

## NECESSARY RULES for a CHRISTIAN.

**Y**OU must often examine your thoughts, words, and actions, especially after much business, speaking, &c, that you may discern and amend your faults.

Hold your peace in such things as belonging not to you, and where your speech is not for the honour of God, and good of your neighbour.

Often call to mind your life past, and what our Saviour suffered for you in every hour of his.

You must live as tho' you had nothing, and yet possessed all things; and remember, that meat, drink, and cloaths, are a Christian's riches.

Offer yourself entirely to God; and tho' you have nothing to requite his Favours with, but yourself, you will be comforted when you consider that He gives all, that gives himself. The Apostles left their poor boats and nets, and received for them a most ample Reward. The poor Widow gave only two mites, and her Oblation was preferred before those of the richest Persons.

He easily parts with all things, who always considers that he must die, and be taken from them.

In public Assemblies use no extravagant or unusual gestures, but in all things observe a great modesty and discretion.

In all things desire and prefer that which conduceth most to the Service and glory of God: as to comfort the afflicted, reconcile such as are at variance, visit the sick, and such as are in Prison and relieve the Poor.

Never go to bed with any disquiet on your mind, but endeavour to pacify your Conscience by Confession or an Act of Contrition, if there be occasion for it.

Every month at least confess your Sins, often make Acts of Contrition, and daily use Aspirations, or Ejaculatory Prayers, so that you may prevent the Deceits of the Devil.