

Home Library Association

Home Books and Other Books You Need

Facts For the Married

By WILLIAM LEE HOWARD, M.D.

This book was written in the form of consultations. Each consultation takes up with husband and wife a different phase of sex relations—health, difficulties, correct habits, dissimilarity of temperament, and a multitude of questions confronting married people, about which there are at present hazy or wrong ideas.

Consider carefully how priceless this book, as well as the four other books mentioned below, will be to you. Dr. Howard writes beautifully and most acceptably. He was trained in the hospitals of Paris, Berlin, Vienna and New York. He is a prominent speaker before medical congresses and associations. He is a contributor to the leading American magazines and much of his work has been translated for free distribution by foreign governments. Bound in green cloth. Price \$1.10 postpaid.

Plain Facts on Sex Hygiene

By WILLIAM LEE HOWARD, M.D.

Here are instructions for avoiding the great peril of venereal diseases that is over all the land. Dr. Howard fixes your attention upon his revelations, uses plain words, shuns no details, evades no questions, but flattens out facts for all to read and understand. It is his main purpose in this book to destroy forever the injurious ignorance, the prurient prudery and false social conditions that have kept you in ignorance. The state of affairs described and explained in this book is a menace to the mental, physical and moral health of your son, daughter, wife, yourself.

Dr. Howard tells you straight from the shoulder what you ought to know of the spread of the social evil. Don't trust to luck. Get your copy of the book to-day. To-morrow may be too late. Bound in green cloth, price \$1.10 postpaid.

"Herself"

By E. B. LOWRY, M.D.

Hitherto there has been no satisfactory book to fill the great need of telling in simple language the facts about herself which every woman should know, to be healthy and happy. In "Herself" you will find the very book you have wanted so long. Price \$1.10 postpaid.

Making the Farm Pay

By C. C. BOWSFIELD

This very important book tells how to get the biggest returns from the soil and make farm life more attractive and successful. It is the most helpful farm book ever published. Price \$1.10 postpaid.

How Boys and Girls Can Earn Money

By C. C. BOWSFIELD

This book tells boys and girls how to do hundreds of useful, practical things, and earn money in their spare time after school and during vacation. Every boy and girl will enjoy this very helpful book which encourages thrift and shows them how to spend their time both happily and profitably. Price \$1.10 postpaid.

Success With Hens

By ROBERT JOOS

Following the methods given in the book on every phase of poultry-keeping, you can keep hens with so great profit, that the hens will keep you. Every step in the building up of a good laying strain is thoroughly explained in a practical way. Price \$1.10 postpaid.

Your Baby

By E. B. LOWRY, M.D.

This book contains everything the prospective mother wants to know for the health and care of her baby and herself. The best methods are clearly stated by a physician who is an authority on maternity. A clear, reliable guide containing help for mothers not found in other books. Price \$1.10 postpaid.

The Home Nurse

By E. B. LOWRY, M.D.

The doctor makes his diagnosis and prescribes the treatment, and no matter what the attendants think, they must not interfere with the faithful execution of his orders. It is to help the home nurses that this book has been prepared. It is hoped also that physicians will find it a valuable aid, inasmuch as it will explain to the untrained nurse how to aid them by carrying out their directions intelligently. Price \$1.10 postpaid.

Thoughts on Business

By WALDO PONDRAY WARREN

The search for ideas that will open the door to a larger sense of power causes one to revel in the pages of this book. It is unique in its effort to interpret business in terms of the individual human spirit striving for expression and mastery. Price \$1.10 postpaid.

The Making of a Merchant

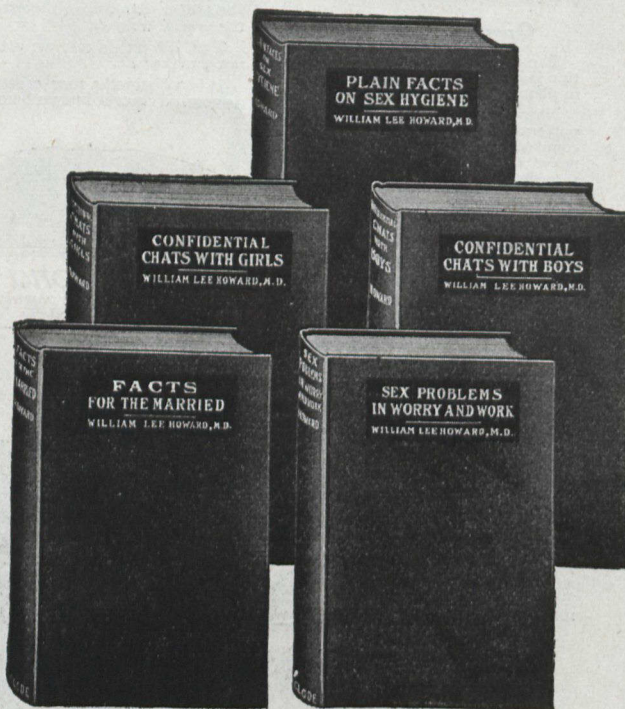
By HARLOW N. HIGINBOTHAM

A book of sound, practical business methods, written by one who has reached the summit of commercial success. It is packed with suggestions for the man of affairs. Price \$1.10 postpaid.

"Himself"

By E. B. LOWRY, M.D.

This is regarded by all authorities as the best book on sexual hygiene for men. No man knowing its contents would be without this important book. It tells plainly all of the facts about sex and leads to health, happiness and success. A book that points the way to strong vitality and healthy manhood. Every man should read it. Price \$1.10 postpaid.



Introductory

MANY people perish because of lack of knowledge.

Boys destroy themselves because they do not know themselves.

Girls go wrong because they have been kept in ignorance.

Parents do not, and apparently cannot inform their children because they themselves have not been informed on how to properly teach another about the truths of life.

One of our greatest Canadian personal workers among boys cites the case of a boy who confided: "Say, I am awfully glad to have had this talk with you. It seems too bad that a fellow hasn't anyone to tell him how easy it is to lose his own best manhood, honor, life and everything else."

"My mother never told me," was the plea of a girl not in her twenties, caught in a raid by the police. She was asked by the magistrate to explain why she was a frequenter of such a place, and that was her answer.

These are the most loathsome and terrible of all diseases that may inflict mankind and these are all about us. No girl or woman, boy or man—or child even—is safe from the dangers of innocently contracting one or other of these and yet, until just lately, they have not been made known to the people.

So there is great need for people in Canadian homes to have information, to know themselves and thus be safeguarded.

To meet this need, the Home Library Association of Canada has been formed, made up of members all over Canada, to provide and distribute at lowest possible prices, the good books that should be in every Canadian home.

The Association needs your help, needs your interest and goodwill and your active co-operation in helping to further its good work in bringing in light and sunshine and happiness in place of darkness, misery and even death, which abound through ignorance.

Can we count on you? Will you join with us? Will you bring in at least one friend?

Home Library Association of Canada - Toronto, Ont.

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Sex Problems in Work and Worry

By WILLIAM LEE HOWARD, M.D.

There is no longer need of worry about getting old before your time—woman or man. Read this book and you will get the answer to many problems which perplex you now, in clean, straightforward fashion. Dr. Howard, in this book, discusses the relation of sex to the problems of worry and work. Bound in green cloth. Price \$1.10 postpaid.

Confidential Chats With Boys

By WILLIAM LEE HOWARD, M.D.

Your growing boys should not be allowed to grope their way blindly toward manhood, constantly in danger of being misled by false friends. No matter whether we like it or not, there will always be definite education in matters of sex—of a kind. If not the right sort, from the right teacher, then it must needs be perverted, erroneous, and dangerous. The prying precociousness of childhood and youth demands an answer to any question which may arise. Let the answer for your boy come from this remarkably good book. Send your boy out into the world morally and physically clean. Give him a copy of this book by Dr. Howard. Bound in green cloth. Price \$1.05 postpaid.

Confidential Chats With Girls

By WILLIAM LEE HOWARD, M.D.

Every girl should have the advantage of this delicate yet thoroughly frank presentation of physical and sex development; a book resulting from Dr. Howard's long years of practice, aiming to help growing girls to stand the changes that lead to womanhood, together with valuable suggestions concerning dress, diet, exercise, etc. "Morally and hygienically among the most important books of the decade." It is the birth-right of your daughter and of every girl to have the information in this book, as leading authorities conclude that most, if not all, of those nervous and physical wrecks could have lived a normal and happy life had they known how to care for their body and nerves. Price \$1.10 postpaid.

How to Rest

By WILLIAM LEE HOWARD, M.D.

Knowing how to rest while carrying out our daily tasks, is the only way to keep the human machine up to its full working capacity. Price \$1.10 postpaid.

How to Live Long

By WILLIAM LEE HOWARD, M.D.

This book has a universal appeal, for in it Dr. Howard shows how human life can be prolonged and man and woman physically and mentally productive beyond the usual number of years—it is a matter of individual hygiene, especially mental hygiene, not set rules for living. Every home library should have this book. Bound in cloth. Price \$1.10 postpaid.

Keeping Young and Well

By GEO. W. BACON, F.R.G.S.

In this book the author shows how, having once entered on the right system of hygienic living, the road is always found pleasant and easy, and requires but little thought to maintain the proper standard of health.—Price \$1.10 postpaid.

Breathe and Be Well

By WILLIAM LEE HOWARD, M.D.

Finer color, fewer wrinkles, weight better proportioned, alert carriage and springy step. "Too much to get out of a book," you say? Not at all. This book is good for all people who are not confirmed invalids and cripples, and it will help even them; all without diet, drugs or apparatus. You simply must have this book and learn how to breathe and be well. Bound in green cloth. Price \$1.10 postpaid.

The Key to Health, Wealth and Love

By JULIA SETON, M.D.

Dr. Seton has written a wonderful book showing just how, through proper control of the mind, these three things can be added to all of us.

Health results from the operation of health laws. In order to have health we must induce health thoughts that extend through every particle of our flesh.

Wealth: The first step toward wealth is "recognition of wealth." Thoughts are like streams and each thought runs in its own channel, and the mind that is given over to wealth and success can have no room for the creation of lesser things.

Love: In order to get love we must give love, and upon our power of giving depends our love supply. Price \$1.10 postpaid.

"Girl Wanted"

By NIXON WATERMAN

"Every young woman should read this book. Every parent should make it a point to have her read it. Every institution dedicated to her instruction should introduce to her this beautiful book of the heart and mind." Price \$1.10 postpaid.

"Boy Wanted"

By NIXON WATERMAN

While the title of this book and the character of its contents make it obvious that it is a volume designed primarily for the guidance of youth, no one should pass it by, merely because he has reached the age of maturity, and presumably of discretion. As a matter of fact, and foibles, the dreams and dangers of life's morning hours. Price \$1.10 postpaid.

"Wealth from the Soil"

By C. C. BOWSFIELD

This helpful book tells how to undertake farming with certainty of success. It points the way to fortune and freedom for both the beginner and the experienced farmer. Price \$1.10 postpaid.

The Backyard Farmer

By J. WILLARD BOLTE

A most helpful book for amateur gardeners containing advice on vegetables and their care, how to prepare soil, how to get two or three crops a season, how to make chickens pay, etc. A practical book of advice for patriotic citizens. Price \$1.10 postpaid.