

The cases of restraint throughout the entire Asylum were as follows:—On the male side, 1 man in muffs, 2 in leather mitts to prevent laceration, and 1 confined to the crib-bed; on the female side, 2 women had on leather mitts, and 1 was tied to a bench. None were secluded in single rooms during the days of my visit. Nine men and 15 women were clothed in strong canvass suits, owing in some cases to destructiveness, and in others to dirty habits, all of the number being occupants of the Refractory Wards. Restraint of all kinds, since the 14th October, was confined to 11 men and 29 women, or only 40 individuals out of an Asylum population numbering 874 patients; in a few instances, however, the restraint was very frequent. There were a few scratched and discolored faces, but, as far as I could learn, they were shewn to be the acts of other patients, or of the patients themselves upon whom the marks were found. A slight improvement was noticeable in the clothing of the male patients, and now that there is a new tailor, it is to be hoped the improvement will continue. The largest number, however, of the men in the main building and cottages, and nearly all the women, were neatly and comfortably clad.

I was present at a good many of the meals served to the patients. The food was sufficient, and at the dinners there was considerable variety on the tables. The staple supplies of beef and bread were good, the quality of the former having been much improved since the abandonment of the contract system; and it is expected that the quality will be still further improved when butchering is commenced on the Asylum premises. The butter delivered by the present contractor is good and sweet, but the potatoes on the table were not as good as such an important article of dietary should be. It is desirable that the suppers should be somewhat improved, and the best way of doing this is by increasing the yield of small fruits on the Asylum grounds, so that a large quantity of apple sauce and dried fruits may be made, and more fre-