December, 1910.

d With Nerves Sleep ht.

toss night after bed. Some conworry or disease ritated the heart hat they cannot ep which comes nerves are right. me Lake, Ont., I was so bad es that I couldn't was such a pain ny chest that I at times I would e to grasp someg. I tried differanything to do tried Milburn's and I can now ll troubled as I

erve Pills are 50 boxes for \$1.25, direct by The T. oronto, Ont.

ears Younger in **Cears Younger** in Jutes. For faded or ir, use **Hemple's nia**. Highestawards ome, Brussels, 1908. a bleach nor like a owashing. Dries im-ly. Never unfatural effes the keenest eye. Nor required. Send of hair. Large sample ish, 90c. A six times ise, §2.85. Postfree of N. Glasshouse Street, wanted. wanted.

and by corresponeisure. APHERS CO. BRANDON, MAN. expert reporter. ticulars

ING

manship by Fattoo Artist,

equare, London, S.W. Electric Instruments rs used. Unique De-c Treatment. Crude ith Artistic Designs. ist free. Telegraphic



Winnipeg, December, 1910.

Earl Roberts, and almost all others among the leading military men. The Director-General of the Royal Army Medical Department says that in India, the hospital admissions have fallen from between fourteen and fifteen per thousand to between two and four

per thousand within the last twenty years. At Sierra Leone, perhaps the worst climate the British soldier has to serve in, notes Colonel Fawkes, the following comparison has been received from the Senior Medical officer for the first ten months of 1908: Total Abstainers-Strength, 60; ad

missions into hospital, 29. Non-Abstainers-Strength, 213; ad

missions into hospital, 321. Lord Kitchener states that in India with the diminution of drinking, the number of courts-martial is reduced one-

half. There were 33 courts-martial at the abstainers.

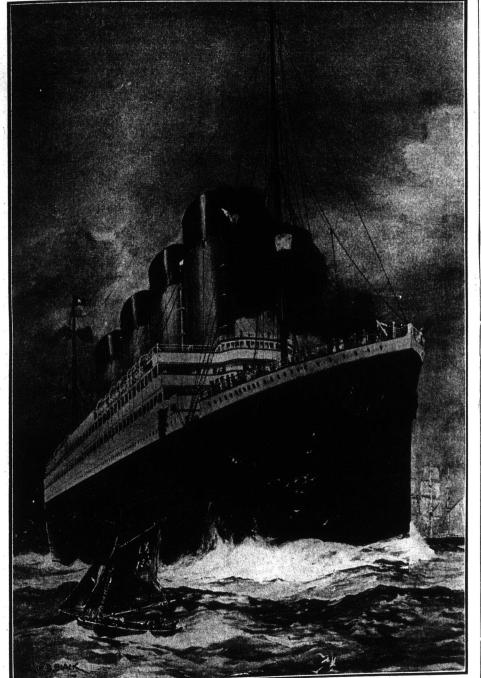
and the signals are set against it, for without doubt it impairs the brain power and physique of the workers, and it is essential that it be abstained from by the railway men, that they may be as efficient as the service requires and the safety of the public demands."

The Western Home Monthly.

Alcohol The Deadliest Enemy Of The Home.

One of the most suggestive and impressive papers of the whole congress was that written by Mr. and Mrs. Bramwell Booth, of the Salvation Army, and which was read by Mrs. Booth. The subject was "Alcohol in Relation to the Home." Significant points developed were as follows:

"The home is not only the seed plot of a nation's continued existence, but it is the spring from which proceeds all that is essential to the true patriotism Singapore in 1907 but not one among of a people, to the real power of any community, and to the sustained in



Stops the Cough and Builds up the System

SIROP GOUDRON D'HUILE, DE FOIE DE MORUE Do MANSELLEU eregistie a Ottawa, Canada, s Washington, R.-U. A WUSINALYS Syrup of Tar

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Large bottle 35 cents.

A STILLU.

When you are all "run down" you catch cold easily, and your cough "hangs on". By taking

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MATHIEU'S SYRUP of Tar and Cod Liver Oil

you not only cure the local trouble but also permanently strengthen the whole body.

The Beech Tar in the Syrup is soothing and healing while the Cod Liver Oil stimulates the appetite and increases the weight and bodily vigor. Both are united in the pleasant tasting syrup.

The most successful Cough Remedy known today is Mathieu's Syrup of Tar and Cod Liver Oil.

Mathieu's Nervine Powders which sell in boxes of 18 for 25c. are the best treatment for any fever or feveresh cold, as well as the best cure for headaches.

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Take those curtains, cushion-tops, couch covers, rugs, portieres and colored table cloths that are faded and dingy,

and make them bright and fresh again with

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It gives even, brilliant, fadeless shades. No streaks, no stains on hands or kettles, no trouble to use. 24 colors.

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s beautiful 18 inch our choice of Wal-Eyelet, Mt. Mel-olet, or Holly de-d we will include **DF CHARGE**, one subscription to to subscription to edle-work " Mag-

ay cloth regularly l one year's sub-roidery Magazine you 20 cents, thus value of 45 cents. Offer will be sent resident of ten cents resses of five Lady r order to-day. Chicago. Ill.

SE HOLES *i*, copper, brass, aluminum, re, Mends holes up to % inch. degrees higher than solder. Decessory 25 cents postpaid es. Agents Wanted. bt. 15, La Prairie, Quebec.

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The largest steamship afloat recently launched at Belfast. "Olympic" White Star Line.

Alcohol Enemy of The Railroad Man.

Chairman A. Faulkner, J. P., of the United Kingdom Railway Temperance Union, noted the fact that the movement organized in 1882 now has a membership of 44,000, in addition to which there are probably 60,000 more total abstainers in the service of the English railways who are members of other

societies. This organization has its own official organ, "On the Line," having a circulation of 160,000 a year. In conclusion, Chairman Faulkner declared:

"The information which I have been able to put before you, gathered from the best sources, proves that in all civilized countries those who direct the railway services are awaking o the important fact that alcohol is not conducive to efficiency, and that in those countries which are comparatively new, and which are untrameled by ancient traditions and customs, the abolition of intoxicating drinks from the railway service is most famov drastie. The verdict, therefore, of the

2. Alcohol dissolves the vigor and radways is, that alcohol is dangerous.

fluence of national life and institutions. "Anything, therefore, which bears for good or ill upon the homes and upon the home life of a people is of supreme importance to every nation.

"A wide experience of the conditions of life in many countries and a somewhat close acquaintance with the inner facts of social progress among the working and peasant classes over a large part of the world, has brought an important body of information on this and kindred subjects to ... officers of the Salvation Army. This paper is intended to present to the congress—as briefly as may be-some of the principal conclusions at which we have arrived as to the influence of strong drink upon the life of the people as that life is seen in

their homes. "I. And first we remark-alcohol in one home dissipates and wastes the substance and material resources of the Colors 10c., black 15c., at all dealers, or postpaid with free Booklet, "How to Dye," from

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