to 8th.

For more information call toll free 1-800-561-0123 or (506)453-2377 or write to Tourism N.B., P.O. Box 1235, Fredericton, N.B., Canada, E3B 5C3.

Last week I misinformed you on the Mactaquac Recreation Extravaganza. The fee is \$25 per team not \$2.00. Sorry Gary! Lola-Lee would like to see you there.

Happy Valentine's Day.

Ski Racing

The New Brunswick Cup Ski Racing program continues this year with two weekends of racing already completed. Last weekend at Crabbe Mountain, Slalom and Giant Slalom competitions were held. Among the competitors were 7 UNB students. Doug Johnson, a 1st year Science student at UNB who competes for the Saint John Ski Club raced to victories in both events. In doing so he captured the combined trophy. These victories, added to a second place finish in the G.S. two weeks ago in Campbellton, give him a commanding lead in NB Cup standings.

The UNB team didn't fare quite so well over the weekend. In the Slalom James Caven placed 6th and Trevor Bishop 8th, while in the G.S. Andrew Pert placed 4th and James Caven 5th. Other UNB team members competing were David Campbell, Gary Jones and Chris Mason. Unfortunately no UNB team members were able to complete the course in the Campbellton ski meet. All UNB skiers compete in the Senior A division.

On the womens side Lisa Newell, a 1st year Nursing student who competes for the Fredericton Ski club picked up gold medals in the Slalom at both the Crabbe and Campbellton meets.

Dax Brown, a UNB skier last year, was able to pick up a silver medal for his efforts in the slalom. Dax, son of Gary, skies in the Junior B. Division.

NB Cup Competition continues in two weeks at Poley Mt. near Sussex.

Athletes of the Week

Joanne MacLean

Consistently one of the top scorers for the Red Bloomers Varsity Women's Basketball Team Joanne scored 29 points in two games against St. F.X., shooting 50 per cent from the floor and 100 per cent from the foul line. Joanne is a 4th year physical education student from Fredericton.

Rick Parker

1st year engineering student Rick Parker is from St. Stephen N.B. His win in the 220 lb class by a pin against Mt. Allison University last Saturday enabled UNB's wrestling team to place 1st in dual-meet competition in the AUSA for this season.

Going into Rick's match UNB was behind 28 to 33 and a pin was needed to win the competition. Rick pinned his opponent with a minute and 29 seconds remaining in the bout.

POOL CLOSURE

The SMA pool will be closed Thursday Feb. 19 and Friday February 20 for maintenance.

MEN'S AND WOMEN'S VOLLEYBALL

Volleyball season has arrived. Any individuals who missed the entry deadline but who wish to play should

contact the Recreation Office. Team managers may pick up schedules in the Recreation Office.

The student society of Mechanical Engineers present

The 2nd Annual "MAD HATTER'S BASH"

Thursday, February 19th at
9:00pm in the
SUB ballroom with "LIVE"
ENTERTAINMENT

Tickets will be available in
Head Hall Lobby beginning
Monday, February 16th and
at the door the night of the
PUB. *

*IF ANY TICKETS REMAIN.

Admission \$2.50 with I.D.

