

Religious Instruction is given in Sabbath Bible Classes and in the daily devotional exercises of the Institution. Students will be required to attend regularly the church selected by their parents or guardians.

Correspondence with the home circle will be allowed without supervision. Beyond this, the parents of each student must furnish the Principal with a list, of those with whom correspondence is permitted. A Post-box is kept in the building. Mail matter addressed in care of the institution is promptly delivered on arrival.

Visiting and receiving visits will be subject to the following regulations:—All persons, except near relatives, wishing to visit young ladies, will be expected to present a letter from parents or guardians, or to be otherwise suitably introduced.

Visitors are received from 3 to 5 o'clock, p.m. on Saturday *but not in the evenings or on the Sabbaths*. Students will be allowed at proper times to visit such families as the parents or guardians may name to the Principal, but not to remain out over night or on the Sabbath, except with a near relative.

Friends who are inviting must call for the young ladies and return with them.

In guarding the young ladies entrusted to our care from associations that would interfere with their studies and lead to pernicious results, we are pleased to be able to say that we are meeting with the approval of parents who patronize the Institution, and of every well instructed young lady.

It is desired that students should be supplied, if possible, with all necessary things before leaving home. To provide however, for necessities that may occur, students will be permitted to do shopping once a month always accompanied by a teacher.

☞ Candies, cakes and eatables generally, sent from home usually cause the receiver one or two days' sickness, and are a most pernicious kindness. Will parents and friends ponder this matter?

Constant attention is given to the health of students. Daily outdoor exercise is required, except in inclement weather, when light calisthenics in the Gymnasium are substituted.

The rules regulating the deportment and privileges of students are *just and reasonable*, not arbitrary, but such as experience has proved to be wise and necessary. Observance of our rules and general conformity to the proprieties of good society are the conditions of admission, and of