

**POLYGAMY DESTRUCTIVE OF MORAL SENSE.**

Against all that can be said in favor of Mormonism, and, strange to say, there are still some who speculate on the advantages even of its practice of polygamy, the deplorable exhibition now going on before the United States Senate will stand forever as an unanswerable refutation. The prosperity and apparent contentment of a small number of the Latter Day Saints will never satisfy those who read of the ready conceit with which the fortunate apostles assume the role of "prophet, seer, and revelator" in order to impose their sentiments, political and religious, on a people who are, nevertheless, described as having freedom of thought and freedom of speech. The dubious and hesitant answers of leading witnesses to simple and fundamental questions, the shifting from one term to another, the false pretext of loyalty to women who are not wives, the plea of heroism in facing the law, rather than abandon concubinage, is all sufficient proof of the lack of moral sense which is invariably a result of polygamy.—Lack of Moral Sense among the Mormons, in April Messenger.

**THROUGH INTERCESSION OF MOTHER BOURGEOYS.**

A cure obtained through the intercession of Venerable Margaret Bourgeoys.—Ste. Anne de Beaupre, January 12th, 1904. Dona Barette, a young girl of about twelve years of age, having been obliged on account of bad health to leave the boarding school of the Franciscan Sisters, stayed at home for nearly two years. During that time, general debility, inflammation of the intestines, and intermittent fever, rendered her unable to digest even groats, the only food she was allowed to take. Then the doctor advised the parents to confide the sick girl to the care of a specialist at the Hotel Dieu of Quebec, but they did not like to be separated from their dear child. In October last they invited a Rev. Father to visit the sick girl. Seeing her pitiful state he counselled her to begin a novena to the Venerable Sister Margaret Bourgeoys, and handed her a picture of the "Saint of Canada." The whole family began at once to recite ten times the Hail Mary in her honor, adding the invocation "Good Ste. Anne, and Blessed Gerard, pray also for the sick girl." From that very first day, a change took place and little Dona could enjoy any food whatsoever. But on the third day of the Novena, she had a severe attack of colic and nervous convulsions. Then she applied once more the picture to the aching place, and the suffering grew less intense and finally disappeared. Since that time Dona goes once more to church, which she could not do for more than a year. A neighbor marvelled at seeing this wonderful improvement, for, as he said, she was surely done for. Three months have elapsed since the Novena, and, according to her mother's statement, Dona now works, takes all kind of nourishment, sleeps soundly and regains her former stoutness. The parents and the sick child had promised to relate the signal favor in the Annals, and they joyfully express their gratitude towards Venerable Margaret Bourgeoys, and also towards good Ste. Anne and Blessed Gerard to whose intercession they attribute this remarkable restoration to health.—P. W., C. SS. R., in Annals of Ste. Anne.

The Industrial Review commenting on building operations in Winnipeg this spring has this to say:

"Never in the history of Winnipeg has there been such a bright outlook for the building trades; the rapid expansion of a country, having Winnipeg for its base of supply, is responsible for the activity in the different trades in the city. In order to keep pace with the development and consequent requirements of the country Winnipeg has to furnish more homes for the mechanics engaged in the manufacturing establishments, as well as housing the extra assistance required by the wholesale concerns in

handling their increased output. So many new enterprises have sprung up in the last year or so that the demand for the larger classes of buildings is very great. Prospects are exceptionally bright throughout the country, and rapid progress is already being made with the construction of dwellings and stores in almost every town. So extensively is the population of the country increasing that we may look for considerable activity in the construction of new public institutions, and the enlarging and alteration of the old ones, Winnipeg's new post office being one of the proofs of this. It is expected that quite a number of hospitals will be built in the near future, and already preparations are being made for considerable church building, while all over the country, improved farm residences are being planned for; the advantages of electric lighting for towns and villages are being recognized, if we may judge from the number of towns whose authorities have the matter already under consideration. Building in the Territories is already well advanced, Edmonton and Calgary report many new factories and much work in progress. Banff is making preparations for providing for a larger number of visitors than usual, by the construction of new hotels and a sanitarium, nor is mill building to be kept in the background, if we may depend upon the reports of the intentions of a number of companies and private individuals. It is considered too early yet to make any remarks concerning elevator building, the season has been far from satisfactory to the grain men and there will not be much move made in this direction until the growing crops give promise of a reasonable harvest. No doubt, should the prospect be favorable, there will be considerable activity in this department along the new railway extensions. Chief among the works of importance to be resumed in Winnipeg are the New Land Title's Office and Carnegie Library, both of which were commenced last summer, and active operations are already begun in connection with Miller, Morse & Company's large warehouse. Altogether the outlook is exceptionally bright, and it is to be hoped that no obstacle will arise to prevent the approaching season from becoming the most satisfactory the trade has ever experienced."

**Home Column.**

**BORROWING TROUBLE.**

Half of the ills of life come from borrowing trouble. "Never trouble trouble till trouble troubles you," and you will have less than half the common lot. Dreary retrospections and feverish anticipations form a major part of the ordinary mental attitude.

The now is all we ever have had or ever will experience. When one learns that lesson worry is forever eliminated.

Worry is the most contemptible attribute that ever found lodgment in the human mind. It lines the face, blanches the hair, dims the eyes, poisons the secretions, induces indigestion, constipation and insomnia, and stultifies soul expansion. It will blast the family happiness, and is, as destructive and unjustifiable as war itself. It is a foolish waste of money for a woman to pay a masseuse to erase wrinkles that her unrestrained mental habits constantly induce.

The women who have attained the serene heights of self-mastery are the women who have suffered. From out the furnace fires through which their quivering souls have passed, they have wrested the truth that disease and decay are largely self-inflicted through ignorance of mental and bodily laws.

The mother desires beautiful and gifted offspring. She realizes that the proper mental conceptions are

necessary. Bodily health is also obligatory. She bends every energy to the holy task. She eliminates every pernicious bodily and mental influence. She is working out an ideal. She evokes love, harmony and beauty from her surroundings.

Recognizing her power in moulding another life, why does she fail to use it for herself when the outward presentment is unsatisfactory? Simply because her mind is fettered by tradition. She believes it necessary to fade and wither; to grow clumsy or obese; to lose her hair, teeth, complexion; to have nerves, dyspepsia, constipation, and other absolutely unnecessary ills, and she follows out her convictions to their conclusion.

"My mother's family all grew stout after middle age; so I suppose I must expect it." She supinely rests upon that comfortable conclusion and gets what she expects.

"Father had such a weak stomach; I am just like him." As if your stomach was not your own! So you mince and nibble and lament and drug yourself.

Free yourself from the clanking shackles of heredity. Assert your own individuality. Your stomach, your liver, your spleen, your kidneys, your bowels, your complexion are your own, and you are their master. The glorious, vitalizing breath of health will quicken circulation and drive before it all seeds of disease and decadence. This power must come from the very centre of your being.

A volume might be written, volumes have been written, upon the awful disastrous influence of a morbid, vicious, unhealthy mental state upon the bodily organs. Each woman must learn this for herself. Happy is she who learns the truth early in life and has not to wearily retrace her steps when it is all but, but never quite, too late.

That is one of the most optimistic proverbs in our language, that "It's never too late to mend."

**WORTH WHILE.**

'Tis easy enough to be pleasant  
When life flows along like a song;  
But the one worth while is she  
Who will smile

When everything goes dead  
Wrong.

For the test of the heart is  
trouble

And it always comes with the  
years,

And the smile that is worth the  
praise of earth,

Is the smile that comes through  
tears.

It is easy enough to be prudent  
When nothing tempts you to  
stray;

When without or within, no voice  
of sin

Is luring your soul away—  
But its only a negative virtue  
Until it is tried by fire

And the life that is worth the  
honor of life

Is the one that resists desire.  
By the cynic, the sad, the fallen,  
Who had no strength for the  
strife,

The world's highway is encumbered  
today—  
They make up the item of life,  
But the virtue that conquers  
passion,

And the sorrow that hides in a  
smile—  
It is these that are worth the  
homage of earth,

For we find them but once in a  
while.

—Ella Wheeler Wilcox.

**Why Brain Workers Break Down.**

Man is not a machine that keeps going as long as the steam is applied. He is a creature of blood, nerves, and delicately balanced organism. Many don't realize this, but overwork their brains and break this, but overwork their brains and break down. Brain workers need a strong, bracing tonic like Ferrozone to fortify their nerves and keep the blood pure and rich. Take Ferrozone and you'll do more work. You will have the strength, the ambition and the desire for work because your system will be in first-class order. For your health and strength take Ferrozone regularly. Price 50c. at druggists.

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<p>Please Note Price at <b>15 CENTS PER SHARE</b> For One Month</p>	<p>Any amount less than \$1.00 send by post office or express money order; over this amount, by bank draft to <b>JAMES LAWLER,</b> Box 545 Secretary and Treasurer ROSSLAND, B.C., CANADA.</p>
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AND IMMIGRATION.**

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*The Northwest Review*

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